

Gippsland Athletics Club held their inaugural Halloween Nitro Challenge on Tuesday 31st October 2017.

INDIVIDUAL RESULTS:

150M

Women: Senior - Sarah Ruddell 21.36

Men: Junior - Blake Davis 19.14, Tim Ruddell 21.28, Seth Cropley 21.56, Lachlan McGrail 23.21, Joshua Van Baalen 23.45; Senior - Craig Rollinson 17.80, Ben Cruickshank 19.88, Brendan Caffrey 21.17, Simon Van Baalen 21.82, Howard Smith 37.73

JAVELIN

Women: Junior - Jenna Ross 26.69 + accuracy bonus; Senior - Sarah Ruddell 18.80 + accuracy bonus, Kelly Davey 8.90

Men: Junior - Joshua Van Baalen 19.83 + accuracy bonus, Blake Davis 19.65, Tim Ruddell 15.93, Lachlan McGrail 4.31; Senior - Simon Van Baalen 32.70, Ben Cruickshank 27.23 + accuracy bonus, Brendan Caffrey 20.40

1000M

Women: Senior - Kelly Davey 4:15.40

Men: Junior - Seth Cropley 3:26.51, Tim Ruddell 3:27.29, Lachlan McGrail 4:03.57, Joshua Van Baalen 4:24.18; Senior - Craig Rollinson 3:39.21, Brendan Caffrey 3:58.21

LONG JUMP

Women: Junior - Jenna Ross 1.97; Senior - Sarah Ruddell 3.81, Kelly Davey 3.39

Men: Junior - Blake Davis 4.64, Lachlan McGrail 3.66, Joshua Van Baalen 3.39, Tim Ruddell 2.91; Senior - Craig Rollinson 5.80, Brendan Caffrey 4.41, Ben Cruickshank 4.15, Simon Van Baalen 3.99

SHOT PUT

Women: Junior - Jenna Ross 8.42

Men: Junior - Joshua Van Baalen 8.84, Blake Davis 8.04, Tim Ruddell 6.97, Lachlan McGrail 6.43; Senior - Simon Van Baalen 10.34, Ben Cruickshank 8.39, Craig Rollinson 7.54

5 MINUTE DISTANCE

Women: Senior - Kelly Davey 1,140

Men: Junior - Seth Cropley 1,300, Tim Ruddell 1,280, Lachlan McGrail 1,180

MEDLEY RELAY (100,100,200,400)

1st - Stooges + 1 (Lachlan, Brendan, Ben, Craig) 2.02

2nd - Chipmunks (Jenna, Blake, Joshua, Tim) 2.07

3rd - Jamaica (Matthew, Simon, Sarah, Kelly) 2.32

Gippsland Athletics regular track and field season resumes with Round 4 on Tuesday 14th November, 6pm at the Joe Carmody Track, Newborough

Events: 100m, Javelin, Discus, 5000m/3000m/3000m Walk, Long Jump, Discus, 400m