

Round 11 of Gippsland Athletics Club track and field season was held Tuesday 3rd January 2017.

ROUND 11 RESULTS:

100M

Women: U/14 - Georgia Burns 14.23, Charli Burns 15.87, Molly McGrail 15.98; U/16 - Alyssa Neale 13.23, Maddi Cruickshank 15.81; U/18 - Sarah Ruddell 13.24, Aliesha Wrigley 13.58, Megan Maxfield 14.04; Open - Rhianna Carpinteri 13.48; Masters - Heather Farley 17.65

Men: U/14 - Joshua Van Baalen 15.41, Aaron Saltmarsh-Milne 15.87, Lachlan McGrail 16.11, Lewis Neale 17.71; U/16 - Blake Davis 11.49, Tim Ruddell 14.45; Open - Oliver Caffrey 12.00, Brendan Caffrey 13.45; Masters - Ben Cruickshank 12.34, Simon Van Baalen 14.42, Ian Twite 16.63, Howard Smith 23.65

JAVELIN

Women: U/14 - Georgia Burns 19.76; U/16 - Amber Ross 28.60, Alyssa Neale 27.11, Maddi Cruickshank 9.49; U/18 - Sarah Ruddell 23.78, Megan Maxfield 15.65; Masters - Noella Foster 14.92

Men: U/14 - Aaron Saltmarsh-Milne 13.17, Lewis Neale 12.18; U/16 - Matt Parker 27.83, Blake Davis 18.28, Tim Ruddell 14.34; Open - Brendan Caffrey 21.45; Masters - Ben Cruickshank 29.60, Simon Van Baalen 26.71, Howard Smith 5.83

1500M

Women: U/14 - Georgia Burns 5:19.07, Charli Burns 6:53.21, Molly McGrail 7:04.05; U/16 - Bri Sherry 5:24.50; U/18 - Aliesha Wrigley 5:43.51; Masters - Heather Farley 6:18.17

Men: U/14 - Lachlan McGrail 6:44.71; U/16 - Tim Ruddell 6:39.12; Open - Oliver Caffrey 5:28.89; Masters - Benjamin Bailey 5:07.71, Ian Twite 5:42.14, Matthew McGrail 6:27.10

TRIPLE JUMP

Women: U/14 - Krystal Archer 8.96, Georgia Burns 8.51, Charli Burns 7.69, Janella Archer 6.68, Molly McGrail 6.33; U/16 - Maddi Cruickshank 8.34; U/18 - Sarah Ruddell 9.32, Megan Maxfield 8.48; Open - Rhianna Carpinteri 8.88

Men: U/14 - Lachlan McGrail 7.55, Aaron Saltmarsh-Milne 6.86; U/16 - Blake Davis 10.42; Open - Brendan Caffrey 9.84; Masters - Simon Van Baalen 8.85

200M

Women: U/14 - Georgia Burns 29.05, Krystal Archer 31.61, Charli Burns 34.60, Janella Archer 36.19; U/16 - Alyssa Neale 28.31; U/18 - Sarah Ruddell 27.99, Aliesha Wrigley 28.70, Megan Maxfield 32.41; Open - Rhianna Carpinteri 28.60

Men: Open - Oliver Caffrey 25.84, Brendan Caffrey 29.12; Masters - Ben Cruickshank 25.54, Simon Van Baalen 33.54

DISCUS

Women: U/14 - Krystal Archer 16.78, Georgia Burns 13.60, Molly McGrail 11.09; U/16 - Amber Ross 24.73, Maddi Cruickshank 14.51; Masters - Noella Foster 13.96

Men: U/14 - Lachlan McGrail 21.71, Joshua Van Baalen 21.61, Lewis Neale 13.70; U/16 - Mathew Parker 29.05, Blake Davis 20.93, Tim Ruddell 18.72; Masters - Caryl Ginders 28.37, Simon Van Baalen 27.52, Ben Cruickshank 23.60

Round 2 of the Vern Curnow Shield (Interclub competition between the 4 Gippsland based clubs) will be held on Tuesday 10th January, 6pm at the Joe Carmody Track Newborough

Events: 200m, Discus, 1500m/1500m Walk, Triple Jump, 80-110m Hurdles