

Round 9 of Gippsland Athletics Club track and field season was held Tuesday 6th December 2016.

ROUND 9 RESULTS:

RECORD: Men U/14 Hammer - Joshua Van Baalen 21.20

RECORD (Equal): Women U/18 High Jump - Sarah Ruddell 1.50

100M

Women: U/16 - Maddi Cruickshank 16.30, Jenna Ross 17.37; U/18 - Sarah Ruddell 13.85, Megan Maxfield 14.21; Open - Cintia Mateo 18.09; Masters - Heather Farley 17.66, Diana Van Rhine 18.73

Men: U/14 - Aaron Saltmarsh-Milne 15.67, Lachlan McGrail 16.16, Joshua Van Baalen 17.06, Lewis Neale 17.98; U/16 - Blake Davis 13.00, James Solomon 13.19, Tim Ruddell 14.83; Masters - Tony Whelan 14.87, Simon Van Baalen 15.34

HAMMER

Women: U/16 - Amber Ross 22.11, Jenna Ross 13.75; U/18 - Victoria Lawry 27.15; Masters - Noella Foster 17.60

Men: U/14 - Joshua Van Baalen 21.20, Lachlan McGrail 16.46, Lewis Neale 14.57, Aaron Saltmarsh-Milne 14.23; U/16 - Blake Davis 20.55, Mathew Parker 17.86, Tim Ruddell 14.79; Masters - Caryl Ginders 26.85, Ben Cruickshank 22.78, Simon Van Baalen 21.97

HIGH JUMP

Women: U/18 - Sarah Ruddell 1.50

Men: U/14 - Aaron Saltmarsh-Milne 1.25, Joshua Van Baalen 1.15; U/16 - James Solomon 1.45; Masters - Simon Van Baalen 1.30

800M

Women: U/16 - Maddi Cruickshank 3:50.07; U/20 - Georgia Pearson 2:49.55; Masters - Heather Farley 3:06.87, Diana Van Rhine 3:34.71

Men: U/14 - Lachlan McGrail 3:19.02; U/16 - Tim Ruddell 2:47.58; Masters - Ben Cruickshank 2:46.05, Tony Whelan 3:02.80

SHOT PUT

Women: U/16 - Amber Ross 9.10, Jenna Ross 7.28, Maddi Cruickshank 6.12; U/18 - Victoria Lawry 11.06, Sarah Ruddell 8.87, Megan Maxfield 6.67; Masters - Noella Foster 5.75

Men: U/14 - Lachlan McGrail 7.45, Joshua Van Baalen 6.52, Aaron Saltmarsh-Milne 6.27, Lewis Neale 5.78; U/16 - Matt Parker 10.01, Blake Davis 8.02, Tim Ruddell 5.97; U/18 - Ethan Bath 8.19; Masters - Caryl Ginders 10.39, Simon Van Baalen 8.83, Ben Cruickshank 8.67

2000M

Men: U/14 - Lachlan McGrail 9:12.20

Round 1 of the Vern Curnow Shield (Interclub competition between the 4 Gippsland based clubs) will be held on Tuesday 13th December, 6pm at the Joe Carmody Track Newborough

Events: 100m, Javelin, 400m, Long Jump, 3000m/5000m/3000m Walk, Shot Put