AVSL TIMETABLE – GEELONG

AS AT 28.10.26

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PROVISIONAL – ROUND 3 – PROGRAM 1

VENUE: LANDY FIELD

DATE: Saturday 31st October 2026

TRACK EVENTS

Prov Time	Event	Grades
1:30pm	110 Metre Hurdles 100 Metre Hurdles 90 Metre Hurdles 80 Metre Hurdles	Open/U20/U18/40+ Male Open/U20/U18 Female & U16/50+/60+ Male U14 Male & U16 Female U14/40+/50+/60+/70+ Female & 70+ Male
1:55pm	400 Metres	All Female
2:20pm	400 Metres	All Male
2:45pm	100 Metres	All Female
3:20pm	100 Metres	All Male
3:55pm	1500 Metres	All Female
4:05pm	1500 Metres	All Male
4:40pm	4x100 Metre Relay	All Female
4:50pm	4x100 Metre Relay	All Male
5:05pm	3000 Metres ^^ ~~ ~~5000 Metres ^^ ~~~~	All Male & All Female ~~Open/U20/40+/50+/60+/70+ Male & Female~~

^^ The 3000m & 5000m are considered the same event, and athletes can only enter one or the other. (Refer AVSL Rule 5.3)

~~ The 3000m & 5000m will be run concurrently.

FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet. Italicised are waitlist totals.

Distances listed in brackets on controlled sheets are the minimum distances that athletes must achieve to be eligible to enter. First distance - Male athletes, Second distance - Female athletes. If only one distance is noted, this distance is required to be achieved by all athletes.

Prov Time	Pole Vault	Triple Jump	Shot Put	Discus	Javelin
1:15pm		Sheet 1 (7) **Controlled** **[11.50m+/9.50m+]**		Sheet 1 (20)	
1:30pm			Seated Shot (1)		
2:00pm	Sheet 1 (3) **[3.20m+]**		Sheet 1 (11) **Controlled** **[12m+/8m+]**		
2:15pm					Sheet 1 (10) **Controlled** **[35m+/22m+]**
2:30pm		Sheet 2 (15)			
3:00pm			Sheet 2 (10) Throw & Go		Sheet 2 (5) Throw & Go
3:15pm			Sheet 3 (20)		Sheet 3 (20)
3:30pm	~~Sheet 2 (0)~~ ~~**[1.55m+]**~~	Sheet 3 (15)			
4:15pm			Sheet 4 (19)		Sheet 4 (23)
4:30pm		Sheet 4 (13)			

AVSL TIMETABLE – GEELONG

AS AT 28.10.26

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DRAFT – ROUND 4 – PROGRAM 2

VENUE: LANDY FIELD

DATE: Saturday 7th November 2026

TRACK EVENTS

Draft Time	Event	Grades
1:30pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Male & Open/U20/U18/40+ Female 60+/70+ Male & 50+/60+/70+ Female U16/U14 Male & U16/U14 Female
2:15pm	200 Metres	All Female
2:40pm	200 Metres	All Male
3:10pm	800 Metres	All Female
3:30pm	800 Metres	All Male
3:45pm	100 Metres	All Female
4:20pm	100 Metres	All Male
4:55pm	4x400 Metre Relay	All Female
5:05pm	4x400 Metre Relay	All Male
5:10pm	3000 Metres	All Male & All Female

FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet. Italicised are waitlist totals.

Distances listed in brackets on controlled sheets are the minimum distances that athletes must achieve to be eligible to enter. First distance - Male athletes, Second distance - Female athletes. If only one distance is noted, this distance is required to be achieved by all athletes.

Draft Time	High Jump	Long Jump	Discus	Hammer
1:15pm		Sheet 1 (15) **Controlled** **[5.50m+/4.50m+]**		Sheet 1 (20)
1:30pm	Sheet 1 (15) **[1.32m+]**			
2:15pm			Sheet 1 (15) **Controlled** **[31m+/25m+]**	
2:30pm	Sheet 2 (20) **[1.02m+]**	Sheet 2 (20)		
3:15pm			Sheet 2 (10) Throw & Go	
3:30pm		Sheet 3 (20)	Sheet 3 (20)	
4:00pm	Sheet 3 (15) **[1.52m+]**			
4:30pm		Sheet 4 (20)	Sheet 4 (25)	

AVSL TIMETABLE – GEELONG

AS AT 28.10.26

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DRAFT – ROUND 5 – PROGRAM 1

VENUE: LANDY FIELD

DATE: Saturday 14th November 2026

TRACK EVENTS

Draft Time	Event	Grades
1:30pm	110 Metre Hurdles 100 Metre Hurdles 90 Metre Hurdles 80 Metre Hurdles	Open/U20/U18/40+ Male Open/U20/U18 Female & U16/50+/60+ Male U14 Male & U16 Female U14/40+/50+/60+/70+ Female & 70+ Male
2:00pm	1500 Metres	All Female
2:10pm	1500 Metres	All Male
2:30pm	100 Metres	All Female
3:05pm	100 Metres	All Male
3:40pm	400 Metres	All Female
4:05pm	400 Metres	All Male
4:35pm	4x100 Metre Relay – ***The Paul Spikers Memorial Relays***	All Female
4:45pm	4x100 Metre Relay – ***The Paul Spikers Memorial Relays***	All Male
5:00pm	3000 Metres Steeple (0.914m) ^^	Open/U20 Male
	3000 Metres Steeple (0.838m) ^^ ~~ 2000 Metres Steeple (0.838m) ^^ ~~	40+/50+ Male U18 Male
	3000 Metres Steeple (0.762m) ^^ ~~ 2000 Metres Steeple (0.762m) ^^ ~~ 2000 Metres Steeple (0.762m) ^^ ~~	Open/U20 Female U18/U16/U14 Female & 40+/50+/60+/70+ Female U16/U14 Male & 60+/70+ Male

^^ The 2000m Steeple & 3000m Steeple are considered the same event, and athletes can only enter one or the other. (Refer AVSL Rule 5.3)

~~ The 2000m Steeple & 3000m Steeple for each hurdle height will be run concurrently, starting from different start lines

FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet. Italicised are waitlist totals.

Distances listed in brackets on controlled sheets are the minimum distances that athletes must achieve to be eligible to enter. First distance - Male athletes, Second distance - Female athletes. If only one distance is noted, this distance is required to be achieved by all athletes.

Draft Time	Pole Vault	Triple Jump	Shot Put	Hammer	Javelin
1:15pm		Sheet 1 (15) **Controlled** **[11.50m+/9.50m+]**		Sheet 1 (15)	
1:30pm			Seated Shot		
2:00pm	Sheet 1 (10) **[3.25m+]**		Sheet 1 (15) **Controlled** **[12m+/8m+]**		
2:15pm					Sheet 1 (10) **Controlled** **[35m+/22m+]**
2:30pm		Sheet 2 (15)			
3:00pm			Sheet 2 (10) Throw & Go		Sheet 2 (10) Throw & Go
3:15pm			Sheet 3 (20)		Sheet 3 (20)
3:30pm	Sheet 2 (15) **[1.60m+]**	Sheet 3 (15)			
4:15pm			Sheet 4 (25)		Sheet 4 (25)
4:30pm		Sheet 4 (15)			

AVSL TIMETABLE – GEELONG

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DRAFT – ROUND 6 – PROGRAM 2

VENUE: LANDY FIELD

DATE: Saturday 21st November 2026

TRACK EVENTS

Draft Time	Event	Grades
1:15pm	1500m Walk ** ## 3000m Walk ** ##	All Male & All Female All Male & All Female
1:35pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Male & Open/U20/U18/40+ Female 60+/70+ Male & 50+/60+/70+ Female U16/U14 Male & U16/U14 Female
2:20pm	200 Metres	All Female
2:45pm	200 Metres	All Male
3:15pm	800 Metres	All Female
3:30pm	800 Metres	All Male
3:50pm	100 Metres	All Female
4:25pm	100 Metres	All Male
5:00pm	4x400 Metre Relay	Mixed (M/F/M/F)
5:15pm	3000 Metres ^^ ~~ 5000 Metres ^^ ~~	All Male & All Female Open/U20/40+/50+/60+/70+ Male & Female

*** The 1500m Walk & 3000m Walk are considered the same event, and athletes can only enter one or the other. (Refer AVSL Rule 5.3)*

The 1500m Walk & 3000m Walk will be run concurrently, starting from different start lines.

^^ The 3000m & 5000m are considered the same event, and athletes can only enter one or the other. (Refer AVSL Rule 5.3)

~~ The 3000m & 5000m will be run concurrently.

FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet. Italicised are waitlist totals.

Distances listed in brackets on controlled sheets are the minimum distances that athletes must achieve to be eligible to enter. First distance - Male athletes, Second distance - Female athletes. If only one distance is noted, this distance is required to be achieved by all athletes.

Draft Time	High Jump	Long Jump	Discus	Hammer
1:15pm		Sheet 1 (15) **Controlled** **[5.50m+/4.50m+]**		Sheet 1 (20)
1:30pm	Sheet 1 (15) **[1.31m+]**			
2:15pm			Sheet 1 (15) **Controlled** **[31m+/25m+]**	
2:30pm	Sheet 2 (20) **[1.01m+]**	Sheet 2 (20)		
3:15pm			Sheet 2 (10) Throw & Go	
3:30pm		Sheet 3 (20)	Sheet 3 (20)	
4:00pm	Sheet 3 (15) **[1.51m+]**			
4:30pm		Sheet 4 (20)	Sheet 4 (25)	

AVSL TIMETABLE – GEELONG

AS AT 28.10.26

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DRAFT – ROUND 7 – PROGRAM 1

VENUE: LANDY FIELD

DATE: Saturday 28th November 2026

TRACK EVENTS

Draft Time	Event	Grades
1:15pm	1500m Walk ** ## 3000m Walk ** ##	All Male & All Female All Male & All Female
1:35pm	110 Metre Hurdles 100 Metre Hurdles 90 Metre Hurdles 80 Metre Hurdles	Open/U20/U18/40+ Male Open/U20/U18 Female & U16/50+/60+ Male U14 Male & U16 Female U14/40+/50+/60+/70+ Female & 70+ Male
2:05pm	400 Metres	All Female
2:15pm	400 Metres	All Male
2:35pm	100 Metres	All Female
3:10pm	100 Metres	All Male
3:45pm	1500 Metres	All Female
4:10pm	1500 Metres	All Male
4:35pm	4x400 Metre Relay *[Non-Scoring]*	All Female
4:40pm	4x400 Metre Relay *[Non-Scoring]*	All Male
4:55pm	3000 Metres Steeple (0.914m) ^^	Open/U20 Male
	3000 Metres Steeple (0.838m) ^^ ~~ 2000 Metres Steeple (0.838m) ^^ ~~	40+/50+ Male U18 Male
	3000 Metres Steeple (0.762m) ^^ ~~ 2000 Metres Steeple (0.762m) ^^ ~~ 2000 Metres Steeple (0.762m) ^^ ~~	Open/U20 Female U18/U16/U14 Female & 40+/50+/60+/70+ Female U16/U14 Male & 60+/70+ Male

*** The 1500m Walk & 3000m Walk are considered the same event, and athletes can only enter one or the other. (Refer AVSL Rule 5.3)*

The 1500m Walk & 3000m Walk will be run concurrently, starting from different start lines.

^^ The 2000m Steeple & 3000m Steeple are considered the same event, and athletes can only enter one or the other. (Refer AVSL Rule 5.3)

~~ The 2000m Steeple & 3000m Steeple for each hurdle height will be run concurrently, starting from different start lines

FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet. Italicised are waitlist totals.

Distances listed in brackets on controlled sheets are the minimum distances that athletes must achieve to be eligible to enter. First distance - Male athletes, Second distance - Female athletes. If only one distance is noted, this distance is required to be achieved by all athletes.

Draft Time	Pole Vault	Triple Jump	Shot Put	Discus	Javelin
1:15pm		Sheet 1 (15) **Controlled** **[11.50m+/9.50m+]**		Sheet 1 (15)	
1:30pm			Seated Shot		
2:00pm	Sheet 1 (10) **[3.15m+]**		Sheet 1 (15) **Controlled [12m+/8m+]**		
2:15pm					Sheet 1 (10) **Controlled** **[35m+/22m+]**
2:30pm		Sheet 2 (15)			
3:00pm			Sheet 2 (10) Throw & Go		Sheet 2 (10) Throw & Go
3:15pm			Sheet 3 (20)		Sheet 3 (20)
3:30pm	Sheet 2 (15) **[1.50m+]**	Sheet 3 (15)			
4:15pm			Sheet 4 (25)		Sheet 4 (25)
4:30pm		Sheet 4 (15)			

AVSL TIMETABLE – GEELONG

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DRAFT – ROUND 8 – PROGRAM 2

VENUE: LANDY FIELD

DATE: Saturday 9th January 2027

TRACK EVENTS

Draft Time	Event	Grades
3:40pm	1500m Walk ** ## 3000m Walk ** ##	All Male & All Female All Male & All Female
4:00pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Male & Open/U20/U18/40+ Female 60+/70+ Male & 50+/60+/70+ Female U16/U14 Male & U16/U14 Female
4:45pm	200 Metres	All Female
5:10pm	200 Metres	All Male
5:40pm	800 Metres	All Female
5:55pm	800 Metres	All Male
6:15pm	100 Metres	All Female
6:50pm	100 Metres	All Male
7:25pm	3000 Metres	All Male & All Female

*** The 1500m Walk & 3000m Walk are considered the same event, and athletes can only enter one or the other. (Refer AVSL Rule 5.3)*

The 1500m Walk & 3000m Walk will be run concurrently, starting from different start lines.

FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet. Italicised are waitlist totals.

Distances listed in brackets on controlled sheets are the minimum distances that athletes must achieve to be eligible to enter. First distance - Male athletes, Second distance - Female athletes. If only one distance is noted, this distance is required to be achieved by all athletes.

Draft Time	High Jump	Long Jump	Discus	Hammer
3:45pm		Sheet 1 (15) **Controlled** **[5.50m+/4.50m+]**		Sheet 1 (20)
4:00pm	Sheet 1 (15) **[1.34m+]**			
4:45pm			Sheet 1 (15) **Controlled** **[31m+/25m+]**	
5:00pm	Sheet 2 (20) **[1.04m+]**	Sheet 2 (20)		
5:45pm			Sheet 2 (10) Throw & Go	
6:00pm		Sheet 3 (20)	Sheet 3 (20)	
6:30pm	Sheet 3 (15) **[1.54m+]**			
7:00pm		Sheet 4 (20)	Sheet 4 (25)	

AVSL TIMETABLE – GEELONG

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DRAFT – ROUND 9 – PROGRAM 1

VENUE: LANDY FIELD, SOUTH GEELONG

DATE: Saturday 16th January 2027

TRACK EVENTS

Draft Time	Event	Grades
4:20pm	110 Metre Hurdles 100 Metre Hurdles 90 Metre Hurdles 80 Metre Hurdles	Open/U20/U18/40+ Male Open/U20/U18 Female & U16/50+/60+ Male U14 Male & U16 Female U14/40+/50+/60+/70+ Female & 70+ Male
4:50pm	1500 Metres	All Female
5:00pm	1500 Metres	All Male
5:20pm	100 Metres	All Female
5:55pm	100 Metres	All Male
6:30pm	400 Metres	All Female
6:55pm	400 Metres	All Male
7:20pm	4x200 Metre Relay	Mixed (M/F/M/F)

FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet. Italicised are waitlist totals.

Distances listed in brackets on controlled sheets are the minimum distances that athletes must achieve to be eligible to enter. First distance - Male athletes, Second distance - Female athletes. If only one distance is noted, this distance is required to be achieved by all athletes.

Draft Time	Pole Vault	Triple Jump	Shot Put	Hammer	Javelin
4:15pm		Sheet 1 (15) **Controlled** **[11.50m+/9.50m+]**		Sheet 1 (15)	
4:30pm			Seated Shot		
5:00pm	Sheet 1 (10) **[3.05m+]**		Sheet 1 (15) **Controlled** **[12m+/8m+]**		
5:15pm					Sheet 1 (10) **Controlled** **[35m+/22m+]**
5:30pm		Sheet 2 (15)			
6:00pm			Sheet 2 (10) Throw & Go		Sheet 2 (10) Throw & Go
6:15pm			Sheet 3 (20)		Sheet 3 (20)
6:30pm	Sheet 2 (15) **[1.55m+]**	Sheet 3 (15)			
7:15pm			Sheet 4 (25)		Sheet 4 (25)
7:30pm		Sheet 4 (15)			

AVSL TIMETABLE – GEELONG

AS AT 28.10.26

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DRAFT – ROUND 10 – PROGRAM 2

VENUE: LANDY FIELD, SOUTH GEELONG

DATE: Saturday 6th February 2027

TRACK EVENTS

Draft Time	Event	Grades
4:15pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Male & Open/U20/U18/40+ Female 60+/70+ Male & 50+/60+/70+ Female U16/U14 Male & U16/U14 Female
5:00pm	200 Metres	All Female
5:25pm	200 Metres	All Male
5:55pm	800 Metres	All Female
6:10pm	800 Metres	All Male
6:30pm	100 Metres	All Female
7:05pm	100 Metres	All Male
7:40pm	3000 Metres	All Male & All Female

FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet. Italicised are waitlist totals.

Distances listed in brackets on controlled sheets are the minimum distances that athletes must achieve to be eligible to enter. First distance - Male athletes, Second distance - Female athletes. If only one distance is noted, this distance is required to be achieved by all athletes.

Draft Time	High Jump	Long Jump	Discus	Hammer
4:00pm		Sheet 1 (15) **Controlled** **[5.50m+/4.50m+]**		Sheet 1 (20)
4:15pm	Sheet 1 (15) **[1.35m+]**			
5:00pm			Sheet 1 (15) **Controlled** **[31m+/25m+]**	
5:15pm	Sheet 2 (20) **[1.05m+]**	Sheet 2 (20)		
6:00pm			Sheet 2 (10) Throw & Go	
6:15pm		Sheet 3 (20)	Sheet 3 (20)	
6:45pm	Sheet 3 (15) **[1.55m+]**			
7:15pm		Sheet 4 (20)	Sheet 4 (25)	