



## ZATOPEK:10 Selection & Eligibility Policy

(As of 10<sup>th</sup> November 2022)

**Event entries close: Thursday 1<sup>st</sup> December 2022, 11:59am**

### Eligibility

#### ZATOPEK:10 Women's and Men's Event

To be eligible for selection, athletes must have achieved the following entry standards:

EVENT	ENTRY STANDARD
Men's 10,000m	29:45:00
Women's 10,000m	35:30:00

The following selection process will apply:

- (i) **Priority 1** - athletes that have achieved the qualifying time over 10,000m (track) at an official 10,000m track event on or after the 31<sup>st</sup> December 2021; then
  - (ii) **Priority 2** - athletes that have achieved the qualifying time in a 10km road event on a WA – AIMS certified road course: then
  - (iii) **Priority 3** - athletes that have not achieved the entry standard but have competed in a 10,000m or 5000m (track) event or a 10km or 5km WA-AIMS certified road event.
- Automatic selection via finishing in the TOP 3 in a State Championship will not apply to this event where an athlete has not achieved the entry standard.
  - As this event is a National Championship, places in the final field will not be provided for pace runners.
  - Interstate or International athletes that require early confirmation of their entry to book flights and accommodation may request confirmation before the closing date by contacting Athletics Victoria TTP Coordinator Tom Gamble at [tom.gamble@athsvic.org.au](mailto:tom.gamble@athsvic.org.au)

#### Women's and Men's Open 1500m, and 800m

Minimum age is 16 years- no exceptions.

Age will be determined as of 31st December 2022.

Entry to these events do not automatically guarantee a place in the final field and the final field will be determined at the discretion of Athletics Australia and Athletics Victoria.

- Interstate or International athletes that require early confirmation of their entry to book flights and accommodation may request confirmation before the closing date by contacting Athletics Victoria TTP Coordinator Tom Gamble at [tom.gamble@athsvic.org.au](mailto:tom.gamble@athsvic.org.au)



## Women's U20 Ondieki 3000m and Men's U20 de Castella 3000m

The U20 Ondieki Women's 3000m and U20 de Castella Men's 3000m are invitational events and powered by the Fred Lester Scholarship Fund.

If you are selected in the final field(s), you will be eligible for placings and records pending ratification.

Entry to these events do not automatically guarantee a place in the final field and the final field will be determined at the discretion of Athletics Victoria.

Minimum age is 16 years- no exceptions.

Age will be determined as of 31st December 2022.

- Interstate or International athletes that require early confirmation of their entry to book flights and accommodation may request confirmation before the closing date by contacting Athletics Victoria TTP Coordinator Tom Gamble at [tom.gamble@athsvic.org.au](mailto:tom.gamble@athsvic.org.au)
- Prize money for both Women's 3000m and Men's 3000m events will be powered by the Fred Lester Scholarship Fund.
  - 1st \$1500
  - 2nd \$1000
  - 3rd \$500

## Gary Honey Long Jump Challenge

The Gary Honey Long Jump Challenge will be open to six (6) male and six (6) female jumpers. Before the competition commences, teams will be selected consisting of one female and one male and the combined distance of the best jump will take home the Gary Honey Challenge trophy.

Athletes are required to enter their season's best jumps when registering for this event.

Entry to this event does not automatically guarantee a place in the final field.

## Steve Hooker Team Challenge Rules

The Steve Hooker Team Challenge will be open to five (5) male and five (5) female vaulters. Before the competition commences, teams will be selected, consisting of one female and one male. The lowest-ranked female will be paired with the highest-ranked male, the second-lowest ranked female with the second-highest ranked male etc.

The winning team is decided by adding each team members best heights. *There will be no countback, so in the event of a tie, a jump-off will occur in the usual way, but each pair will nominate one vaulter to take part (either the female or the male). The jump-off start height will be the last height missed by the nominated vaulters.*

*Athletes are required to enter this year's best jump when registering for this event.*

### Start Heights

Around 3.30m for the women and 4.30m for the men.

### Uniforms

Each team needs to wear the same colour outfit; vaulters should contact their partner to discuss attire. Uniforms can be colourful, but not too outrageous. Once start lists are finalised, and couples have decided on their colour, contact Mark Stewart, as all pairs must be in different colours. First in best dressed.

Entry to this event does not automatically guarantee a place in the final field.



## Athletics Victoria Open 4x400m Relay Finals

The finals of the Victoria Open 4x400m Relay will be run on the evening of Zátopek:10, please refer to the timetable for draft timings.

Only teams who have qualified for the finals of these events will compete.

The preliminary rounds for these events will be conducted at the Athletics Victoria Track Relays Championships on Saturday 26<sup>th</sup> November at Box Hill.

All athletes must be registered and approved Athletics Victoria members by 11:59am (midday) Wednesday 23<sup>rd</sup> November 2022 to be eligible to compete in these relay events.

Any four athletes, from among those eligible for the club, may be used in the composition of the relay team for any round. However, once a relay team has started in a competition, only four additional athletes may be used as substitutes in the composition of the team. If a team does not follow this rule, it will be disqualified.

Should any team run any athletes in a different order to what was signed and submitted on their team sheet, substitution form or running order form they will be disqualified from that race.

## All Schools Boys & Girls 4x200m Relay Invitationals – Boys & Girls

Entry into these events will be by invitation from Athletics Victoria. The top 8 Girls point scoring schools & Top 8 Boys scoring will be invited to enter a team into these events.

Further invitations, if required will be at the discretion of Athletics Victoria