



# AV CHAMPIONSHIPS



FRIDAY 3rd March 2017

FRIDAY TRACK				FRIDAY FIELD			
Time	Age Group	Event	Round	Time	Age Group	Event	Round
6.00pm	Open Women	5000 Walk	Final	5.30pm	Men u 17	Shot Put	Final
6.40pm	Open Men	5000 Walk	Final	5.40pm	Women u 18	Hammer	Final
7.05pm	Women U14	3000 Walk	Final		Women u 17	Hammer	Final
	Men U14	3000 Walk	Final	5.45pm	Women u 20	Long Jump	Final
	Men U16	3000 Walk	Final	6.00pm	Women u 18	High Jump	Final
	Men U15	3000 Walk	Final	6.15pm	Women u 17	Shot Put	Final
	Women U16	3000 Walk	Final	6.20pm	Women Open	Shot Put	Final
	Women U15	3000 Walk	Final	7.00pm	Men u 18	Hammer	Final
7.30pm	Open Men	200m	Heats		Men u 17	Hammer	Final
8.05pm	Open Women	200m	Heats	7.10pm	Men u 20	Long Jump	Final
8.30pm	Open Women	800m	Heats				Final
8.45pm	Open Men	800m	Heats	7.15pm	Men Open	Shot Put	Final
							Final
				7.20pm	Men u 18	High Jump	Final

## SATURDAY 4th March 2017

SATURDAY TRACK				SATURDAY FIELD			
TIME	Age Group	Event	Round	TIME	Age Group	Event	Round
10.00am	Women U18	3000m	Final	10.00am	Women u 17	Long Jump	Final
	Women U17	3000m	Final				
10.15am	Women U16	3000m	Final	10.30am	Women u 14	Shot Put	Final
	Women U15	3000m	Final				
10.30am	Men U18	3000m	Final	11.00am	Men u15	Long Jump	Final
	Men U17	3000m	Final				
10.45am	Men U16	3000m	Final	11.00am	Women u15	High Jump	Final
	Men U15	3000m	Final				
11.00am	Men U20	5000m	Final	11.15am	Men u 14	Shot Put	Final
11.25am	Women U20	5000m	Final	11.30am	Women u 16	Hammer	Final
					Women u 15	Hammer	Final
11.45am	Open Men (91cm)	400m Hurdles	Heats	12.00pm	Women u 15	Long Jump	Final
	Men U20 (91cm)	400m Hurdles	Heats				
	Men U18 (84cm)	400m Hurdles	Heats	12.30pm	Women u 20	High Jump	Final
	Men U17 (84cm)	400m Hurdles	Heats				
	Women Open (76cm)	400m Hurdles	Heats	1.00pm	Men u 16	Hammer	Final
	Women U20 (76cm)	400m Hurdles	Heats		Men u 15	Hammer	Final
	Women U18 (76cm)	400m Hurdles	Heats				
	Women U17 (76cm)	400m Hurdles	Heats	1.15pm	Men u 17	Long Jump	Final
	Men U16	200m Hurdles	Heats				
	Men U15	200m Hurdles	Heats	1.30pm	Men u 20	High Jump	Final
	Women U16	200m Hurdles	Heats				
	Women U15	200m Hurdles	Heats	1.45pm	Women u 18	Shot Put	Final
	Men U14	200m Hurdles	Heats				
	Women U14	200m Hurdles	Heats	2.30pm	Men u 18	Shot Put	Final
2.15pm	Women u14	200m	Heats	3.00pm	Women Open	Long Jump	Final
	Women u15	200m	Heats		All Ages M&W	Ambulant Long Jump	Final
	Women u16	200m	Heats				
	Women u17	200m	Heats	3.00pm	Men u 15	High Jump	Final
	Women u 18	200m	Heats				
	Women u20	200m	Heats	3.30pm	Men Open	Hammer	Final
	Open Women	200m	Semi Final				
	Open Men	200m	Semi Final	3.45pm	Men u 20	Shot Put	Final
	Men u14	200m	Heats				
	Men u15	200m	Heats	4.00pm	Women u 16	High Jump	Final
	Men u16	200m	Heats				
	Men U17	200m	Heats	4.30pm	Men Open	Long Jump	Final
	Men U18	200m	Heats				
	Men U20	200m	Heats	4.45pm	Women u 20	Shot Put	Final
4.45pm	Women u14	800m	Heats	5.00pm	Women Open	Hammer	Final
	Women u15	800m	Heats				
	Women u16	800m	Heats	5.00pm	Men u16	High Jump	Final
	Women u17	800m	Heats				
	Women u 18	800m	Heats				
	Women u20	800m	Heats				
	Men u14	800m	Heats				
	Men u15	800m	Heats				
	Men u16	800m	Heats				
	Men U17	800m	Heats				
	Men U18	800m	Heats				
	Men U20	800m	Heats				
	Open Women	800m	Semi Final				
	Open Men	800m	Semi Final				

## SUNDAY 5th March 2017

SUNDAY TRACK				SUNDAY FIELD				
TIME	Age Group	Event	Round	TIME	Age Group	Event	Round	
11.00am	Open Men (91cm)	400m Hurdles	Final	10.30am	Women u14	High Jump	Final	
	Men U20 (91cm)	400m Hurdles	Final	11.00am	Secured M&W	Shot Put	Final	
	Men U18 (84cm)	400m Hurdles	Final					
	Men U17 (84cm)	400m Hurdles	Final	11.15am	Men u 14	Hammer	Final	
	Women Open (76cm)	400m Hurdles	Final					
	Women U20 (76cm)	400m Hurdles	Final	11.30am	Women u 18	Long Jump	Final	
	Women U18 (76cm)	400m Hurdles	Final					
	Women U17 (76cm)	400m Hurdles	Final	11.30am	Women u16	Long Jump	Final	
	Men U16	200m Hurdles	Final					
	Men U15	200m Hurdles	Final	11.35am	Men u16	Shot Put	Final	
	Women U16	200m Hurdles	Final					
	Women U15	200m Hurdles	Final	12.00pm	Women u14	Hammer	Final	
	Men U14	200m Hurdles	Final					
	Women U14	200m Hurdles	Final	12.30pm	Womens Open	High Jump	Final	
								12.30pm
	1.35pm	Ambulant	200m	Final	12.45pm	Women u 16	Shot Put	Final
		W/C	200m	Final				
Women u14		200m	Final	12.45pm	Women u 14	Long Jump	Final	
Women u15		200m	Final					
Women u16		200m	Final	1.30pm	Men u 18	Long Jump	Final	
Women u17		200m	Final					
Women u 18		200m	Final	1.30pm	Women u 15	Shot Put	Final	
Women u20		200m	Final					
Open Women		200m	Final	1.30pm	Mens u20	Hammer	Final	
Open Men		200m	Final					
Men u14		200m	Final	2.15pm	Men Open	High Jump	Final	
Men u15		200m	Final					
Men u16		200m	Final	2.15pm	Womens u 20	Hammer	Final	
Men U17		200m	Final					
Men U18		200m	Final	2.15pm	Men u 15	Shot Put	Final	
Men U20		200m	Final					
3.30pm		Ambulant	800m	Final	3.00pm	Men u 14	Long Jump	Final
	W/C	800m	Final					
	Women u14	800m	Final	3.00pm	Men U 16	Long Jump	Final	
	Women u15	800m	Final					
	Women u16	800m	Final	3.30pm	Womens u17	High Jump	Final	
	Women u17	800m	Final					
	Women u 18	800m	Final	4.30pm	Men u 17	High Jump	Final	
	Women u20	800m	Final					
	Open Women	800m	Final					
	Open Men	800m	Final					
	Men u14	800m	Final					
	Men u15	800m	Final					
	Men u16	800m	Final					
	Men U17	800m	Final					
	Men U18	800m	Final					
	Men U20	800m	Final					