

Round 10 of Gippsland Athletics Club track and field season was held Tuesday 5th February 2019.

ROUND 10 RESULTS:

100M

Women: U/18 – Jasmine Thomas 16.48

Men: U/14 - Owen Van Baalen 19.55; U/16 – Aaron Saltmarsh-Milne 14.76, Joshua Van Baalen 15.36; U/18 – Hudson Couacaud 12.45, Abel Ferguson 13.54; Open - Brendan Caffery 14.04, Bryan Cake 15.00; Masters - Simon Van Baalen 14.60, Ian Twite 22.00

JAVELIN

Women: U/18 – Jasmine Thomas 10.51; Masters – Fiona Saltmarsh 13.97

Men: U/14 – Owen Van Baalen 11.37; U/16 - Joshua Van Baalen 19.31, Aaron Saltmarsh-Milne 17.53; Open – Brendan Caffrey 20.91; Masters - Simon Van Baalen 30.54

3000M

Men: U/18 – Abel Ferguson 14:51.55; Open - Brendan Caffery 12:48.21, Bryan Cake 12:29.44; Masters - Ian Twite 13:42.40

5000M

Men: U/18 – Hudson Couacaud 19:26.79

LONG JUMP

Not Contested

DISCUS

Women: U/18 - Jasmine Thomas 14.80; Masters – Fiona Saltmarsh 16.20

Men: U/14 - Owen Van Baalen 9.35; U/16 –Joshua Van Baalen 27.56, Aaron Saltmarsh-Milne 19.66; Open – Bryan Cake 20.67; Masters - Simon Van Baalen 28.77, Ian Twite 20.28

400M

Women:

Men: U/18 – Hudson Couacaud 59.55, Abel Ferguson 1:23.01; Open - Brendan Caffery 1:15.40

Round 11 is Tuesday 12th February, 6pm at the Joe Carmody Track, Newborough

Events: 200m, High Jump, Discus, 1500m/1500m Walk, Shot Put, 100m