

Round 6 of Gippsland Athletics Club track and field season was held Tuesday 15th November 2016.

ROUND 6 RESULTS:

100M

Women: U/16 - Alyssa Neale 13.71, Maddi Cruickshank 16.16; Open - Rhianna Carpinteri 14.05, Cintia Mateo 17.46; Masters - Diana Van Rhine 18.99

Men: U/14 - Aaron Saltmarsh-Milne 16.04, Lachlan McGrail 16.33, Lewis Neale 17.98; U/16 - Blake Davis 12.37, James Solomon 13.16, Abel Ferguson 13.42, Hudson Couacaud 13.57, Tim Ruddell 14.79; U/18 - Ethan Bath 13.26; Open - Brendan Caffrey 13.48; Masters - Ben Cruickshank 12.54, Ian Twite 17.33

HAMMER

Women: U/18 - Victoria Lawry 27.25, Sarah Ruddell 19.42; Masters - Noella Foster 18.77

Men: U/14 - Lachlan McGrail 18.30, Aaron Saltmarsh-Milne 13.10; U/16 - Tim Ruddell 18.21; Masters - Caryl Ginders 29.58, Ben Cruickshank 22.97

HIGH JUMP

Men: U/14 - Aaron Saltmarsh-Milne 1.25; U/16 - Blake Davis 1.55, James Solomon 1.40; U/18 - Ethan Bath 1.65

800M

Women: U/16 - Alyssa Neale 3:06.53, Maddi Cruickshank 3:43.95; U/20 - Georgia Pearson 2:48.92; Open - Cintia Mateo 3:44.25; Masters - Heather Farley 3:10.55, Diana Van Rhine 3:45.48

Men: U/14 - Lachlan McGrail 3:16.06; U/16 - Hudson Couacaud 2:37.12, Abel Ferguson 2:46.76, Tim Ruddell 2:58.05; U/18 - Ethan Bath 2:33.65; Open - Bryan Cake 2:29.90, Brendan Caffrey 3:05.30; Masters - Benjamin Bailey 2:19.00, Mark Rossiter 2:33.64, Ian Twite 2:52.68, Ben Cruickshank 2:57.76

SHOT PUT

Women: U/16 - Alyssa Neale 8.20, Maddi Cruickshank 6.06; U/18 - Victoria Lawry 10.71, Sarah Ruddell 8.54; Masters - Noella Foster 6.27

Men: U/14 - Lachlan McGrail 7.93, Aaron Saltmarsh-Milne 6.71, Lewis Neale 5.15; U/16 - Matt Parker 10.47, Blake Davis 7.46, Tim Ruddell 6.10; U/18 - Ethan Bath 8.19; Masters - Caryl Ginders 9.98, Ben Cruickshank 9.04

2000M

Women: U/20 - Georgia Pearson 7:59.64; Masters - Heather Farley 9:07.82

Men: U/14 - Lachlan McGrail 9:17.41; U/18 - Ethan Bath 7:21.06; Masters - Benjamin Bailey 7:16.45, Mark Rossiter 7:29.50, Ian Twite 8:06.24

Round 7 is Tuesday 22nd November, 6pm at the Joe Carmody Track Newborough

Events: 100m, Discus, 400m, Long Jump, 3000m/5000m/3000m Walk, Shot Put