



XCR'18 INDIVIDUAL LADDERS



Champion Athlete - Open Men

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|-----------------|------------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Andrew BUCHANAN | Bendigo Region | | 9 | 9 | | | | 18 | ▲ |
| 2 | Nicholas EARL | Melbourne University Athletic Club | 8 | 4 | 3 | | | | 15 | ▼ |
| 3 | Ben BUCKINGHAM | St Stephens Harriers Athletic Club | 5 | 3 | 6 | | | | 14 | ▲ |
| 4 | Cody SHANAHAN | Western Athletics | 7 | | 5 | | | | 12 | ▲ |
| 4 | Harry SUMMERS | Box Hill Athletic Club | | 5 | 7 | | | | 12 | ▲ |
| 6 | Brett ROBINSON | APS United | 11 | | | | | | 11 | ▼ |
| 6 | Liam CASHIN | Western Athletics | 6 | 1 | 4 | | | | 11 | ▲ |
| 6 | Stewart MCSWEYN | St Stephens Harriers Athletic Club | | 11 | | | | | 11 | ▼ |
| 6 | Jack RAYNER | Western Athletics | | | 11 | | | | 11 | ▲ |
| 10 | Andre WARING | Box Hill Athletic Club | | 8 | 2 | | | | 10 | ▼ |

Champion Athlete - Open Women

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|------------------|------------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Kiah FRY | Frankston Athletic Club | 7 | 11 | 8 | | | | 26 | - |
| 2 | Sinead DIVER | South Melbourne Athletic Club | 8 | | 9 | | | | 17 | ▲ |
| 2 | Emilie GUY | Athletics Essendon | 3 | 9 | 5 | | | | 17 | - |
| 4 | Natalie RULE | Knox Athletic Club | | 6 | 6 | | | | 12 | ▲ |
| 5 | Ellie O'KANE | Geelong Region | 11 | | | | | | 11 | ▼ |
| 5 | Sarah KLEIN | Frankston Athletic Club | 4 | | 7 | | | | 11 | ▲ |
| 5 | Amy ROBINSON | Collingwood Harriers Athletic Club | | 7 | 4 | | | | 11 | ▲ |
| 5 | Madeline HILLS | Melbourne University | | | 11 | | | | 11 | ▲ |
| 9 | Charlotte WILSON | Athletics Essendon | 9 | | | | | | 9 | ▼ |
| 10 | Anna KENTWELL | Glenhuntly Athletic Club | | 8 | | | | | 8 | ▼ |

Champion Athlete - Men 40-44

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|-------------------|------------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Brett COLEMAN | Geelong Region | 11 | 11 | 11 | | | | 33 | - |
| 2 | Liam DELANY | Collingwood Harriers Athletic Club | 8 | 9 | 9 | | | | 26 | - |
| 3 | Damien BRUNEAU | Athletics Essendon | 6 | 6 | 6 | | | | 18 | ▲ |
| 4 | Zac ASHKANASY | Maccabi Athletic Club | 9 | 8 | | | | | 17 | ▼ |
| 5 | Grant MORGAN | Diamond Valley Athletic Club | | 7 | 7 | | | | 14 | ▲ |
| 6 | Mark FRATER | APS United | 4 | 4 | 2 | | | | 10 | ▼ |
| 7 | Sam MCLEAN | APS United | | 5 | 3 | | | | 8 | ▲ |
| 7 | Brad JOHNSON | Old Xaverians | | | 8 | | | | 8 | ▲ |
| 9 | Barry LYNCH | Box Hill Athletic Club | 7 | | | | | | 7 | ▼ |
| 9 | Alistair MCDONALD | Western Athletics | | 3 | 4 | | | | 7 | ▲ |



XCR'18 INDIVIDUAL LADDERS



Champion Athlete - Women 40-44

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|------------------|------------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Tracey AUSTIN | Malvern Harriers Athletic Club | 7 | 11 | 9 | | | | 27 | - |
| 2 | Anna KASAPIS | APS United | 9 | 9 | 8 | | | | 26 | ∇ |
| 3 | Sinead DIVER | South Melbourne Athletic Club | 11 | | 11 | | | | 22 | ∧ |
| 4 | Sarah WALKER | Geelong Region | 6 | 8 | 4 | | | | 18 | ∇ |
| 5 | Stephanie THOMAS | Western Athletics | 5 | 7 | 5 | | | | 17 | ∇ |
| 6 | Rachel DELANY | Collingwood Harriers Athletic Club | 3 | 6 | 2 | | | | 11 | - |
| 7 | Kylee WOODS | Williamstown Athletic Club | | 3 | 6 | | | | 9 | ∧ |
| 8 | Karen THORP | Knox Athletic Club | 8 | | | | | | 8 | ∇ |
| 8 | Serena SCHUWALOW | Frankston Athletic Club | | 5 | 3 | | | | 8 | ∧ |
| 10 | Michelle HAWKES | Ballarat Region | 2 | 4 | 1 | | | | 7 | ∇ |
| 10 | Karen BARLOW | Knox Athletics | | | 7 | | | | 7 | ∧ |

Champion Athlete - Men 45-49

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|-------------------|------------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Magnus MICHELSSON | Collingwood Harriers Athletic Club | 9 | 11 | 11 | | | | 31 | - |
| 2 | Campbell MAFFETT | Collingwood Harriers Athletic Club | 8 | 8 | 9 | | | | 25 | - |
| 3 | Andrew MCEVOY | Glenhuntly Athletic Club | 7 | 9 | 7 | | | | 23 | ∇ |
| 4 | Antony RICKARDS | APS United | 6 | 7 | 5 | | | | 18 | - |
| 5 | Malcolm CAMPBELL | Collingwood Harriers Athletic Club | 5 | 5 | 4 | | | | 14 | ∧ |
| 6 | Grant SIMPSON | Geelong Region | 11 | | | | | | 11 | ∇ |
| 7 | Peter MACKNAMARA | Glenhuntly Athletic Club | 2 | 6 | | | | | 8 | - |
| 8 | Julian COOK | Glenhuntly Athletic Club | | 4 | 3 | | | | 7 | ∧ |
| 9 | Jeffrey JONES | Athletics Essendon | 3 | 3 | | | | | 6 | ∇ |
| 9 | Kynan DAWES | Box Hill | | | 6 | | | | 6 | ∧ |

Champion Athlete - Women 45-49

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|-----------------|------------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Natasha KEY | Collingwood Harriers Athletic Club | 11 | 11 | 11 | | | | 33 | - |
| 2 | Lisa DICK | Melbourne University Athletic Club | 6 | 8 | 8 | | | | 22 | - |
| 3 | Martina BRENNAN | Mentone Athletic Club | 2 | 9 | 9 | | | | 20 | ∧ |
| 4 | Heather DANKS | APS United | 3 | 6 | 7 | | | | 16 | ∧ |
| 5 | Maryann MURRAY | Diamond Valley Athletic Club | 8 | 5 | | | | | 13 | ∇ |
| 6 | Judith MAY | Yarra Ranges Athletics | 5 | 7 | | | | | 12 | ∇ |
| 7 | Rachel GIBNEY | Ballarat Region | 9 | | | | | | 9 | ∇ |
| 8 | Gill HIGHNAM | Glenhuntly Athletic Club | | 3 | 5 | | | | 8 | ∧ |
| 8 | Tania WARRICK | Ballarat Region | | 2 | 6 | | | | 8 | ∧ |
| 10 | Cindy KING | Mentone Athletic Club | 7 | | | | | | 7 | ∇ |



XCR'18 INDIVIDUAL LADDERS



Champion Athlete - Men 50-54

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|-------------------|----------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | John MEAGHER | Box Hill Athletic Club | 11 | 11 | 11 | | | | 33 | - |
| 2 | Sean QUILTY | Doncaster Athletic Club | 9 | 9 | 9 | | | | 27 | - |
| 3 | Sean WILLIAMS | Mentone Athletic Club | 8 | 8 | 5 | | | | 21 | - |
| 4 | James ATKINSON | Athletics Waverley | 5 | 7 | 8 | | | | 20 | ▲ |
| 5 | Shane FIELDING | Athletics Waverley | 7 | 6 | 4 | | | | 17 | ▼ |
| 6 | David LAWSON | Richmond Harriers Athletic Club | 4 | 5 | 7 | | | | 16 | ▲ |
| 7 | Robert SCHWERKOLT | APS United | 6 | 4 | | | | | 10 | ▼ |
| 8 | Bruce DAVIE | Old Xaverians Athletic Club | 3 | | 6 | | | | 9 | ▲ |
| 9 | Philip CHAMPION | Diamond Valley Athletic Club | 2 | 3 | | | | | 5 | ▼ |
| 10 | David ABFALTER | Keilor St Bernards Athletic Club | 1 | | 3 | | | | 4 | ▲ |
| 10 | Peter STEFANOS | Box Hill Athletic Club | | 2 | 2 | | | | 4 | - |

Champion Athlete - Women 50-54

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|----------------|----------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Pia HUNTER | Box Hill Athletic Club | 9 | 11 | 11 | | | | 31 | - |
| 2 | Sally LIM | Athletics Waverley | 11 | 9 | 9 | | | | 29 | ▼ |
| 3 | Anne BUCKLEY | Bendigo Region | 6 | 7 | 7 | | | | 20 | ▲ |
| 4 | Carolyn HUELL | Western Athletics | 8 | 8 | | | | | 16 | ▼ |
| 5 | Alison COUPER | Athletics Waverley | | 6 | 6 | | | | 12 | ▲ |
| 6 | Kim NANSCAWEN | Glenhuntly Athletic Club | 4 | 1 | 4 | | | | 9 | ▲ |
| 7 | Janice MARSTON | Athletics Waverley | 3 | 4 | 1 | | | | 8 | ▼ |
| 7 | Anne MARTIN | APS United | | | 8 | | | | 8 | ▲ |
| 9 | Susanne WILSON | Knox Athletic Club | 7 | | | | | | 7 | ▼ |
| 9 | Kay FROST | Traralgon Harriers Athletic Club | | 2 | 5 | | | | 7 | ▲ |

Champion Athlete - Men 55-59

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|----------------------|------------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Garth CALDER | Box Hill Athletic Club | 8 | 9 | 11 | | | | 28 | ▲ |
| 2 | Christopher O'CONNOR | Box Hill Athletic Club | 9 | 8 | 9 | | | | 26 | - |
| 3 | Alistair HAM | Ballarat Region | 11 | 11 | | | | | 22 | ▼ |
| 4 | Peter GAUNT | Collingwood Harriers Athletic Club | 4 | 4 | 6 | | | | 14 | ▲ |
| 4 | Ian CORNTHWAITE | Traralgon Harriers Athletic Club | | 7 | 7 | | | | 14 | ▲ |
| 6 | Peter RUSHEN | Glenhuntly Athletic Club | | 5 | 8 | | | | 13 | ▲ |
| 7 | Christopher HARVEY | Malvern Harriers Athletic Club | 6 | 6 | | | | | 12 | ▼ |
| 8 | Gary ZUCCALA | APS United | 2 | 2 | 5 | | | | 9 | ▲ |
| 9 | Paul VINEY | Collingwood Harriers Athletic Club | 7 | | | | | | 7 | ▼ |
| 10 | Gerard BROWN | Keilor St Bernards Athletic Club | 5 | 1 | | | | | 6 | ▼ |



XCR'18 INDIVIDUAL LADDERS



Champion Athlete - Women 55+

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|----------------------|---------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Margaret FITZGERALD | Old Xaverians Athletic Club | 11 | 11 | 11 | | | | 33 | - |
| 2 | Helen STANLEY | Victorian Masters Athletic Club | 7 | 8 | 7 | | | | 22 | - |
| 3 | Lavinia PETRIE | Ringwood Athletic Club | 5 | 9 | 6 | | | | 20 | - |
| 4 | Susan HOWELL | Geelong Region | 9 | | 9 | | | | 18 | ▲ |
| 5 | Julie BOYD | South Melbourne Athletic Club | 6 | 7 | | | | | 13 | ▼ |
| 6 | Christine O'HALLORAN | Ballarat Region | 4 | 4 | 3 | | | | 11 | ▲ |
| 7 | Linda BARLOW | Malvern Harriers Athletic Club | 3 | 6 | | | | | 9 | ▼ |
| 7 | Christine WILLIAMS | Old Xaverians Athletic Club | | 5 | 4 | | | | 9 | ▲ |
| 9 | Laura CAMPBELL | Diamond Valley Athletic Club | 8 | | | | | | 8 | ▼ |
| 9 | Anne LORD | Ringwood | | | 8 | | | | 8 | ▲ |

Champion Athlete - Men 60+

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|------------------|----------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Mark PURVIS | APS United | 11 | 11 | 11 | | | | 33 | - |
| 2 | Terry PEARCE | Williamstown Athletic Club | 9 | 9 | 8 | | | | 26 | - |
| 3 | Alan HAMMOND | Western Athletics | 7 | 8 | 9 | | | | 24 | - |
| 4 | Peter CASHIN | Western Athletics | 8 | 7 | 7 | | | | 22 | ▼ |
| 5 | Paul THOMAS | Williamstown Athletic Club | 6 | 6 | 6 | | | | 18 | - |
| 6 | Michael PHILLIPS | APS United | | 5 | 6 | | | | 11 | ▲ |
| 7 | Peter BLACK | Victorian Masters Athletic Club | 4 | 3 | | | | | 7 | ▼ |
| 8 | Gregory MOORE | Keilor St Bernards Athletic Club | | 2 | 4 | | | | 6 | ▲ |
| 9 | Leon BROOKS | Victorian Cross Country League | 5 | | | | | | 5 | ▼ |
| 10 | Chris WARDLAW | Glenhuntly Athletic Club | | 4 | | | | | 4 | ▼ |
| 10 | Eero KERANEN | Williamstown Athletic Club | | 1 | 3 | | | | 4 | ▲ |

Champion Athlete - Under 20 Men

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|------------------|------------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Callen GOLDSMITH | Mornington Peninsula Athletic Club | 11 | 9 | 9 | | | | 29 | - |
| 2 | Edward BEISCHER | APS United | 8 | 8 | 5 | | | | 21 | - |
| 3 | Mason SCOTT | Athletics Essendon | 6 | 6 | 7 | | | | 19 | - |
| 4 | Scott MCKENZIE | Box Hill Athletic Club | | 11 | 2 | | | | 13 | ▲ |
| 5 | Andrew AMOR | Ballarat Region | 9 | | 3 | | | | 12 | ▲ |
| 5 | Ethan ANTHONY | Mornington Peninsula Athletic Club | 7 | 5 | | | | | 12 | ▼ |
| 7 | Haftu STRINTZOS | Glenhuntly | | | 11 | | | | 11 | ▲ |
| 8 | Kirk SHANAHAN | Western Athletics | 5 | 4 | 1 | | | | 10 | ▼ |
| 9 | Tom WALKER | Ballarat Region | | | 8 | | | | 8 | ▲ |
| 10 | Bailey SHARP | Western Athletics | 4 | 3 | | | | | 7 | ▼ |
| 10 | Callum DAY | St Kevin's Amateur Athletic Club | | 7 | | | | | 7 | ▼ |

Champion Athlete - Under 20 Women

| Rank | Athlete | Club | St Anne's | Cruden Farm | Bundoora Park | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|-------------------------|------------------------------------|-----------|-------------|---------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Ciara BOYD-SQUIRES LONG | Melbourne University Athletic Club | 9 | 9 | 6 | | | | 24 | ▲ |
| 2 | Amelia MAZZA-DOWNIE | Athletics Essendon | 11 | 11 | | | | | 22 | ▼ |
| 3 | Shania MURRAY | Diamond Valley Athletic Club | 8 | 6 | 5 | | | | 19 | - |
| 4 | Heidi DEMEO | Geelong Region | | 7 | 11 | | | | 18 | ▲ |
| 5 | Annabelle EASTMAN | Sandringham Athletic Club | | 8 | 9 | | | | 17 | - |
| 6 | Emma HOGAN | Melbourne University Athletic Club | 5 | 4 | 3 | | | | 12 | ▼ |
| 7 | Jesse MAYNE | Diamond Valley Athletic Club | | 2 | 8 | | | | 10 | ▲ |
| 8 | Tess MITCHELL | Athletics Waverley | 6 | | 2 | | | | 8 | - |
| 9 | Klara DESS | Geelong Region | 7 | | | | | | 7 | ▼ |
| 9 | Emily MIZIS | Athletics Essendon | | 5 | 2 | | | | 7 | - |
| 9 | Rachel O'BRIEN | Wellington | | | 7 | | | | 7 | ▲ |

Champion Athlete - Under 18 Men

| Rank | Athlete | Club | St Anne's | Cruden Farm | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|-------------------|------------------------------|-----------|-------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Harry NORMAN | Yarra Ranges Athletics | 11 | 9 | | | | 20 | - |
| 2 | Harry SHARP | Ballarat Region | 8 | 11 | | | | 19 | ▲ |
| 3 | Jack ITTER | Diamond Valley Athletic Club | 9 | 6 | | | | 15 | ▼ |
| 4 | Carlo ALDERUCCIO | Athletics Essendon | 7 | 3 | | | | 10 | - |
| 4 | George LANCASTER | Wellington Athletic Club | 5 | 5 | | | | 10 | ▲ |
| 6 | Archie REID | Bendigo Region | | 8 | | | | 8 | ▲ |
| 7 | William COLLINS | Knox Athletic Club | | 7 | | | | 7 | ▲ |
| 8 | Ethan MCMINIMEE | Western Athletics | 6 | | | | | 6 | ▼ |
| 8 | Caden MURRAY | Diamond Valley Athletic Club | 4 | 2 | | | | 6 | ▼ |
| 10 | Jason CLAYTON | Glenhuntly Athletic Club | 3 | 1 | | | | 4 | ▼ |
| 10 | Matthew CATTERSON | Ballarat Region | | 4 | | | | 4 | ▲ |

Champion Athlete - Under 18 Women

| Rank | Athlete | Club | St Anne's | Cruden Farm | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|------------------|--------------------------|-----------|-------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Rhemmy GIBBS | Frankston Athletic Club | 11 | 7 | | | | 18 | - |
| 2 | Lily PEACOCK | Yarra Ranges Athletics | 7 | 9 | | | | 16 | ▲ |
| 3 | Georgia LAVEN | Yarra Ranges Athletics | | 11 | | | | 11 | ▲ |
| 4 | Yazmin HAYES | Bendigo Region | 6 | 4 | | | | 10 | ▲ |
| 4 | Sophie MCMINIMEE | Western Athletics | 5 | 5 | | | | 10 | ▲ |
| 4 | Rebecca WATERS | Geelong Region | 4 | 6 | | | | 10 | ▲ |
| 7 | Rachel JENNINGS | Wellington Athletic Club | 9 | | | | | 9 | ▼ |
| 8 | Ebony DODEMAIDE | Western Athletics | 8 | | | | | 8 | ▼ |
| 8 | Olivia HOBBS | Geelong Region | | 8 | | | | 8 | ▲ |
| 10 | Eliza LEPAIR | Ballarat Region | 2 | 3 | | | | 5 | ▼ |



XCR'18 INDIVIDUAL LADDERS



Champion Athlete - Under 16 Men

| Rank | Athlete | Club | St Anne's | Cruden Farm | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|----------------|--------------------------|-----------|-------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Ben LUDBROOK | Ballarat Region | 11 | 9 | | | | 20 | - |
| 2 | Dharam DEOL | Knox Athletic Club | 9 | 8 | | | | 17 | - |
| 3 | Darcy WILLIAMS | Ballarat Region | 7 | 6 | | | | 13 | ^ |
| 4 | Ayden DIGNAN | Frankston Athletic Club | | 11 | | | | 11 | ^ |
| 5 | Eric TRINKLE | Knox Athletic Club | 8 | | | | | 8 | v |
| 5 | Lachlan ATTARD | Athletics Essendon | 5 | 3 | | | | 8 | ^ |
| 5 | Joshua FRANCOU | Glenhuntly Athletic Club | 4 | 4 | | | | 8 | ^ |
| 8 | Rhys HADFIELD | Knox Athletic Club | | 7 | | | | 7 | ^ |
| 9 | Josh BERRY | Geelong Region | 6 | | | | | 6 | v |
| 9 | Jack DIAMOND | Ballarat Region | 1 | 5 | | | | 6 | ^ |

Champion Athlete - Under 16 Women

| Rank | Athlete | Club | St Anne's | Cruden Farm | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|---------------------|----------------------------|-----------|-------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Jaimee-Lee CODE | Frankston Athletic Club | 11 | 11 | | | | 22 | - |
| 2 | Monique GOLDSWORTHY | Williamstown Athletic Club | 9 | 9 | | | | 18 | - |
| 3 | Lily GILBERT | Ballarat Region | 8 | 4 | | | | 12 | - |
| 4 | Taryn FURLETTI | Bendigo Region | 4 | 7 | | | | 11 | ^ |
| 5 | Mia WHITE | Western Athletics | 7 | 2 | | | | 9 | v |
| 5 | Georgina MEES | Ballarat Region | 3 | 6 | | | | 9 | ^ |
| 7 | Ashlee TREAGUS | Box Hill Athletic Club | | 8 | | | | 8 | ^ |
| 8 | Bethany DEAN | Geelong Region | 6 | | | | | 6 | v |
| 9 | Skye ELLIS | Geelong Region | 5 | | | | | 5 | v |
| 9 | Orla GRENFELL-FOX | Williamstown Athletic Club | | 5 | | | | 5 | ^ |

Champion Athlete - Under 14 Men

| Rank | Athlete | Club | St Anne's | Cruden Farm | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|-----------------------|------------------------------------|-----------|-------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Kane MARRIOTT | Diamond Valley Athletic Club | 11 | 11 | | | | 22 | - |
| 2 | Ben MORNANE | Ballarat Region | 7 | 9 | | | | 16 | ^ |
| 3 | Sam LINDSAY | Glenhuntly Athletic Club | 5 | 8 | | | | 13 | ^ |
| 4 | Archie CALDOW | Ballarat Region | 6 | 4 | | | | 10 | ^ |
| 5 | Wolfgang COTRA-NEMESI | Collingwood Harriers Athletic Club | 9 | | | | | 9 | v |
| 6 | Benjamin PURSER | Doncaster Athletic Club | 8 | | | | | 8 | v |
| 7 | Archie HEWITT | Mornington Peninsula Athletic Club | | 7 | | | | 7 | ^ |
| 8 | Izak BIBILE | Box Hill Athletic Club | 3 | 3 | | | | 6 | - |
| 8 | Oliver PRATT | Mornington Peninsula Athletic Club | | 6 | | | | 6 | ^ |
| 10 | Joel BELL | Mornington Peninsula Athletic Club | | 5 | | | | 5 | ^ |



XCR'18 INDIVIDUAL LADDERS



Champion Athlete - Under 14 Women

| Rank | Athlete | Club | St Anne's | Cruden Farm | Albert Park | Lake Wendouree | Burnley Half Marathon | Total | Movement |
|------|-------------------|-------------------------------|-----------|-------------|-------------|----------------|-----------------------|-------|----------|
| 1 | Kiara FLAVEL | Yarra Ranges Athletics | 11 | 8 | | | | 19 | - |
| 1 | Niamh TABIT | Coburg Harriers Athletic Club | 8 | 11 | | | | 19 | ▲ |
| 3 | Madeline LAVEN | Yarra Ranges Athletics | 9 | 9 | | | | 18 | ▼ |
| 4 | Esther HOUGHTON | Coburg Harriers Athletic Club | 6 | 7 | | | | 13 | ▲ |
| 5 | Indigo LINDE | Yarra Ranges Athletics | 7 | 5 | | | | 12 | ▼ |
| 6 | Bianca CROUCHER | Wellington Athletic Club | 5 | 6 | | | | 11 | - |
| 7 | Abbey GOLDSWORTHY | Williamstown Athletic Club | 3 | 4 | | | | 7 | ▲ |
| 8 | Amira TABIT | Coburg Harriers Athletic Club | 4 | 1 | | | | 5 | ▼ |
| 9 | Rhianna WATTS | Ballarat Region | 2 | 2 | | | | 4 | - |
| 10 | Ada HILL | Wellington Athletic Club | | 3 | | | | 3 | ▲ |

Champion Athlete - Open Men Country

| Rank | Athlete | Club | St Anne's | Cruden Farm | Albert Park | Lake Wendouree | Total | Movement |
|------|-------------------|----------------------------------|-----------|-------------|-------------|----------------|-------|----------|
| 1 | Harry SMITHERS | Geelong Region | 8 | 8 | | | 16 | ▲ |
| 2 | Brett COLEMAN | Geelong Region | 6 | 7 | | | 13 | ▲ |
| 3 | Mitchell THOMPSON | Geelong Region | 7 | 5 | | | 12 | ▲ |
| 4 | Peter KERR | Geelong Region | 11 | | | | 11 | ▼ |
| 4 | Andrew BUCHANAN | Bendigo Region | | 11 | | | 11 | ▲ |
| 6 | Nigel PRESTON | Bendigo Region | 4 | 6 | | | 10 | ▲ |
| 7 | Brady THRELFALL | Bendigo Region | 9 | | | | 9 | ▼ |
| 7 | Thomas HYNES | Ballarat Region | | 9 | | | 9 | ▲ |
| 9 | Craig DAVIS | Geelong Region | 5 | | | | 5 | ▼ |
| 10 | Peter CUTLER | Traralgon Harriers Athletic Club | | 4 | | | 4 | ▲ |

Champion Athlete - Open Women Country

| Rank | Athlete | Club | St Anne's | Cruden Farm | Albert Park | Lake Wendouree | Total | Movement |
|------|-----------------|----------------------------------|-----------|-------------|-------------|----------------|-------|----------|
| 1 | Sarah WATERS | Geelong Region | 8 | 11 | | | 19 | ▲ |
| 2 | Sarah WALKER | Geelong Region | 6 | 9 | | | 15 | ▲ |
| 3 | Kate SLY | Traralgon Harriers Athletic Club | 4 | 8 | | | 12 | ▲ |
| 4 | Ellie O'KANE | Geelong Region | 11 | | | | 11 | ▼ |
| 5 | Michelle HAWKES | Ballarat Region | 3 | 7 | | | 10 | ▲ |
| 6 | Teleah HAYES | Bendigo Region | 9 | | | | 9 | ▼ |
| 7 | Karla TREWEEK | Ballarat Region | 7 | | | | 7 | ▼ |
| 8 | Tania WARRICK | Ballarat Region | | 6 | | | 6 | ▲ |
| 9 | Rachel GIBNEY | Ballarat Region | 5 | | | | 5 | ▼ |
| 9 | Sarah WATTS | Ballarat Region | 1 | 4 | | | 5 | ▲ |
| 9 | Anne BUCKLEY | Bendigo Region | | 5 | | | 5 | ▲ |