

Venue

What: XCR'17 Rd 4 – Bundoora Park *(Incorporating 2017 Victorian All Schools Cross Country Championships)*

Date: Saturday 17 June, 2017

Location: Bundoora Park, North off Plenty Rd, (veer right after entering the park) (Melway Ref 19 F4) ([Google Maps](#))

Timetable/Run Sheet:

10:00am	Race 1: 3km Cross Country	Under 14 Girls*
10:20am	Race 2: 3km Cross Country	Under 14 Boys*
10:40am	Race 3: 4km Cross Country	Under 15 Girls, Under 16 Girls*
11:00am	Race 4: 4km Cross Country	Under 15 Boys, Under 16 Boys*
11:20am	Race 5: 4km Cross Country	Under 17 Girls, Under 18 Girls*
11:45am	Race 6: 6km Cross Country	U17 Boys, Under 18 Boys*
11:50am	Bib Purchasing Closes for Women U20	
12:20pm	Race 7: 6km Cross Country	Under 20 Women**
12:25pm	Bib Purchasing closes for Men U20	
12:55pm	Race 8: 8km Cross Country	Under 20 Boys**
1:05pm	Bib Purchasing closes for Women Open & Masters	
1:35pm	Race 9: 10km Cross Country	Women Open & Masters
2:05pm	Bib Purchasing closes for Men Open & Masters	
2:35pm	Race 10: 10km Cross Country	Men Open & Masters

*Events are 2017 Victorian All School Championship events, not Athletics Victoria club events.

** U20 race will have 2 championships both school and Athletics Victoria XCR Round 4 run at the same time.

Presentations will be made as soon as possible after each event.

Events:

All events will start at the time listed above, please arrive early as the start will not be held for athletes who are running late.

In the Open Men & Women's races the Premier Division team athletes (6 men & 5 women) from the 10 clubs in each gender will be eligible for a priority start in their respective races. Athletes are asked to make their way to the front of the pack before the race. Please speak to the officials on the day if athletes are unsure about this process.

If an athlete fails to make their event start time, please go to the AV Administration tent to seek advice on joining another race as an invitational athlete for no points. The competition director is the only person who can approve an athlete changing age groups or races on the day of the event.

Event warm-up is not to be conducted in front of the start line. Athletes are not allowed to front filter into this area, they MUST approach the start from behind the line. Any athletes caught front filtering may be asked to move to the back of the pack by officials.

The 2017 Victorian All Schools championships will be held in conjunction with this round of XCR. All athletes competing in the U14 – U18 age groups will compete for their school, please note these athletes **MUST** have registered to compete in this event prior to the June 5 entry closing deadline (XCR Packages do not cover this event for these age groups). Under 20 athletes will compete for

both their school and club if both of these apply to those who have entered. Medals for this age group will be awarded to the first three Athletics Victoria members in the XCR'17 Rd 4 event and the first three placegetters in the 2017 Victorian All Schools event also.

Non-finishing athletes:

Any athlete who cannot complete the course for any reason and pulls out before crossing the finishing line MUST report to the competition director or an official at the finish line. This is to ensure all athletes are accounted for on the course before event pack up begins.

Food Vendor: Mocha Monkey will be on site selling coffee, tea, cakes and snacks. Doncaster Athletics Club will also be providing food and drinks throughout the day.

First Aid:

St Johns Ambulance will be on site throughout the day. They will be situated at the start/finish line and also out on the course. If anyone needs first aid please ask an official/club helper to radio through and first aid will be out to help.

Club tents:

Clubs are encouraged to bring club tents to Bundoora Park. The area for club tents is adjacent to the finish and start line, please look for signage.

Competition

Course Configuration:

Ten separate races will be conducted on Saturday. The respective start times are:

Time	Age Group Race	Distance/Laps
10:00am	Girls U14	3km/1x3km course
10:20am	Boys U14	3km/1x3km course
10:40am	Girls U15 & U16	4km/2x2km course
11:05am	Boys U15 & U16	4km/2x2km course
11:20am	Girls U17 & U18	4km/2x2km course
11:45am	Boys U17 & U18	6km/1x2km, 1x4km course
12:20pm	Women U20	6km/1x2km, 1x4km course
12:55pm	Men U20	8km/2x4km course
1:35pm	Women Open & Masters	10km/1x2km, 2x4km course
2:35pm	Men Open & Masters	10 km/1x2km, 2x4km course

NO LATE OR ON DAY ENTRIES WILL BE AVAILABLE FOR THE XCR'17 SERIES.

Race results:

In order to facilitate the prompt publication of the finalised results, team scores and ladders, all results queries must be submitted to Athletics Victoria's via email (xcr@athsvic.org.au) **within 72 hours of the first set of published results. All queries submitted after this time will not be included in the final event results.**

Timing Bibs:

Athletes who have purchased an XCR'17 Package, Max Package or individual event entry, since 24 May 2017, will have their 2017/18 AV bib numbers available for collection at Bundoora Park.



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Athletes who registered prior to 24 May should check with their club representatives as they will have been collected at Cruden Farm.

The timing tag will be attached to one of the bibs (this is to be worn on the front). Athletes do not need to wear their timing chip from previous seasons for individual races anymore.

Please Note: This is your bib number for the entire 2017/18 season, please do not throw out your numbers. If athletes lose or damage their bib numbers there will be a charge associated with reissuing new numbers.

All athletes **MUST** wear their current AV bibs, front and back, at all rounds of XCR'17. If an athlete fails to wear both bibs they may be disqualified. If any athletes forget their bibs please go to the administration area to purchase a replacement set no later than 30 minutes prior to the start of the race. Team managers will need to pick up any new memberships from the administration tent on the day of the event.

REMEMBER NO BIBS = NO TIME

Team Managers

Duty clubs:

The following clubs are required to provide three (3) club helpers (unless specified otherwise in bold with the number required) to assist with conducting the event:

AM:

APS United, Athletics Waverley, Box Hill, Coburg Harriers, Collingwood Harriers, Diamond Valley, Keilor St Bernards (2), Melbourne University (4)

PM:

Athletics Nunawading, Frankston, Glenhuntly, Knox Athletics, Mentone, Mornington Peninsula, St Stephens Harriers, Williamstown.

Please contact Craig Morrow (officials@athsvic.org.au) with the names of the club helpers no later than 12pm (midday) Wednesday 14 June.

All officials, time keepers and course marshals must report to the Controller of Officials the commencement of their scheduled session start time.

Clubs failing to provide the required number of club helpers will have **ALL** of their teams disqualified.

General

Toilet facilities

A number of toilet blocks are located close to the finish area. It is the responsibility of clubs and athletes to ensure all toilet facilities are left in a respectable state.

Looking after Bundoora Park

We are very grateful for the opportunity to compete at Bundoora Park. Clubs are asked to remind



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their members of the following:

- Park only in designated parking bays
- Take home all rubbish so that we leave the venue as we found it
- Do not litter any rubbish along the course. Please use bins provided
- Make sure your athletes leave the toilet blocks in a respectable state

Upcoming Events

Please see below dates for our upcoming XCR'17 events

XCR'17 Rd 5 – Sandown Road Relays

- Date: Saturday 8 July, 2017
- **Entries Close: 12pm (Midday), Monday 3 July, 2017**

XCR'17 Rd 6 – Albert Park 10km Road Race

- Date: Sunday 16 July, 2017
- **Entries Close: 12pm (Midday), Wednesday 12 July 2017.**