



Australian Relay Championships - Victorian Team Information

What: 4 x 100 & 4 x 400 both men & women
Where: Adelaide Track Classic, South Australia
When: Saturday 21st February 2015, approx. 5-9pm
Who: Athletics Victoria will send our best possible teams to the Championships.

Eligibility

- Athletes must be current AV members
- Athletes must have competed in at least one of:
 - AV Shield or Zone v Zone
 - AV Knockout
 - Victorian Country Championships
- Athletes must complete the [nomination form](#) online by Friday 30 January

Selection Criteria

- Four men and four women will be selected for the 4x100
- Four men and four women will be selected for the 4x400
- Form from the 2014/15 will be prioritised over personal best performances
- The selection panel will consist Nick Wall (Victorian Team Manager), Brendan Cole (AVTTP Co-ordinator) & Anula Costa (AVTTP Sprints & Hurdles Coach)

Athletes selected will be notified on Sunday 8 February and published on the AV website on Monday 9 February

Team Travel & Accommodation

AV will provide transport to the Championships. Athletes will travel from Melbourne to Adelaide on the morning of Saturday 21 February and return lunchtime on Sunday 22 February. Flights to be confirmed shortly. Athletes will receive one night's free accommodation at the Adelaide Shores Resort, West Beach. AA travel supported athletes will be housed at the AA athlete accommodation.

Uniform

Athletes will compete in the AV Star Athletic team uniform. All athletes selected will receive complimentary top (singlet or crop) and bottom (shorts, tights, briefs).

Individual Events

All relay athletes have the opportunity to compete in one individual event at the event.

Further Information & Questions should be directed to Nick Wall

Nick.wall@athsvic.org.au

(03) 8646 4500

0416 077 363