



2019 ATHLETICS ESSENDON ALL-COMERS TRACK MEET

SATURDAY 24TH AUGUST 2019

DRAFT TIMETABLE

TIME	EVENT(S)		
1:15PM	3000/5000m Walk	Discus	
1:30PM	110m		
2:00PM	150m	3000/5000m	Javelin
2:30PM	400m		
2:40PM	Mile	Shot Put	