

Round 14 of Gippsland Athletics Club track and field season was held Tuesday 14th February 2017.

ROUND 14 RESULTS:

100M

Women: U/18 - Sarah Ruddell 13.10, Victoria Lawry 16.40; Open - Rhianna Carpinteri 13.87, Cintia Mateo 17.54; Masters - Diana Van Rhine 18.98

Men: U/14 - Joshua Van Baalen 15.82, Lachlan McGrail 16.17, Aaron Saltmarsh-Milne 16.40, Lewis Neale 18.47; U/16 - Blake Davis 11.84, James Solomon 12.77, Abel Ferguson 12.99, Hudson Couacaud 13.20, Tim Ruddell 15.56; Open - Craig Rollinson 11.73, Mark Coulter 13.98; Masters - Simon Van Baalen 14.72

JAVELIN

Women: U/18 - Sarah Ruddell 23.07, Victoria Lawry 13.77

Men: U/14 - Joshua Van Baalen 16.30, Aaron Saltmarsh-Milne 15.05, Lewis Neale 13.61, Lachlan McGrail 11.25; U/16 - Matt Parker 22.59, Blake Davis 16.58, Tim Ruddell 14.84; Open - Mark Coulter 25.28; Masters - Simon Van Baalen 23.86

1500M

Women: U/16 - Alyssa Neale 7:44.26; Open - Cintia Mateo 7:52.90; Masters - Diana Van Rhine 7:16.25

Men: U/14 - Lachlan McGrail 6:47.34; U/16 - Tim Ruddell 6:36.31; Open - Mark Coulter 5:00.83, Bryan Cake 5:10.72; Masters - Ian Twite 6:00.33

TRIPLE JUMP

Women: U/18 - Sarah Ruddell 9.39

Men: U/14 - Lachlan McGrail 7.60, Aaron Saltmarsh-Milne 6.84; U/16 - Blake Davis 10.11; Open - Craig Rollinson 12.36, Mark Coulter 9.93; Masters - Simon Van Baalen 9.08

200M

Women: U/18 - Sarah Ruddell 28.20; Open - Rhianna Carpinteri 28.71, Cintia Mateo 39.74; Masters - Diana Van Rhine 40.45

Men: U/14 - Joshua Van Baalen 34.60, Lachlan McGrail 35.00, Aaron Saltmarsh-Milne 40.11, Lewis Neale 40.66; U/16 - Blake Davis 25.75, James Solomon 26.91, Abel Ferguson 28.00, Hudson Couacaud 28.03; Open - Mark Coulter 27.75; Masters - Simon Van Baalen 32.80

DISCUS

Women: U/18 - Victoria Lawry 19.84

Men: U/14 - Joshua Van Baalen 29.23, Lachlan McGrail 22.23, Lewis Neale 13.33; U/16 - Mathew Parker 33.19, Blake Davis 22.83, Tim Ruddell 21.67; Open - Mark Coulter 19.79; Masters - Simon Van Baalen 28.27

Round 15 is Tuesday 6th December, 6pm at the Joe Carmody Track Newborough

Events: 100m, Hammer, High Jump, 800m, Shot Put, 2000m/2000m Walk