

Round 10 of Gippsland Athletics Club track and field season was held Tuesday 23rd January 2018.

ROUND 10 RESULTS:

100M

Women: U/20 - Sarah Ruddell 14.25; Open - Michelle Sawyer 16.96, Li Lin 17.41

Men: U/14 - Joshua Van Baalen 15.50; U/16 - Tim Ruddell 14.07, Seth Cropley 14.29; U/18 - Michael Tripodi 13.78; Open - Brendan Caffery 13.50, Daniel Bremner 13.84; Masters - Simon Van Baalen 14.43, Ian Twite 19.22

JAVELIN

Women: U/20 - Sarah Ruddell 24.18; Open - Li Lin 6.80

Men: U/14 - Joshua Van Baalen 22.50; U/16 - Tim Ruddell 16.91; Open - Daniel Bremner 19.92; Masters - Simon Van Baalen 28.53

3000M

Women: Open - Michelle Sawyer 13:59.93

Men: U/18 - Michael Tripodi 11:00.73; Open - Brendan Caffery 13:34.57; Masters - Ian Twite 15:17.00

LONG JUMP

Women: U/16 - Isabella Lia 4.05

Men: U/14 - Joshua Van Baalen 3.88; U/16 - Tim Ruddell 3.88, Seth Cropley 3.80; U/18 - Michael Tripodi 4.44; Open - Daniel Bremner 4.79; Masters - Simon Van Baalen 4.65

DISCUS

Women: U/16 - Isabella Lia 16.75

Men: U/14 - Joshua Van Baalen 34.19; U/16 - Tim Ruddell 24.63; Masters - Simon Van Baalen 30.62

400M

Women: Open - Michelle Sawyer 1:24.86, Li Lin 1:32.13

Men: U/14 - Joshua Van Baalen 1:29.52; U/16 - Seth Cropley 1:11.16; U/18 - Michael Tripodi 59.48; Open - Daniel Bremner 1:01.17, Brendan Caffery 1:16.62; Masters - Simon Van Baalen 1:18.36

Round 11 is Tuesday 6th February, 6pm at the Joe Carmody Track, Newborough

Events: 200m, High Jump, Discus, 1500m/1500m Walk, Shot Put, 100m