

Junior Nationals: How to (double-sided sheet, turn over for more info!)

1. **So, you want to go to Junior Nationals? (Sydney Olympic Park, NSW, March 26th-April 2nd)**
 - i. Have you have achieved a qualifying standard since January 1st 2016 according to the Athletics Australia Standards?
 - ii. Have you have finished 1st, 2nd or 3rd, at either the 2016 Victorian All Schools, or the 2017 Victorian Junior Championships?
- iii. **If the answer is “YES” to A or B → you have qualified for Junior Nationals**
 - iv. If you have a medal from either of the above listed Victorian Championships, but do not have a qualifying performance → you qualify for junior nationals via your medal winning performance
 - v. If you have achieved an Athletics Australia qualifying standard, yet have not medalled at either of the above Victorian championships, you qualify for junior nationals via your performance standard
2. **You have competed at the Victorian Championships**
3. **Pay your event entry fee (\$30 per event), and team levy (\$70) at your Athletics Victoria member portal by Monday, March 6th 11:59pm → NO LATE ENTRIES WILL BE ACCEPTED**
 - Visit <http://athsvic.org.au/> → on the top of the right-hand side of the screen, select “Member Portal”
 - Enter your member login details, and purchase your desired event and the team levy for the 2017 Australian Athletics Championships → if you don’t know your login details, please contact AV at info@athsvic.org.au or 8646 4500 (DO NOT CREATE ANOTHER MEMBER PROFILE)
 - **When prompted, enter with your SEASONS BEST (best performance since January 1st, 2016) → This ensures heat seeding is accurate**
4. **Ensure you have** a competition top (singlet or crop top) and bottoms (split shorts, boy leg briefs, bloomers, half-tights or long tights) to compete in, **uniform items** available at: <https://starathletic.com.au/athleticsvictoria>
 - i. Username = Nationals2017
 - ii. Password = Uniform2017
 - iii. **Uniform orders close March 10th 11:59pm**
5. **JDS Athletes:** If you have qualified for the Under 14 age bracket of the Australian Junior National Championships:
 - i. You **MUST** join an Athletics Victoria club as a dual athlete to be eligible (please contact kirby@athsvic.org.au with any questions)
 - ii. **Minimum Age:** You **MUST** be 12 years of age by December 31st, 2017

6. Athletics Victoria **will NOT be providing accommodation or flight packages to Sydney**, please make your own travel and accommodation arrangements – team management will be available at the track to assist athletes in the competition period, complimented by a full medical staff – for any further questions, contact sean@athsvic.org.au

ARE YOU INTERESTED IN BEING SELECTED FOR A RELAY?

- **Relay submissions close Monday, March 6th 11:59pm**
- If you are an automatic selection by finishing position, please, complete the nomination form to avoid confusion and confirm your interest
- Submission of interest form to be completed at: <https://goo.gl/forms/uU8szecgsiYdZDLC2>

Further relay squad information from Victorian Relay Coordinator, Dan Martin:

Hi All,

This year's national championships will include relays from Under 14 through to Open. Following this weekend of competition, relay squads of a minimum of 6 per relay team will be selected (**note – these are not NOT final team selections**), excluding the U16 4x200 which will be selected following weekend 2 of the Victorian Championships.

For all underage relays, the top 2 in every age group will automatically be part of the squad, with **all further places chosen at selectors discretion**, i.e. the under 16 4x100 will be the first two placings in the under 15 100m, first two placings in the 16 100m and two athletes from either U15 or U16.

For all Open relays, the first 4 placings will automatically be included in the relay squad, along with a minimum of two additional athletes. **Open athletes still must register their interest, at the above google form.**

Once squads have been formed, there will be a compulsory relay training day where preliminary teams will be selected, including 1st and 2nd emergencies. Final teams will be submitted 3 hours prior to the relay start time, minor adjustments may be made following relevant individual events, up until this time.