XCR'18
TEAM LADDERS

Promotion/Relegation Zones

Automatic Promotion

Automatic Relegation

Men Premier Division

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	St Stephens Harriers	**11**	9									**20**
1	Box Hill	9	**11**									**20**
3	Western Athletics	8	7									**15**
4	Melbourne University	5	8									**13**
5	Knox Athletics	7	5									**12**
6	Geelong Region	3	6									**9**
7	Doncaster	6	1									**7**
7	Glenhuntly	4	3									**7**
9	Collingwood Harriers	1	4									**5**
10	Athletics Essendon	2	2									**4**

Men Division 2

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	APS United	**15**	11									**26**
1	Box Hill 2	11	**15**									**26**
3	Melbourne University 2	8	13									**21**
4	Diamond Valley	12	7									**19**
4	Mentone	7	12									**19**
6	Ballarat Region	13	5									**18**
7	Old Xaverians	9	6									**15**
7	Richmond Harriers	5	10									**15**
9	Keilor St Bernards	4	9									**13**
10	Glenhuntly 2	10	2									**12**
11	Collingwood Harriers 2	3	8									**11**
12	Frankston	6	4									**10**
13	South Melbourne	2	3									**5**
14	Athletics Nunawading	1	1									**2**

Men Division 3

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Bendigo Region	**16**	**16**									**32**
2	Western Athletics 2	14	13									**27**
3	Athletics Waverley	11	14									**25**
4	Yarra Ranges	12	10									**22**
5	Melbourne University 3	9	11									**20**
6	Coburg Harriers	10	8									**18**
7	Williamstown	8	9									**17**
8	Mornington Peninsula	13	3									**16**
8	Box Hill 3	4	12									**16**
10	Traralgon Harriers	6	6									**12**
10	Malvern Harriers	5	7									**12**
12	Glenhuntly 3	7	2									**9**
13	South Melbourne 2	2	4									**6**
13	Victorian Masters	1	5									**6**
15	Athletics Essendon 2	3	1									**4**

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TEAM LADDERS

Men Division 4

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Victorian Cross Country League	14	**16**									**30**
2	St Stephens Harriers 2	13	14									**27**
3	Collingwood Harriers 3	9	13									**22**
4	Knox Athletics 2	8	11									**19**
5	Ballarat Region 2	7	10									**17**
6	St Kevins	**16**										**16**
6	Athletics Waverley 2	4	12									**16**
8	Old Xaverians 2	12										**12**
9	Glenhuntly 4	11										**11**
10	Mornington Peninsula 2	10										**10**
11	Malvern Harriers 2		9									**9**
12	South Melbourne 3	6										**6**
13	Athletics Nunawading 2	5										**5**
14	Geelong Region 2											**0**
14	Maccabi											**0**

Men Division 5

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Mentone 2	**15**	12									**27**
2	APS United 2	10	**15**									**25**
3	Melbourne University 4	12	11									**23**
4	Collingwood Harriers 4	11	9									**20**
5	Yarra Ranges 2	9	10									**19**
5	Richmond Harriers 2	6	13									**19**
7	Diamond Valley 2	13	5									**18**
8	Williamstown 2	8	7									**15**
9	Box Hill 4	4	8									**12**
10	Ivanhoe Harriers	5	6									**11**
11	Coburg Harriers 2	7										**7**
12	Glenhuntly 5											**0**
12	Ringwood											**0**
12	South Melbourne 4											**0**

Men Division 6

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Bendigo Region 2	14	**16**									**30**
2	Melbourne University 5	13	14									**27**
3	Western Athletics 3	12	12									**24**
3	Keilor St Bernards 2	11	13									**24**
5	Collingwood Harriers 5	10	11									**21**
6	Doncaster 2	**16**										**16**
7	Traralgon Harriers 2	9										**9**
8	Athletics Essendon 3	8										**8**
9	Knox Athletics 3	7										**7**
10	Athletics Waverley 3											**0**
10	Ballarat Region 3											**0**
10	Casey Cardinia											**0**
10	Glenhuntly 6											**0**
10	Mornington Peninsula 3											**0**
10	Victorian Masters 2											**0**

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Men Division 7

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Victorian Cross Country League	**13**	**13**									**26**
2	Melbourne University	11	9									**20**
5	Mentone 1	8	10									**18**
7	Western Athletics 1	6	7									**13**
5	APS United		11									**11**
3	Bendigo Region	10										**10**
4	Yarra Ranges	9										**9**
8	Richmond Harriers		8									**8**
6	Old Xaverians	7										**7**
8	Diamond Valley	5										**5**
9	Collingwood Harriers	4										**4**
10	Mentone 2	3										**3**
11	Athletics Essendon	2										**2**
12	Western Athletics 2	1										**1**
12	Coburg Harriers	1										**1**
12	Keilor St Bernards	1										**1**
12	Traralgon Harriers	1										**1**

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TEAM LADDERS

Men 40-49

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Glenhuntly 1	**13**	9									**22**
2	Box Hill 1	10	10									**20**
2	APS United	9	11									**20**
4	Ballarat Region	8	7									**15**
5	Collingwood Harriers 1		**13**									**13**
6	Diamond Valley	11										**11**
7	Collingwood Harriers 2		8									**8**
8	Geelong Region	7										**7**
8	Athletics Waverley	5	2									**7**
10	Doncaster 1	6										**6**
10	Mentone		6									**6**
12	Athletics Nunawading		5									**5**
13	Box Hill 2	4										**4**
13	Athletics Essendon		4									**4**
15	Mornington Peninsula 1	3										**3**
15	Yarra Ranges		3									**3**
17	Glenhuntly 2	2										**2**
18	St Kevins	1										**1**
18	Keilor St Bernards	1										**1**
18	Glenhuntly 3	1										**1**
18	Old Xaverians		1									**1**
18	Coburg Harriers		1									**1**
18	Collingwood Harriers 3		1									**1**
18	Knox Athletics		1									**1**
18	Western Athletics		1									**1**
18	Ivanhoe Harriers		1									**1**

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TEAM LADDERS

Men 50-59

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Box Hill 1	**13**	**13**									**26**
2	Athletics Waverley	11	11									**22**
3	APS United	10	10									**20**
4	Diamond Valley	7	7									**14**
5	South Melbourne	9										**9**
5	Melbourne University	6	3									**9**
5	Mentone 1		9									**9**
8	Old Xaverians	8										**8**
8	Keilor St Bernards		8									**8**
10	Collingwood Harriers		6									**6**
11	Knox Athletics	5										**5**
11	Malvern Harriers 1		5									**5**
13	Glenhuntly	4										**4**
13	Ballarat Region		4									**4**
15	Box Hill 2		2									**2**
16	Mornington Peninsula		1									**1**
16	Athletics Essendon		1									**1**
16	Mentone 2		1									**1**
16	Malvern Harriers 2		1									**1**

Men Over 60

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
4	Glenhuntly 2	9										**9**
3	Glenhuntly 1	10	10									**20**
2	APS United	11	11									**22**
1	Williamstown	**13**	**13**									**26**

XCR'18
TEAM LADDERS

Women Premier Division

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	South Melbourne	9	**11**									**20**
2	Knox Athletics	**11**	7									**18**
3	Glenhuntly	8	9									**17**
4	Frankston	7	6									**13**
5	Collingwood Harriers	4	8									**12**
6	Box Hill	6	3									**9**
7	Western Athletics	3	5									**8**
8	Melbourne University	2	4									**6**
9	Old Xaverians	5										**5**
10	Ballarat Region		2									**2**

Women Division 2

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Athletics Essendon	**13**	**13**									**26**
2	Geelong Region	11	11									**22**
3	Mentone	9	9									**18**
4	Diamond Valley	10	7									**17**
5	Yarra Ranges	8	8									**16**
5	Glenhuntly 2	6	10									**16**
7	Malvern Harriers	5	6									**11**
8	South Melbourne 2	7										**7**
9	Traralgon Harriers	4	2									**6**
9	Keilor St Bernards	3	3									**6**
11	Athletics Waverley		5									**5**
12	Victorian Masters		4									**4**

Women Division 3

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Richmond Harriers	13	12									**25**
2	Collingwood Harriers 2	10	13									**23**
2	Athletics Nunawading	8	**15**									**23**
4	Melbourne University 2	7	10									**17**
4	Western Athletics 2	6	11									**17**
6	Knox Athleitcs 2	**15**										**15**
7	Mornington Peninsula	12										**12**
8	Ringwood	11										**11**
9	Williamstown	9										**9**
9	Glenhuntly 3		9									**9**
11	Coburg Harriers	5										**5**
12	APS United											**0**
12	Doncaster											**0**
12	South Melbourne 3											**0**

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TEAM LADDERS

Women Division 4

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Athletics Essendon 2	19	18									**37**
1	St Stephens Harriers	16	**21**									**37**
3	Box Hill 2	18	15									**33**
4	Mentone 2	15	17									**32**
5	Bendigo Region	12	19									**31**
6	Collingwood Harriers 3	11	16									**27**
7	Casey Cardinia	10	13									**23**
7	Yarra Ranges 2	9	14									**23**
9	Knox Athletics 3	**21**										**21**
10	Keilor St Bernards 2	8	10									**18**
11	Old Xaverians 2	17										**17**
12	Diamond Valley 2	14										**14**
13	Traralgon Harriers 2	13										**13**
14	Glenhuntly 4		12									**12**
15	Western Athletics 3		11									**11**
16	Athletics Waverley 2											**0**
16	Ballarat Region 2											**0**
16	South Melbourne 4											**0**
16	St Kevins											**0**
16	Victorian Cross Country League											**0**

Women Division 5

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Athletics Essendon 1	13	12									**25**
2	Mentone	10	13									**23**
3	Malvern Harriers	8	11									**19**
4	Athletics Essendon 2	7	10									**17**
5	Frankston 1	**15**										**15**
5	Collingwood Harriers		**15**									**15**
7	Wellington	12										**12**
8	Traralgon Harriers	11										**11**
9	Athletics Nunawading	9										**9**
10	Box Hill	6										**6**

Women 40-49

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Ballarat Region	11	9									**20**
2	Mentone 1	9	10									**19**
3	Glenhuntly	7	7									**14**
4	Box Hill 1	**13**										**13**
4	Collingwood Harriers 1		**13**									**13**
6	Western Athletics		11									**11**
7	APS United	10										**10**
8	Box Hill 2	8										**8**
8	Athletics Essendon		8									**8**
10	Athletics Waverley	6										**6**
10	Mentone 2		6									**6**
12	Yarra Ranges		5									**5**
13	Collingwood Harriers 2		4									**4**

XCR'18
TEAM LADDERS

Women Over 50

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Malvern Harriers	**13**	9									**22**
2	Athletics Waverley		**13**									**13**
3	Glenhuntly	11										**11**
3	Western Athletics		11									**11**
5	Ringwood		10									**10**

XCR'18
TEAM LADDERS

Men Under 20

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 9	Total
1	Mornington Peninsula	**13**	**13**									**26**
2	Ballarat Region	10	10									**20**
2	Western Athletics	9	11									**20**
4	Ringwood	6	8									**14**
5	Box Hill	11										**11**
6	Athletics Essendon		9									**9**
7	Glenhuntly	8										**8**
8	Knox Athletics	7										**7**

Men Under 18

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Diamond Valley 1	11	11								**22**
2	Ballarat Region	10	10								**20**
2	Western Athletics 1	7	**13**								**20**
4	Yarra Rangtes 1	9	8								**17**
5	Glenhuntly 1	**13**									**13**
6	Wellington		9								**9**
7	Diamond Valley 2	8									**8**
8	Ivanhoe Harriers	6									**6**
9	Geelong Region	5									**5**
10	Doncaster	4									**4**
11	Glenhuntly 2	3									**3**
12	Western Athletics 2	2									**2**
13	Diamond Valley 3	1									**1**
13	Ringwood	1									**1**

Men Under 16

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Knox Athletics 1	**13**	11								**24**
1	Ballarat Region	11	**13**								**24**
3	Keilor St Bernards 1	9	8								**17**
4	Geelong Region	5	10								**15**
5	Athletics Essendon	4	9								**13**
6	Knox Athletics 2	10									**10**
7	Yarra Ranges	2	7								**9**
8	Glenhuntly 1	8									**8**
9	Box Hill	7									**7**
10	Glenhuntly 2	6									**6**
11	Frankston	3									**3**
12	Collingwood Harriers	1									**1**
12	Keilor St Bernards 2	1									**1**
12	Mentone	1									**1**

Men Under 14

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Collingwood Harriers 1	**13**	**13**								**26**
2	Keilor St Bernards	7	11								**18**
3	Doncaster	11									**11**
4	Mornington Peninsula 1	10									**10**
4	Western Athletics		10								**10**
6	Mornington Peninsula 4	9									**9**
7	St Kevins	8									**8**

XCR'18
TEAM LADDERS

Women Under 20

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Melbourne University	9	**13**									**22**
2	Athletics Essendon 1	**13**										**13**
3	Sandringham	11										**11**
4	Doncaster	10										**10**
5	Athletics Essendon 2	8										**8**
6	Keilor St Bernards	7										**7**
7	Diamond Valley	6										**6**
8	Western Athletics	5										**5**
9	Knox Athletics	4										**4**
10	Mentone	3										**3**

Women Under 18

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Geelong Region	**13**	11								**24**
2	Western Athletics	6	**13**								**19**
3	Glenhuntly	11									**11**
4	Collingwood Harriers	10									**10**
5	Ballarat Region	9									**9**
6	Wellington	8									**8**
7	Knox Athletics	7									**7**
8	Sandringham	5									**5**
9	Yarra Ranges	4									**4**
10	Athletics Essendon	3									**3**
11	Box Hill	2									**2**
12	St Kevins	1									**1**

Women Under 16

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Geelong Region	10	**13**								**23**
2	Frankston 1	**13**	9								**22**
3	Western Athletics	11	10								**21**
4	Ballarat Region	5	11								**16**
5	Sandringham	9									**9**
6	Box Hill	8									**8**
7	Doncaster	7									**7**
8	Diamond Valley	6									**6**
9	Athletics Essendon 1	4									**4**
10	Keilor St Bernards	3									**3**

Women Under 14

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Coburg Harriers	**13**	11								**24**
1	Yarra Ranges	11	**13**								**24**
3	Diamond Valley 1	8	8								**16**
4	Wellington	10									**10**
4	Ballarat Region		10								**10**
6	Williamstown	9									**9**
6	Geelong Region		9								**9**
8	Diamond Valley 2	7									**7**
8	Keilor St Bernards		7								**7**