

Round 5 of Gippsland Athletics Club track and field season was held Tuesday 21st November 2017.

ROUND 5 RESULTS:

200M

Women: Open - Rhianna Carpinteri 29.35

Men: U/14 - Joshua Van Baalen 31.48; U/16 - Lachlan McGrail 31.90; U/18 - Riley Evans 25.29, Colby Morley 25.41, Tyler Morley 26.60; Open - Daniel Bremner 28.05; Masters - Ben Cruickshank 26.74, Simon Van Baalen 30.38

HIGH JUMP

Men: U/14 - Joshua Van Baalen 1.35, Aaron Saltmarsh-Milne 1.30; U/18 - Riley Evans 1.50, Colby Morley 1.50; Masters - Simon Van Baalen 1.30

DISCUS

Women: U/20 - Victoria Lawry 17.02

Men: U/14 - Aaron Saltmarsh-Milne 17.63; U/16 - Lachlan McGrail 26.22, Tim Ruddell 23.47; U/18 - Blake Davis 19.38; Masters - Simon Van Baalen 29.36, Ben Cruickshank 27.35, Robert Birks 15.31, Howard Smith 9.90

1500M

Men: U/16 - Lachlan McGrail 6:30.93; U/18 - Riley Evans 4:38.15, Colby Morley 4:38.72, Tyler Morley 4:53.56; Open - Daniel Bremner 5:33.66; Masters - Robert Birks 6:46.06

SHOT PUT

Women: U/20 - Victoria Lawry 8.76

Men: U/14 - Joshua Van Baalen 8.85, Aaron Saltmarsh-Milne 7.39; U/16 - Tim Ruddell 7.39, Lachlan McGrail 7.31; U/18 - Blake Davis 7.51; Open - Daniel Bremner 6.85; Masters - Simon Van Baalen 10.47, Ben Cruickshank 8.73, Robert Birks 6.69, Howard Smith 3.96

100M

Women: Open - Rhianna Carpinteri 13.95

Men: U/14 - Joshua Van Baalen 15.21, Aaron Saltmarsh-Milne 16.20; U/16 - Tim Ruddell 13.91; U/18 - Blake Davis 12.47; Masters - Ben Cruickshank 12.82, Simon Van Baalen 14.66, Robert Birks 15.45, Howard Smith 25.56

Round 6 is next Tuesday 28th November, 6pm at the Joe Carmody Track, Newborough

Events: 800m, Hammer, Triple Jump, 2000m/2000m Walk, Shot Put, 100m