

Round 6 of Gippsland Athletics Club track and field season was held Tuesday 4th of December 2018.

ROUND 6 RESULTS:

Record – Masters Women Shot Put – Fiona Saltmarsh 7.99m (Gippsland Athletics)

800M

Women:

Men: U/18 – Hudson Couacaud 2:20.15, Abel Ferguson 2:48.20; Masters - Ben Cruickshank 2:57.91, Ian Twite 2:59.90

HAMMER

Women: Masters – Fiona Saltmarsh 21.29

Men: U/14 - Owen Van Baalen 9.65; U/16 - Aaron Saltmarsh-Milne 15.54; Masters - Simon Van Baalen 32.32

TRIPLE JUMP

Women: U/14 – Aleisha Reynolds 5.61

Men: U/14 – Owen Van Baalen 5.80; U/16 – Aaron Saltmarsh-Milne 7.86; Masters – Ben Cruickshank 9.43, Simon Van Baalen 9.15

2000M

Women:

Men: U/18 – Hudson Couacaud 7:24.51, Abel Ferguson 9:39.99; Masters - Ian Twite 8:20.79

SHOT PUT

Women: U/14 – Aleisha Reynolds 5.23; Masters – Fiona Saltmarsh 7.99

Men: : U/14 - Owen Van Baalen 2.97; U/16 - Aaron Saltmarsh-Milne 7.61; Masters - Simon Van Baalen 10,10, Ben Cruickshank 7.88

100M

Women: U/14 – Aleisha Reynolds 17.48

Men: U/14 – Owen Van Baalen 18.39; U/16 – Aaron Saltmarsh-Milne 14.54; U/18 – Hudson Couacaud 12.69, Abel Ferguson 12.78; Masters – Ben Cruickshank 13.009, Simon Van Baalen 14.55.

Gippsland Athletics regular track and field season continues with Vern Curnow Shield round 2 on Tuesday 11th December, 6pm at the Joe Carmody Track, Newborough

Events: 200m, Discus, 1500m Run/Walk, Triple Jump, Hurdles 80 – 110m