

XCR'19 INDIVIDUAL LADDERS

Champion Athlete - Open Men

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Andrew BUCHANAN	Bendigo Region	9	9	9	11			38	▲
2	Harry SUMMERS	Box Hill Athletic Club	6	11	11				28	▼
3	David MCNEILL	Old Xaverians Athletic Club	8	8					16	-
4	Andre WARING	Box Hill Athletic Club		5	1	9			15	▲
5	Thomas THORPE	St Stephens Harriers Athletic Club	4	4		5			13	▲
5	Jack DAVIES	St Stephens Harriers Athletic Club			7	6			13	▲
7	Joel TOBIN-WHITE	Doncaster Athletic Club	11						11	▼
8	Zak PATTERSON	Knox Athletic Club	2	7					9	▼
9	Nicholas EARL	Melbourne University Athletic Club	5		3				8	▼
9	Liam ADAMS	Athletics Essendon			8				8	▼
9	Julian SPENCE	Ballarat Region				8			8	▲

Champion Athlete - Open Women

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Kiah FRY	Frankston Athletic Club	8	8	9	11			36	-
2	Tamara QUINN	Collingwood Harriers Athletic Club	3	3	7	9			22	▲
3	Charlotte WILSON	Athletics Essendon	9	4	8				21	▼
4	Gemma MAINI	Frankston Athletic Club	2	1	6	8			17	▲
4	Whitney SHARPE	St Stephens Harriers Athletic Club		6	11				17	▼
6	Makda HAJI HARUN	Athletics Essendon	7	9					16	▼
6	Courtney POWELL	Box Hill Athletic Club	6	7	3				16	▼
8	Alexandra PATERSON	Old Xaverians Athletic Club	11						11	▼
8	Sarah WATERS	Geelong Region	1		4	6			11	▲
8	Ellie PASHLEY	Geelong Region		11					11	▼

Champion Athlete - Men 40-44

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Brett COLEMAN	Geelong Region	9	9	11	11			40	▲
2	Liam DELANY	Collingwood Harriers Athletic Club	11	11	9				31	▼
2	Damien BRUNEAU	Athletics Essendon	7	7	8	9			31	▲
4	Mark FRATER	APS United	8	8	3	7			26	-
5	Brad JOHNSON	Old Xaverians Athletic Club	6	6	5	6			23	-
6	Bouchaib CHEFNAOUI	Athletics Essendon	5		7				12	-
7	Mark DESLANDES	Athletics Nunawading	3	3		4			10	▲
8	Grant MORGAN	Diamond Valley Athletic Club		5	4				9	▼
9	Simon TU	APS United	2		6				8	▼
9	Mark THOMPSON	Glenhuntly Athletic Club				8			8	▲



XCR'19 INDIVIDUAL LADDERS

Champion Athlete - Women 40-44

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Tracey AUSTIN	Malvern Harriers Athletic Club	11	9	11	11			42	-
2	Stephanie THOMAS	Western Athletics	7	7	8	8			30	-
3	Anna KASAPIS	APS United		11	9	9			29	-
4	Rachel DELANY	Collingwood Harriers Athletic Club	6	6	6	6			24	-
5	Sarah WALKER	Geelong Region	8	8					16	-
6	Karen BARLOW	Knox Athletic Club	9		5				14	-
7	Michelle HAWKES	Ballarat Region	5	4	3	1			13	-
8	Janice DE VRIES	APS United	4	5		3			12	^
9	Sarah WATTS	Ballarat Region	3	3	4				10	v
9	Louise SHAW	Mentone Athletic Club	2	2	2	4			10	^

Champion Athlete - Men 45-49

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Grant SIMPSON	Geelong Region	9	8	11	11			39	-
2	Stephen PAINE	Athletics Waverley	5	7	9	9			30	-
3	Campbell MAFFETT	Collingwood Harriers Athletic Club	7		8	7			22	^
4	Antony RICKARDS	APS United	11	9					20	v
5	Tony RUSSO	Glenhuntly Athletic Club	6	5	6				17	v
6	Mark BUYCK	Old Xaverians Athletic Club	4	1	5	6			16	^
7	Paul PRENTICE	Box Hill Athletic Club			7	8			15	^
8	David VENOIR	Athletics Waverley	8			4			12	-
9	Matthew MCDONOUGH	Geelong Region		11					11	v
10	Shaun GREEN	Malvern Harriers Athletic Club	2	4		1			7	^
10	Martin SPITERI	Athletics Waverley	1	2	4				7	v

Champion Athlete - Women 45-49

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Bev THOMAS	Collingwood Harriers Athletic Club	11	11	11				33	-
2	Cindy KING	Mentone Athletic Club	8	7	7	7			29	^
2	Maryann MURRAY	Diamond Valley Athletic Club	7	8	8	6			29	-
4	Angela WILLIAMS	Ballarat Region	9	9		9			27	^
4	Elisa MOOREN	APS United	5	5	9	8			27	-
6	Susan HINCKFUSS	Old Xaverians Athletic Club	6	6	6	5			23	v
7	Niamh O'REILLY	Athletics Waverley		4	5	4			13	-
8	Bridget WETHERALL	Ballarat Region				11			11	^
9	Fleur SHAW-JONES	Old Xaverians Athletic Club	3		4	2			9	-
10	Kerry Lyn PUTT	Box Hill Athletic Club	4	2	2				8	v



XCR'19 INDIVIDUAL LADDERS

Champion Athlete - Men 50-54

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Darren TEMPLETON	Old Xaverians Athletic Club	9	9	9	11			38	▲
2	James ATKINSON	Athletics Waverley	11	11	8				30	▼
3	Tony LANGELAAN	Box Hill Athletic Club	5	7	7	9			28	▲
4	Sean QUILTY	Victorian Cross Country League	6	8	6				20	▼
5	Robert SCHWERKOLT	APS United	7	6	5				18	-
6	Luke GOODMAN	APS United	3	2	2	7			14	▲
6	David LAWSON	Richmond Harriers Athletic Club		4	4	6			14	▲
8	Jamie ROSSJOHN	Glenhenty Athletic Club		5		8			13	▲
9	Sean WILLIAMS	Mentone Athletic Club	8	3					11	▼
9	Magnus MICHELSSON	Collingwood Harriers Athletic Club			11				11	▼

Champion Athlete - Women 50-54

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Julie NORNEY	Box Hill Athletic Club	11	11	11	11			44	-
2	Sally LIM	Athletics Waverley	8	8	9	8			33	-
3	Lisa DICK	Melbourne University Athletic Club	9	9		9			27	▲
3	Pia HUNTER	Box Hill Athletic Club	7	7	6	7			27	-
5	Michelle JELLEFF	Malvern Harriers Athletic Club		6	7	6			19	▲
6	Kay FROST	Traralgon Harriers Athletic Club	5	3	3	4			15	▲
6	Anne MARTIN	APS United		5	5	5			15	▲
8	Jill WILKIE	Bendigo Region	6		8				14	▼
9	Anne BUCKLEY	Bendigo Region	4	4	4	1			13	▼
10	Maria ABFALTER	Keilor St Bernards Athletic Club	3	1		2			6	-

Champion Athlete - Men 55-59

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Mike BIELENY	Bendigo Region	9	8	11	8			36	-
2	John MEAGHER	Box Hill Athletic Club	11	9		9			29	▲
3	Bruce DAVIE	Old Xaverians Athletic Club	8	7	7				22	▼
3	Stephen MONEGHETTI	Ballarat Region		11		11			22	▲
5	Anthony GEORGE	Athletics Waverley		6	8	5			19	-
6	Ian CORNTHWAITE	Traralgon Harriers Athletic Club	7	5	6				18	▼
7	Alistair HAM	Ballarat Region			9	7			16	▲
8	Peter GAUNT	Collingwood Harriers Athletic Club	5	2	4	1			12	▼
9	Peter COWELL	Victorian Masters Athletic Club	3	4		4			11	▲
10	Christopher O'CONNOR	Box Hill Athletic Club	6	3	1				10	▼
10	Russell FULLERTON	Ballarat Region	4	1	5				10	▼

XCR'19 INDIVIDUAL LADDERS

Champion Athlete - Women 55+

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	June PETRIE	Box Hill Athletic Club	11	11	11	11			44	-
2	Mechelle LANE	Western Athletics	7	9	9				25	-
3	Irene JAMES	Victorian Cross Country League	1	5	7	8			21	^
4	Colleen KELLY	Doncaster Athletic Club	5		5	9			19	^
5	Anne Lord	Ringwood Athletic Club		8	8				16	v
6	Helen STANLEY	Victorian Masters Athletic Club	6	7					13	v
6	Erika BEDYN	Yarra Ranges Athletics		6		7			13	^
8	Linda ROSA	Athletics Essendon		3	4	4			11	^
9	Linda BARLOW	Malvern Harriers Athletic Club		4	6				10	v
9	Janice HODGART	Western Athletics		2	3	5			10	^

Champion Athlete - Men 60+

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Mark PURVIS	APS United	11	11	11	11			44	-
2	Terry PEARCE	Williamstown Athletic Club	9	9	9	8			35	-
3	Peter GAFFNEY	Keilor St Bernards Athletic Club	7	7	8	7			29	-
4	Jeffrey WRIGHT	Knox Athletic Club	8	8		9			25	^
5	Steve VERNAL	Athletics Nunawading	6	5	7	6			24	v
6	Alan HAMMOND	Western Athletics	5	6	5				16	v
7	Paul THOMAS	Williamstown Athletic Club	2	4	3	3			12	-
8	Norman MARSHALL	Athletics Nunawading	1	3	4	2			10	^
9	Patrick O'LEARY	Ballarat Region	3		6				9	v
10	Jeffrey BRODERICK	Athletics Nunawading			1	4			5	^
10	Kevin RUDDICK	Ballarat Region				5			5	^

Champion Athlete - Under 20 Men

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Harry NORMAN	Yarra Ranges Athletics	9	9	11				29	-
2	William COLLINS	Knox Athletic Club	11	7	8				26	-
2	Oscar DART	Williamstown Athletic Club	8	3	7	8			26	^
4	Jack ITTER	Diamond Valley Athletic Club	7	1	6	11			25	^
4	James LAVEN	Yarra Ranges Athletics	6	5	5	9			25	^
6	Andrew AMOR	Ballarat Region	5	6		7			18	^
7	Archie REID	Bendigo Region		8	9				17	v
8	Jackson GLOVER	Western Athletics	4		2	5			11	^
8	Edward MARKS	Glenthuntly		11					11	v
10	Mitchell WARING	South Melbourne Athletic Club				6			6	^



XCR'19 INDIVIDUAL LADDERS

Champion Athlete - Under 20 Women

Rank	Athlete	Club	St Anne's	Bundoora Park	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Abbey CALDWELL	Doncaster Athletic Club	11	11	11	11			44	-
2	Rebecca WATERS	Geelong Region	8	8	8	9			33	-
3	Olivia HOBBS	Geelong Region	9	6	9	8			32	∇
4	Tess RHODES	Geelong Region	4		6	6			16	-
5	Emma HOGAN	Glenhuntly Athletic Club	5	4		5			14	∧
6	Sophie MCMINIMEE	Western Athletics	6			7			13	∧
7	Heidi DEMEO	Geelong Region	7	3					10	∇
8	Sophie O'SULLIVAN	Glenhuntly Athletic Club		9					9	∇
9	Juliet MCBURNEY	Glenhuntly Athletic Club		7					7	∇
9	Rebecca HENDERSON	Mentone Athletic Club			7				7	∇
9	Grace MULLER	Yarra Ranges Athletics			4	3			7	∧

Champion Athlete - Under 18 Men

Rank	Athlete	Club	St Anne's	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Harry SHARP	Ballarat Region	11	9	9			29	-
2	Ethan MCMINIMEE	Western Athletics	7	8	11			26	∧
3	Ben LUDBROOK	Ballarat Region	6	5	8			19	∧
4	Aidan ROBERTS	Athletics Essendon	9	7				16	∇
5	Tom BOWERS	APS United		11				11	∇
6	Matthew CATTERSON	Ballarat Region	8	1	1			10	-
6	Darcy WILLIAMS	Ballarat Region		4	6			10	∧
8	Caden MURRAY	Diamond Valley Athletic Club		3	4			7	∧
8	Rhys HADFIELD	Knox Athletic Club			7			7	∧
10	Benjamin STEVENS	Ballarat Region	1		5			6	∧
10	Eric TRINKLE	Knox Athletic Club		6				6	∇

Champion Athlete - Under 18 Women

Rank	Athlete	Club	St Anne's	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Simone MAILLARDET	Collingwood Harriers Athletic Club	11	6	9			26	-
2	Skye ELLIS	Geelong Region	9	7	7			23	-
3	Ebony DODEMAIDE	Western Athletics		9	11			20	∧
4	Bianca PUGLISI	Athletics Essendon	8	8				16	∇
5	Georgia LAVEN	Yarra Ranges Athletics	6	3	6			15	-
6	Hannah WILLIAMS	Doncaster Athletic Club	7		5			12	∧
6	Freya DESS	Geelong Region		4	8			12	∧
8	Ashlee TREAGUS	Box Hill Athletic Club		11				11	∇
9	Mia WHITE	Western Athletics	5	2				7	∇
10	Abigail THOMAS	Western Athletics	2		4			6	∧



XCR'19 INDIVIDUAL LADDERS

Champion Athlete - Under 16 Men

Rank	Athlete	Club	St Anne's	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Jhye HADFIELD	Knox Athletic Club	11	11	9			31	-
2	Isaac ROSSATO	Ballarat Region	9	4	11			24	▲
3	Rubin HOWARD	Glenhuntly Athletic Club	8	7				15	▼
3	Joshua FRANCOU	Glenhuntly Athletic Club	7		8			15	▲
3	Kane MARRIOTT	Diamond Valley Athletic Club	4	5	6			15	▲
6	Matthew VENOUR	Athletics Waverley	5		7			12	▲
7	Bailley MORRELL	Frankston Athletic Club		9				9	▼
8	Fred LEETON	APS United		8				8	▼
9	Jayden PADGHAM	Invitational	6					6	▼
9	Wolfgang COTRA-NEMESI	Collingwood Harriers Athletic Club		6				6	▼

Champion Athlete - Under 16 Women

Rank	Athlete	Club	St Anne's	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Niamh TABIT	Coburg Harriers Athletic Club	9	9	11			29	-
2	Georgina MEES	Ballarat Region	5	8	7			20	-
3	Jaimee-Lee CODE	Frankston Athletic Club	11		6			17	-
3	Madeline LAVEN	Yarra Ranges Athletics	8		9			17	▲
5	Debbie HUSODO	Wellington Athletic Club	7		8			15	▲
6	Amira TABIT	Coburg Harriers Athletic Club	2	7	5			14	▼
7	Mia STRUDLEY	Yarra Ranges Athletics	3	6	4			13	▼
8	Lucinda ROURKE	Williamstown Athletic Club		11				11	▼
9	Sophie COLTISH	Geelong Region	6					6	-
10	Rose MAYHEW	Geelong Region		5				5	-
10	Rhianna WATTS	Ballarat Region			3			5	▲

Champion Athlete - Under 14 Men

Rank	Athlete	Club	St Anne's	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Archie CALDOW	Ballarat Region	11		9			20	▲
1	Archie HEWETT	Mornington Peninsula Athletic Club		9	11			20	▲
3	Logan TICKELL	Bendigo Region		8	8			16	▲
4	Miles VERSCHUUR	Traralgon Harriers Athletic Club	6	6	3			15	▼
5	Fabiano AGUIARD	Collingwood Harriers Athletic Club	8		6			14	▲
6	Edward GIBSON	Mentone Athletic Club	9		4			13	▼
7	Mitchell ROSHIER	Western Athletics	5	5	1			11	▼
7	Bart LEETON	APS United		11				11	▼
9	Thierry AUGHTERSON	Collingwood Harriers Athletic Club	4	4				8	▼
10	Andrew TURVER	Mornington Peninsula Athletic Club	7					7	-
10	Jack EWISON	Box Hill Athletic Club		7				7	-
10	Zac GRAINGER	Ballarat Region			7			7	▲



XCR'19 INDIVIDUAL LADDERS

Champion Athlete - Under 14 Women

Rank	Athlete	Club	St Anne's	Albert Park	Lake Wendouree	Cruden Farm	Burnley Half Marathon	Total	Movement
1	Imogen BAKER	Mornington Peninsula Athletic Club	8	9	11			28	-
2	Ella VRHOVAC	Western Athletics	7		7			14	^
2	Sophia ARMSTRONG	Geelong Region	6		8			14	^
4	Matilda L'ESTRANGE	Diamond Valley Athletic Club		6	6			12	^
5	Antje KEMPF	Wellington Athletic Club	11					11	v
5	Declyn TANNER	Mornington Peninsula Athletic Club		11				11	v
5	Elizabeth HALL	Western Athletics		2	9			11	^
8	Emily MIFSUD	Western Athletics		7	3			10	v
9	Claire MAHONY	Ballarat Region	9					9	v
10	Hayley MEDDINGS	Frankston Athletic Club		8				8	v
10	Jasmine ORELLI	Geelong Region		3	5			8	^

Champion Athlete - Open Men Country

Rank	Athlete	Club	St Anne's	Albert Park	Lake Wendouree	Cruden Farm	Total	Movement
1	Andrew BUCHANAN	Bendigo Region	11	11	11		33	-
2	Brady THRELFALL	Bendigo Region	9	8	6		23	-
3	Peter KERR	Geelong Region	8	6	7		21	-
3	Thomas HYNES	Ballarat Region	6	7	8		21	^
5	Daniel HUTCHINSON	Geelong Region	2	5	5		12	^
6	Bradley CROKER	Bendigo Region		9			9	v
6	Julian SPENCE	Ballarat Region			9		9	^
8	Jack STEKELENBURG	Geelong Region	7				7	v
8	Brent LALOR	Geelong Region		3	4		7	^
10	Brett COLEMAN	Geelong Region	3	2	1		6	v

Champion Athlete - Open Women Country

Rank	Athlete	Club	St Anne's	Albert Park	Lake Wendouree	Cruden Farm	Total	Movement
1	Sarah WATERS	Geelong Region	11	11	11		33	-
2	Karla TREWEEK	Ballarat Region	8	9	9		26	-
3	Sarah LEWIS	Traralgon Harriers Athletic Club	3	8	8		19	-
4	Romy HARWOOD	Geelong Region	9		7		16	-
5	Rachel WATERS	Geelong Region	7				7	-
5	Sara TUCKER	Ballarat Region		7			7	-
7	Rhiannon WHITE	Ballarat Region	6				6	-
7	Angela WILLIAMS	Ballarat Region	4		2		6	^
7	Courtney SCOTT	Ballarat Region		6			6	-
7	Louise WOOD	Ballarat Region			6		6	^