

Round 1 of Gippsland Athletics Club Vern Curnow Shield was held Tuesday 13th December 2016.

ROUND 1 RESULTS:

RECORD: Men Masters 400m - Benjamin Bailey (Traralgon Harriers) 56.91

RECORD: Women U/20 5000m - Molly Irvine (Traralgon Harriers) 19:16.63

100M

Women: U/14 - Emily Cusack 14.49, Krystal Archer 14.52, Felicity Clissold 15.30, Lucy Traill 15.54, Rebecca Harrington 16.91, Janella Archer 17.30, Tiffany Gieschen 17.93; U/16 - Alyssa Neale 13.83, Piper Hastings 14.50; U/18 - Megan Maxfield 13.90, Sarah Ruddell 14.00, Courtney Clark 16.77, Naomi Merrilees 18.56; U/20 - Molly Irvine 16.82; Open - Rhianna Carpinteri 13.88, Sarah Lewis 14.65, Hilary Meyer 15.48, Melissa Jones 17.37; Masters - Heather Farley 18.06, Diana Van Rhine 18.99, Karen Graham 20.46

Men: U/14 - Matthew Merrilees 13.16, Finn Staple 14.56, Harry Lancaster 15.75, Aaron Saltmarsh-Milne 15.79, Joshua Van Baalen 16.34, Lewis Neale 17.67; U/16 - Blake Davis 12.09, Ben Lang 12.56, James Solomon 12.67, Hudson Couacaud 13.09, Aaron Broadbridge 13.32, Abel Ferguson 13.50, James Lancaster 13.73, Tim Ruddell 14.66; U/18 - Declan Morrison 11.77; U/20 - James O'Brien 14.04; Open - Brenton Taber 12.28, Mark Coulter 13.66, Bryan Cake 14.38; Masters - Ben Cruickshank 12.58, Benjamin Bailey 13.96, Mark Rossiter 14.90, Simon Van Baalen 14.98

JAVELIN

Women: U/16 - Jenna Ross 28.02, Alyssa Neale 23.85, Piper Hastings 14.82; U/18 - Victoria Lawry 16.99, Courtney Clark 9.20; U/20 - Molly Irvine 5.00; Open - Melissa Jones 20.57, Hilary Meyer 3.65; Masters - Noella Foster 15.24, Helen Whitby 12.06

Men: U/14 - Matthew Merrilees 19.00, Aaron Saltmarsh-Milne 18.39, Joshua Van Baalen 12.89, Lewis Neale 9.71; U/16 - Tim Ruddell 12.49; Open - Brenton Taber 28.74, Bryan Cake 13.81; Masters - Ben Cruickshank 32.47, Simon Van Baalen 26.72

400M

Women: U/14 - Emily Cusack 1:12.96, Felicity Clissold 1:17.53, Krystal Archer 1:19.07, Lucy Traill 1:20.41, Rebecca Harrington 1:26.88, Janella Archer 1:28.20, Tiffany Gieschen 1:28.20; U/16 - Piper Hastings 1:19.93; U/18 - Rachel O'Brien 1:00.76, Sarah Ruddell 1:09.09, Courtney Clark 1:23.38, Naomi Merrilees 1:31.35; U/20 - Molly Irvine 1:11.59; Open - Sarah

Lewis 1:03.85, Rhianna Carpinteri 1:05.81, Hilary Meyer 1:08.62, Melissa Jones 1:21.06, Georgia Callaway 1:51.52; Masters - Heather Farley 1:20.88, Karen Graham 1:31.63, Diana Van Rhine 1:36.88

Men: U/14 - Finn Staple 1:05.76, Matthew Merrilees 1:07.21, Harry Lancaster 1:21.79, Aaron Saltmarsh-Milne 1:40.63; U/16 - Ben Lang 55.20, George Lancaster 55.28, Hudson Couacaud 59.55, Aaron Broadbridge 1:00.55, Kieran Hennig 1:00.78, James Lancaster 1:03.26, Jordan McKay 1:04.36, Abel Ferguson 1:06.88, Tim Ruddell 1:08.13; U/20 - James O'Brien 1:03.61; Open - Brenton Taber 57.95, Mark Coulter 1:00.03, Bryan Cake 1:03.40; Masters - Benjamin Bailey 56.91, Ben Cruickshank 1:01.31, Mark Rossiter 1:06.70, Glenn Graham 1:14.50, Simon Van Baalen 1:23.24

LONG JUMP

Women: U/14 - Krystal Archer 3.87, Emily Cusack 3.69, Janella Archer 3.11; U/16 - Alyssa Neale 4.51, Piper Hastings 3.57; U/18 - Megan Maxfield 4.19, Courtney Clark 2.72; Open - Rhianna Carpinteri 4.21, Melissa Jones 2.84, Hilary Meyer 2.46, Georgia Callaway 1.51

Men: U/14 - Matthew Merrilees 4.12, Finn Staple 3.75, Aaron Saltmarsh-Milne 3.18, Joshua Van Baalen 3.17, Lewis Neale 2.80; U/16 - James Solomon 4.79, Blake Davis 4.48; U/18 - Declan Morrison 5.92; Open - Brenton Taber 5.15, Mark Coulter 4.58; Masters - Ben Cruickshank 4.25, Simon Van Baalen 3.81, Mark Hastings 2.82

3000M

Women: U/16 - Ellen O'Brien 13:32.42; U/18 - Naomi Merrilees 17:15.47; Open - Hilary Meyer 12:07.43, Sarah Lewis 12:47.83, Georgia Callaway 18:27.03; Masters - Heather Farley 14:04.90

Men: U/16 - Hudson Couacaud 14:45.72, Abel Ferguson 14:46.00; U/20 - Jack Dawkins 10:12.06, Campbell Pike 11:23.53; Open - Bryan Cake 11:38.40; Masters - Benjamin Bailey 12:24.86

5000M

Women: U/20 - Molly Irvine 19:16.63

Men: Masters - Mark Rossiter 20:05.08

SHOT PUT

Women: U/16 - Jenna Ross 8.21, Alyssa Neale 7.76, Piper Hastings 5.69; U/18 - Victoria Lawry 10.84, Sarah Ruddell 8.36, Megan Maxfield 7.26, Courtney Clark 5.88, Naomi Merrilees 5.19; Open - Melissa Jones 5.53; Masters - Helen Whitby 4.33

Men: U/14 - Matthew Merrilees 9.14, Aaron Saltmarsh-Milne 6.87, Joshua Van Baalen 5.75, Lewis Neale 5.05; U/16 - Blake Davis 8.52, Tim Ruddell 5.84; Open - Bryan Cake 7.48; Masters - Ben Cruickshank 9.54, Simon Van Baalen 9.15, Mark Hastings 8.74

Round 10 of the regular season continues next Tuesday 20th December, 6pm at the Joe Carmody Track Newborough

Events: 100m, Discus, 400m, Long Jump, 3000/5000 Metres/3000 Metres Walk, Shot Put