

Round 8 of Gippsland Athletics Club track and field season was held Tuesday 12<sup>th</sup> December 2017.

### **ROUND 8 RESULTS:**

#### **200M**

**Women:** U/18 - Megan Maxfield 34.41; U/20 - Sarah Ruddell 28.00; Open - Rhianna Carpinteri 28.77

**Men:** U/14 - Joshua Van Baalen 32.36; U/16 - Tim Ruddell 27.60, Hudson Couacaud 28.32, Seth Cropley 29.60, Abel Ferguson 31.10, Lachlan McGrail 31.98; U/18 - Colby Morley 25.32, Tyler Morley 26.27; U/20 - Caleb Gartung 26.84; Open - Daniel Bremner 27.54; Masters - Ben Cruickshank 26.18, Ian Twite 36.83

#### **HIGH JUMP**

**Men:** U/14 - Joshua Van Baalen 1.40; U/16 - Seth Cropley 1.45; Open - Daniel Bremner 1.35; Masters - Simon Van Baalen 1.30

#### **DISCUS**

**Women:** U/20 - Victoria Lawry 17.18; Masters - Noella Foster 14.26

**Men:** U/16 - Lachlan McGrail 26.28, Tim Ruddell 23.16; U/18 - Blake Davis 20.45; Open - Brendan Caffery 19.44; Masters - Simon Van Baalen 30.10, Ian Twite 21.12

#### **1500M**

**Men:** U/16 - Hudson Couacaud 5:27.35, Seth Cropley 5:47.61, Lachlan McGrail 6:35.80; U/18 - Colby Morley 4:42.44, Tyler Morley 4:46.90; Open - Daniel Bremner 5:15.81, Brendan Caffery 6:03.76; Masters - Ian Twite 5:55.52

#### **SHOT PUT**

**Women:** U/20 - Victoria Lawry 8.68; U/18 - Megan Maxfield 6.83; Masters - Noella Foster 6.02

**Men:** U/14 - Joshua Van Baalen 8.86; U/16 - Tim Ruddell 7.58, Lachlan McGrail 7.13; U/18 - Blake Davis 7.70; U/20 - Caleb Gartung 8.66; Masters - Simon Van Baalen 10.76

## **100M**

**Women:** U/18 - Megan Maxfield 14.66; U/20 - Sarah Ruddell 13.46, Victoria Lawry 16.66

**Men:** U/14 - Joshua Van Baalen 15.45; U/16 - Tim Ruddell 13.26, Lachlan McGrail 15.45;  
U/18 - Blake Davis 12.62; U/20 - Caleb Gartung 12.79; Open - Brendan Caffrey 13.39;  
Masters - Ben Cruickshank 12.07, Simon Van Baalen 14.29

Round 1 of the interclub Vern Curnow Shield will be held on Tuesday 19<sup>th</sup> December, 6pm at the Joe Carmody Track, Newborough

Events: 100m, Javelin, 400m, Long Jump, 3000m/5000m/3000m Walk, Shot Put