

Round 3 of Gippsland Athletics Club track and field season was held Tuesday 18th October 2016.

ROUND 3 RESULTS:

100M

Women: U/18 - Megan Maxfield 13.50, Sarah Ruddell 13.95; Open - Rhianna Carpinteri 14.20

Men: U/14 - Lachlan McGrail 16.55, Joshua Van Baalen 17.00, Aaron Saltmarsh-Milne 17.35, Lewis Neale 17.45; U/16 - Blake Davis 12.34, Tim Ruddell 15.85; U/18 - Ethan Bath 13.06; Open - Craig Rollinson 11.54, Bryan Cake 13.10; Masters - Simon Van Baalen 15.24, Derek Morris 15.39, Caryl Ginders DNF

HAMMER

Women: U/18 - Victoria Lawry 27.70, Sarah Ruddell 15.08

Men: U/14 - Lachlan McGrail 18.33, Aaron Saltmarsh-Milne 14.40; Masters - Caryl Ginders 26.03

HIGH JUMP

Cancelled due to inclement weather

800M

Men: U/14 - Lachlan McGrail 3:21.41, Aaron Saltmarsh-Milne 4:26.66; U/18 - Ethan Bath 2:26.45; Open - Bryan Cake 2:41.46

SHOT PUT

Women: U/18 - Victoria Lawry 10.04, Sarah Ruddell 7.74, Megan Maxfield 6.48

Men: U/14 - Lachlan McGrail 7.49, Aaron Saltmarsh-Milne 6.86, Joshua Van Baalen 6.00, Lewis Neale 5.36; U/16 - Blake Davis 8.23, Tim Ruddell 5.80; U/18 - Ethan Bath 7.89; Masters - Caryl Ginders 8.73, Simon Van Baalen 8.54

2000M

Men: U/14 - Lachlan McGrail 9:52.69, Aaron Saltmarsh-Milne 13:24.05; U/16 - Tim Ruddell 9:09.15; U/18 - Ethan Bath 7:26.52; Open - Bryan Cake 7:26.02

Round 4 is Tuesday 25th October, 6pm at the Joe Carmody Track Newborough

Events: 100m, Discus, 400m, Long Jump, 3000m/5000m/3000m Walk, Shot Put