2026 VSAC Championships - 15/10/2026

Lakeside Stadium

Session Report

Session: 1 Track

Day 1 - Thursday 15/10/2026 - Starts at 12:00 PM

Starts at	Event		Round	Entries	Heats
12:00 PM	#1	Male 13 & Under 100 Metre Sprint Male Junior	Finals	22	3u
12:09 PM	#2	Female 13 & Under 100 Metre Sprint Female Junior	Finals	24	3u
12:18 PM	#3	Male 15 & Under 100 Metre Sprint Male Intermediate	Finals	22	3u
12:27 PM	#4	Female 15 & Under 100 Metre Sprint Female Intermed	Finals	24	3u
12:36 PM	#5	Male 100 Metre Sprint Male Senior	Finals	21	3u
12:45 PM	#6	Female 100 Metre Sprint Female Senior	Finals	24	3u
12:54 PM	#7	Male 100 Metre Sprint Male Para	Finals	9	1u
12:57 PM	#8	Female 100 Metre Sprint Female Para	Finals	5	1u
1:10 PM	#9	Male 13 & Under 400 Metre Run Male Junior	Finals	11	2u
1:18 PM	#10	Female 13 & Under 400 Metre Run Female Junior	Finals	12	2u
1:26 PM	#11	Male 15 & Under 400 Metre Run Male Intermediate	Finals	11	2u
1:34 PM	#12	Female 15 & Under 400 Metre Run Female Intermediat	Finals	12	2u
1:42 PM	#13	Male 400 Metre Run Male Senior	Finals	10	2u
1:50 PM	#14	Female 400 Metre Run Female Senior	Finals	12	2u
2:05 PM	#15	Male 13 & Under 1500 Metre Run Male Junior	Finals	20	3u
2:20 PM	#16	Female 13 & Under 1500 Metre Run Female Junior	Finals	24	3u
2:35 PM	#17	Male 15 & Under 1500 Metre Run Male Intermediate	Finals	21	3u
2:50 PM	#18	Female 15 & Under 1500 Metre Run Female Intermedia	Finals	23	3u
3:05 PM	#19	Male 1500 Metre Run Male Senior	Finals	20	2u
3:20 PM	#20	Female 1500 Metre Run Female Senior	Finals	24	3u
3:40 PM	#21	Male 200 Metre Sprint Male Para	Finals	7	1u
3:43 PM	#22	Female 200 Metre Sprint Female Para	Finals	5	1u
3:46 PM	#23	Male 13 & Under 200 Metre Sprint Male Junior	Finals	11	2u
3:52 PM	#24	Female 13 & Under 200 Metre Sprint Female Junior	Finals	12	2u
3:58 PM	#25	Male 15 & Under 200 Metre Sprint Male Intermediate	Finals	11	2u
4:04 PM	#26	Female 15 & Under 200 Metre Sprint Female Intermed	Finals	12	2u
4:10 PM	#27	Male 200 Metre Sprint Male Senior	Finals	11	2u
4:16 PM	#28	Female 200 Metre Sprint Female Senior	Finals	12	2u
4:30 PM	#29	Male 13 & Under 800 Metre Run Male Junior	Finals	21	2u
4:38 PM	#30	Female 13 & Under 800 Metre Run Female Junior	Finals	24	2u
4:46 PM	#31	Male 15 & Under 800 Metre Run Male Intermediate	Finals	22	2u
4:54 PM	#32	Female 15 & Under 800 Metre Run Female Intermediat	Finals	24	3u
5:02 PM	#33	Male 800 Metre Run Male Senior	Finals	21	2u
5:10 PM	#34	Female 800 Metre Run Female Senior	Finals	24	2u
5:18 PM	#35	Male 800 Metre Run Male Para	Finals	2	1u
5:18 PM	#36	Female 800 Metre Run Female Para	Finals	1	1u
5:30 PM	#37	Male 13 & Under 4x100 Metre Relay Male Junior	Finals	11	2u
5:38 PM	#38	Female 13 & Under 4x100 Metre Relay Female Junior	Finals	12	2u
5:46 PM	#39	Male 15 & Under 4x100 Metre Relay Male Intermediat	Finals	11	2u
5:54 PM	#40	Female 15 & Under 4x100 Metre Relay Female Interme	Finals	12	2u
6:02 PM	#41	Male 4x100 Metre Relay Male Senior	Finals	11	2u
6:10 PM	#42	Female 4x100 Metre Relay Female Senior	Finals	12	2u
6:30 PM	#43	Male 13 & Under 1200 Medley 8,4,2,200m Male Junior	Finals	11	2u
6:38 PM	#44	Female 13 & Under 1200 Medley 8,4,2,200m Female Ju	Finals	12	2u
6:46 PM	#45	Male 15 & Under 1200 Medley 8,4,2,200m Male Interm	Finals	11	2u
6:54 PM	#46	Female 15 & Under 1200 Medley 8,4,2,200m Female In	Finals	12	2u
7:02 PM	#47	Male 1200 Medley 8,4,2,200m Male Senior	Finals	12	1u

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Session: 1 Track

Day 1 - Thursday 15/10/2026 - Starts at 12:00 PM

Starts at	Event		Round	Entries	Heats
7:10 PM	#48	Female 1200 Medley 8,4,2,200m Female Senior	Finals	12	2u
		Athlete Count: 532		====	====
		Entry / Heat Totals:		710	101

Session: 2 Field

Day 1 - Thursday 15/10/2026 - Starts at 12:00 PM

Starts at	Event		Round	Entries	Heats
12:00 PM	#101	Female 13 & Under Discus Throw 1kg Female Junior	Finals	12	1u
12:00 PM	#102	Male High Jump 1.30m Male Senior	Finals	13	1u
12:00 PM	#103	Female High Jump 1.25m Female Senior	Finals	12	1u
12:00 PM	#104	Male 13 & Under Long Jump Male Junior	Finals	11	1u
12:00 PM	#105	Female 15 & Under Shot Put 3kg Female Intermediate	Finals	12	1u
12:00 PM	#106	Male 15 & Under Triple Jump Male Intermediate	Finals	11	1u
12:45 PM	#107	Male 15 & Under Shot Put 4kg Male Intermediate	Finals	11	1u
12:50 PM	#108	Male 13 & Under Discus Throw 1kg Male Junior	Finals	11	1u
12:50 PM	#109	Female 13 & Under Long Jump Female Junior	Finals	12	1u
12:50 PM	#110	Female 15 & Under Triple Jump Female Intermediate	Finals	12	1u
1:30 PM	#111	Male Shot Put 5kg Male Senior	Finals	11	1u
1:40 PM	#112	Male 15 & Under Long Jump Male Intermediate	Finals	11	1u
1:40 PM	#113	Male Triple Jump Male Senior	Finals	11	1u
1:45 PM	#114	Female 15 & Under Discus Throw 1kg Female Intermed	Finals	12	1u
1:50 PM	#115	Male 13 & Under High Jump 1.20m Male Junior	Finals	11	1u
1:50 PM	#116	Female 13 & Under High Jump 1.15m Female Junior	Finals	12	1u
2:10 PM	#117	Female Shot Put 3kg Female Senior	Finals	12	1u
2:30 PM	#118	Male 15 & Under Discus Throw 1kg Male Intermediate	Finals	11	1u
2:30 PM	#119	Female 15 & Under Long Jump Female Intermediate	Finals	12	1u
2:30 PM	#120	Female Triple Jump Female Senior	Finals	12	1u
2:55 PM	#121	Male 13 & Under Shot Put 3kg Male Junior	Finals	10	1u
3:20 PM	#122	Female 13 & Under Triple Jump Female Junior	Finals	12	1u
3:25 PM	#123	Female Discus Throw 1kg Female Senior	Finals	12	1u
3:25 PM	#124	Male Long Jump Male Senior	Finals	10	1u
3:35 PM	#125	Female 13 & Under Shot Put 3kg Female Junior	Finals	12	1u
3:40 PM	#126	Male 15 & Under High Jump 1.25m Male Intermediate	Finals	10	1u
3:40 PM	#127	Female 15 & Under High Jump 1.15m Female Intermed	Finals	11	1u
4:10 PM	#128	Male 13 & Under Triple Jump Male Junior	Finals	11	1u
4:15 PM	#129	Male Discus Throw 1.5kg Male Senior	Finals	11	1u
4:15 PM	#130	Female Long Jump Female Senior	Finals	12	1u
4:20 PM	#131	Male Shot Put Various Male Para	Finals	6	1u
4:20 PM	#132	Female Shot Put Various Female Para	Finals	2	1u
5:05 PM	#133	Male Long Jump Male Para	Finals	6	1u
5:05 PM	#134	Female Long Jump Female Para	Finals	2	1u
		Athlete Count: 292		====	====
		Entry / Heat Totals:		359	34