

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.



## SATURDAY 27<sup>TH</sup> NOVEMBER 2021 PROVISIONAL TIMETABLE

### ROUND 3 – Zone A & B Venue Lakeside

#### Program 1

#### TRACK EVENTS

Prov Time	Draft Time	Event	Grades
12.00pm		Gates Open	
1.30pm	1.30pm	2000m Walk (Lanes 1-3)	All Men & Women
1.30pm	1.30pm	110 Metre Hurdles (Lanes 5-9) 100 Metre Hurdles (Lanes 5-9) 90 Metre Hurdles (Lanes 5-9) 80 Metre Hurdles (Lanes 5-9)	Open/U20/U18/40+ Men Open/U20/U18 Women & U16/50+/60+ Men U14 Men & U16 Women U14/40+/50+/60+ Women
2.15pm	2.30pm	800m - Session 1 (Lanes 1-3)	All Women (12 per heat)
2.30pm	2.30pm	200m - Session 1 (Lanes 5-8)	All Men
2.45pm	3.00pm	800m - Session 1 (Lanes 1-3)	All Men (12 per heat)
3.30pm	3.30pm	200m - Session 1 (Lanes 1-8)	All Women
		Session 2	
4.00pm	4.00pm	800m - Session 2 (Lanes 1-3)	All Women (12 per heat)
4.15pm	4.15pm	200m - Session 2 (Lanes 5-8)	All Men
4.30pm	4.30pm	800m - Session 2 (Lanes 1-3)	All Men (12 per heat)
5.45pm	5.15pm	200m - Session 2 (Lanes 1-8)	All Women
6.30pm	6.00pm	FINISH	

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	High Jump		Long Jump		Shot Put			Hammer	
	Pit 1	Pit 2	Pit 1	Pit 2	Circle 1	Circle 2	Circle 3	Inside	Outside
1.30pm	Controlled Sheet 1 (1.65m+) (13)	Controlled Sheet 2 (1.65m+) (15)	Sheet 1 (20)	Sheet 2 (Jump & Go) (30)	Sheet 1 (21)	Sheet 2 (22)	Sheet 3 (Throw & Go) (24)	Sheet 1 (18)	Sheet 2 (15)
2.30pm	Sheet 3 (1.40m-1.80m) (16)	Sheet 4 (1.40m-1.80m) (15)	Sheet 3 (20)	Sheet 4 (20)	Sheet 4 (22)	Sheet 5 (22)	Sheet 6 (Throw & Go) (25)	Sheet 3 (18)	Sheet 4 (Throw & Go) (1) + Seated Shot Put (3)
3.30pm	Sheet 5 (1.35m-1.75m) (15)	Sheet 6 (1.35m-1.75m) (15)	Sheet 5 (20)	Sheet 6 (Jump & Go) (30)	Sheet 7 (21)	Sheet 8 (21)	Sheet 9 (Throw & Go) (24)	Sheet 5 (18)	Sheet 6 (10)
4.30pm	Sheet 7 (1.15m-1.55m) (15)	Sheet 8 (1.15m-1.55m) (15)	Sheet 7 (21)	Sheet 8 (20)	Sheet 10 (21)	Sheet 11 (21)	Sheet 12 (Throw & Go) (23)	Sheet 7 (8)	Sheet 8 (Throw & Go) (2)
5.30pm	Sheet 9 (1.05m-1.45m) (15)	Sheet 10 (1.05m-1.45m) (15)	Sheet 9 (21)	Sheet 10 (20)	Sheet 13 (20)	Sheet 14 (21)	Sheet 15 (Throw & Go) (9)	Sheet 9 (5)	
6.30pm			Sheet 11 (Jump & Go) (12)	Sheet 12 (Jump & Go) (10)	Sheet 16 (Throw & Go) (4)	Sheet 17 (Throw & Go)	Sheet 18 (Throw & Go)	Sheet 10 (Throw & Go)	

\* Seated Shot Put will be included in the timetable once entries have closed. AV will contact entrants to arrange a suitable time

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 4<sup>TH</sup> DECEMBER 2021 DRAFT TIMETABLE

### ROUND 4 – Zone A Venue Keilor

#### Program 1

#### TRACK EVENTS



Draft Time	Event	Grades
1.30pm	1500m Walk (Lanes 1-3) ** 3000m Walk (Lanes 1-3) **	All Men & Women (Athlete can choose)
1.30pm	400 Metre Hurdles (Lanes 5-8) 300 Metre Hurdles (Lanes 5-8) 200 Metre Hurdles (Lanes 5-8)	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+/60+ Women U16/U14 Men & Women
2.15pm	200 Metres (Lanes 4-8)	All Men
2.30pm	800 Metres (Lanes 1-3) 12 per heat	All Women
3.30pm	200 Metres (Lanes 4-8)	All Women
3.30pm	800 Metres (Lanes 1-3) 12 per heat	All Men
4.30pm	3000 Metres (Lanes 1-3)	All Women
4.45pm	4x400m Relay (Lanes 1-8)	All Men
5.00pm	4x400m Relay (Lanes 1-8)	All Women
5.15pm	3000 Metres (Lanes 1-3)	All Men

\*\* The 1500m/3000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	High Jump	Triple Jump		Shot Put		Hammer
		Pit 1	Pit 2	Circle 1	Circle 2	
1.30pm	Controlled Sheet 1 (1.65m+) (15)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Sheet 1 (20)
2.30pm	Sheet 2 (1.40m-1.80m) (15)			Sheet 3 (20)	Sheet 4 (20)	Sheet 2 (20)
2.45pm		Sheet 3 (20)	Sheet 4 (20)		Seated Shot	
3.30pm	Sheet 3 (1.35m-1.75m) (15)	Sheet 5 (20)	Sheet 6 (20)	Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)
4.30pm	Sheet 4 (1.15m-1.55m) (15)	Sheet 7 (20)	Sheet 8 (20)	Sheet 7 (Throw & Go) (24)	Sheet 8 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
5.00pm				Sheet 9 (20)	Sheet 10 (20)	Controlled Sheet 5 (35m+/30m+) (20)
5.30pm	Sheet 5 (1.05m-1.45m) (15)	Sheet 9 (20)	Sheet 10 (20)			
6.00pm				Sheet 11 (15)	Sheet 12 (15)	Sheet 6 (7)

TIMETABLE of EVENTS as at 24.11.21  
 All timetables featured are subject to change.



**SATURDAY 4<sup>TH</sup> DECEMBER 2021**  
**DRAFT TIMETABLE**

**ROUND 4 – Zone B Venue Knox**

**Program 2**

**TRACK EVENTS**

Draft Time	Event	Grades
1.30pm	1500m Walk (Lanes 1-3) ** 3000m Walk (Lanes 1-3) **	All Men & Women (Athlete can choose)
1.30pm	110 Metre Hurdles (Lanes 5-9) 100 Metre Hurdles (Lanes 5-9) 90 Metre Hurdles (Lanes 5-9) 80 Metre Hurdles (Lanes 5-9)	Open/U20/U18/40+ Men Open/U20/U18 Women & U16/50+/60+ Men U14 Men & U16 Women U14/40+/50+/60+ Women
2.15pm	1500 Metres (Lanes 1-3)	All Women
2.30pm	100 Metres (Lanes 5-9)	All Men
2.45pm	1500 Metres (Lanes 1-3)	All Men
3.30pm	3000 Metres (Lanes 1-3)	All Women
3.35pm	100 Metres (Lanes 5-9)	All Women
4.00pm	4x400m Relay (Lanes 1-8)	All Men
4.15pm	3000 Metres (Lanes 1-3)	All Men
4.30pm	4x400m Relay (Lanes 4-8)	All Women
4.50pm	400 Metres (Lanes 4-8)	All Men
5.50pm	400 Metres (Lanes 4-8)	All Women

\*\* The 1500m/3000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

**FIELD EVENTS**

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	Long Jump		Discus	Javelin
	Pit 1	Pit 2		
1.30pm	Sheet 1 (20)	Controlled Sheet 2 (6m+/5m+) (20)	Sheet 1 (20)	Controlled Sheet 1 (35m+/30m+) (20)
2.30pm			Sheet 2 (20)	Sheet 2 (20)
2.45pm	Sheet 3 (20)	Sheet 4 (20)	Seated Discus/Javelin	
3.30pm	Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)	Sheet 3 (20)
4.30pm	Sheet 7 (20)	Sheet 8 (20)	Sheet 4 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
5.00pm			Controlled Sheet 5 (35m+/28m+) (20)	Sheet 5 (20)
5.30pm	Sheet 9 (20)	Sheet 10 (20)		
6.00pm			Sheet 6 (10)	Sheet 6 (10)

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 11<sup>TH</sup> DECEMBER 2021

### DRAFT TIMETABLE

#### ROUND 5 – Zone B Venue Casey

#### Program 1

#### TRACK EVENTS



Draft Time	Event	Grades
1.30pm	2000m Walk (Lanes 1-3) ** 5000m Walk (Lanes 1-3) **	All Men & Women Available Only to Open/U20/U18 Men & Women
1.30pm	400 Metre Hurdles (Lanes 4-8) 300 Metre Hurdles (Lanes 4-8) 200 Metre Hurdles (Lanes 4-8)	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+/60+ Women U16/U14 Men & Women
2.15pm	3000 Metres (Lanes 1-3)	All Men
2.30pm	200 Metres (Lanes 4-8)	All Women
2.45pm	3000 Metres (Lanes 1-3)	All Women
3.30pm	800 Metres (Lanes 1-3) 12 per heat	All Women
3.45pm	200 Metres (Lanes 4-8)	All Men
4.15pm	800 Metres (Lanes 1-3) 12 per heat	All Men

\*\* The 2000m/5000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	High Jump	Pole Vault Zone B Clubs Only	Triple Jump		Shot Put		Hammer
			Pit 1	Pit 2	Circle 1	Circle 2	
1.30pm	Controlled Sheet 1 (1.65m+) (15)	Sheet 1 (3.55m+)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Sheet 1 (20)
2.30pm	Sheet 2 (1.40m-1.80m) (15)				Sheet 3 (20)	Sheet 4 (20)	Sheet 2 (20)
2.45pm		Sheet 2 (2.80m+)	Sheet 3 (20)	Sheet 4 (20)		Seated Shot	
3.30pm	Sheet 3 (1.35m-1.75m) (15)		Sheet 5 (20)	Sheet 6 (20)	Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)
4.15pm		Sheet 3 (1.60m+)					
4.30pm	Sheet 4 (1.15m-1.55m) (15)		Sheet 7 (20)	Sheet 8 (20)	Sheet 7 (Throw & Go) (24)	Sheet 8 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
5.00pm					Sheet 9 (20)	Sheet 10 (20)	Controlled Sheet 5 (35m+/30m+) (20)
5.30pm	Sheet 5 (1.05m-1.45m) (15)		Sheet 9 (20)	Sheet 10 (20)			
6.00pm					Sheet 11 (15)	Sheet 12 (15)	Sheet 6 (7)

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 11<sup>TH</sup> DECEMBER 2021 DRAFT TIMETABLE

### ROUND 5 – Zone A Venue Aberfeldie

#### Program 2

#### TRACK EVENTS



Draft Time	Event	Grades
1.30pm	2000m Walk (Lanes 1-3) ** 5000m Walk (Lanes 1-3) **	All Men & Women Available Only to Open/U20/U18 Men & Women
1.30pm	110 Metre Hurdles (Lanes 5-9) 100 Metre Hurdles (Lanes 5-9) 90 Metre Hurdles (Lanes 5-9) 80 Metre Hurdles (Lanes 5-9)	Open/U20/U18/40+ Men Open/U20/U18 Women & U16/50+/60+ Men U14 Men & U16 Women U14/40+/50+/60+ Women
2.15pm	1500 Metres (Lanes 1-3)	All Women
2.30pm	100 Metres (Lanes 5-9)	All Men
2.45pm	1500 Metres (Lanes 1-3)	All Men
3.30pm	3000 Metres (Lanes 1-3)	All Women
3.35pm	100 Metres (Lanes 5-9)	All Women
4.00pm	3000 Metres (Lanes 1-3)	All Men
4.30pm	400 Metres (Lanes 4-8)	All Men
5.15pm	400 Metres (Lanes 1-8)	All Women

\*\* The 2000m/5000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	Pole Vault	Long Jump		Discus	Javelin
	Zone A Clubs Only	Pit 1	Pit 2		
1.30pm	Sheet 1 (3.25m+)	Sheet 1 (20)	Controlled Sheet 2 (6m+/5m+) (20)	Sheet 1 (20)	Controlled Sheet 1 (35m+/30m+) (20)
2.30pm				Sheet 2 (20)	Sheet 2 (20)
2.45pm		Sheet 3 (20)	Sheet 4 (20)	Seated Discus/Javelin	
3.00pm	Sheet 2 (2.65m+)				
3.30pm		Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)	Sheet 3 (20)
4.30pm	Sheet 2 (1.60m+)	Sheet 7 (20)	Sheet 8 (20)	Sheet 4 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
5.00pm				Controlled Sheet 5 (35m+/28m+) (20)	Sheet 5 (20)
5.30pm		Sheet 9 (20)	Sheet 10 (20)		
6.00pm				Sheet 6 (10)	Sheet 6 (10)

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 18<sup>TH</sup> DECEMBER 2021 DRAFT TIMETABLE

### ROUND 6 – Zone A Venue Meadowglen

#### Program 1

(includes State Relay 4x100m seed timing events for all age groups)

#### TRACK EVENTS



Draft Time	Event	Grades
1.30pm	1500m Walk (Lanes 1-3) ** 3000m Walk (Lanes 1-3) **	All Men & Women (Athlete can choose)
1.30pm	110 Metre Hurdles (Lanes 5-9) 100 Metre Hurdles (Lanes 5-9) 90 Metre Hurdles (Lanes 5-9) 80 Metre Hurdles (Lanes 5-9)	Open/U20/U18/40+ Men Open/U20/U18 Women & U16/50+/60+ Men U14 Men & U16 Women U14/40+/50+/60+ Women
2.15pm	200 Metres (Lanes 4-8)	All Men
2.30pm	800 Metres (Lanes 1-3) 12 per heat	All Women
3.30pm	200 Metres (Lanes 4-8)	All Women
3.30pm	800 Metres (Lanes 1-3) 12 per heat	All Men
4.30pm	4x100m Relay (Lanes 1-8)	All Men
4.45pm	4x100m Relay (Lanes 1-8)	All Women
5.15pm	3000 Metres (Lanes 1-3) ^^	All Men
5.30pm	3000 Metres (Lanes 1-3) ^^	All Women
5.45pm	5000 Metres (Lanes 1-3) ^^	Open/U20/40+/50+/60+ Men & Women

\*\* The 1500m/3000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

^^ The 3000m/5000m are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	High Jump	Triple Jump		Shot Put		Hammer
		Pit 1	Pit 2	Circle 1	Circle 2	
1.30pm	Controlled Sheet 1 (1.65m+) (15)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Sheet 1 (20)	Sheet 2 (20)	Controlled Sheet 1 (35m+/30m+) (20)
2.30pm	Sheet 2 (1.40m-1.80m) (15)			Sheet 3 (20)	Sheet 4 (20)	Sheet 2 (20)
2.45pm		Sheet 3 (20)	Sheet 4 (20)		Seated Shot	
3.30pm	Sheet 3 (1.35m-1.75m) (15)	Sheet 5 (20)	Sheet 6 (20)	Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)
4.30pm	Sheet 4 (1.15m-1.55m) (15)	Sheet 7 (20)	Sheet 8 (20)	Sheet 7 (Throw & Go) (24)	Sheet 8 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
5.00pm				Sheet 9 (20)	Controlled Sheet 10 (13m+/11m+) (20)	Sheet 5 (20)
5.30pm	Sheet 5 (1.05m-1.45m) (15)	Sheet 9 (20)	Sheet 10 (20)			
6.00pm				Sheet 11 (15)	Sheet 12 (15)	Sheet 6 (7)

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 18<sup>TH</sup> DECEMBER 2021

### DRAFT TIMETABLE

#### ROUND 6 – Zone B Venue Knox

#### Program 2

(includes State Relay 4x100m seed timing events for all age groups)

#### TRACK EVENTS



Draft Time	Event	Grades
1.30pm	1500m Walk (Lanes 1-3) ** 3000m Walk (Lanes 1-3) **	All Men & Women (Athlete can choose)
1.30pm	400 Metre Hurdles (Lanes 4-8) 300 Metre Hurdles (Lanes 4-8) 200 Metre Hurdles (Lanes 4-8)	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+/60+ Women U16/U14 Men & Women
2.15pm	1500 Metres (Lanes 1-3)	All Women
2.30pm	100 Metres (Lanes 5-9)	All Men
2.45pm	1500 Metres (Lanes 1-3)	All Men
3.30pm	4x100m Relay (Lanes 1-8)	All Men
3.45pm	3000 Metres Steeple (91cm) (Lanes 1-3)	Open/U20/40+/50+ Men
3.50pm	100 Metres (Lanes 5-9)	All Women
4.15pm	2000 Metres Steeple (84cm) (Lanes 1-3)	U18 Men
4.30pm	3000 Metres Steeple (76.2cm) (Lanes 1-3) 2000 Metres Steeple (76.2cm)	Open/U20 Women 60+/U16/U14 Men U18/U16/U14/40+/50+/60+ Women
4.45pm	4x100m Relay (Lanes 1-8)	All Women
5.00pm	400 Metres (Lanes 1-8)	All Men
5.45pm	400 Metres (Lanes 1-8)	All Women

\*\* The 1500m/3000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	Long Jump		Discus	Javelin
	Pit 1	Pit 2		
1.30pm	Sheet 1 (20)	Controlled Sheet 2 (6m+/5m+) (20)	Sheet 1 (20)	Controlled Sheet 1 (35m+/30m+) (20)
2.30pm			Sheet 2 (20)	Sheet 2 (20)
2.45pm	Sheet 3 (20)	Sheet 4 (20)	Seated Discus/Javelin	
3.30pm	Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)	Sheet 3 (20)
4.30pm	Sheet 7 (20)	Sheet 8 (20)	Sheet 4 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
5.00pm			Controlled Sheet 5 (35m+/28m+) (20)	Sheet 5 (20)
5.30pm	Sheet 9 (20)	Sheet 10 (20)		
6.00pm			Sheet 6 (10)	Sheet 6 (10)

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 15<sup>TH</sup> JANUARY 2021

### DRAFT TIMETABLE

#### ROUND 7 – Zone A & B Twilight Meet Lakeside

#### Program 1

#### TRACK EVENTS



Draft Time	Event	Grades
4.00pm	800m - Session 1 (Lanes 1-3) (5 Heats @ 5 min) – 30 mins	All Women (12 per heat)
4.00pm	110 Metre Hurdles (Lanes 5-10) 100 Metre Hurdles (Lanes 5-10) 90 Metre Hurdles (Lanes 5-10) 80 Metre Hurdles (Lanes 5-10)	Open/U20/U18/40+ Men Open/U20/U18 Women & U16/50+/60+ Men U14 Men & U16 Women U14/40+/50+/60+ Women
4.30pm	800m - Session 1 (Lanes 1-3) (10 Heats @ 5 min) – 50mins	All Men (12 per heat)
5.00pm	100m - Session 1 (Lanes 5-8) (30 Heats @ 2 min) – 60 mins	All Men
5.30pm	800m - Session 2 (Lanes 1-3) (20 Heats @ 5 min) – 30 mins	All Women (12 per heat)
6.00pm	100m - Session 1 (Lanes 5-8) (20 Heats @ 2 min) – 45mins	All Women
6.00pm	800m - Session 2 (Lanes 1-3) (20 Heats @ 5 min) – 50 mins	All Men (12 per heat)
6.45pm	100m - Session 2 (Lanes 5-8) (30 Heats @ 2 min) – 60 mins	All Men
7.45pm	100m - Session 2 (Lanes 5-8) (20 Heats @ 2 min) – 45mins	All Women
6.50pm	3000m (Lanes 1-3) (2 Heats @ 15 min) ^^	All Women (25 per heat)
7.20pm	3000m (Lanes 1-3) (3 Heats @ 15 min) ^^	All Men (25 per heat)
8.05pm	5000m (Lanes 1-3) (2 Heats @ 30 min) ^^	All Men and Women (25 per heat)
9.15pm	FINISH	

^^ The 3000m/5000m are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	High Jump		Long Jump		Shot Put			Hammer	
	Pit 1	Pit 2	Pit 1	Pit 2	Circle 1	Circle 2	Circle 3	Inside	Outside
4.00pm	Controlled Sheet 1 (1.65m+) (15)	Controlled Sheet 2 (1.65m+) (15)	Sheet 1 (20)	Sheet 2 (Jump & Go) (30)	Sheet 1 (20)	Sheet 2 (20)	Sheet 3 (Throw & Go) (25)	Sheet 1 (18)	Sheet 2 (18)
5.00pm	Sheet 3 (1.40m-1.80m) (15)	Sheet 4 (1.40m-1.80m) (15)	Sheet 3 (20)	Sheet 4 (20)	Sheet 4 (20)	Sheet 5 (20)	Sheet 6 (Throw & Go) (25)	Sheet 3 (18)	Sheet 4 (Throw & Go) (22)
6.00pm	Sheet 5 (1.35m-1.75m) (15)	Sheet 6 (1.35m-1.75m) (15)	Sheet 5 (20)	Sheet 6 (Jump & Go) (30)	Sheet 7 (20)	Sheet 8 (20)	Sheet 9 (Throw & Go) (25)	Sheet 5 (18)	Sheet 6 (18)
7.00pm	Sheet 7 (1.15m-1.55m) (15)	Sheet 8 (1.15m-1.55m) (15)	Sheet 7 (20)	Sheet 8 (20)	Sheet 10 (20)	Sheet 11 (20)	Sheet 12 (Throw & Go) (25)	Sheet 7 (18)	Sheet 8 (Throw & Go) (22)
8.00pm	Sheet 9 (1.05m-1.45m) (15)	Sheet 10 (1.05m-1.45m) (15)	Sheet 9 (20)	Sheet 10 (20)	Sheet 13 (20)	Sheet 14 (20)	Sheet 15 (Throw & Go) (25)	Sheet 9 (17)	
9:00pm			Sheet 11 (Jump & Go) (20)	Sheet 12 (Jump & Go) (20)	Sheet 16 (Throw & Go) (20)	Sheet 17 (Throw & Go) (20)	Sheet 18 (Throw & Go) (20)	Sheet 10 (Throw & Go) (20)	

\* Seated Shot Put will be included in the timetable once entries have closed. AV will contact entrants to arrange a suitable time



TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 22<sup>nd</sup> JANUARY 2021 DRAFT TIMETABLE

### ROUND 08 – Zone B Twilight Venue Duncan McKinnon

#### Program 1

(includes State Relay 4x400m Open Men & Women Qualifiers  
& State Relay 4x400m seed timing events for Juniors & Masters age groups)



#### TRACK EVENTS

Draft Time	Event	Grades
3.40pm	4x400m Relay (Lanes 1-8)	All Men
4.10pm	4x400m Relay (Lanes 1-8)	All Women
4.30pm	3000 Metres Steeple (91cm) (Lanes 1-3)	Open/U20/40+/50+ Men
4.45pm	2000 Metres Steeple (84cm) (Lanes 1-3)	U18 Men
5.00pm	3000 Metres Steeple (76.2cm) (Lanes 1-3) 2000 Metres Steeple (76.2cm)	Open/U20 Women 60+/U16/U14 Men 40+/50+/60+/U18/U16/U14 Women
5.15pm	1500m Walk (Lanes 1-3) ** 3000m Walk (Lanes 1-3) **	All Men & Women (Athlete can choose)
5.30pm	400 Metre Hurdles (Lanes 5-8) 300 Metre Hurdles (Lanes 5-8) 200 Metre Hurdles (Lanes 5-8)	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+/60+ Women U16/U14 Men & Women
6.30pm	200m (Lanes 4-8)	All Men
6.30pm	1500m (Lanes 1-3)	All Women
7.15pm	1500m (Lanes 1-3)	All Men
7.30pm	200m (Lanes 4-8)	All Women

\*\* The 1500m/3000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	Pole Vault	Triple Jump		Discus	Javelin
	Zone B Clubs Only	Pit 1	Pit 2		
4.00pm	Sheet 1 (3.55m+)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Sheet 1 (20)	Controlled Sheet 1 (35m+/30m+) (20)
5.00pm				Sheet 2 (20)	Sheet 2 (20)
5.15pm	Sheet 2 (2.80m+)	Sheet 3 (20)	Sheet 4 (20)	Seated Discus/Javelin	
6.00pm		Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)	Sheet 3 (20)
6.45pm	Sheet 3 (1.60m+)				
7.00pm		Sheet 7 (20)	Sheet 8 (20)	Sheet 4 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
7.30pm				Controlled Sheet 5 (35m+/28m+) (20)	Sheet 5 (20)
8.00pm		Sheet 9 (20)	Sheet 10 (20)		

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 22<sup>nd</sup> JANUARY 2021 DRAFT TIMETABLE

### ROUND 08 – Zone A Twilight Venue Aberfeldie

#### Program 2

(includes State Relay 4x400m Open Men & Women Qualifiers  
& State Relay 4x400m seed timing events for Juniors & Masters age groups)



#### TRACK EVENTS

Draft Time	Event	Grades
3.40pm	4x400m Relay (Lanes 1-8)	All Men
4.10pm	4x400m Relay (Lanes 1-8)	All Women
4.30pm	3000 Metres Steeple (91cm) (Lanes 1-3)	Open/U20/40+/50+ Men
4.45pm	2000 Metres Steeple (84cm) (Lanes 1-3)	U18 Men
5.00pm	3000 Metres Steeple (76.2cm) (Lanes 1-3) 2000 Metres Steeple (76.2cm)	Open/U20 Women 60+/U16/U14 Men 40+/50+/60+/U18/U16/U14 Women
5.15pm	1500m Walk (Lanes 1-3) ** 3000m Walk (Lanes 1-3) **	All Men & Women (Athlete can choose)
5.30pm	400 Metre Hurdles (Lanes 5-8) 300 Metre Hurdles (Lanes 5-8) 200 Metre Hurdles (Lanes 5-8)	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+/60+ Women U16/U14 Men & Women
6.30pm	200m (Lanes 4-8)	All Men
6.30pm	1500m (Lanes 1-3)	All Women
7.15pm	1500m (Lanes 1-3)	All Men
7.30pm	200m (Lanes 4-8)	All Women

\*\* The 1500m/3000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	Pole Vault	Triple Jump		Discus	Javelin
	Zone A Clubs Only	Pit 1	Pit 2		
4.00pm	Sheet 1 (3.25m+)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Sheet 1 (20)	Controlled Sheet 1 (35m+/30m+) (20)
5.00pm				Sheet 2 (20)	Sheet 2 (20)
5.15pm		Sheet 3 (20)	Sheet 4 (20)	Seated Discus/Javelin	
5.30pm	Sheet 2 (2.65m+)				
6.00pm		Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)	Sheet 3 (20)
7.00pm	Sheet 3 (1.60m+)	Sheet 7 (20)	Sheet 8 (20)	Sheet 4 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
7.30pm				Controlled Sheet 5 (35m+/28m+) (20)	Sheet 5 (20)
8.00pm		Sheet 9 (20)	Sheet 10 (20)		

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 5<sup>th</sup> FEBRUARY 2021 DRAFT TIMETABLE

### ROUND 09 – Zone B Venue Casey

#### Program 1

#### TRACK EVENTS



Draft Time	Event	Grades
<b>1.30pm</b>	2000m Walk (Lanes 1-3) ** 5000m Walk (Lanes 1-3) **	All Men & Women Available Only to Open/U20/U18 Men & Women
<b>1.30pm</b>	110 Metre Hurdles (Lanes 5-9) 100 Metre Hurdles (Lanes 5-9) 90 Metre Hurdles (Lanes 5-9) 80 Metre Hurdles (Lanes 5-9)	Open/U20/U18/40+ Men Open/U20/U18 Women & U16/50+/60+ Men U14 Men & U16 Women U14/40+/50+/60+ Women
<b>2.15pm</b>	3000 Metres (Lanes 1-3)	All Men
<b>2.30pm</b>	200 Metres (Lanes 4-8)	All Women
<b>2.45pm</b>	3000 Metres (Lanes 1-3)	All Women
<b>3.30pm</b>	800 Metres (Lanes 1-3) 12 per heat	All Women
<b>3.45pm</b>	200 Metres (Lanes 4-8)	All Men
<b>4.15pm</b>	800 Metres (Lanes 1-3) 12 per heat	All Men

\*\* The 2000m/5000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	High Jump	Pole Vault	Triple Jump		Shot Put		Hammer
		Zone B Clubs Only	Pit 1	Pit 2	Circle 1	Circle 2	
<b>1.30pm</b>	Controlled Sheet 1 (1.65m+) (15)	Sheet 1 (3.55m+)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Sheet 1 (20)
<b>2.30pm</b>	Sheet 2 (1.40m-1.80m) (15)				Sheet 3 (20)	Sheet 4 (20)	Sheet 2 (20)
<b>2.45pm</b>		Sheet 2 (2.80m+)	Sheet 3 (20)	Sheet 4 (20)		Seated Shot	
<b>3.30pm</b>	Sheet 3 (1.35m-1.75m) (15)		Sheet 5 (20)	Sheet 6 (20)	Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)
<b>4.15pm</b>		Sheet 3 (1.60m+)					
<b>4.30pm</b>	Sheet 4 (1.15m-1.55m) (15)		Sheet 7 (20)	Sheet 8 (20)	Sheet 7 (Throw & Go) (24)	Sheet 8 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
<b>5.00pm</b>					Sheet 9 (20)	Sheet 10 (20)	Controlled Sheet 5 (35m+/30m+) (20)
<b>5.30pm</b>	Sheet 5 (1.05m-1.45m) (15)		Sheet 9 (20)	Sheet 10 (20)			
<b>6.00pm</b>					Sheet 11 (15)	Sheet 12 (15)	Sheet 6 (7)

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 5<sup>th</sup> FEBRUARY 2021 DRAFT TIMETABLE

### ROUND 09 – Zone A Venue Aberfeldie

#### Program 2

#### TRACK EVENTS



Draft Time	Event	Grades
1.30pm	2000m Walk (Lanes 1-3) ** 5000m Walk (Lanes 1-3) **	All Men & Women Available Only to Open/U20/U18 Men & Women
1.30pm	400 Metre Hurdles (Lanes 4-8) 300 Metre Hurdles (Lanes 4-8) 200 Metre Hurdles (Lanes 4-8)	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+/60+ Women U16/U14 Men & Women
2.15pm	1500 Metres (Lanes 1-3)	All Women
2.30pm	100 Metres (Lanes 5-9)	All Men
2.45pm	1500 Metres (Lanes 1-3)	All Men
3.30pm	3000 Metres Steeple (91cm) (Lanes 1-3)	Open/U20/40+/50+ Men
3.30pm	100 Metres (Lanes 5-9)	All Women
4.00pm	2000 Metres Steeple (84cm) (Lanes 1-3)	U18 Men
4.15pm	3000 Metres Steeple (76.2cm) (Lanes 1-3) 2000 Metres Steeple (76.2cm)	Open/U20 Women 60+/U16/U14 Men 40+/50+/60+/U18/U16/U14 Women
4.30pm	400 Metres (Lanes 4-8)	All Men
5.15pm	400 Metres (Lanes 1-8)	All Women

\*\* The 2000m/5000m Walk are considered the same event and athletes can only enter one or the other. (Refer AVSL Rule 6.3)

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	Pole Vault	Long Jump		Discus	Javelin
	Zone A Clubs Only	Pit 1	Pit 2		
1.30pm	Sheet 1 (3.25m+)	Sheet 1 (20)	Controlled Sheet 2 (6m+/5m+) (20)	Controlled Sheet 1 (35m+/28m+) (20)	Sheet 1 (20)
2.30pm				Sheet 2 (20)	Sheet 2 (20)
2.45pm		Sheet 3 (20)	Sheet 4 (20)	Seated Discus/Javelin	
3.00pm	Sheet 2 (2.65m+)				
3.30pm		Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)	Sheet 3 (20)
4.30pm	Sheet 2 (1.60m+)	Sheet 7 (20)	Sheet 8 (20)	Sheet 4 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
5.00pm				Sheet 5 (20)	Controlled Sheet 5 (35m+/30m+) (20)
5.30pm		Sheet 9 (20)	Sheet 10 (20)		
6.00pm				Sheet 6 (15)	Sheet 6 (15)

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.

## SATURDAY 12<sup>th</sup> FEBRUARY 2021 DRAFT TIMETABLE

### ROUND 10 – SUPER SATURDAY Lakeside Zone B

#### Program 2

#### TRACK EVENTS



Draft Time	Event	Grades
9.30am	400 Metre Hurdles (Lanes 4-8) 300 Metre Hurdles (Lanes 4-8) 200 Metre Hurdles (Lanes 4-8)	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+/60+ Women U16/U14 Men & Women
9.30am	1500 Metres (Lanes 1-3)	All Women
10.00am	1500 Metres (Lanes 1-3)	All Men
10.30am	100 Metres (Lanes 6-10)	All Men
10.45am	3000 Metres (Lanes 1-3)	All Women
11.30am	100 Metres (Lanes 5-9)	All Women
11.30am	3000 Metres (Lanes 1-3)	All Men
12.15pm	4x100m Relay (lanes 1-8)	All Men
12.30pm	4x100m Relay (lanes 1-8)	All Women
12.45pm	400 Metres (Lanes 4-8)	All Men
1.30pm	400 Metres (Lanes 1-8)	All Women

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	Pole Vault	Triple Jump		Discus	Javelin
	Zone B Clubs Only	Pit 1	Pit 2		
9.30am	Sheet 1 (3.25m+)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Controlled Sheet 1 (35m+/28m+) (20)	Sheet 1 (20)
10.30am				Sheet 2 (20)	Sheet 2 (20)
10.45am		Sheet 3 (20)	Sheet 4 (20)	Seated Discus/Javelin	
11.00am	Sheet 2 (2.65m+)				
11.30am		Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)	Sheet 3 (20)
12.30pm	Sheet 2 (1.60m+)	Sheet 7 (20)	Sheet 8 (20)	Sheet 4 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
1.00pm				Sheet 5 (20)	Controlled Sheet 5 (35m+/30m+) (20)
1.30pm		Sheet 9 (20)	Sheet 10 (20)		
2.00pm				Sheet 6 (15)	Sheet 6 (15)

TIMETABLE of EVENTS as at 24.11.21  
All timetables featured are subject to change.



## SATURDAY 12<sup>th</sup> FEBRUARY 2021

### DRAFT TIMETABLE

#### ROUND 10 – SUPER SATURDAY Lakeside Zone A

#### Program 2

#### TRACK EVENTS

Draft Time	Event	Grades
<b>3.30pm</b>	400 Metre Hurdles (Lanes 4-8) 300 Metre Hurdles (Lanes 4-8) 200 Metre Hurdles (Lanes 4-8)	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+/60+ Women U16/U14 Men & Women
<b>3.30pm</b>	1500 Metres (Lanes 1-3)	All Women
<b>4.00pm</b>	1500 Metres (Lanes 1-3)	All Men
<b>4.30pm</b>	100 Metres (Lanes 5-9)	All Men
<b>4.45pm</b>	3000 Metres (Lanes 1-3)	All Women
<b>5.30pm</b>	100 Metres (Lanes 5-9)	All Women
<b>5.30pm</b>	3000 Metres (Lanes 1-3)	All Men
<b>6.15pm</b>	4x100m Relay (lanes 1-8)	All Men
<b>6.30pm</b>	4x100m Relay (lanes 1-8)	All Women
<b>6.45pm</b>	400 Metres (Lanes 4-8)	All Men
<b>7.30pm</b>	400 Metres (Lanes 1-8)	All Women

#### FIELD EVENTS

The number of spots available for each Field event sheet are shown in brackets for each sheet.

Draft Time	Pole Vault	Triple Jump		Discus	Javelin
	Zone A Clubs Only	Pit 1	Pit 2		
<b>3.30pm</b>	Sheet 1 (3.55m+)	Sheet 1 (20)	Controlled Sheet 2 (13m+/11m+) (20)	Controlled Sheet 1 (35m+/28m+) (20)	Sheet 1 (20)
<b>4.30pm</b>				Sheet 2 (20)	Sheet 2 (20)
<b>4.45pm</b>	Sheet 2 (2.80m+)	Sheet 3 (20)	Sheet 4 (20)	Seated Discus/Javelin	
<b>5.30pm</b>		Sheet 5 (20)	Sheet 6 (20)	Sheet 3 (20)	Sheet 3 (20)
<b>6.15pm</b>	Sheet 3 (1.60m+)				
<b>6.30pm</b>		Sheet 7 (20)	Sheet 8 (20)	Sheet 4 (Throw & Go) (24)	Sheet 4 (Throw & Go) (24)
<b>7.00pm</b>				Sheet 5 (20)	Controlled Sheet 5 (35m+/30m+) (20)
<b>7.30pm</b>		Sheet 9 (20)	Sheet 10 (20)		
<b>8.00pm</b>				Sheet 6 (15)	Sheet 6 (15)