

ATHLETICS VICTORIA ROADMAP SUMMARY METRO MELBOURNE

THIS is a SUMMARY of the ROADMAP for Re-opening issued by the Victorian Government. It is subject to change and it is recommended to continue to visit the DHHS Website for updates. [DHHS WEBSITE](#)

	Second Step (CURRENT)	Third Step	Last Step	COVID NORMAL
		<p>Move to third step if we reach <5 new cases (state-wide average over previous 14 days) and <5 cases with unknown source (state-wide total last 1 days)</p> <p>At least a three-week gap between changes (Best case all being equal – not confirmed)</p> <p style="text-align: center;">19TH OCTOBER 2020</p>	<p>Move from third step to last step of we reach no new cases for 14 days (state-wide)</p> <p>At least a three-week gap between changes (Best case all being equal – not confirmed)</p> <p style="text-align: center;">9TH NOVEMBER 2020</p>	<p>Move from last step to COVID normal if we reach no new cases for 28 days (state-wide) no active cases (state-wide) and no active outbreaks of concern in other states and territories</p> <p>At least a three-week gap between changes (Best case all being equal – not confirmed)</p> <p style="text-align: center;">7TH DECEMBER 2020</p>
BEST possible date if targets are met				
Individuals	Only 4 reasons to leave the house but must stay local (5km limit of travel)	No restrictions on reasons to leave home or distance but stay safe	No restrictions on reasons to leave home or distance but stay safe	No restrictions on reasons to leave home or distance but stay safe
Public gatherings	Up to 5 people from a maximum of 2 households that can meet outdoors for social interaction	Up to 10 people outdoors	Up to 50 people outdoors	No restrictions but organisers encouraged to keep records of attendees.
Exercise & Recreation	<p>Outdoor recreation: Must be within 5km and where facilities are not required Outdoor personal training allowed with up to 2 people per trainer</p> <p>Exercise: outdoors, up to two hours per day total, split into a maximum of two sessions, with public gatherings limits and only where facilities not required.</p> <p><u>GOVT has confirmed that in this step the definition of personal trainers do not include athletics coaches – SEE Coaching section below</u></p>	<p>Outdoor contact and non-contact sport for ≤18's. Outdoor non-contact sport only for adults with gathering limits and density limits.</p> <p>Outdoor fitness for 10 people</p> <p><i>Government will advise density limits once in this step</i></p>	<p>No exercise restrictions. Facilities open subject to safety measures. Organised contact sport resume for all ages.</p> <p>Limitations on spectators</p> <p><i>Government will advise the safety measures and limitations on spectators once in this step</i></p>	
Coaching – Professional Full Time	<p>Not Permitted to return to work</p> <p><i>Exception – Elite/HP Coaches approved by Athletics Australia under Vic Govt Elite/HP athlete policy</i></p>	<p>Coaching for up to 10 people (not including the coach)</p> <ul style="list-style-type: none"> - observing physical distancing 1.5m - no other group of 10 people within 100m of each other - get in train and get out, - masks to be worn by coach at all times, athletes can remove masks while training but must have a mask in reach at all other times; - no hugging or contact; - no sharing of personal equipment - restrictions around training for pole vault, high jump and horizontal jumps 	<p><i>Number of people in a coaching group to be defined by government once this step is reached however note social gatherings of up to 50 people however</i></p> <ul style="list-style-type: none"> - observing physical distancing 1.5m - no other group of 10 people within 100m of each other - get in train and get out, - masks to be worn by coach at all times, athletes can remove masks while training but must have a mask in reach at all other times; - no hugging or contact; - no sharing of personal equipment - restrictions around training for pole vault, high jump and horizontal jumps 	No restrictions

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		<ul style="list-style-type: none"> - coach to maintain contact list of training group with session times, names, contact numbers and if required act as a Safety Officer during training - spectators limited to 10 people per group and Venue will determine number of these groups that can be accommodated within the venue during any one time. <p><i>Exception – Elite/HP Coaches approved by Athletics Australia under Vic Govt Elite/HP athlete policy</i></p> <p>SEE VENUE below</p>	<ul style="list-style-type: none"> - coach to maintain contact list of training group with session times, names, contact numbers and if required act as a Safety Officer during training - spectators limited to 10 people per group and Venue will determine number of these groups that can be accommodated within the venue during any one time. <p><i>Exception – Elite/HP Coaches approved by Athletics Australia under Vic Govt Elite/HP athlete policy</i></p> <p>SEE VENUE below</p>	
Coaching	<p>Not Permitted to return to coaching</p> <p><i>Exception – Elite/HP Coaches approved by Athletics Australia under Vic Govt Elite/HP athlete policy</i></p>	<p>Coaching for up to 10 people (not including the coach)</p> <ul style="list-style-type: none"> - observing physical distancing - no other group of 10 people within 100m of each other - get in train and get out, - masks to be worn by coach at all times, athletes can remove masks while training but must have a mask in reach at all other times; - no hugging or contact; - no sharing of personal equipment - restrictions around training for pole vault, high jump and horizontal jumps - coach to maintain contact list of training group with session times, names, contact numbers and if required act as a Safety Officer during training - spectators limited to 10 people per group and Venue will determine number of these groups that can be accommodated within the venue during any one time. <p><i>Exception – Elite/HP Coaches approved by Athletics Australia under Vic Govt Elite/HP athlete policy</i></p> <p>SEE VENUE below</p>	<p>Number of people in a coaching group to be defined by government once this step is reached however note social gatherings of up to 50 people however</p> <ul style="list-style-type: none"> - observing physical distancing 1.5m - no other group of 10 people within 100m of each other - get in train and get out, - masks to be worn by coach at all times, athletes can remove masks while training but must have a mask in reach at all other times; - no hugging or contact; - no sharing of personal equipment - restrictions around training for pole vault, high jump and horizontal jumps - coach to maintain contact list of training group with session times, names, contact numbers and if required act as a Safety Officer during training - spectators limited to 10 people per group and Venue will determine number of these groups that can be accommodated within the venue during any one time. <p><i>Exception – Elite/HP Coaches approved by Athletics Australia under Vic Govt Elite/HP athlete policy</i></p> <p>SEE VENUE below</p>	No restrictions

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Venues	Athletics tracks remain closed however Local Councils who manage the venue may determine to open the venue.	<p>Athletics Track will be advised by government if they can open and any rules pertaining to opening. Further, re-opening may also be subject to Council approval where required however, Venues will require a COVID Safety Plan.</p> <p>Athletics Victoria has submitted its plan to Government which sets out requirements for RETURN to TRAINING for a venue.</p> <p>It is the responsibility of the VENUE Management Group or Club of other Body to liaise with Local Council on any other requirements to open the venue for training.</p>	<p>Facilities open subject to safety measures. Organised contact sport resumes for all ages, with limitations on spectators Once Last Step approved, government will issue regulations and may impose limits based on ingress/egress into a venue; effectiveness of imposing safety protocols; gathering limits or other conditions.</p> <p>Venues will require a COVID Safety Plan.</p> <p>Athletics Victoria has submitted its plan to Government which sets out requirements for RETURN to TRAINING for a venue.</p> <p>It is the responsibility of the VENUE to liaise with Local Council on any other requirements to open the venue for training.</p>	No restrictions
Competitions	Not permitted	<p><u>Subject to approval from government</u> however limited to groups of max of 10 people provided the activity complies with</p> <ul style="list-style-type: none"> - physical distancing of 1.5m - activity requires minimum number of officials/volunteers to be conducted - avoid sharing of equipment, however equipment must be cleaned and sanitised before the next use; - avoid where possible congregating at the start, or end of the activity with participants required to leave once the activity is complete; - officials/volunteers observe physical distancing, and wear masks and are provide with any other PPE deemed appropriate for managing that activity; and - spectators abide by social gathering rules and venue has completed relative safety checks to ensure compliance. 	<p><u>Subject to approval from government</u> however limited to groups of max of 50 people (noting social gathering numbers) provided the activity complies with</p> <ul style="list-style-type: none"> - physical distancing of 1.5m - activity requires minimum number of officials/volunteers to be conducted - avoid sharing of equipment, however equipment must be cleaned and sanitised before the next use; - avoid where possible congregating at the start, or end of the activity with participants required to leave once the activity is complete; - officials/volunteers observe physical distancing, and wear masks and are provide with any other PPE deemed appropriate for managing that activity; and - spectators abide by social gathering rules and venue has completed relative safety checks to ensure compliance. 	No restrictions on community sports or spectators
Intrastate Travel		<p>Allowed across Third Step Area <u>Only within Regional Victoria. Travel into Metro Melbourne not permitted unless exemption for industry with appropriate Permit.</u></p>	Intrastate Travel allowed – no restrictions	Intrastate Travel allowed – no restrictions



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The purpose of these directions is to restrict the operation of certain businesses and undertakings in the Restricted Areas in order to limit the spread of coronavirus (COVID-19). The Restricted Activity Directions (Restricted Areas) (No 10) came into force at 27 September 2020 and replace the Restricted Activity Directions (Restricted Areas) (No 9).

[Restricted Activities Direction \(no.10\) – Metro Melbourne](#)