

2026 UNCLOUD VICTORIAN ALL SCHOOLS TRACK RELAY CHAMPIONSHIPS

TECHNICAL REGULATIONS

(As at 02/09/2026)

- Competition:** All events shall be conducted in accordance with the rules of the World Athletics (WA), World Para Athletics (WPA) and Athletics Victoria (AV).
- Age determination:** All age group calculations are taken from the 31 December 2026.
- Age Grouping:** Athletes wishing to compete up an age group can only compete as per the table below.

Age Group	Year of Birth
Under 20	2007, 2008, 2009*, 2010*, 2011*, 2012*, 2013*, 2014*, 2015*
Under 18	2009, 2010, 2011*, 2012*, 2013*, 2014*, 2015*
Under 16	2011, 2012, 2013*, 2014*, 2015*
Under 14	2013, 2014, 2015

** Year of birth in italics are those that are competing up an age group.*

- Event Entry:** Athletes can only compete in **one age group per event** but can compete **up an age group in a different event** e.g. an athlete cannot compete in the Under 14 4x100m and the Under 16 4x100m but can compete in the Under 14 4x100m and the Under 16 4x400m.
- Event Grid:** The following table list the events to be conducted for each age group. Heats, finals or timed finals will be determined based on final entries. An "X" indicates the event may be conducted, shaded black indicates events will not be conducted for the relevant age group. Events will be held for both female & male.

	Under 20	Under 18	Under 16	Under 14
4x100m	X	X	X	X
4x400m	X	X	X	
4x800m	X		X	
Medley (800,400,200,200)	X	X	X	X

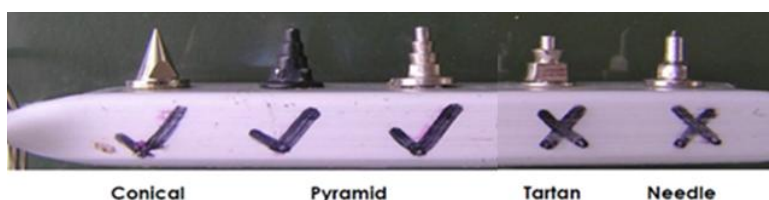
- Entry Numbers:** Only one (1) entry is required for an event to be included on the program. However, to provide competition, events may be combined with a similar event if available.
- In the event of extreme weather occurring during the competition, Athletics Victoria may modify the program for the safety of athletes, officials, and spectators. Athletics Victoria will communicate any decision made as soon as possible via the AV website, social media, and email to all participants.
- Uniforms:** School athletics/sports uniform must be worn. No club uniforms are to be worn. If no school sports uniform exists, a plain white or black t-shirt/crop top, shorts or compressions are permitted.
- Hip numbers:** will be worn for the following events: 4x400m, 4x800m, 4x800m & Medley. Hip numbers must be worn on the right side of the right leg on the athlete's shorts, low enough so their top does not cover it. Hip numbers will be distributed to athletes in the Call Room before leaving for their event.
- Check-In:** Teachers / Team Managers must check in their teams by submitting their teams no later than **90 minutes prior** to each event **via the Results Hub Online System**. Substitutions can be done up to 45 minutes prior to each event, but the running order cannot be changed. If you are unable to do so, you can do this at the Technical Information Centre (TIC). **Failure to do so may result in disqualification.**
- Once a relay team has started in a competition an athlete can only compete in one team in the same event in any one round.
- Once a relay team has started in a competition, an athlete from a disqualified team in the same event cannot be substituted into any other team.
- In the case of insufficient teams checked in by the required time for heats or finals, then all teams who reported in will progress to the final which will be held at the scheduled HEAT TIME, unless specified otherwise by Athletics Victoria. (Refer Rule 20)

Note 1: If a team has been checked in and subsequently decides to scratch from an event prior to closing time, the team status can be updated to show it is scratched from that event.

Note 2: Teams do not need to check-in again for the event if they progress to a semi-final or final but must report to the Call Room by the relevant closing time for the events semi-final or final.

14. All teams must report to the Call Room prior to any event they compete in (heats and finals) no later than 25 minutes prior to the scheduled start of the event. Teams must be dressed in their competition uniform and ready to compete. Any team who **fails** to report to the Call Room at the required time may be **disqualified**.
15. **Clash of Events:** If an athlete has a clash of events, they will need to notify the Call Room Manager that they will be marshalling late to one event due to a clash with another event. Athletes must still attend the Call Room and not go directly to their takeover/start positions. Athletes should ensure they are at the Call Room for their event at the designated time to ensure their team is not disadvantaged.
16. The use of mobile phones or similar devices in the competitions area is not permitted. (refer to WA Rule TR6.3.2)

An athlete can be suspended from the competition by the event Referee for an infringement of the rule above. The competitions area is defined as the Call Room and Main Arena. Athletes will be notified if any other areas are being used for competition.
17. **Permitted Spikes:** The venue ruling for Lakeside Stadium is a maximum spike length of 7mm for all track events and 9mm for all field events. Only Conical & Pyramid (Christmas tree) allowed:



18. Relay batons will be provided by Athletics Victoria for competition and must be used. Teams should provide their own batons for training.
19. Presentations for first, second and third Victorian teams will be conducted as soon as possible after the final for each event, pending any protests.
20. The following tables outline the advancement to finals or number of timed finals.

4x100m		
# of Entries	# Heats	Progressions to final
8 or less	-	Final only
9-16	2	First 2 in each heat & the next 4 fastest go into final of 8
17-24	3	First 2 in each heat & the next 2 fastest go into final of 8
25-32	4	First 1 in each heat & next 4 fastest go into final of 8
33-40	5	First 1 in each heat & next 3 fastest go into final of 8
41-48	6	First 1 in each heat & next 2 fastest go into final of 8

4x400m		4x800m		Medley (800,400,200,200)	
# of Entries	# of Timed Finals	# of Entries	# of Timed Finals	# of Entries	# of Timed Finals
8 or less	1	16 or less	1	15 or less	1
9-16	2	17-32	2	16-30	2
17-24	3	33-48	3	31-45	3
25-32	4				

Note: Athletics Victoria reserves the right to change the number of finalists in events.

Important:

- It is at the discretion of Athletics Victoria and the Competition Director, on the day of competition, to make any changes to the above rules.

In the event of entry into the finals being decided on time and where more than the required number of teams have the same qualifying time, and where the number of qualifiers exceeds the number of lanes available, Athletics Victoria reserves the right to limit the field to less than the number of lanes available.

21. For the U16 and above age groups, in all relays, any athlete responsible for a false start shall be disqualified by the Starter (refer to WA Rule TR 16.9).

For the U14 age group, in all track events, only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) responsible for further false starts in the race shall be disqualified by the Starter (refer to WA Rule TR 16.8 & TR 16.9).

22. Only starting blocks provided by Athletics Victoria may be used. Blocks are not compulsory; however, a crouch start is required for the first runner in all events up to and including the 4 x 400m.
23. Any protests regarding the competition shall in the first instance be made orally to the appropriate Referee by the athlete or by a person acting on their behalf, **within 30 minutes** of the official announcement of the result. The Referee may decide on the protest immediately or may refer the matter to a jury.

If the athlete wishes to appeal against the decision of the Referee, an appeal must be made in writing and submitted to the TIC. The protest must be accompanied by a fee of **\$50** – which will be forfeited should the protest be ruled out.

24. The four competing members of a disqualified team shall be ineligible to compete further in that event.

APPENDIX 1:

RULES PERTAINING TO TRACK RELAY RACES

(Note: The following rules have been extracted from the World Athletics Technical Rule TR 24. Where a rule does not apply to this competition it has not been listed here. Where a rule has been modified for this competition, it has been noted accordingly)

1. (TR 24.1 – Modified) The standard distances shall be: 4 × 100m, 800m-400m-200m-200m Medley Relay (Medley Relay), 4 × 400m, 4 × 800m.
Note: As the Medley Relay is being run with the legs in a different order in which case the appropriate adjustments have been made to the application of Rules 24.3, 24.16 and 24.22 of the Technical Rules.
2. (TR 24.2) Lines 50mm wide shall be drawn across the track to mark the start of each leg distance (scratch line).
3. (TR 24.3 – Modified) In the 4 × 100m relay and for the third change in the Medley Relay, each takeover zone shall be 30m long, of which the scratch line is 20m from the beginning of the zone. For the first and second change in the Medley Relay and in the 4 × 400m and 4 × 800m relay each takeover zone shall be 20m long of which the scratch line is the centre. The zones shall start and finish at the edges of the zone lines nearest the start line in the running direction. For each takeover conducted in lanes, a designated Umpire shall ensure that the athletes are correctly placed in their takeover zone. The designated Umpire shall also ensure that Rule 24.4 of the Technical Rules is observed.
4. (TR 24.4) When all or the first portion of a Relay Race is being run in lanes, an athlete may place one check-mark on the track within their own lane, by using adhesive tape, maximum 0.05m × 0.40m, of a distinctive colour which cannot be confused with other permanent markings. No other check-mark may be used. The Umpires shall direct the relevant athlete(s) to adapt or remove any marks not complying with this Rule. If they do not, the Umpires shall remove them.
5. (TR 24.5 modified) The baton shall be carried by hand throughout the race. Athletes are not permitted to wear gloves or to place material (other than those permitted by Rule 6.4.3 of the Technical Rules) or substances on their hands or on the baton in order to obtain a better grip of the baton. If an athlete does not follow this Rule, their team shall be disqualified
6. (TR 24.6) If dropped, the baton shall be recovered by the athlete who dropped it. They may leave their lane to retrieve it provided that, by doing so, they do not lessen the distance to be covered, and no other athlete is impeded while retrieving the baton. When crossing the finish line, the baton shall be carried by the relevant athlete. If an athlete does not follow this Rule, their team shall be disqualified.
7. (TR 24.7) The baton shall be passed within the takeover zone. The passing of the baton commences when it is first touched by the receiving athlete and is completed the moment it is in the hand of only the receiving athlete. In relation to the takeover zone, it is only the position of the baton which is decisive. Passing of the baton outside the takeover zone shall result in disqualification. Rule 17.3.2 of the Technical Rules shall apply when relevant.
8. (TR 24.8) Until the moment when the baton is in the hand of only the receiving athlete, Rule 17.3 of the Technical Rules shall be applicable only to the incoming athlete. Thereafter it shall be applicable only to the receiving athlete.
Additionally, athletes before receiving and/or after handing over the baton, should keep in their lanes or maintain position until the course is clear to avoid obstruction to other athletes. Rules 17.2 and 17.3 of the Technical Rules shall not apply to these athletes. If, however, an athlete impedes a member of another team, including by running out of position or lane, Rule 17.1 of the Technical Rules shall be applied.
9. (TR 24.9) If during the race an athlete takes or picks up the baton of another team, their team shall be disqualified. The other team should not be penalised unless an advantage is obtained.
10. (TR 24.10 - Modified) Each member of a relay team may run one leg only. Any four athletes from among those entered for the competition, whether for that or any other event, may be used in the composition of the relay team for any round. However, once a relay team has started in a competition, up to a total of **four additional athletes** may be used as substitutes in the composition of the team. If a team does not follow this Rule, it shall be disqualified.
11. (TR 24.13) The composition of a team and the order of running for a relay shall be officially declared no later than the published first call time (the time by which the athletes must be present in the Call Room) for their respective heat in each round of the competition. The team shall compete as named and in the declared order. If a team does not follow this Rule, it shall be disqualified.
12. (TR 24.14 – Modified) The 4 × 100m races shall be run entirely in lanes.
13. (TR 24.16 – Modified) The Medley Relay race shall be run without the use of lanes, however, may be started as a split start (Refer TR 17.5).
14. (TR 24.17 – Modified) The 4 × 400m races may be run in either of the following ways:

- a. in lanes for the first leg, as well as that part of the second leg up to the nearer edge of the breakline described in Rule 17.5 of the Technical Rules, where athletes may leave their respective lanes (three bends in lanes);
- b. in lanes for the first leg up to the nearer edge of the breakline described in Rule 17.5 of the Technical Rules, where athletes may leave their respective lanes (one bend in lanes).

Note: Where not more than four teams are competing, Rule 25b should be used.

- c. (TR 24.18 - Modified) The 4 × 800m race shall be run without the use of lanes.
15. (TR 24.19) If an athlete does not follow Rule 24.15, 24.16, 24.17 or 24.18.1 of the Technical Rules their team shall be disqualified.
16. (TR 24.21) For all takeovers, athletes are not permitted to begin running outside their takeover zones and shall start within the zone. If an athlete does not follow this Rule, their team shall be disqualified.
17. (TR 24.22 - Modified) The athletes running in the third and fourth legs of the 4 × 400m relay shall, under the direction of a designated official, place themselves in their waiting position in the same order (inside to out) as the order of their respective team members as they enter the last bend. Once the incoming athletes have passed this point, the waiting athlete shall maintain their order and not exchange positions at the beginning of the takeover zone. If an athlete does not follow this Rule, their team shall be disqualified.
18. (TR 24.22 - Modified) The athletes running in the second and third legs of the Medley relay shall, under the direction of a designated official, place themselves in their waiting position in the same order (inside to out) as the order of their respective team members as they enter the last bend. For the last leg of the Medley relay, athletes will also be ordered as per the third leg takeover waiting positions.
19. (TR 24.23 - Modified) In any race, when lanes are not being used, including when applicable, the Medley Relay and 4 × 400m Relay, waiting athletes can take an inner position on the track as incoming team members approach, provided they do not jostle or obstruct another athlete so as to impede their progress. In the Medley Relay and 4 × 400m Relay, waiting athletes shall maintain the order in accordance with Rules 17 & 18 above. If an athlete does not follow this Rule, their team shall be disqualified.
20. (TR 24.24) In the case of relay events not covered by this Rule, the relevant competition regulations should specify any particular rules that should be applied and the method by which the relay should be conducted.