

Venue

What: XCR'17 Rd 10 – Princes Park Relays

Date: Saturday 16 September, 2017

Location: Princes Park, Carlton Nth VIC 3054 (Melway Ref: 29 G11) ([Google Maps](#))

Timetable/Run Sheet:

9:00am	Men Open Premier, Division 2	6 x 3.2km
	Men Open Division 3, 4	5 x 3.2km
	Men Open Division 5, 6, 7	4 x 3.2km
	Men Open Division 40+, 50+	3 x 3.2km
	Men U20, U18	3 x 3.2km
9:05am	Women Open Premier Division	5 x 3.2km
	Women Open Division 2, 3	4 x 3.2km
	Women Open Division 4, 5, 40+	3 x 3.2km
	Women U20, U18, U16, U14	3 x 3.2km
	Men U16, U14	3 x 3.2km

Presentations will be made as soon as possible following the completion of the race.

Club tents:

Clubs are encouraged to bring their club tents and set them up on the grassland at Princes Park.

There is strictly no pegging of tents. All tents must be weighted, any clubs found to be pegging will be asked to replace them with weights or remove their tents.

Pegging of tents greatly jeopardises Athletics Victoria's permit with the City of Melbourne and may result in not using the location for future events if broken.

Competition

Events:

All events will start at the time listed above, please arrive early as the start will not be held for athletes who are running late.

A pen system will again be used for all divisions at relay events in 2017, please speak with the Athletics Victoria Official at your age group on the procedure required and ensure all athletes understand this.

There must only be **2 athletes** from a team in each division/age group on the course at the one time (example runner 1 who is running and runner 2 who is waiting in the changeover area). This is for safety reasons for all athletes running through the changeover area.

For the safety of all athletes and spectators it is extremely important that everyone obeys all signs and announcements throughout the day.

The course roping is in place to keep athletes separated from spectators, officials and event crew, again it is important that all athletes and spectators respect the course and do not climb under or over any roping.

There will be sections of the course that are not roped off for people to access the course or surrounding grounds.



XCR'17 Event Information Round 10 – Princes Park Relays



Non-finishing athletes:

Any athlete who cannot complete the course for any reason and pulls out before crossing the finishing line **MUST** report to the competition director or an official at the finish line. This is to ensure all athletes are accounted for on the course before event pack up begins.

NO LATE OR ON DAY ENTRIES WILL BE AVAILABLE FOR THE XCR'17 SERIES.

Race results:

In order to facilitate the prompt publication of the finalised results, team scores and ladders, all results queries must be submitted to Athletics Victoria's via email (xcr@athsvic.org.au) **within 72 hours of the first set of published results. All queries submitted after this time will not be included in the final event results.**

Timing Bibs:

Athletes who have purchased an XCR'17 Package, Max Package XCR'17 Relay Package, since 6 September 2017, will have their 2017/18 AV bib numbers available for collection at Princes Park.

Athletes who registered prior to 6 September should check with their club representatives as they will have been collected at Burnley.

The **timing tag will be attached to one of the bibs** (this is to be **worn on the front**). Athletes do not need to wear their timing chip from previous seasons for individual races anymore.

Please Note: This is your bib number for the entire 2017/18 season, please do not throw out your numbers. If athletes lose or damage their bib numbers there will be a charge associated with reissuing new numbers.

All athletes **MUST** wear their current AV bibs, front and back, at all rounds of XCR'17. If an athlete fails to wear both bibs they may be disqualified. If any athletes forget their bibs please go to the administration area to purchase a replacement set no later than 30 minutes prior to the start of the race. Team managers will need to pick up any new memberships from the administration tent on the day of the event.

*NB: Athletes that require temporary or replacement bibs can purchase them up to 30 minutes prior to their scheduled event start time.

Relay Numbers:

Colour coded laminated numbers will be used to identify competitors in each Division or Age Group. In 2017 all open and seniormen will wear **BLUE** numbers while all open and senior women will wear **YELLOW**.

In senior Divisions the number will indicate the Division and Team Number, i.e. blue number 4-5 will be team 5 in Men's Division 4. Masters numbers will have their age group as the first number, i.e. '40' for Over 40.

For junior athletes in 2017, all Under 14 athletes will wear **PINK** numbers, all Under 16 athletes will wear **GREEN** numbers, all Under 18 athletes will wear **ORANGE** numbers and all Under 20 athletes will wear **WHITE** numbers. Colour coded numbers identifying their age group will be used, i.e. '16' for U16.

All relay identification numbers must be worn on the **FRONT** and **BACK** of each competitor's uniform. A reminder that all athletes competing must wear their 2017 AV registered bib numbers during competition and this number must be visible to officials throughout

competition.

Recording Sheets:

In order to get the results out as quickly as possible, we need the assistance of all clubs to fill in the recording sheets in a neat and accurate manner. THERE IS NO NEED TO RECORD LAP SPLITS ON THE RECORDING SHEETS. We simply require the start time of each athlete, their finish time and the net time. If athletes wish to record their lap times they, or their coaches will need to organise it themselves.

With over 900 athletes anticipated on Saturday and all times to be entered manually, AV really needs the assistance of clubs in delivering fast and accurate results. Please ensure the sheets are filled in clearly and neatly to minimize data entry errors. If sheets are not handed into the admin area your team will not be entered into the results.

Team Managers

Duty clubs:

The following clubs are required to provide three (3) club helpers (unless specified otherwise in bold with the number required) to assist with conducting the event:

*APS United, Athletics Essendon, Athletics Nunawading, Athletics Waverley, **Box Hill (4)**, Casey Cardinia, **Collingwood Harriers (4)**, Diamond Valley, Doncaster, Frankston, Glenhuntly, Ivanhoe, **Keilor St Bernards (4)**, Knox Athletics, **Maccabi (2)**, **Melbourne University (4)**, **Mentone (4)**, Mornington Peninsula, Old Xaverians, **Richmond Harriers (2)**, Ringwood, Sandringham, South Melbourne, St Stephens Harriers, Traralgon Harriers, Victorian Masters, Western Athletics, **Williamstown (1)**, **Yarra Ranges (4)**.*

Please contact Andrea Hallett (andrea@athsvic.org.au) with the names of the club helpers no later than 12pm (midday) Tuesday 12 September.

All officials, time keepers and course marshals must report to the Controller of Officials the commencement of their scheduled session start time.

Clubs failing to provide the required number of club helpers will have **ALL** of their teams disqualified.

General

Food Vendor: Mocha Monkey will be on site selling coffee, tea, cakes and snacks. Melbourne University will be operating a BBQ.

First Aid:

St Johns Ambulance will be on site throughout the day. They will be situated at the start/finish line and also out on the course. If anyone needs first aid please ask an official/club helper to radio through and first aid will be out to help.

Toilet facilities:

There are toilet blocks located at Princes Park and there will also be portable toilets brought in for competitors.



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Looking after Princes Park:

We are very grateful for the opportunity to compete Princes Park. Clubs are asked to remind their members of the following:

- Park only in designated parking bays
- Take home all rubbish so that we leave the venue as we found it
- Do not litter any rubbish along the course. Please use bins provided
- Make sure your athletes leave the toilet blocks in a respectable state.
- Please adhere to and respect the City of Melbourne's rules, regulations and permit.