

YELLOW ZONE	
Athletics Essendon	South Melbourne
Brunswick Athletic Club	Western Athletics
Coburg Harriers	Williamstown AC
Keilor St Bernards	Wyndham Track & Field
Melbourne University	
RED ZONE	
Collingwood Harriers	Preston AC
Diamond Valley	Richmond AC
Doncaster AC	Whittlesea AC
Ivanhoe Harriers	
WHITE ZONE	
Athletics Waverley	Old Xaverians
Athletics Nunawading	Ringwood
Box Hill AC	St Kevins
Malvern Harriers	St Stephens
Old Melburnians	Victorian Masters
Old Scotch Collegians	Yarra Ranges
BLUE ZONE	
Casey Cardinia	Maccabi
Frankston	Mentone
Glenhuntly	Mornington Peninsula
Dandenong Springvale Athletic Club	Sandringham
Knox	
COUNTRY REGION	
Ballarat Region	Ballarat Harriers, Ballarat YCW, Wendouree AC, Eureka AC
Bendigo Region	Bendigo Harriers, Bendigo University AC, Eaglehawk AC, South Bendigo AC
Geelong Region	Athletics Chilwell, Bellarine ATFC, Corio AC, Deakin AC, Geelong Guild
Gippsland Region	Gippsland AC, Traralgon Harriers, South Coast AC, Wellington AC
North East Region	Albury AC, Wodonga AC

*Regions highlighted in grey do not score points within the AV Shield competition format.