

Round 9 of Gippsland Athletics Club track and field season was held Tuesday 2<sup>nd</sup> January 2018.

### **ROUND 9 RESULTS:**

#### **800M**

**Women:** U/16 - Bri Sherry 2:24.06, Alyssa Neale 2:55.22; Open - Melissa Jones 2:50.32

**Men:** U/16 - Tim Ruddell 2:42.53, Lachlan McGrail 3:05.94; U/18 - Michael Tripodi 2:16.48; Open - Daniel Bremner 2:27.43, Brendan Caffrey 2:38.79; Masters - Mark Rossiter 2:24.30, Ian Twite 3:00.16

#### **HAMMER**

**Women:** Masters - Linda Buttigieg 43.78, Noella Foster 19.13

**Men:** U/14 - Aaron Saltmarsh-Milne 22.45; U/16 - Tim Ruddell 20.86, Lachlan McGrail 16.73; Masters - Simon Van Baalen 24.26

#### **TRIPLE JUMP**

**Women:** U/20 - Sarah Ruddell 9.59

**Men:** U/16 - Seth Copley 8.91, Lachlan McGrail 8.43; U/18 - Michael Tripodi 9.84; Open - Brendan Caffrey 8.47, Daniel Bremner 7.67; Masters - Simon Van Baalen 10.47

#### **2000M**

**Women:** U/16 - Bri Sherry 8:21.09

**Men:** U/16 - Seth Copley 8:03.08, Tim Ruddell 8:20.69, Lachlan McGrail 9:26.45; U/18 - Michael Tripodi 6:50.97; Open - Daniel Bremner 7:56.75, Brendan Caffrey 9:17.61; Masters - Mark Rossiter 7:10.71, Ian Twite 8:27.18, Robert Birks 9:07.31

#### **SHOT PUT**

**Women:** U/16 - Alyssa Neale 8.11; Open - Melissa Jones 6.69; Masters - Linda Buttigieg 7.87, Noella Foster 5.63

**Men:** U/14 - Aaron Saltmarsh-Milne 8.21; Masters - Simon Van Baalen 11.05

## **100M**

**Women:** U/16 - Alyssa Neale 13.87; U/20 - Sarah Ruddell 13.67; Open - Rhianna Carpinteri 14.44

**Men:** U/14 - Aaron Saltmarsh-Milne 16.81; U/16 - Seth Cropley 13.91, Tim Ruddell 14.46, Lachlan McGrail 16.18; U/18 - Michael Tripodi 13.63; Open - Daniel Bremner 14.04, Brendan Caffrey 18.03; Masters - Simon Van Baalen 14.45

Round 2 of the interclub Vern Curnow Shield will be held on Tuesday 9<sup>th</sup> January, 6pm at the Joe Carmody Track, Newborough

Events: 200m, Discus, 1500m/1500m Walk, Triple Jump, 80-110m Hurdles