



# XCR'17 INDIVIDUAL LADDERS



## Champion Athlete - Open Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Liam ADAMS	Athletics Essendon	6	8		9	11		34	▲
2	Andrew BUCHANAN	Bendigo Region	11		11		7		29	▲
3	Mitchel BROWN	Athletics Essendon		7		11	9		27	▲
4	Nicholas EARL	Melbourne University Athletic Club	9			7	8		24	▲
4	Dejen GEBRESELISSIE	Mentone Athletic Club	8	11		5			24	▼
6	Harry SMITHERS	Geelong Region	7		9	6			22	▼
7	William POTTER	Box Hill Athletic Club	3	9	4				16	▼
8	Benjamin ASHKETTLE	Doncaster Athletic Club	5	4			6		15	▲
9	Matthew CLARKE	Old Xaverians Athletic Club			8	4			12	▼
10	Matthew JOHNSEN	Doncaster Athletic Club		6	5				11	▼

## Champion Athlete - Open Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Virginia MOLONEY	Collingwood Harriers Athletic Club	7	11	11	9	11		49	-
2	Alexandra PATERSON	Old Xaverians Athletic Club	9	7	9	11			36	-
3	Karina FYFE	Glenhuntly Athletic Club	8	8			6		22	▲
4	Anna KELLY	South Melbourne Athletic Club	11	9					20	▼
5	Emilie GUY	Athletics Essendon	6	3	6	3			18	▼
6	Ellie O'KANE	Geelong Region				7	9		16	▲
7	Sophie RYAN	Old Xaverians Athletic Club	3		7		5		15	▲
8	Sarah WATERS	Geelong Region	2		4	8			14	▼
9	Henrietta LAWRENCE	Frankston Athletic Club		5	8				13	▼
10	Jayne GREBINSKI	South Melbourne Athletic Club	5	1	3	2			11	▼

## Champion Athlete - Men 40-44

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Zac ASHKANASY	Maccabi Athletic Club	11	9	8	11	11		50	-
2	Sam MCLEAN	APS United	7	8	7	9			31	-
2	Liam DELANY	Collingwood Harriers		11	11		9		31	▲
4	Julian KUPPLER	Glenhuntly Athletic Club	9	6	5	4	4		28	▼
5	Brett COLEMAN	Geelong Region			9		8		17	▲
6	Mark DESLANDES	Athletics Nunawading	5	5	4	1	1		16	▼
7	Shane DRAPER	Victorian Masters Athletic Club	4	3	2	5			14	▼
7	Allan FAILLA	Melbourne University Athletic Club			6	8			14	▼
9	Mark FRATER	APS United				6	7		13	▲
10	Peter MACKNAMARA	Glenhuntly Athletic Club	6	4					10	▼
10	Shaun GREEN	Malvern Harriers Athletic Club	3	2		3	2		10	▲
10	Cameron SIMON	Diamond Valley Athletic Club			3	7			10	▼

## Champion Athlete - Women 40-44

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Janice DE VRIES	APS United	8	8		9	9		34	▲
2	Michelle HAWKES	Ballarat Region	6	6	7	6	7		32	▲
3	Anna MUNRO	Glenhuntly Athletic Club	11	11	8				30	▼
4	Kate SEIBOLD	Knox Athletic Club	9	9	11				29	▼
5	Louise SHAW	Mentone Athletic Club	4	1	4	8	8		25	▲
6	Angela WILLIAMS	Ballarat Region			9	11			20	▼
7	Julie AYLWARD	Mentone Athletic Club	3	4	2	5	4		18	▲
7	Rachel GIBNEY	Ballarat Region		7			11		18	▲
9	Bridget WETHERALL	Glenhuntly Athletic Club	5	5	6				16	▼
10	Sally MORRISON	Mentone Athletic Club	2		1	4	6		13	▲
10	Debra NEIL	Mornington Peninsula		2	3	3	5		13	-

## Champion Athlete - Men 45-49

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Andrew MCEVOY	Glenhuntly Athletic Club	11	9	8	8	7		43	-
2	Steven WILLIAMS	Athletics Waverley		11	11	9	6		37	-
3	Magnus MICHELSSON	Collingwood Harriers Athletic Club			9	11	11		31	▲
4	Malcolm CAMPBELL	Collingwood Harriers Athletic Club	6		5	6	9		26	▲
5	Whaddon NIEWOUDT	Doncaster Athletic Club	4	8	6	5			23	▼
6	Sean WILLIAMS	Mentone Athletic Club	8	7	7				22	▼
7	Campbell MAFFETT	Collingwood Harriers Athletic Club	9				8		17	▲
7	Anthony HALLY	Collingwood Harriers Athletic Club		5	3	4	5		17	-
9	Michael BISHOP	Mornington Peninsula Athletic Club	5			7	4		16	▼
10	Craig GREEN	Bendigo Region	3	4	4				11	▼

## Champion Athlete - Women 45-49

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Niamh O'REILLY	Athletics Waverley	9	11	11	9	8		48	-
2	Judith MAY	Yarra Ranges Athletics	8	8	9	7	6		38	-
3	Lisa DICK	Melbourne University		9	8	8	9		34	-
4	Bev THOMAS	Collingwood Harriers Athletic Club	11			11	11		33	-
5	Sally LIM	Athletics Waverley		7	2	6	4		19	▲
5	Maryann MURRAY	Diamond Valley Athletic Club		6	7	4	2		19	-
7	Sharon RANKIN	Western Athletics	4	4	3		3		14	▲
8	Elizabeth BELL	Keilor St Bernards Athletic Club	7			5			12	▼
8	Tania WARRICK	Ballarat Region		5	4	3			12	▼
8	Maria ABFALTER	Keilor St Bernards Athletic Club			6	1	5		12	▲



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## Champion Athlete - Men 50-54

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	John MEAGHER	Box Hill Athletic Club	11	11	11	11	11		55	-
2	Garth CALDER	Box Hill Athletic Club	9	9		7	9		34	▲
3	James ATKINSON	Athletics Waverley	8	7	7	9			31	▼
4	Peter COWELL	Victorian Masters Athletic Club	7	8	5	3	3		26	-
5	Alistair HAM	Ballarat Region		5	8	8			21	-
6	Robert SCHWERKOLT	APS United	1		6	6	6		19	-
6	Jack JONES	Malvern Harriers		2	9		8		19	▲
8	Sean QUILTY	Doncaster Athletic Club	5			5	4		14	▲
9	Andrew SCOTT	Athletics Nunawading	4	6	2	1			13	▼
10	Rossi EVANS	Bendigo Region				4	7		11	▲

## Champion Athlete - Women 50-54

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Pia HUNTER	Box Hill Athletic Club	11	11	11	11	9		53	-
2	Carolyn HUELL	Western Athletics	8	9	8	7	7		39	-
3	Michelle JELLEFF	Malvern Harriers Athletic Club			9	9	11		29	▲
4	Janice MARSTON	Athletics Waverley	6	8	5	3	5		27	-
4	Alison CHAPMAN	Collingwood Harriers Athletic Club	5	7	6	5	4		27	▼
6	Kuniko BOWDEN	Mentone Athletic Club	7		7	6	6		26	▼
7	Susanne WILSON	Knox Athletic Club	9			8	8		25	▲
8	Kim NANSCAWEN	Glenhuntly Athletic Club	4	6	4	4	3		21	▼
9	Erika BEDYN	Yarra Ranges Athletics	2	5	3	1			11	-
10	Janice HODGART	Western Athletics	1	4	1	2	1		9	-

## Champion Athlete - Men 55-59

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Steven QUIRK	Victorian Masters Athletic Club	11	11	9	11	11		53	-
2	Ian CORNTHWAITE	Traralgon Harriers Athletic Club	8	9	11	8			36	-
2	Peter RUSHEN	Glenhuntly Athletic Club	7	7	4	9	9		36	▲
4	Christopher O'CONNOR	Box Hill Athletic Club	6	5	2	7	7		27	▲
5	Colin DRAKE	Western Athletics	9		7	4	6		26	-
5	Gerard BROWN	Keilor St Bernards Athletic Club	5	8	6	2	5		26	▼
7	Peter GAUNT	Collingwood Harriers Athletic Club	4	6	3	6	4		23	-
8	Andrew EDWARDS	APS United			5	3			8	-
8	Mark PURVIS	APS United			8				8	-
8	Gary HALL	Athletics Nunawading					8		8	▲



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## Champion Athlete - Women 55+

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Margaret FITZGERALD	Old Xaverians Athletic Club	9	9	11	9	9		47	-
2	Laura CAMPBELL	Diamond Valley Athletic Club	11	11		11	11		44	-
3	Pauline LAWRENCE	Richmond Harriers Athletic Club	8	8	9		6		31	-
4	Mechelle LANE	Western Athletics	3	6		8	8		25	▲
4	Christine WILLIAMS	Old Xaverians Athletic Club	2	4	5	7	7		25	▲
6	Anne LORD	Ringwood Athletic Club	5	7	8	1			21	▼
7	Julie BOYD	South Melbourne Athletic Club	4		6	5	5		20	▲
8	Kerryn WALSHE	Keilor St Bernards Athletic Club	7	5	7				19	▼
9	Helen STANLEY	Victorian Masters Athletic Club	6			3	4		13	-
10	Tamami HOLMES	APS United		3	3	2	3		11	-

## Champion Athlete - Men 60+

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Alan HAMMOND	Western Athletics	11	8	11	9	11		50	-
2	Gregory MOORE	Keilor St Bernards Athletic Club	2	6	7	7	9		31	▲
3	Peter BLACK	Victorian Masters Athletic Club	4	9	8		6		27	▲
4	Eero KERANEN	Williamstown Athletic Club	9		9	8			26	▼
5	Ian TWITE	Traralgon Harriers Athletic Club	3	7		6	7		23	▲
6	Charles CHAMBERS	Bendigo Region	8	11					19	▼
7	Peter CASHIN	Western Athletics	5				8		13	▲
8	John MOLONEY	Keilor St Bernards Athletic Club		5	4	2	1		12	▼
9	Ewen WILSON	Victorian Masters Athletic Club				11			11	▼
10	Chris WARDLAW	Glenhuntly Athletic Club	1	4	5				10	▼
10	Wayne HOGAN	Knox Athletics Club		3	3		4		10	▲
10	Zeb PHOENIX	APS United		1	2	5	2		10	-

## Champion Athlete - Under 20 Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Cody SHANAHAN	Western Athletics	11	11	11	11	11		55	-
2	Callen GOLDSMITH	Mornington Peninsula Athletic Club	8	8		7	9		32	-
3	Dale CARROLL	Collingwood Harriers Athletic Club	5	6	7	9			27	▲
4	Alexander RITCHIE	Box Hill Athletic Club	7	4		8	7		26	▼
5	Alexander SYKES	Keilor St Bernards Athletic Club	3	5	5	1	4		18	▼
6	Cassidy SHAW	Geelong Region		9	8				17	▲
6	Lachlan HERD	Doncaster Athletic Club		2	3	6	6		17	▲
8	Samuel TOLL	Glenhuntly Athletic Club	9	7					16	▼
9	Tom HALL	Collingwood Harriers Athletic Club	6		6	3			15	▼
10	Kye JENKYN	Bendigo Region		3	2		8		13	▼



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## Champion Athlete - Under 20 Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Bundoora Park	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Shania MURRAY	Diamond Valley Athletic Club	8	9	6	9	11		43	-
2	Ciara BOYD-SQUIRES LONG	Melbourne University Athletic Club	7	7	7	8	9		38	-
3	Amelia MAZZA-DOWNIE	Athletics Essendon	11	11	8				30	^
4	Maxine PAHOLEK	South Melbourne Athletic Club	9		4	11			24	v
5	Erika FLOREZ	Glenhuntly Athletic Club	5	5	3		8		21	v
6	Sarah LLOYD	Melbourne University Athletic Club	2	3		7	7		19	^
7	Alana SALOMON	Old Xaverians		8	5				13	^
8	Kate ABFALTER	Keilor St Bernards Athletic Club				6	6		12	v
9	Georgia HANSEN	Box Hill Athletic Club			11				11	v
10	Lauren RYAN	Athletics Essendon			9				9	v
10	Georgia PEARSON	Traralgon Harriers Athletic Club				5	4		9	^

## Champion Athlete - Under 18 Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Sam WILLIAMS	Ballarat Region	11	8	8	7		34	-
1	Jack ITTER	Diamond Valley Athletic Club	7	7	11	9		34	-
3	Andrew AMOR	Ballarat Region	9	11		11		31	^
4	Ethan ANTHONY	Mornington Peninsula Athletic Club	4	4	6	8		22	v
5	William COLLINS	Knox Athletic Club	8	9				17	v
6	James HARRY	Knox Athletic Club	5		9			14	^
7	Liam HALLORON	Glenhuntly Athletic Club		5	4	4		13	^
8	Harry NORMAN	Yarra Ranges Athletics			2	6		8	v
9	James LAVEN	Yarra Ranges Athletics	6			1		7	v
9	Jasper PICKERING	Glenhuntly Athletic Club	1	3	3			7	v
9	Matthew HUSSEY	Western Athletics			7			7	v

## Champion Athlete - Under 18 Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Abbey CALDWELL	Doncaster Athletic Club	9		11	11		31	-
2	Olivia HOBBS	Geelong Region	11		8	8		27	-
3	Amy CORNELL	Collingwood Harriers Athletic Club	7	11		5		23	^
4	Rebecca WATERS	Geelong Region	1	7		9		17	v
5	Heidi DEMEO	Geelong Region	5		7	3		15	v
5	Matilda MOORE	Bendigo Region		8		7		15	^
7	Emily MIZIS	Athletics Essendon	4	9				13	^
7	Alyssa BEARZI	Williamstown Athletic Club			9	4		13	v
9	Sophie MCMINIMEE	Western Athletics	3	3		6		12	v
9	Rebecca HENDERSON	Mentone Athletic Club		6	6			12	v

## Champion Athlete - Under 16 Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Harry SHARP	Ballarat Region	11	11	11	11		44	-
2	Ramen NAYAR	South Melbourne Athletic Club	9	9	9	8		35	-
3	Caden MURRAY	Diamond Valley Athletic Club	8	8	8	9		33	▲
4	Ethan MCMINIMEE	Western Athletics	7	7		7		21	▼
5	Brandon MUSCAT	Western Athletics	6	6	3	3		18	▼
5	Tom HOCKLEY SAMON	Geelong Region	5		7	6		18	▲
7	Matthew CATTERSON	Ballarat Region		5		5		10	▲
8	Rhys HADFIELD	Knox Athletic Club		3	5			8	▼
9	Ben LUDBROOK	Ballarat Region	3	1	2			6	▼
9	Mac ANDERSON	Box Hill Athletic Club			6			6	▼

## Champion Athlete - Under 16 Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Georgia LAVEN	Yarra Ranges Athletics	11	11	9	8		39	-
2	Taryn FURLETTI	Bendigo Region	9	9	8	11		37	-
3	Ebony DODEMAIDE	Western Athletics		7	11	7		25	▲
4	Yazmin HAYES	Bendigo Region	4	8	1	9		22	▼
5	Simone MAILLARDET	Collingwood Harriers Athletic Club	8	4	4	5		21	▼
5	Mia WHITE	Western Athletics	5	5	7	4		21	▲
7	Rhemmy GIBBS	Frankston Athletic Club	7	3				10	▲
8	Ruby DIXON	Yarra Ranges Athletics	6		3			9	▼
8	Skye ELLIS	Geelong Region	2	1		6		9	▼
8	Bianca PUGLISI	Athletics Essendon	1	2	5	1		9	▼

## Champion Athlete - Under 14 Men

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Kane MARRIOTT	Diamond Valley Athletic Club	9		11	11		31	-
2	Bailey MORRELL	Frankston Athletic Club	11	9	8			28	-
2	Thomas DIAMOND	Box Hill Athletic Club	8	11	9			28	▲
4	Alfaddel ADEM	Williamstown Athletic Club	7	7	7			21	▼
4	Wolfgang COTRA-NEMESI	Collingwood Harriers Athletic Club		8	6	7		21	▼
6	Ben MORNANE	Ballarat Region		3	5	9		17	▲
7	Christopher WATERS	Geelong Region	6	6				12	▲
8	Joshua TRAM	Collingwood Harriers Athletic Club			4	6		10	▼
9	Riley LOVICK	Frankston Athletic Club	5	4				9	▼
9	Jack DIAMOND	Ballarat Region		1		8		9	▼



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## Champion Athlete - Under 14 Women

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Burnley Half Marathon	Total	Movement
1	Lucinda ROURKE	Williamstown Athletic Club	11	11	11	11		44	-
2	Jaimee-Lee CODE	Williamstown Athletic Club	9	9	8	9		35	-
3	Madeline LAVEN	Yarra Ranges Athletics	8	8		8		24	^
3	Niamh TABIT	Coburg Harriers Athletic Club	6	6	7	5		24	v
5	Monique GOLDSWORTHY	Williamstown Athletic Club	7	7		1		15	v
6	Bethany DEAN	Geelong Region	4	4		6		14	^
6	Georgina MEES	Ballarat Region		2	5	7		14	^
8	Indigo LINDE	Yarra Ranges Athletics	5	5		2		12	v
8	Megan DICKSON	Geelong Region	3		9			12	v
10	Amira TABIT	Coburg Harriers Athletic Club		1	6	4		11	v

## Champion Athlete - Open Men Country

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Total	Movement
1	Andrew BUCHANAN	Bendigo Region	11			11	22	^
2	Harry SMITHERS	Geelong Region	9		11		20	v
3	Thomas HYNES	Ballarat Region		11	8		19	v
4	Julian SPENCE	Ballarat Region			9	9	18	^
5	Peter CUTLER	Traralgon Harriers Athletic Club	5	8		2	15	v
6	Yohan PHILIP	Geelong Region	7		6		13	v
7	Nigel PRESTON	Bendigo Region	8		4		12	v
8	Ben STOLZ	Bendigo Region	4	6			10	v
8	Brent LALOR	Geelong Region			5	5	10	^
10	Leon RUSSELL - KEELY	Bendigo Region		9			9	v

## Champion Athlete - Open Women Country

Rank	Athlete	Club	Wandin Park	Cruden Farm	Albert Park	Lake Wendouree	Total	Movement
1	Sarah WATERS	Geelong Region	11	11	11		33	-
2	Sarah LEWIS	Traralgon Harriers Athletic Club	4	9	5	8	26	-
3	Ellie O'KANE	Geelong Region			9	11	20	^
4	Rachel GIBNEY	Ballarat Region		10		9	19	-
5	Michelle HAWKES	Ballarat Region	5	8		4	17	v
6	Isabelle GERARDI	Geelong Region	7			6	13	^
7	Alice WILKINSON	Bendigo Region		4	2	5	11	^
8	Courtney PARKER	Ballarat Region		7		3	10	^
9	Rachel WATERS	Geelong Region	9				9	v
9	Kate SLY	Traralgon Harriers Athletic Club		6	3		9	v