

**High Velocity Meet 3 - 16/02/2019****Ringwood Athletics Centre****Results****Event 1 Women Triple Jump Open**

Name	Year Team	Finals	Wind
Finals			
1 Pettitt, Ellen	Athletics Essendon	13.17m	1.9
2 Grenade, Chloe	Preston Athl	12.42m	1.3
3 Pizzo, Ruby	Athletics Essendon	11.90m	+0.0
4 Portaro, Emily	Athletics Essendon	11.83m	-0.7
5 Andersen, Jessica	Collingwood	11.81m	0.1
6 Gordon, Brooke	St Kevin's A	11.51m	+0.0
7 Harper, Isabella	Glenhuntly A	11.29m	1.3

**Event 2 Men Triple Jump Open**

Name	Year Team	Finals	Wind
1 Ore, Ayo	Athletics Essendon	15.68m	1.5
2 Okpala, Ebuka	Unattached	15.17m	1.0
3 Akin Ojelabi, Pemi	Athletics Essendon	14.48m	-1.3
4 Kuku, Jotham	Western Athletics	14.44m	0.6
5 Hinson, Aiden	Frankston At	13.96m	+0.0
6 Willis, Tayleb	Ringwood Ath	13.63m	+0.0
7 Andersen, Nathan	Collingwood	12.86m	+0.0
8 Paull, Fraser	Geelong Guil	12.82m	+0.0
9 Friar, Matthew	Old Melburni	12.49m	+0.0

**Event 3 Women Long Jump Open**

Name	Year Team	Finals	Wind
1 Limburg, Rachel	Box Hill Ath	5.92m	0.6
2 Neideck, Bridget	Old Xaverian	5.78m	1.0
3 Reddingius, Kiara	Western Australia	5.76m	+0.0
4 Djatschenko, Montana	Athletics Essendon	5.55m	-1.0
5 Yacono, Olivia	Old Xaverian	5.51m	1.0
6 Knight, Emma	Box Hill Ath	5.27m	0.2
7 Elvish, Kaelah	Frankston At	5.24m	+0.0
8 Tikfesis, Leilani	Sandringham	5.22m	+0.0
9 Porter, Alana	Glenhuntly A	5.20m	+0.0
-- Lim, Becky	Box Hill Ath	ND	NWI
-- Phanivong, Isabella	Frankston At	ND	NWI

**Event 4 Men Long Jump Open**

Name	Year Team	Finals	Wind
1 James, Antony	Old Melburni	7.33m	1.3
2 Brock, David	Athletics Nu	6.86m	1.9
3 O'Hanlon, Keenan	Casey Cardin	6.68m	1.6
4 Poulter, Hamish	Geelong Guil	6.64m	1.2
5 Froomes, Charlie	Old Melburni	6.57m	+0.0
6 Sweet, Jackson	Sandringham	6.54m	1.9
7 Taylor, Isaac	Frankston At	6.51m	0.5
8 Tarrant, Ryan	Old Melburni	6.32m	1.7



**High Velocity Meet 3 - 16/02/2019****Ringwood Athletics Centre****Results****Event 5 Women 100 Meter Run Open**

Name	Year Team	Finals	Wind	H#
1 De Silva, Amasha	Diamond Vall	11.90	1.2	1
2 Willis, Lateisha	Ringwood Ath	12.02	1.2	1
3 Cote, Hannah	Sandringham	12.19	1.2	1
4 Santiglia, Chiara	Collingwood	12.41	1.2	1
5 Shaw, Danielle	Ringwood Ath	12.44	1.2	1
5 Ukpiebo, Angel	Diamond Vall	12.44	1.2	1
7 Grandine, Illana	Athletics Essendon	12.47	+0.0	2
8 Arch, Adora	Western Athletics	12.48	1.2	1
9 Wang Lecouteur, Cassandr	Melbourne Un	12.65	+0.0	2
10 Forbes, Eileen	Melbourne Un	12.66	1.6	4
11 Romanoff, Lucy	Frankston At	12.69	+0.0	2
11 Silvester, Hayley	Mornington P	12.69	+0.0	2
13 Dingeldei, Elizabeth	Sandringham	12.72	0.2	3
14 Brown, Nyah	Geelong Guil	12.73	+0.0	2
15 Bain, Rebecca	Keilor St Be	12.84	0.2	3
16 Lawson, Nina	Athletics Essendon	12.92	+0.0	2
17 Tarr, Alexandra	Geelong Guil	12.95	+0.0	2
18 Lim, Becky	Box Hill Ath	13.02	+0.0	2
19 Tobin, Ella	Western Athletics	13.08	0.2	3
20 Wood, Natasha	Old Xaverian	13.09	0.2	3
21 Mclinden, Ellie	Old Xaverian	13.18	0.2	3
22 Elvish, Kaelah	Frankston At	13.19	1.6	4
23 Phanivong, Isabella	Frankston At	13.23	0.2	3
24 Lloyd, Eden	Box Hill Ath	13.25	0.2	3
25 Connors, Eliza	Athletics Essendon	13.58	1.6	4
26 Grogan, Clodagh	Sandringham	13.72	1.6	4
27 Rowe, Jasmine	Ringwood Ath	13.77	1.6	4
28 Wallace, Molly	Mornington P	14.17	1.6	4
29 Garbler, Erin	Old Xaverian	17.19	1.6	4

**Event 6 Men 100 Meter Run Open**

Name	Year Team	Finals	Wind	H#
1 Hansford, Michael	Casey Cardin	10.77	0.4	1
2 Sesar, Jacob	Corio Athletic Club	10.90	0.4	1
3 Paea, Tapasu	Athletics Essendon	10.97	2.0	2
4 Browne, Spencer	Glenhuntly A	10.98	0.4	1
4 Miller-Gage, Jackson	Frankston At	10.98	0.4	1
6 Beltrame, Michael	Old Xaverian	11.01	0.4	1
6 Baker, Corey	Frankston At	11.01	0.4	1
8 Marr, Khan	Williamstown	11.17	0.4	1
9 Hyne, Ross	Old Melburni	11.22	2.0	2
10 D'Silva, Evander	Casey Cardin	11.26	0.1	3
11 Lamb, Ethan	Ringwood Ath	11.27	2.0	2
12 Acquaro, Massimo	St Kevin's A	11.32	2.0	2
12 Bajwa, Parvinder	Dandenong Sp	11.32	2.0	2
14 Rischitelli, Daniel	Diamond Vall	11.38	0.4	1
15 Powell, Benjamin	Bendigo Harr	11.40	2.0	2
15 Liyanaarachchi, Asthika	Glenhuntly A	11.40	0.7	6
17 Smith, Cooper	Glenhuntly A	11.43	2.0	2
18 Clarke, Jack	Diamond Vall	11.45	1.7	4



**High Velocity Meet 3 - 16/02/2019****Ringwood Athletics Centre****Results****...Event 6 Men 100 Meter Run Open**

19 Woods, Axel	Box Hill Ath	11.47	0.1	3
20 Steyn-Ross, Josh	Glenhuntly A	11.49	0.1	3
21 Bailey, Lewis	Frankston At	11.51	2.0	2
22 Byron, Chris	Glenhuntly A	11.55	0.1	3
23 Hadaway, Seb	Glenhuntly A	11.56	0.1	3
24 Giglio, Mark	Athletics Essendon	11.57	1.7	4
24 Lane, Zach	Frankston At	11.57	0.1	3
26 Harper, Mark	Athletics Essendon	11.61	1.7	4
27 O'Hanlon, Keenan	Casey Cardin	11.66	0.1	3
28 Kirsopp, Callum	Athletics Chilwell	11.68	0.1	3
29 See, Angus	Old Melburni	11.70	1.7	4
30 Hazelton, Josh	Diamond Vall	11.72	1.7	4
31 Fan, Jiakai	Box Hill Ath	11.76	1.7	4
31 Hughes, Darci	Athletics Nu	11.76	+0.0	5
33 Poulter, Patrick	Geelong Guil	11.85	+0.0	5
34 Morgenthaler, Ky	Glenhuntly A	11.94	+0.0	5
35 Kadende, Augustin	Melbourne Un	11.95	0.7	6
36 Muthsam, Seth	Unattached	12.06	0.7	6
37 Aquilina, Patrick	Athletics Essendon	12.23	0.7	6
38 Targett, Lucas	Sandringham	12.51	+0.0	5
39 Kor, Aben	Melbourne Un	14.23	0.7	6

**Event 7 Men 400 Meter Hurdles 91.4cm Open**

Name	Year Team	Finals	H#
1 Major, Luke	Glenhuntly A	52.81	1
2 Symons, Fraser	Old Melburni	52.94	1
3 Roubin, Harrison	Old Melburni	53.29	1
4 Harcourt, Matthew	Box Hill Ath	53.53	1
5 Burrows, Dylan	Frankston At	54.81	1
6 Dobay, Blake	Ringwood Ath	55.17	2
7 Brock, David	Athletics Nu	55.38	2
8 Caines, Riley	Keilor St Be	55.96	1
9 Robinson, Corey	Athletics Nu	56.56	2
10 Fedele, Tomas	Collingwood	59.52	2
11 Durand-Kennedy, Edward	Old Xaverian	1:05.11	2
12 Dang, Stephen	Ringwood Ath	1:20.76	2

**Event 8 Men 400 Meter Hurdles 84cm Under 18**

Name	Year Team	Finals
1 Holmes, Max	Old Melburni	54.82
2 Pearson, Jakeb	Athletics Nu	56.30
3 Hunter, Oscar	Old Xaverian	57.90
4 Shum, Jeremy	Box Hill Ath	1:03.15

**Event 9 Women 400 Meter Hurdles 76.2cm Open**

Name	Year Team	Finals
1 Palmer, Ashleigh	Glenhuntly A	1:01.83
2 Wilkinson, Marli	St Kevin's A	1:02.23



**High Velocity Meet 3 - 16/02/2019****Ringwood Athletics Centre****Results****...Event 9 Women 400 Meter Hurdles 76.2cm Open**

3 Larkin, Stephanie	Doncaster At	1:02.28
4 Shaw, Danielle	Ringwood Ath	1:03.15
5 Badrock, Abbey	Athletics Chilwell	1:04.67
6 Yacono, Olivia	Old Xaverian	1:06.33

**Event 10 Women 200 Meter Run Open**

Name	Year Team	Finals	Wind	H#
1 Reddingius, Kiara	Western Australia	24.65	2.2	1
2 Cote, Hannah	Sandringham	24.74	2.2	1
3 Purcell, Anastacia	Box Hill Ath	24.89	2.2	1
4 Santiglia, Chiara	Collingwood	25.03	2.2	1
5 Kirsopp-Cole, Tess	Athletics Chilwell	25.38	1.9	2
6 Grandine, Illana	Athletics Essendon	25.41	2.2	1
7 Mclean, Emily	Glenhuntly A	25.56	1.9	2
7 Dingeldei, Elizabeth	Sandringham	25.56	1.1	3
9 Brown, Nyah	Geelong Guil	25.65	1.9	2
10 Ukpiebo, Angel	Diamond Vall	25.73	2.2	1
11 Wang Lecouteur, Cassandr	Melbourne Un	25.83	1.9	2
12 Forbes, Eileen	Melbourne Un	25.93	1.1	3
13 Limburg, Rachel	Box Hill Ath	26.26	1.9	2
14 De Bruin, Carmen	Casey Cardin	26.38	1.1	3
15 Silvester, Hayley	Mornington P	26.43	1.1	4
16 Tarr, Alexandra	Geelong Guil	26.60	1.9	2
17 Lloyd, Eden	Box Hill Ath	26.70	1.1	3
18 O'Connell, Joanna	Doncaster At	26.80	1.9	2
19 Bain, Rebecca	Keilor St Be	27.06	1.9	2
20 Mclinden, Ellie	Old Xaverian	27.11	1.1	4
21 Barrett, Kelsey	Frankston At	27.81	1.1	3
22 Hinson, Monica	Frankston At	28.26	1.1	4
23 Wallace, Molly	Mornington P	29.46	1.1	4
24 Garbler, Erin	Old Xaverian	37.24	1.1	4

**Event 11 Men 200 Meter Run Open**

Name	Year Team	Finals	Wind	H#
1 Stevens, Luke	Western Athletics	21.29	2.4	2
2 Hansford, Michael	Casey Cardin	21.55	2.5	1
3 Beltrame, Michael	Old Xaverian	21.85	2.5	1
4 Davis, Christian	Athletics Chilwell	21.98	2.5	1
5 Hyne, Ross	Old Melburni	22.03	2.5	1
6 Coumaros, Conrad	Doncaster At	22.04	2.5	1
7 Sesar, Jacob	Corio Athletic Club	22.06	2.4	2
8 Procaccino, Liam	Doncaster At	22.07	2.5	1
9 Miller-Gage, Jackson	Frankston At	22.08	2.5	1
10 Browne, Spencer	Glenhuntly A	22.43	2.5	1
11 Acquaro, Massimo	St Kevin's A	22.53	2.4	2
12 Smith, Cooper	Glenhuntly A	22.60	2.4	2
13 Steyn-Ross, Josh	Glenhuntly A	22.71	2.2	3
14 Carthew, Jordan	Casey Cardin	22.74	2.2	3
15 Hicks, Brodie	Old Xaverian	22.84	2.4	2
16 Clarke, Jack	Diamond Vall	22.85	2.2	3



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17 Mazaraki, Oscar	Geelong Guil	22.86	1.8	4
18 Bajwa, Parvinder	Dandenong Sp	22.88	2.2	3
19 Burrows, Dylan	Frankston At	22.93	2.2	3
20 Rischitelli, Daniel	Diamond Vall	22.95	2.2	3
21 Hadaway, Seb	Glenhuntly A	23.00	1.1	5
22 Willis, Tayleb	Ringwood Ath	23.01	1.8	4
23 Guglielmino, Marcus	Athletics Essendon	23.02	2.4	2
24 Liyanaarachchi, Asthika	Glenhuntly A	23.07	2.1	6
25 Woods, Axel	Box Hill Ath	23.09	1.8	4
26 See, Angus	Old Melburni	23.10	2.4	2
27 Lane, Zach	Frankston At	23.16	1.8	4
28 Kirsopp, Callum	Athletics Chilwell	23.22	1.8	4
29 Hughes, Darci	Athletics Nu	23.29	2.2	3
30 Jones, Fraser	Diamond Vall	23.32	1.1	5
31 Harper, Mark	Athletics Essendon	23.40	1.8	4
32 Bailey, Lewis	Frankston At	23.58	2.2	3
33 Poulter, Patrick	Geelong Guil	23.72	1.1	5
34 Liang, Jordan	Box Hill Ath	23.87	1.1	5
35 Morgenthaler, Ky	Glenhuntly A	24.09	1.1	5
36 Giglio, Mark	Athletics Essendon	24.12	1.8	4
37 Fan, Jiakai	Box Hill Ath	24.23	1.1	5
38 Muthsam, Seth	Unattached	24.28	2.1	6
39 Targett, Lucas	Sandringham	24.62	2.1	6
40 Soldati, Theo	Glenhuntly A	24.81	2.1	6
41 Lawrence, Murray	Richmond Har	27.54	2.1	6

**Event 12 Women 400 Meter Run Open**

Name	Year Team	Finals
1 Mitchell, Morgan	Western Athletics	55.08
2 Goldsworthy, Grace	Old Xaverian	56.72
3 Shiel, Wednesday	Box Hill Ath	59.76
4 Tobin, Ella	Western Athletics	1:00.42
5 Romanoff, Lucy	Frankston At	1:00.76
6 Wallace, Molly	Mornington P	1:06.98

**Event 13 Men 400 Meter Run Open**

Name	Year Team	Finals	H#
1 Power, Lawson	Glenhuntly A	48.73	1
2 Tsotsos, Michael	Glenhuntly A	48.96	1
3 Minz, Daniel	Doncaster At	49.18	1
4 Powell, Benjamin	Bendigo Harr	49.21	1
5 Romanin, Michael	St Kevin's A	49.33	1
6 Napier, Matthew	Frankston At	49.62	1
7 Giese, Michael	Old Melburni	49.79	1
8 De Silva, Dilina	Old Xaverian	50.37	2
9 Arefa, Nicholas	Athletics Nu	50.54	2
10 Maddox, James	Sandringham	51.01	2
11 Mckenna, Matt	Old Xaverian	51.41	2
12 Semmens, Andrew	Bellarine At	53.99	2

