



AV SHIELD

2016/17 RULEBOOK



AV SHIELD – 2016/17 RULEBOOK

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1 INTRODUCTION

Athletics Victoria Shield (AV Shield) is a state wide inter-club track and field competition, held concurrently across seven zones (see below). In 2016/17, AV Shield will incorporate twelve (12) rounds of competition, between October 2016 and February 2017 culminating with the AV Shield Final.

Within AV Shield, Zone vs. Zone competition will be conducted on rounds three (3), eight (8) and eleven (11).

1.1 ZONES

Metropolitan Zones	Country
Blue Zone	Ballarat
Red Zone	Bendigo
White Zone	Geelong
Yellow Zone	

2 GOVERNING RULES

2.1 IAAF RULES

AV Shield competition shall be conducted in accordance with IAAF rules. The only exceptions and qualifications to the IAAF rules are those stipulated within the 2016/17 Summer Competition Handbook.

Zone v Zone competition shall be held accordance with IAAF Competition rules. All three rounds will be sanctioned National Permit Meets, again in accordance with IAAF Competition Rules.

2.2 AV SHIELD SANCTIONED EVENT RULES

Zone Competition shall be given AV Shield status if:

- i. It follows the events and programs outlined in Rule 6. Any variations must be authorised by the AV Shield Competition Committee.
- ii. During the 2016/17 season there are twelve (12) scheduled rounds of track and field competition, plus the AV Shield Final.



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2.3 VENUE SHARING

All metropolitan zones must maximise the sharing of competition amongst available and suitable venues.

2.4 RULE DISPUTES

In the case of any disputes regarding AV Shield competition rules, the AV Shield Competition Committee will be engaged to resolve them.

2.5 RULE AMENDMENTS

Athletics Victoria reserves the right to amend rules throughout the duration of the 2016/17 AV Shield season.

3 REGISTRATIONS

3.1 COMPETITION ELIGIBILITY

To compete and score points at a given round of AV Shield, an athlete's registration must have been submitted with Athletics Victoria and approved by the Club Registrar no later than the set closing dates prior to competition. Please see allocated closing dates at www.athsvic.org.au. If an athlete requires a Club Transfer they will be able to complete this at any point in the season, however for an athlete to be eligible to compete for their new club at the 2016/17 Shield Final they must have competed in at least four (4) completed rounds of the 2016/17 AV Shield Season.

Athletes wishing to transfer clubs may do so at any stage throughout the 2016/17 season however an athlete is only permitted one (1) transfer between 1st April 2016 – 31st March 2017.

3.2 MISREPRESENTED IDENTITY

An athlete who misrepresents themselves as another athlete, in the course of competition, will be disqualified. The Competition Manager will investigate any misrepresentation and may impose a penalty on any club where it was determined that the club was aware of any misrepresentation. Details of such transgressions will also be referred to the CEO of Athletics Victoria for further consideration.

Where an athlete misrepresents themselves as another athlete and such transgressions are determined or notified to Athletics Victoria outside of the course of competition, Athletics Victoria may retrospectively disqualify that athlete and if appropriate impose a points penalty for any club that was aware or reasonably should have been aware of any misrepresentation.

4 INVITATIONS / TRIALLING MEMBERS / CLUB HELPERS

4.1 TRIALLING MEMBERS

A competitor in an AV Shield event, including Zone v Zone, is classified as a Trialling Member if they are not a registered member and or have not purchased a Track and Field or Max Package with Athletics Victoria for the 2016/17 season.



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Trialling members are restricted to **two** trial days throughout the AV Shield season, and will be charged a \$10 fee (per round). All trialling members must report to the administration area before competing.

Members of a Little Athletics Centre will not be charged a trial fee.

For insurance purposes, non-registered athletes and non-registered Officials are required to complete the 'Trialling Member Form' before the commencement of the meet.

Zone representatives will be given a list of trialling members after each AV Shield round for them to refer to if they have a trialling member competing at their zone.

Once a trialling member has competed twice, they are required to become a member of Athletics Victoria, purchase a Track and Field Package and join an Athletics Victoria affiliated club to be eligible to compete during the 2016/17 season.

4.2 CLUB HELPERS / OFFICIALS

Club Helpers and non-registered officials are required to sign in at each event on the club helper sign-in sheet.

Victorian officials are required to sign in at the administration desk prior to commencing duties.

4.3 INVITATIONAL ATHLETES

A competitor in an AV Shield event is classified as Invitation/Unattached if they are one of the following:
Registered but not competing in their nominated age group/division at their Zone, or
Registered but subject to any other rule which precludes their result from being considered valid for AV Shield purposes. Refer to rule 4.1

4.3.1 COUNTRY ZONES

Country Zones may charge an entry fee for all athletes (members & non-members).

4.3.2 METROPOLITAN ZONES

Metropolitan Zones: Athletics Victoria registered track and field athletes may be charged \$10 (per round) to compete in all rounds at venues not scheduled for their zone. Excluding rounds where classified as 'Open Venue'.

4.3.3 AV SHIELD FINAL

There will be no invitation entries granted at the 2016/17 AV Shield Final.

5 UNIFORM REGULATIONS

5.1 BIBS / UNIFORM APPEARANCE

Athletes must compete in their current and approved club uniform. Athletes should have their supplied 2016/17 Athletics Victoria bib numbers firmly affixed to the back and front of their competition singlet or top. Pole vault and high jump athletes are only required to affix one bib number to either their back or front.

In line with IAAF Rule 143, the bib number and any of Athletics Victoria's sponsors must be clearly visible at all times. No bib number other than the official Athletics Victoria 2016/17 bib number or Athletics Victoria supplied substitution numbers, shall be permitted.

5.2 LAVIC UNIFORMS

Dual Athletes may wear their Little Athletics Victoria (LAVic) uniforms at AV Shield. Dual athletes must, however, wear their supplied 2016/17 Athletics Victoria bib numbers.



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5.3 LEG ATTIRE

Athletes may compete in tights, leggings or tracksuit pants which reflect their approved club uniform. Walk competitors must ensure their knees are visible at all times during competition.

5.4 UNIFORM NON-COMPLIANCE

The Competition Manager has the authority to disqualify any athlete from further competition, if the athlete concerned does not comply with Athletics Victoria uniform regulations.

6 PROGRAM OF EVENTS

See end of document for full Program of Events.

7 TIMETABLE AMENDMENTS

Timetables may change throughout the AV Shield season and it is strongly advised that all athletes check the Athletics Victoria website (www.athsvic.org.au) prior to each round.

The Competition Manager has the discretion on competition day for events to be brought forward progressively.

However, events may not be conducted more than 15 minutes earlier than the published time, unless one week’s notice has been given to all Secretaries and Team Managers of competing Athletics Victoria clubs.

8 DIVISIONS OF COMPETITION

8.1 DIVISION TABLE

Age Group	Metropolitan Zones	Country Zones
Men Open	Division 1, Division 2	Division 2
Men (All other age groups)	Under 14, Under 16, Under 18, Under 20, 40+	Under 14, Under 16, Under 18, Under 20, 40+
Women Open	Division 1, Division 2	Division 2
Women (All other age groups)	Under 14, Under 16, Under 18, Under 20, 40+	Under 14, Under 16, Under 18, Under 20, 40+

8.2 AGE GROUP CALCULATIONS

Clubs shall nominate teams based on the available age groups described here. The AV Shield Committee may allocate Open teams to divisions at each zone.

Athletes shall, by default, belong to the age group and hence a team, as per the accompanying ‘Default Age Group’ calculation. Junior athletes can belong to that age group, or at most, one age group higher. Athletes who wish to compete in a team out of their default age group can only do so by nominating



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their amended age group to Athletics Victoria (via their club team manager), five days prior to competing in their first competition.

The age group in which an athlete contests their first event and round of AV Shield, will be the age group in which they contest all remaining events and rounds of the 2016/17 AV Shield season, unless reallocated as per rule 8.2.1.

8.2.1 AGE GROUP REALLOCATIONS

Clubs will have the option to reallocate athletes within existing eligible teams. Such nominations must be made to AV prior to 5pm on Monday 21st November 2016. They will then compete in this team from round seven (7) and for the remainder of the 2016/17 season.

The team an athlete finishes the 2016/17 season in will be the team they are eligible to compete in at the Shield Final, providing they have met the individual eligibility requirements. (Refer Rule 17)

No rescoring of earlier rounds will be permitted as a result of the team changes.

8.2.2 AGE GROUP DEFINITIONS

Age Group	Definition
Open Men & Women	20 years of age or over on the 31 st December 2016.
40+ Men & Women	Over 40 years of age on the 31 st December 2016 *
Under 20 Men & Women	18 and 19 years of age on the 31 st December 2016 **
Under 18 Boys & Girls	16 and 17 years of age on the 31 st December 2016 **
Under 16 Men & Girls	14 and 15 years of age on the 31 st December 2016 **
Under 14 Boys & Girls	13 years of age and under on the 31 st December 2016 **
*Note – 40+ athletes can compete in the open competition, but must do so for the whole season (i.e. no swapping between open and 40+ teams).	
**Note – Under 20,18,16 and 14 athletes may compete <u>one</u> age group above their defined age group, but must do so for the whole season (i.e. no swapping between age groups mid-season).	

8.2.3 RELAYS

To contest a relay at AV Shield, including Zone v Zone, athletes must be registered for the 2016/17 season. Athletes may compete outside of their age group in a relay. Under aged athletes may compete in higher under aged relays or Division 1 or 2 relays. Over aged athletes can compete in lower over aged relays or Division 1 or 2. Division 1 and 2 athletes cannot compete in under age or over aged relays.

Example 1: an under 16 athlete may compete in an under 18 age group or open relay.

Example 2: a 40+ athlete may compete in an open relay.

8.2.4 COMPETING IN OPPOSITE GENDER GROUPS

Women may compete in men’s teams, but must do so for the whole season except in the case of rule 8.2.1. The maximum number of women in any men’s team is three (3).

Team Manager’s must notify AV prior to the start of the 2016/17 season or before their first round of Shield if they want to compete in a men’s team.



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9 COMPETITION

9.1 GRADED COMPETITION

9.1.1 ABILITY LEVEL

In graded competition, athletes will compete in ability sections, regardless of age group, division or gender (where applicable).

9.1.2 PARA-ATHLETES

Para-Athletes shall compete within the graded competition where possible.

9.1.3 ATHLETE SPECIFICATIONS

Athletes over the age of 50 or 60 as per rule 8.2.2. are permitted to compete as part of the 40+ team using their specific hurdle heights and implement weights as determined by the calculated age.

Under age athletes shall use the specifications associated with their default age group, even if competing as part of a higher age group team. If such athletes wish to use the specifications of the higher age group, they must notify AV. In doing so, they must use the specifications of the higher age group for all events. Athletes will be granted the opportunity to compete using different specifications however must inform Athletics Victoria and will only be granted this privilege once per season.

9.1.4 GRADING BREACHES

Any athlete who is deemed not to have taken due care to abide by grading, may be issued a warning and/or may be disqualified. Warnings and disqualifications are at the discretion of the Track or Field Referees and Competitions Manager.

9.1.5 COMPETENCY / AGE RESTRICTIONS

In order to compete in the hurdles, steeplechase, pole vault and/or hammer throw, an athlete must be at least 12 years of age as at December 31 2016, and/or able to demonstrate a sufficient level of competency in the event that they have nominated to compete in.

9.1.6 EVENT DISCIPLINE ENTRY RESTRICTIONS

An athlete may only compete once in a given track and field discipline, at a given round of AV Shield regardless of whether they are competing for points or by invitation. Athletes cannot compete in multiple age groups of the same track and field discipline, at the same round of AV Shield. See Rule 9.2.1.

9.1.7 SHIELD FINAL GRADING

The AV Shield Final events will be conducted on a graded basis, with the exception of relays.

9.2 TRACK EVENTS

9.2.1 HEATS

The 2016/17 season will see the introduction of pre entry. All registered track and field athletes wishing to compete should enter via their membership portal Athletics Victoria website www.athsvic.org.au. Athletes must submit their individual entry before the published closing date in order to compete. Athletes will still have the opportunity to enter on the day however entries will only be permitted if there is availability and will be placed in the lower heats.

Invite athletes who wish to compete in a seeded heat out of their home venue must contact the Athletics Victoria office before the closing date of that particular round.



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If an athlete breaks, then the athlete is allowed to compete by invitation, in a later heat. The Starter's Marshal needs to notify the scorers that this athlete cannot score points and is now competing as an invite athlete.

The starters marshal must run the pre seeded athletes in the order of the start list. If an athlete does not show for his/her event, then the event will run with a blank lane. There will be no promotion from later heats.

All track invite athletes and trialling members registering on the day will be seeded in the lower heats. Athletes who pre enter or sign up on the day but are absent at the time of competition will be deemed as non-competing (DNS). If an athlete is classified as DNS (without due cause) in three (3) rounds of competition the athlete will not be allowed to compete at the next round of AV Shield.

9.2.2 UNDER 14 / UNDER 16 HEATS

At the completion of the graded heats there will be a specific age/gender heat for under 14 and under 16 athletes in all laned events. If an athlete is under 14 and runs in the under 14 age group race then the rule of two (2) false starts is used. Athletes who wish to compete in under 14 and under 16 heats must enter on the day.

9.2.3 ATHLETES MISSING HEATS

Athletes who are not present to be placed in the appropriate seeded track heat, may be placed in or after the last graded heat (where permitted by the Track Referee).

9.2.4 PRACTICE STARTS

If time permits, athletes will be allowed one practice start, utilising starting blocks, for all laned track events.

9.2.5 HURDLES

Hurdle events will be run by hurdle height and may be gender mixed.

9.2.6 RELAYS

Clubs must nominate the number and grades of their relay teams 30 minutes prior to the event. No late entries will be accepted. Team sheets (with athletes' bib number and name) must be submitted before the completion of the day's competition. If a team sheet is not submitted on time, then that team will be given invite status.

Relays shall be conducted either on ability or by division.

9.2.8 LANE DRAW

For all zones excluding Bendigo, lane order and allocation will now be carried out via a pre seeded start list by Athletics Victoria. The Starter's Marshal will make sure that athletes are put in lanes based on the pre seeded start sheet.

9.3 FIELD EVENTS

9.3.1 ATHLETE ENTRY

The 2016/17 season will see the introduction of pre entry. All registered track and field athletes wishing to compete should enter via their membership portal Athletics Victoria website www.athsvic.org.au. Athletes must submit their individual entry before the published closing date in order to compete.



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Athletes will still have the opportunity to enter on the day however entries will only be permitted if there is availability.

9.3.2 MAXIMUM ATHLETES PER SESSION

A maximum of fifteen (15) athletes per timetabled field event session will be allowed through the AV Shield pre entry system. The Field Referee for each region has the discretion to direct otherwise. During the three (3) rounds (3, 8 & 11), where the Zone vs. Zone competition will take place the Field Referee has the discretion to change the maximum athletes per field event down to fewer athletes.

9.3.3 HIGH JUMP

The progressions in the high jump shall be 5 centimetres. Athletes must nominate their minimum starting height when signing in for their event. The starting height for high jump is 1.05m. In high jump competitions each athlete will have a maximum of eight (8) attempts unless eliminated with three (3) consecutive fouled attempts. Even with a successful clearance, athletes cannot progress past the height limit set by the timetabled event. Please be aware that for 2016/17, minimum scoring standards will apply.

9.3.4 POLE VAULT

In pole vault competitions, jumpers will be permitted to jump until they are eliminated by posting three (3) consecutive fouled attempts. The starting height for pole vault is 1.60m and will progress in 15cm increments. Athletes must nominate their minimum starting height when signing in for this event. Please be aware that for 2016/17, minimum scoring standards will apply.

9.3.5 THROWS EVENTS PEGGING

In discus, javelin and hammer, all attempts must be pegged and only an athlete's longest throw will be measured and recorded.

9.3.6 HAMMER THROW MINIMUM PERFORMANCE

In hammer, performances of fewer than 15m for men and 10m for women, will not be measured and therefore will not be a valid result.

10 EQUIPMENT

10.1 IMPLEMENTS

Athletes may use their own implements for field events, provided that such equipment is available to all other athletes in that event. Such equipment should have a Weights and Measurements' Certificate. Note: In the case of pole vault events, no competitor shall be allowed to use any other competitor's vaulting pole, except with the consent of the owner.

10.2 EVENT SPECIFICATIONS

The following event specifications will be used for AV Shield and the AV Shield Final unless advised otherwise.

See end of document for specifications

11 EXTRA ATTEMPTS

11.1 HORIZONTAL JUMPS AND THROWS

In the horizontal jumps and throws events the Competition Manager will have the discretion to allow a maximum of three (3) extra attempts if time permits.

11.2 ELIGIBILITY

In the top heat of throws and horizontal jumps those athletes who have reached the minimum standard in the first three attempts will be eligible for three additional attempts.

11.3 POINTS

Extra attempts will be recorded and ratified for qualification purposes but will not be eligible for shield points. Shield points will be awarded from the first three (3) original attempts.

12 SCORING

12.1 DEFINITIONS

A recorded performance is the best performance of recorded attempts, excluding did not start (DNS). Any athlete who genuinely competes in an event, including disqualification (DQ), no measure (NM), no result (NR), or did not finish (DNF), is still deemed to have competed and therefore count towards eligibility for the Shield Final.

A valid result is a recorded performance, excluding DQ, NM, NR or DNF.

For an individual, they must be an Athletics Victoria registered athlete, have a registered T&F package, and competing for their club in their nominated team at their assigned zone or venue.

For a Relay, all members of the relay must be registered athletes for their club, fulfil age eligibility for that relay (rule 8.2.3) team, have registered T&F packages, and be competing for their club in a team at their assigned zone or venue.

Only valid results score points.

12.2 SCORING AND ADJUSTMENT TABLES

The Shield Scoring tables and associated calculations specify the awarding of points between 100 and 600 based on an individual athlete's performance.

The Shield Adjustment tables specify the performance adjustments applicable to Para-Athletes, and 40+, 50+ and 60+ athletes competing in 40+ competition.

All tables are published on the AV web site for public viewing.

12.3 POINTS SCORING

For each event and specification, the Shield Scoring table specifies performance values associated with point scores of 100, 200, 300, 400, 500 and 600 – these are known as key marker performances and key marker points. There are separate scoring tables for the men and women. Points are calculated and awarded thus:



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- i. An actual performance will be adjusted in the following situations and order:
 1. Para-athletes, and 40+, 50+ and 60+ athletes in 40+ competition, will have their performance adjusted as per the published adjustment tables
 2. Any manual timed track event will have an adjustment factor added (0.14 seconds for events starting at the Finish line, and 0.24 seconds for all other events)The resultant adjustment by either or both of the above, will become the athlete's scoring performance.
- ii. Any performance not covered by the above, the actual performance is the scoring performance.
- iii. Women competing in men's team competitions will use the women's specifications, scoring tables and, if applicable, the adjustment tables. Each club shall be limited to 3 nominated women per age group competing in a men's team
- iv. If a scoring performance equals any of the key marker performances, then the associated key marker points value is assigned as the points scored
- v. If a scoring performance lies between two key marker performances, then points awarded shall be a linear pro-rata assignment between the higher and lower key marker points.
- vi. If a scoring performance is below the 100-point key marker performance, no points shall be awarded
- vii. All point scores are rounded down to the nearest whole number (i.e. no fractions), hence similar performances may be awarded the same points score.

12.4 SIMILAR EVENTS AND SCORING

Athletes competing in an event for a given age group, might do so with differing specifications. This may be due to 50+ and 60+ athletes in a 40+ competition, or junior athletes competing in a team of a higher age group, but using their default age group specifications. For this purpose, the following events are grouped for scoring:

- Short Hurdles (includes 80m, 90m, 100m and 110m)
- Long Hurdles (includes 200m, 300m and 400m)
- Steeple Chase (includes 2000m and 3000m)
- Walks (includes 1500m, 2000m, 3000m and 5000m)

12.5 SHIELD TEAM SCORES

Athletes are ranked in order of their points score in each event, or similar event, for their grade of team competition.

The scores of the best ranked athletes, up to the number specified in the Number of Scoring Athletes table for each team in each grade, shall accrue to make up the team score of their first team.

Any additional athletes shall be form part of second or subsequent teams, until team assignment of all scoring athletes are exhausted.

12.6 PENALTY UNIT

100pts x the number of Group A Track scoring athletes of the team.

12.7 SHIELD LADDER POINTS

After each round of Shield, ladder points shall be awarded in each grade based on the team score total for that grade:



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1st = 11 points.

2nd to 9th = (11 – place) points

10th and over = 1 point

A cumulative for and against percentage shall be calculated for the season as part of the ladder.

12.7.1 TEAM MEMBER POINTS ELIGIBILITY

Track Group A consists of: 100, 200, 400, 800, 1500, 3000 and 5000 events.

Track Group B consists of: Steeple, Hurdles and Walks events.

Field Group includes all Field events.

Age Group	Track A	Track B	Field
Div 1 Men	6	3	3
Div 2 Men (Div 1 Men Country Zones)	4		2
Div 1 Women	4		2
Div 2 Women (Div 1 Women Country Zones)	4		2
40+ Men (50+/60+)	4		2
40+ Women (50+/60+)	4		2
All Under 14, Under 16, Under 18, Under 20	4		2

12.8.1 ZONE V ZONE SCORES

Points to athletes are allocated as per the Shield Rules set out here. Points shall be awarded to the Zone of the athlete's club. The scores of the best ranked athletes for each zone in each grade (four for field, hurdles, walks and steeple, and six for all other events), and the best two relays in each grade, shall accrue to make up the zone team score.

12.8.2 ZONE V ZONE LADDERS

For each Zone v Zone at Metro Shield, Zone team ladder points shall be awarded as such:

Zone v Zone Win 3 points

Zone v Zone Loss 1 point

Highest Team Score (bonus) 1 point

For a full description of the scoring framework please visit www.athsvic.org.au

13 COACHING OF ATHLETES DURING COMPETITION

In accordance with IAAF rules coaching assistance to competing athletes from within the field of play is prohibited.

Exceptions may be granted by the AV Shield Competition Committee.



14 OFFICIALS AND CLUB DUTIES

14.1 METRO ZONES

In metropolitan zones, Athletics Victoria will advise of official's availability to all zones. Zones will then appoint key officials and event supervisors for the AV Shield competition; it is up to the zones discretion as to which roles will be filled by these officials.

Additionally, all zones will roster metropolitan clubs to provide 'club helpers' for duties at all rounds of AV Shield competition.

Athletics Victoria clubs will provide the 'club helpers' in accordance with the roster and numbers specified by each zone; club helpers will assist in conducting the events.

An event may only commence when a sufficient number of officials/club helpers are in place. If a rostered club does not provide the required club helpers (as detailed by Athletics Victoria in 2016/17 Summer Competition Handbook) 15 minutes prior to the scheduled start time of an event, the event may not be held. Any club that fails to provide their allotted number of club helpers for an event will have each of their competing teams (at the venue, on the day) penalised.

For multiple offences (that are against the spirit of this rule), the club that fails to provide 'club helpers' for their rostered duties shall (at the discretion of the Zone Committee, and in consultation with the AV Shield Competition Committee) be subject to the following penalties:

- Loss of points as described above; and or
- A financial penalty of up to \$500
- A ban on the club athletes competing at the next round of AV Shield/Zone v Zone competition.

The Competition Manager shall notify the Club Duty Roster Manager/Team Manager of the club/s that breach Rule 14.1, and the imposed penalties will be communicated to all clubs.

14.2 3000/5000 METRE TRACK EVENTS

In all 3000/5000 metre track events, Athletics Victoria clubs must provide a lap scorer for each competing athlete that starts the race. Failure to do so will result in the disqualification of the athlete.

14.3 AV SHIELD FINAL

Clubs eligible for the AV Shield Final must provide a number of club helpers for the day that will be determined by the AV Shield Competition Committee. Failure to provide helpers will result in loss of points. Club helpers must sign in with the Officials Manager on the day prior to making their way to the event they are scheduled on.

14.4 COUNTRY ZONES

In country zones, the number of officials supplied by an Athletics Victoria club at its venue for AV Shield shall be determined by the local Region Committee.



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15 DISPUTES

15.1 TIMEFRAME

Protests relating to matters that occur or develop during competition at a given round of AV Shield should be made no later than 30 minutes after the conclusion of the event to the Referee and or Competitions Manager.

15.2 CHAIN OF PROTEST

Any protest shall, in the first instance, be made orally to the Referee controlling the event. The Referee may decide on the protest or may refer the matter to the Jury of Appeal. If the Referee makes a decision the athlete has the opportunity to appeal that decision to the Jury of Appeal. The Jury of Appeal will comprise three (3) Athletics Victoria members (each of whom is from Athletics Victoria clubs not involved in the protest) and will be appointed by the Zone Competition Manager.

15.3 APPEALS

The appeal to the Jury must be submitted in writing on the approved Athletics Victoria form (available from the Administration Manager), signed by a club representative, and be accompanied by a \$50 deposit. The deposit will be forfeited if the protest is considered frivolous by the Jury of Appeal.

15.4 JURY OF APPEAL DECISIONS

The Jury of Appeal's decision is final.

15.5 PROTEST FORMS

Protest forms will be made available from the Administration Delegate on competition days.

16 NON COMPLETED COMPETITIONS

If a round of competition cannot be completed due to inclement conditions or a situation out of Athletics Victoria's control, which affects the conduct of the competition, the following rules will apply:

16.1 CONTEST COMPLETION CRITERIA

A contest for any division shall be considered completed if the number of events finalised in that division equate to 75% or more of the total number of events for that day's program. Athletes who have competed shall count for eligibility purposes. Athletes who have pre entered but were unable to compete due to the cancellation shall for the purpose of eligibility be considered to have competed.

16.2 AV SHIELD FINAL ELIGIBILITY

For AV Shield Final eligibility purposes, performances in NON-completed rounds will NOT be counted.

17 ATHLETE ELIGIBILITY FOR FINALS

Eligibility to represent a club in the AV Shield Final shall be determined by an athlete's participation in the preliminary rounds as defined by the following rules:

17.1 EVIDENCE OF PARTICIPATION

Evidence of participation in preliminary rounds of competition shall be based on data provided by the AV sanctioned computer scoring system.



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There is an onus on clubs to check the accuracy of the data generated by this program during the season (within seven days from when results are published on the Athletics Victoria website).

A club may ask to inspect the original result sheets if the computer data is considered to be inaccurate.

17.2 PARTICIPATION REQUIREMENTS

To compete in the AV Shield Final, an athlete must have a ranking in that event for their nominated age group, and have competed in four (4) completed rounds. Age group rules (refer to rule 8) apply for the 2016/17 AV Shield Final. Athletics Victoria will retain the discretion of eligibility for the AV Shield Final. To be eligible to compete in the walks event for the AV Shield Final, athletes must have a ranking in their age group for a walk event competed in during a program two (2) competition.

17.3 RELAY TEAMS

Relay teams at the AV Shield Final can be comprised of any athlete who is eligible for an individual event at the Final for that age group, for their club, or has competed in four (4) completed rounds and at least four (4) times in a relay of that age group (as per rule 8.2.3) for their club.

17.5 ELIGIBILITY DECISIONS

The AV Shield Competition Committee has discretion over eligibility.

18 TEAMS FOR AV SHIELD FINAL

18.1 INTENTION TO COMPETE

Eligible teams for AV Shield Final must confirm their intention to compete by the agreed cut off set by Athletics Victoria. Clubs that are in the AV Shield Final must nominate athletes for all events, including three emergencies. Athletics Victoria will supply an excel entry form that must be completed by the closing date. Teams will have the opportunity to make substitutions no later than 30 minutes' prior the competition/event start time.

18.2 ELIGIBLE TEAMS

The Premier team (i.e. top of the ladder) and runners up in each Division/Age Group from each Metropolitan Zone will be eligible to contest the AV Shield Final.

In place of sending an individual club team, a country zone may nominate to send a combined zone team to the AV Shield Final. Combined open age teams, for men and women, will compete in Division Two.

18.3 MULTIPLE TEAMS PER CLUB

In the event a club has two open teams competing in the AV Shield Final, the club may not enter more than the number of scoring athletes for that event/age group for two teams.

Athletes shall be ranked in performance order, as per rule 12, for scoring.

18.4 ELIGIBILITY BREACHES

If a club allows an ineligible athlete to compete in the AV Shield Final, they will lose all points scored by the athlete in the events for which he/she is ineligible, and points shall be reallocated to other club teams accordingly. In addition, the athlete's team shall be penalised two (2) penalty units from its score for each transgression by each offending athlete.



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18.5 TIED FINALS

In the event of a tie at the AV Shield Final, the winning team will be determined by a count back. The team with the most first placed athletes will be deemed the winner. If the two teams can still not be split, the count back will continue to the team with the most second placed athletes and so on until a winning team is found.

18.6 INCOMPLETE FINALS

If circumstances prevail that prevent the completion of the full AV Shield Program, a premiership will be awarded if more than 75% of the program has been completed. Premierships will be awarded to the leading team in each division, based on the scores at the end of the last completed event, prior to when competition ceased.

In the AV Shield Final, if less than 75% of the events are not completed, a Premiership will not be awarded.



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19 UNFAVOURABLE WEATHER CONDITIONS

In the event of inclement weather conditions on the day of AV Shield competition, any decision to cancel the meet, and/or modify the length or distance of events shall be made by the Competition Manager in consultation with the Referees. The Competition Manager is also empowered to alter the direction of track sprints events, in the event of unfavourable weather conditions.

Athletics Victoria members who provide a mobile phone number with their annual registration will receive an SMS notification if competition is cancelled.

Athletics Victoria acts in accordance with Sports Medicine Australia's unfavourable weather guidelines. To view these guidelines in detail, please refer to the Athletics Victoria website (www.athsvic.org.au).

20 RESULTS

Athletes/Team Managers will have the opportunity to query a result through the zone scorer no later than Wednesday 11.59pm following the completed round of competition. After this time no amendments will be made to the results.



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APPENDIX

Program 1 AV Shield Events 2016/17 Men									
Men	D1	D2	40+	50+	60+	U20	U18	U16	U14
200m	X	X	X	X	X	X	X	X	X
800m	X	X	X	X	X	X	X	X	X
3000m (Rounds 1, 5, 7, 9)							X	X	X
3000m (Rounds 3, 11)	X	X	X	X	X	X	X	X	X
5000m (Round 1, 5, 7, 9)	X	X	X	X	X	X			
200m Hurdles								X	X
300m Hurdles					X				
400m Hurdles	X	X	X	X		X	X		
3000m Walk (Rounds 1, 3, 5, 7, 9, 11)	X	X	X	X	X	X	X		
1500m Walk (Rounds 1, 3, 5, 7, 9, 11)								X	X
High Jump	X	X	X	X	X	X	X	X	X
Triple Jump	X	X	X	X	X	X	X	X	X
Shot Put (Discus for Bendigo & Ballarat)	X	X	X	X	X	X	X	X	X
Hammer	X	X	X	X	X	X	X	X	X
4x200m Relay (Rounds 1, 3, 9)	X	X	X			X	X	X	X
4x400m Relay (Rounds 5, 7 11)	X	X	X			X	X	X	X



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Program 1 AV Shield Events 2016/17 Women									
Women	D1	D2	40+	50+	60+	U20	U18	U16	U14
200m	X	X	X	X	X	X	X	X	X
800m	X	X	X	X	X	X	X	X	X
3000m (Rounds 1, 5, 7, 9)							X	X	X
3000m (Rounds 3, 11)	X	X	X	X	X	X	X	X	X
5000m (Round 1, 5, 7, 9)	X	X	X	X	X	X			
200m Hurdles								X	X
300m Hurdles				X	X				
400m Hurdles	X	X	X			X	X		
3000m Walk (Rounds 1, 3, 5, 7, 9, 11)	X	X	X	X	X	X	X		
1500m Walk (Rounds 1, 3, 5, 7, 9, 11)								X	X
High Jump	X	X	X	X	X	X	X	X	X
Triple Jump	X	X	X	X	X	X	X	X	X
Shot Put (Discus for Bendigo & Ballarat)	X	X	X	X	X	X	X	X	X
Hammer	X	X	X	X	X	X	X	X	X
4x200m Relay (Rounds 1, 3, 9)	X	X	X			X	X	X	X
4x400m Relay (Rounds 5, 7 11)	X	X	X			X	X	X	X



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Program 2 AV Shield Events 2016/17 Women									
Women	D1	D2	40+	50+	60+	U20	U18	U16	U14
100m	X	X	X	X	X	X	X	X	X
400m	X	X	X	X	X	X	X	X	X
1500m	X	X	X	X	X	X	X	X	X
3000m (Round 8 ZvZ)	X	X	X	X	X	X	X	X	X
80m Hurdles			X	X	X				X
90m Hurdles								X	
100m Hurdles	X	X				X	X		
2000m Steeple (Rounds 2, 4, 6, 10, 12, Final)			X	X	X		X	X	X
3000m Steeple (Rounds 2, 4, 6, 10, 12, Final)	X	X				X			
2000m Walk (Rounds 4, 8, 12, Final)	X	X	X	X	X	X	X	X	X
3000m Walk (Round 2, 6, 10)			X	X	X			X	X
5000m Walk (Rounds 2, 6, 10)	X	X				X	X		
Pole Vault	X	X	X	X	X	X	X	X	X
Long Jump	X	X	X	X	X	X	X	X	X
Discus (Shot Put for Bendigo & Ballarat)	X	X	X	X	X	X	X	X	X
Javelin	X	X	X	X	X	X	X	X	X
4 x 100m Relay (Final)	X	X	X			X	X	X	X



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Equipment Specifications – Women’s Events

<p>Women Div 1 & 2</p> <p>100m Hurdles / 10 flights 84.0cm (yellow markings) 400m Hurdles / 10 flights 76.2cm (green markings) 3000m Steeplechase 76.2cm Shot Put 4.0kg Discus 1.0kg Javelin 600g Hammer 4.0kg</p>	<p>Women Under 20</p> <p>100m Hurdles / 10 flights 84.0cm (yellow markings) 400m Hurdles / 10 flights 76.2cm (green markings) 3000m Steeplechase 76.2cm Shot Put 4.0kg Discus 1.0kg Javelin 600g Hammer 4.0kg</p>
<p>Women 60+</p> <p>80m Hurdles / 9 flights 76.2cm (black markings) 300m Hurdles / 7 flights 76.2cm (green markings) 2000m Steeplechase 76.2cm Shot Put 3.0kg Discus 1.0kg Javelin 500g Hammer 3.0kg</p>	<p>Women Under 18</p> <p>100m Hurdles / 10 flights 76.2cm (yellow markings) 400m Hurdles / 10 flights 76.2cm (green markings) 2000m Steeplechase 76.2cm Shot Put 3.0kg Discus 1.0kg Javelin 500g Hammer 3.0kg</p>
<p>Women 50+</p> <p>80m Hurdles / 9 flights 76.2cm (black markings) 300m Hurdles / 7 flights 76.2cm (green markings) 2000m Steeplechase 76.2cm Shot Put 3.0kg Discus 1.0kg Javelin 500g Hammer 3.0kg</p>	<p>Women Under 16</p> <p>90m Hurdles / 9 flights 76.2cm (white markings) 200 Hurdles / 10 flights 76.2cm (purple markings) 2000m Steeplechase 76.2cm Shot Put 3.0kg Discus 1.0kg Javelin 500g Hammer 3.0kg</p>
<p>Women 40+</p> <p>80m Hurdles / 9 flights 76.2cm (black markings) 400m Hurdles / 10 flights 76.2cm (green markings) 2000m Steeplechase 76.2cm Shot Put 4.0kg Discus 1.0kg Javelin 600g Hammer 4.0kg</p>	<p>Women Under 14</p> <p>80m Hurdles / 9 flights 76.2cm (black markings) 200m Hurdles / 10 flights 76.2cm (purple markings) 2000m Steeplechase 76.2cm Shot Put 3.0kg Discus 1.0kg Javelin 400g Hammer 3.0kg</p>



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Equipment Specifications – Men’s Events

Men Div 1 & 2	110m Hurdles / 10 flights 106.7cm (blue markings) 400m Hurdles / 10 flights 91.4cm (green markings) 3000m Steeplechase 91.4cm Shot Put 7.26kg Discus 2.0kg Javelin 800g Hammer 7.26kg	Men Under 20	110m Hurdles / 10 flights 99.1cm (blue markings) 400m Hurdles 10 flights 91.4cm (green markings) 3000m Steeplechase 91.4cm Shot Put 6.0kg Discus 1.75kg Javelin 800g Hammer 6.0kg
Men 60+	100m Hurdles / 10 flights 84.0cm (yellow markings) 300m Hurdles / 7 flights 76.2cm (green markings) 2000m Steeplechase 76.2cm Shot Put 5.0kg Discus 1.0kg Javelin 600g Hammer 5.0kg	Men Under 18	110m Hurdles / 10 flights 91.4cm (blue markings) 400m Hurdles / 10 flights 84.0cm (green markings) 2000m Steeplechase 91.4cm Shot Put 5.0kg Discus 1.5kg Javelin 700g Hammer 5.0kg
Men 50+	100m Hurdles / 10 flights 91.4cm (yellow markings) 400m Hurdles / 10 flights 84.0cm (green markings) 3000m Steeplechase 91.4cm Shot Put 6.0kg Discus 1.5kg Javelin 700g Hammer 6.0kg	Men Under 16	100m Hurdles / 10 flights 84.0cm (yellow markings) 200m Hurdles / 10 flights 76.2cm (purple markings) 2000m Steeplechase 76.2cm Shot Put 4.0kg Discus 1.0kg Javelin 700g Hammer 4.0kg
Men 40+	110m Hurdles / 10 flights 99.1cm (blue markings) 400m Hurdles 10 flights 91.4cm (green markings) 3000m Steeplechase 91.4cm Shot Put 7.26kg Discus 2kg Javelin 800g Hammer 7.26kg	Men Under 14	90m Hurdles / 9 flights 76.2cm (white markings) 200m Hurdles / 10 flights 76.2cm (purple markings) 2000m Steeplechase 76.2cm Shot Put 3.0kg Discus 1.0kg Javelin 600g Hammer 3.0kg



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Divisions of Competition		
Age Groups	Metropolitan Zones	Country Zones
Men Open:	Division 1	n/a
Men Open:	Division 2	Division 2
Men:	40+	40+
Men:	Under 14	Under 14
Men:	Under 16	Under 16
Men:	Under 18	Under 18
Men:	Under 20	Under 20
Women Open:	Division 1	n/a
Women Open:	Division 2	Division 2
Women:	40+	40+
Women:	Under 14	Under 14
Women:	Under 16	Under 16
Women:	Under 18	Under 18
Women	Under 20	Under 20