



XCR'17 INDIVIDUAL LADDERS



Champion Athlete - Open Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Andrew BUCHANAN	Bendigo Region	11		11				22	▲
2	Dejen GEBRESELASSIE	Mentone Athletic Club	8	11					19	▲
3	Harry SMITHERS	Geelong Region	7		9				16	▲
3	William POTTER	Box Hill Athletic Club	3	9	4				16	▼
5	Liam ADAMS	Athletics Essendon	6	8					14	▲
6	Matthew JOHNSEN	Doncaster Athletic Club		6	5				11	-
7	Nicholas EARL	Melbourne University Athletic Club	9						9	▼
7	Benjamin ASHKETTLE	Doncaster Athletic Club	5	4					9	▲
9	Matthew CLARKE	Old Xaverians Athletic Club			8				8	▲
10	Mitchel BROWN	Athletics Essendon		7					7	▲
10	Thomas HYNES	Ballarat Region		5	2				7	▼
10	Toby RAYNER	Glenhuntly Athletic Club			7				7	▲

Champion Athlete - Open Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Virginia MOLONEY	Collingwood Harriers Athletic Club	7	11	11				29	-
2	Alexandra PATERSON	Old Xaverians Athletic Club	9	7	9				25	-
3	Anna KELLY	South Melbourne Athletic Club	11	9					20	-
4	Karina FYFE	Glenhuntly Athletic Club	8	8					16	▲
5	Emilie GUY	Athletics Essendon	6	3	6				15	▼
6	Henrietta LAWRENCE	Frankston Athletic Club		5	8				13	▲
7	Sophie RYAN	Old Xaverians Athletic Club	3		7				10	▲
8	Jayne GREBINSKI	South Melbourne Athletic Club	5	1	3				9	▼
8	Cassie LITTLE	Glenhuntly Athletic Club		4	5				9	-
10	Sarah WATERS	Geelong Region	2		4				6	▲
10	Tarli BIRD	Glenhuntly Athletic Club		6					6	▲

Champion Athlete - Men 40-44

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Zac ASHKANASY	Maccabi Athletic Club	11	9	8				28	-
2	Sam MCLEAN	APS United	7	8	7				22	-
2	Liam DELANY	Collingwood Harriers		11	11				22	▲
4	Julian KUPPLER	Glenhuntly Athletic Club	9	6	5				20	▼
5	Mark DESLANDES	Athletics Nunawading	5	5	4				14	-
6	Peter MACKNAMARA	Glenhuntly Athletic Club	6	4					10	▲
7	Shane DRAPER	Victorian Masters Athletic Club	4	3	2				9	-
7	Brett COLEMAN	Geelong Region			9				9	▲
9	Paul BURGE	Ballarat Region	8						8	▼
10	Stephen PAINE	Athletics Waverley		7					7	▲



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Champion Athlete - Women 40-44

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Anna MUNRO	Glenhuntly Athletic Club	11	11	8				30	-
2	Kate SEIBOLD	Knox Athletic Club	9	9	11				29	-
3	Michelle HAWKES	Ballarat Region	6	6	7				19	-
4	Janice DE VRIES	APS United	8	8					16	^
4	Bridget WETHERALL	Glenhuntly Athletic Club	5	5	6				16	-
6	Louise SHAW	Mentone Athletic Club	4	1	4				9	^
6	Angela WILLIAMS	Ballarat Region			9				9	^
8	Sarah WALKER	Geelong Region	7						7	v
8	Julie AYLWARD	Mentone Athletic Club	3	4					7	-
8	Rachel GIBNEY	Ballarat Region		7					7	^

Champion Athlete - Men 45-49

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Sean WILLIAMS	Mentone Athletic Club	8	7	7				22	-
1	Steven WILLIAMS	Athletics Waverley		11	11				22	^
3	Andrew MCEVOY	Glenhuntly Athletic Club	11	9					20	-
4	Whaddon NIEWOUDT	Doncaster Athletic Club	4	8	6				18	v
5	Malcolm CAMPBELL	Collingwood Harriers Athletic Club	6		5				11	^
5	Craig GREEN	Bendigo Region	3	4	4				11	^
7	Campbell MAFFETT	Collingwood Harriers Athletic Club	9						9	v
7	Magnus MICHELSSON	Collingwood Harriers Athletic Club			9				9	^
9	Anthony HALLY	Collingwood Harriers Athletic Club		5	3				8	-
9	Andrew MCEVOY	Glenhuntly Athletic Club			8				8	^

Champion Athlete - Women 45-49

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Niamh O'REILLY	Athletics Waverley	9	11	11				31	-
2	Judith MAY	Yarra Ranges Athletics	8	8	9				25	-
3	Lisa DICK	Melbourne University		9	8				17	^
4	Maryann MURRAY	Diamond Valley Athletic Club		6	7				13	^
5	Bev THOMAS	Collingwood Harriers Athletic Club	11						11	v
5	Sharon RANKIN	Western Athletics	4	4	3				11	-
7	Sally LIM	Athletics Waverley		7	2				9	v
7	Tania WARRICK	Ballarat Region		5	4				9	^
9	Anne BUCKLEY	Victorian Masters Athletic Club	6	2					8	v
9	Helen BRYAN	Mentone Athletic Club	5	3					8	^



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Champion Athlete - Men 50-54

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	John MEAGHER	Box Hill Athletic Club	11	11	11				33	-
2	James ATKINSON	Athletics Waverley	8	7	7				22	-
3	Peter COWELL	Victorian Masters Athletic Club	7	8	5				20	∇
4	Garth CALDER	Box Hill Athletic Club	9	9					18	∧
5	Alistair HAM	Ballarat Region		5	8				13	∧
6	Andrew SCOTT	Athletics Nunawading	4	6	2				12	∇
7	Jack JONES	Malvern Harriers		2	9				11	∧
8	Michael URE	Mentone Athletic Club	3	4	3				10	∇
9	Stephen BRENNAN	Williamstown Athletic Club	6	3					9	∇
10	Robert SCHWERKOLT	APS United	1		6				7	∧
11	Sean QUILTY	Doncaster Athletic Club	5						5	∇
12	Peter STEFANOS	Box Hill Athletic Club	2		1				3	∇

Champion Athlete - Women 50-54

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Pia HUNTER	Box Hill Athletic Club	11	11	11				33	-
2	Carolyn HUELL	Western Athletics	8	9	8				25	-
3	Janice MARSTON	Athletics Waverley	6	8	5				19	-
4	Alison CHAPMAN	Collingwood Harriers Athletic Club	5	7	6				18	-
5	Kuniko BOWDEN	Mentone Athletic Club	7		7				14	∧
5	Kim NANSCAWEN	Glenhuntly Athletic Club	4	6	4				14	-
7	Erika BEDYN	Yarra Ranges Athletics	2	5	3				10	-
8	Susanne WILSON	Knox Athletic Club	9						9	∇
8	Michelle JELLEFF	Malvern Harriers Athletic Club			9				9	∧
10	Janice HODGART	Western Athletics	1	4	1				6	∇

Champion Athlete - Men 55-59

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Steven QUIRK	Victorian Masters Athletic Club	11	11	9				31	-
2	Ian CORNTHWAITE	Traralgon Harriers Athletic Club	8	9	11				28	-
3	Gerard BROWN	Keilor St Bernards Athletic Club	5	8	6				19	∧
4	Peter RUSHEN	Glenhuntly Athletic Club	7	7	4				18	∇
5	Colin DRAKE	Western Athletics	9		7				16	∧
6	Christopher O'CONNOR	Box Hill Athletic Club	6	5	2				13	∇
6	Peter GAUNT	Collingwood Harriers Athletic Club	4	6	3				13	-
8	Mark PURVIS	APS United			8				8	∧
9	Peter VERNON	Athletics Essendon	2	4					6	-
10	Andrew EDWARDS	APS United			5				5	∧



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Champion Athlete - Women 55+

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Margaret FITZGERALD	Old Xaverians Athletic Club	9	9	11				29	-
2	Pauline LAWRENCE	Richmond Harriers Athletic Club	8	8	9				25	-
3	Laura CAMPBELL	Diamond Valley Athletic Club	11	11					22	^
4	Anne LORD	Ringwood Athletic Club	5	7	8				20	v
5	Kerryn WALSH	Keilor St Bernards Athletic Club	7	5	7				19	v
6	Christine WILLIAMS	Old Xaverians Athletic Club	2	4	5				11	-
7	Julie BOYD	South Melbourne Athletic Club	4		6				10	^
8	Mechelle LANE	Western Athletics	3	6					9	^
9	Helen STANLEY	Victorian Masters Athletic Club	6						6	v
9	Tamami HOLMES	APS United		3	3				6	-

Champion Athlete - Men 60+

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Alan HAMMOND	Western Athletics	11	8	11				30	-
2	Peter BLACK	Victorian Masters Athletic Club	4	9	8				21	-
3	Charles CHAMBERS	Bendigo Region	8	11					19	^
4	Eero KERANEN	Williamstown Athletic Club	9		9				18	v
5	Gregory MOORE	Keilor St Bernards Athletic Club	2	6	7				15	v
6	Ian TWITE	Traralgon Harriers Athletic Club	3	7					10	^
6	Chris WARDLAW	Glenhuntly Athletic Club	1	4	5				10	^
8	John MOLONEY	Keilor St Bernards Athletic Club		5	4				9	-
9	Jeffrey BRODERICK	Athletics Nunawading	7						7	v
10	Greg WILSON	Victorian Masters Athletic Club	6						6	v
10	Wayne HOGAN	Knox Athletics Club		3	3				6	^
10	Kevin SOLOMON	Richmond Harriers Athletic Club			6				6	^

Champion Athlete - Under 20 Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Cody SHANAHAN	Western Athletics	11	11				33	-
2	Dale CARROLL	Collingwood Harriers Athletic Club	5	6				18	-
3	Cassidy SHAW	Geelong Region		9				17	-
4	Samuel TOLL	Glenhuntly Athletic Club	9	7				16	^
4	Callen GOLDSMITH	Mornington Peninsula Athletic Club	8	8				16	v
6	Alexander SYKES	Keilor St Bernards Athletic Club	3	5				13	^
7	Tom HALL	Collingwood Harriers Athletic Club	6					12	^
8	Alexander RITCHIE	Box Hill Athletic Club	7	4				11	v
9	Haftu STRINTZOS	Glenhuntly Athletic Club						9	-
10	William OCKENDEN	Glenhuntly Athletic Club	4					8	^



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Champion Athlete - Under 20 Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Amelia MAZZA-DOWNIE	Athletics Essendon	11	11				30	-
2	Shania MURRAY	Diamond Valley Athletic Club	8	9				23	-
3	Ciara BOYD-SQUIRES LONG	Melbourne University Athletic Club	7	7				21	-
4	Maxine PAHOLEK	South Melbourne Athletic Club	9					13	^
4	Erika FLOREZ	Glenhuntly Athletic Club	5	5				13	v
4	Alana SALOMON	Old Xaverians		8				13	^
7	Georgia HANSEN	Box Hill Athletic Club						11	^
8	Lauren RYAN	Athletics Essendon						9	v
9	Maddison CAULFIELD	Athletics Essendon	6					6	-
9	Katherin DOWIE	Ballarat Region		6				6	^

Champion Athlete - Under 18 Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Andrew AMOR	Ballarat Region	9	11				20	-
2	Sam WILLIAMS	Ballarat Region	11	8				19	-
3	William COLLINS	Knox Athletic Club	8	9				17	-
4	Jack ITTER	Diamond Valley Athletic Club	7	7				14	^
5	Ethan ANTHONY	Mornington Peninsula Athletic Club	4	4				8	v
6	James LAVEN	Yarra Ranges Athletics	6					6	^
6	Jason CLAYTON	Glenhuntly Athletic Club		6				6	^
8	James HARRY	Knox Athletic Club	5					5	v
8	Liam HALLORON	Glenhuntly Athletic Club		5				5	-
10	Jasper PICKERING	Glenhuntly Athletic Club	1	3				4	^

Champion Athlete - Under 18 Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Amy CORNELL	Collingwood Harriers Athletic Club	7	11				18	-
2	Emily MIZIS	Athletics Essendon	4	9				13	-
3	Olivia HOBBS	Geelong Region	11					11	-
4	Abbey CALDWELL	Doncaster Athletic Club	9					9	^
5	Lily PEACOCK	Yarra Ranges Athletics	8					8	v
5	Rebecca WATERS	Geelong Region	1	7				8	^
5	Matilda MOORE	Bendigo Region		8				8	^
8	Annabelle EASTMAN	Sandringham Athletic Club	6					6	v
8	Sophie MCMINIMEE	Western Athletics	3	3				6	-
8	Chloe DENNISON	Frankston Athletic Club	2	4				6	^
8	Rebecca HENDERSON	Mentone Athletic Club		6				6	^

Champion Athlete - Under 16 Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Harry SHARP	Ballarat Region	11	11				22	-
2	Ramen NAYAR	South Melbourne Athletic Club	9	9				18	-
3	Caden MURRAY	Diamond Valley Athletic Club	8	8				16	-
4	Ethan MCMINIMEE	Western Athletics	7	7				14	▲
5	Brandon MUSCAT	Western Athletics	6	6				12	▼
6	Tom HOCKLEY SAMON	Geelong Region	5					5	▲
6	Matthew CATTERSON	Ballarat Region		5				5	▲
8	Corey DICKSON	Knox Athletic Club	4					4	▼
8	Ben LUDBROOK	Ballarat Region	3	1				4	-
8	Benjamin COLLINS	Knox Athletic Club	2	2				4	▲
8	Samuel NORTON	Yarra Ranges		4				4	▲

Champion Athlete - Under 16 Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Georgia LAVEN	Yarra Ranges Athletics	11	11				22	-
2	Taryn FURLETTI	Bendigo Region	9	9				18	-
3	Simone MAILLARDET	Collingwood Harriers Athletic Club	8	4				12	-
3	Yazmin HAYES	Bendigo Region	4	8				12	▲
5	Rhemmy GIBBS	Frankston Athletic Club	7	3				10	▼
5	Mia WHITE	Western Athletics	5	5				10	▲
7	Ebony DODEMAIDE	Western Athletics		7				7	▲
8	Ruby DIXON	Yarra Ranges Athletics	6					6	▼
8	Lily GILBERT	Ballarat Region		6				6	-
10	Amelija BELLEVILLE	Mentone Athletic Club	3					3	▲
10	Skye ELLIS	Geelong Region	2	1				3	▼
10	Bianca PUGLISI	Athletics Essendon	1	2				3	-

Champion Athlete - Under 14 Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Bailey MORRELL	Frankston Athletic Club	11	9				20	-
2	Thomas DIAMOND	Box Hill Athletic Club	8	11				19	-
3	Alfaddel ADEM	Williamstown Athletic Club	7	7				14	-
4	Christopher WATERS	Geelong Region	6	6				12	▲
5	Kane MARRIOTT	Diamond Valley Athletic Club	9					9	▼
5	Riley LOVICK	Frankston Athletic Club	5	4				9	▲
7	Wolfgang COTRA-NEMESI	Collingwood Harriers Athletic Club		8				8	▲
8	Jhye HADFIELD	Knox Athletic Club		5				5	▼
9	Jonathan HARPER	Box Hill Athletic Club	4					4	-
10	Sam LINDSAY	Glenhuntly Athletic Club	3					3	▲
10	Zachariah CLARKE	Yarra Ranges Athletics	1	2				3	-
10	Ben MORNANE	Ballarat Region		3				3	▲



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Champion Athlete - Under 14 Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Lucinda ROURKE	Williamstown Athletic Club	11	11				22	-
2	Jaimee-Lee CODE	Williamstown Athletic Club	9	9				18	-
3	Madeline LAVEN	Yarra Ranges Athletics	8	8				16	-
4	Monique GOLDSWORTHY	Williamstown Athletic Club	7	7				14	^
5	Niamh TABIT	Coburg Harriers Athletic Club	6	6				12	v
6	Indigo LINDE	Yarra Ranges Athletics	5	5				10	^
7	Bethany DEAN	Geelong Region	4	4				8	^
8	Megan DICKSON	Geelong Region	3					3	v
8	Esther HOUGHTON	Williamstown Athletic Club		3				3	-
10	Callista RACE-STELLING	Wodonga Athletic Club	2					2	^
10	Georgina MEES	Ballarat Region		2				2	^

Champion Athlete - Open Men Country

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Total	Movement
1	Peter CUTLER	Traralgon Harriers Athletic Club	5	8			13	^
2	Andrew BUCHANAN	Bendigo Region	11				11	v
2	Thomas HYNES	Ballarat Region		11			11	^
4	Ben STOLZ	Bendigo Region	4	6			10	^
5	Harry SMITHERS	Geelong Region	9				9	v
5	Leon RUSSELL - KEELY	Bendigo Region		9			9	^
7	Nigel PRESTON	Bendigo Region	8				8	v
7	Paul BURGE	Ballarat Region	6	2			8	v
7	Matthew HOOKE	Bendigo Region	3	5			8	^
10	Yohan PHILIP	Geelong Region	7				7	v

Champion Athlete - Open Women Country

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Total	Movement
1	Sarah WATERS	Geelong Region	11	11			22	-
2	Michelle HAWKES	Ballarat Region	5	8			13	^
2	Sarah LEWIS	Traralgon Harriers Athletic Club	4	9			13	^
4	Rachel GIBNEY	Ballarat Region		10			10	^
5	Rachel WATERS	Geelong Region	9				9	v
6	Sarah WALKER	Geelong Region	8				8	v
7	Isabelle GERARDI	Geelong Region	7				7	v
7	Courtney PARKER	Ballarat Region		7			7	^
9	Coreena VAN DER KLOOSTER	Geelong Region	6				6	v
9	Kate SLY	Traralgon Harriers Athletic Club		6			6	^