



2021 COUNTRY TRACK & FIELD CHAMPIONSHIPS



RULES OF COMPETITION

(As at 12/01/2021)

1. **Competition:** All events shall be conducted in accordance with the rules of the World Athletics (WA) and Athletics Victoria (AV).
2. **Age determination:** Age group calculation is taken from the **31st December 2021**. Masters athletes (40+, 50+, 60+) age group calculation will be taken from the first day of competition, **22nd January 2021**.

Athletes must be a **minimum of 12 years of age** in the year of competition.

Age Group	Year of Birth	Age Group	Date of Birth
Under 14	2008, 2009	40+	22/01/1971-22/01/1981
Under 16	2006, 2007	50+	22/01/1961-22/01/1971
Under 18	2004, 2005	60+	< 22/01/1961
Under 20	2002, 2003		
Open	2001+ (Juniors from 2005 onwards can enter)		

3. **Open events:** Athletes must be a **minimum of 16 years of age** in the year of competition to compete in an Open event.
4. **Same or similar events:** Athletes cannot enter the same or similar event in more than one junior / masters age group. Athletes may enter the open age group and their junior / masters age group.
*Note: for example, the following are classified as **similar events** - 1500m Walk, 3000m Walk & 5000m Walk; 80m Hurdles, 90m Hurdles, 100m Hurdles and 110m Hurdles; 200m Hurdles, 300m Hurdles & 400m Hurdles; 2000m Steeplechase & 3000m Steeplechase.*
5. **Mixed Competition:** Both male and female athletes must compete in their own gender events including relays.
6. **Distance Events:** Athletes in the 10,000m **MUST be 16 years of age or older** on the day of competition.
7. **Entry Numbers:** Only one (1) entry is required for an event to be included on the program. However, to provide competition, events may be combined with a similar event if available.
8. **Simultaneous Events:** When an athlete has entered both Open and Age Group event which are conducted simultaneously as one (1) event, the athlete will be entitled to one (1) set of performances only, provided that the specifications for the Age Group event are the same as the Open event. These performances will be used to determine the placing's in both events.
9. **Track Events:** All track events will be conducted as Timed Finals
10. **Field Events:**
 - (i) In throwing and horizontal jump events the following number of trials will apply:
 - a. **U14, U16, U18 and Masters** age groups - three (3) trials with the top eight (8) receiving one (1) further trial.
 - b. **Open and U20** age groups - three (3) trials with the top eight (8) receiving three (3) further trials.
 - (ii) In vertical jump events, in the case of a tie for first place after countbacks has been applied, a jump off will be used to determine first place.



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11. Vertical Jumps starting heights:

Age Group	High Jump		Pole Vault	
	Women	Men	Women	Men
Under 14	1.05m	1.10m	1.40m	1.40m
Under 16	1.25m	1.30m	1.60m	1.60m
Under 18	1.35m	1.45m	1.60m	2.10m
Under 20	1.35m	1.45m	1.60m	2.60m
Open	1.35m	1.45m	2.20m	2.60m
40+	1.05m	1.25m	1.40m	1.60m
50+	1.05m	1.10m	1.40m	1.60m
60+	1.00m	1.10m	1.40m	1.60m

12. **Clash of Events:** If an athlete has a clash of events, they will need to report to the competition area of their second event and report to the Official that they will be late marshalling to that event due to a clash with another event.
13. **Check-In:** Athletes must report to the **ATHLETE TIC AREA** no later than **60 minutes prior** to the start time of the first round of each event they have entered and sign in. Failure to do so may result in disqualification.
- If you believe you will be running late for your Check-In time, please text Athletics Victoria on the following number **0447 202 160** with your name, age group and event.
14. **Scratching:** Any athlete who competes in a round of an event in the Championships and qualifies for the subsequent round and then withdraws from that event, without a medical certificate, **WILL NOT** be permitted to compete in any other event during the Championships, including Relays.
15. **Call Room:** There will be **NO** call room in operation at the Victorian Country Athletics Championships. Thus, all athletes must marshal directly to the competition area by the time indicated below. Athletes are to ensure that they bring all required clothing and footwear as they will not be permitted to leave once they have marshalled.

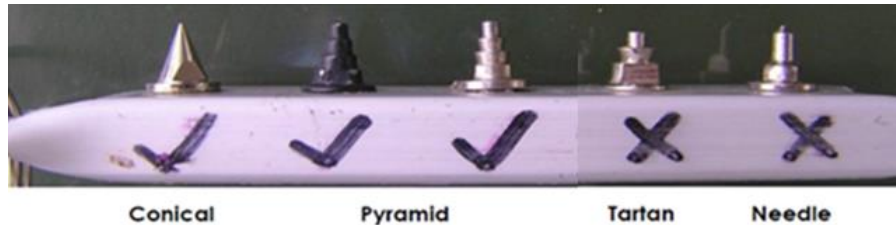
The closing times for marshalling are:

Event	Time	Event	Time
Pole Vault	45 min	Discus, Shot Put, Javelin & High Jump	20 min
Hammer	30 min	Hurdles & Steeplechase	20 min
Long Jump & Triple Jump	25 min	All other track events	15 min

16. **Uniforms:** athletes MUST be attired in their official registered club uniform with their current Athletics Victoria registration numbers firmly affixed (refer World Athletics Rule 8). Athletes competing by invitation MUST compete in their club, state, or national uniform.

17. **Footwear:** Footwear must comply with the new World Athletics Shoe Rulings (WA Technical Rules - TR 5) available by clicking [HERE](#).

Track spikes must be of WA approved shape (conical is preferred) and be no greater than 7mm in length for track events. Spikes for javelin and high jump events must be conical in shape and a maximum of 9mm.



18. **Private Implements:** Only implements provided and previously tested by the Technical Manager may be used. Athletes wishing to use private implements must lodge them with the Technical manager **NO LATER THAN 2 hours** prior to the scheduled starting time of the event. The implement will be retained until the completion of that event and will be available for all athletes in that event to use.
19. **Progression for Finals:** For events with two or more rounds, invitation athletes can only make up 50% of the final field, therefore a maximum of four invitation athletes can progress through to the final (all metro club athletes are invitation athletes at the Victorian Country Championships). This also applies to the additional trials in relevant field events; only four invitation athletes can progress through to the additional round(s). If there are not enough country registered athletes to fill 50% of the final, additional invitation athletes will be progressed
20. **Starting Blocks:** The use of starting blocks is compulsory for all Open and junior athletes competing in events up to and including 400m. Masters athletes will be permitted a crouch or standing start for all events.
21. **Hip Numbers:** Athletes in events 800m or longer will be required to wear a hip number to assist with photo finish in identifying athletes. Hip numbers will be distributed at the start line during the marshalling period.
22. **Relays:** Entries for relays **MUST** be completed online by Clubs. This can be done via the club portal the same way Clubs enter the Victorian Track Relay Championships.

Further information in regarding team check-in forms will be confirmed closer to the championship date.

23. **Protests:**
- (i) Any enquires regarding entries; check-in or reporting at the Championships on the days of competition shall be made to the Administration Delegate or Competition Manager.
 - (ii) Any protest regarding the competition, shall in the first instance, be made orally to the Referee by the athlete or by a person acting on his/her behalf, within 30 minutes of the official announcement of the result.
- The Referee may decide on the protest or may refer the matter to the jury of appeal. If the Referee makes a decision, the athlete may appeal to the jury within 30 minutes of the Referees decision.
- Appeals must be in writing, signed by the athlete (or a responsible adult on behalf of the athlete) and submitted to the Administration Manager located in Administration. The protest must be accompanied by a deposit of \$50.00 which may be forfeited should the protest be considered frivolous (World Athletics Rule TR 8). Protest/appeal forms are available at Administration.

24. **Presentations:** Will be made as soon as possible after the event. All placegetters are asked to assist with this procedure by going with an Official at the completion of the event to the presentation area. Each athlete must wear either their competition singlet or tracksuit top for presentations. Medallions will be presented to competitors placed first, second and third. Victorian Country Championship medallions shall be reserved for the best three (3) placed Victorian Country athletes. Invitational medals will be given to any metro or interstate athletes who compete and place in the top 3 before country athletes.
25. **Records:** all athletes wishing to break a record, must report this to the Administration 2 hours prior to the event.
26. **Athletics Victoria Contact Information:** please contact AV for any questions regarding the Victorian Country Athletics Championships on 03 8646 4500 or sportdelivery@athsvic.org.au