

# AV SHIELD

## RED AND YELLOW ZONE DUTY ROSTER

	RND 1	RND2	RND 3	RND 4	RND 5	RND 6
	Saturday 6 October 2018	Saturday 13 October 2018	Saturday 20 October 2018	Saturday 27 October 2018	Saturday 10 November 2018	Sunday 17 November 2018
	ABERFELDIE	DONCASTER	WILLIAMSTOWN	DONCASTER	WILLIAMSTOWN	MEADOWGLEN
	YELLOW	RED	YELLOW	RED	YELLOW	RED
CLUB	Program 2	Program 1	Program 2	Program 1	Program 2	Program 1
Athletics Essendon	Long J x5		Long J x5 Steeple x2		Long J x5 S Hurdles x2	
Brunswick	Javelin x2 S Hurdles x2		Admin x2 100 Relay x2		Javelin x2	
Coburg Harriers	Javelin x2 S Hurdles x2		Javelin x2 L Hurdles x2		Javelin x2	
Collingwood Harriers		Triple J1 x4 Wind Gauge x1 L Hurdles x4		Triple J1 x4 Wind Gauge x 1 S Hurdles x4		Triple J1 x4 L Hurdles x4
Diamond Valley		High J x3 Hammerx4		High J x3 Hammer x4		High J x3 Hammerx4
Doncaster		Shotput P2 x3 Steeple x8 L Hurdles x4		Shotput P2 x3 Relays x2 S Hurdles x4		Pole V x3, ShotP x3 Wind Gauge x1 Relays x6 L Hurdles x4
Ivanhoe Harriers		High J2 x3		High J2 x3		High J2 x3
Keilor St Bernards	Long J2 x3 S Hurdles x2		Long J2 x3 L Hurdles x2		Track x2, Steeple x3 200 Relay x2 S Hurdles x2	
Melbourne University	Pole Vault x4		Pole Vault2 x4 100 Relay x2		Wind G x1, Admin x2 Steeple x2 200 Relay x2 S Hurdles x2	
Preston		Triple J2 x 4		Triple J2 x 4		Triple J2 x 4
Richmond Harriers		Shotput1 x3		Shotput1 x3		Shotput1 x3
South Melbourne	Track x2 S Hurdles x2		Javelin x2 L Hurdles x2		Long J2 x2	
Western Athletics	Discus x4		Discus x4 Steeple x3		Discus x4	
Whittlesea		Admin x2 800m x 1		Admin x2 800m x 1		Admin x2 800m x1
Williamstown	Admin x2 Wind Gauge x 1 S Hurdles x2		Wind Gauge x 1 100 Relays x2 L Hurdles x2		Steeple x3 S Hurdles x2	
Wyndham	Long J2 x2 S Hurdles x2		Long J2 x2 L Hurdles x2		Long J2 x3	

All Clubs with vaulters to assist at MUU RD 7

RND 7	RND 8	RND 9	RND 10	RND 11	RND 12	
Saturday 1 December 2018	Saturday 15 December 2018	Saturday 12 December 2018	Saturday 19 January 2019	Saturday 2 February 2019	Saturday 9 February 2019	
KEILOR	DONCASTER	WERRIBEE	DONCASTER	WERRIBEE	MEADOWGLEN	
YELLOW	RED	YELLOW	RED	YELLOW	RED	
Program 1	Program 2	Program 1	Program 2	Program 1	Program 2	
Triple J1 x5 L Hurdles x2		Triple J1 x5 S Hurdles x2		Triple J1 x5 Wind G x1, 800m x1 L Hurdles 400 Relay x2		Athletics Essendon
Shotput2 x4		Shotput2 x4		Shotput2 x4 L Hurdles		Brunswick
Shotput1 x4		Shotput1 x4		Shotput1 x4 L Hurdles		Coburg Harriers
	Long J1 x 4		Long J1 x 4		Long J1 x4	Collingwood Harriers
	Discus x4		Discus x4		Discus x4	Diamond Valley
	Javelin x4		Javelin x4		Javelin x4	Doncaster
	Pole Vault x3 L Hurdles x4 S Hurdles x4		Wind Gauge x1 Relays x3 L Hurdles x2		Pole Vault x3 Relays x2 Steeple x4 S Hurdles x4	Ivanhoe Harriers
Wind Gauge x 1 Track x1, 800m x1 L Hurdles x2		Triple J2 X 5 S Hurdles x2		Triple J2 X 5 L Hurdles		Keilor St Bernards
High J1 x4 L Hurdles x2		High J1 x4		Pole Vault x4 L Hurdles		Melbourne University
	Long J2 x4		Long J2 x4		Long J2 x4	Preston
	Wind Gauge x1 L Hurdles x4 S Hurdles x4		Pole Vault x3 Relays x3 L Hurdles x4		Wind Gauge x1 Relays x2 Steeple x4 S Hurdles x4	Richmond Harriers
Track x2 Admin x2		High J2 x4		Track x2, Admin x2 L Hurdles		South Melbourne
Hammer x4 L Hurdles x2		Wind Gauge x1 800m x1 400 relay x2 S Hurdles x2		Hammer x4 L Hurdles		Western Athletics
	Admin x2		Admin x2		Admin x2	Whittlesea
High J2 x4		Hammer x4		High J1 x4 L Hurdles		Williamstown
Triple J2 x5		Track x2, Admin x2 S Hurdles x2		High J2 x4 L Hurdles		Wyndham