

**'A' Program**  
**6.00pm 100 Metres**  
 Men and Women— All Ages  
**6.20pm Javelin**  
 Men and Women— All Ages  
**6.30pm 3 /5K and 3K walk**  
 Men and Women—All Ages  
**6.30pm Long Jump**  
 Men and Women— All Ages  
**7.00pm Discus**  
 Men and Women— All Ages  
**7.15pm 400m**  
 Men and Women—All Ages

**'B' Program**  
**6.00pm 200 Metres**  
 Men and Women— All Ages  
**6.20pm High Jump**  
 Men and Women— All Ages  
**6.20pm Discus**  
 Men and Women – All Ages  
**6.45pm 1500m/1500m Walk**  
 Men and Women— All Ages  
**7.00pm Shotput**  
 Men and Women— All Ages  
**7.15pm 100 Metres**  
 Men and Women— All Ages

**'C' Program**  
**6.00pm 800 Metres**  
 Men and Women— All Ages  
**6.15pm Hammer Throw**  
 Men and Women— All Ages  
**6.30pm Triple Jump**  
 Men and Women— All Ages  
**6.45pm 2K run and walk**  
 Men and Women—All Ages  
**6.45pm Shot Put**  
 Men and Women— All Ages  
**7.15pm 100m**  
 Men and Women— All Ages

\* We are trialing a new program so these events and dates may be subject to change on the night due to time constraints and helpers\*

## Track and Field Fixture

(VC = Vern Curnow Shield )

### OCTOBER 2018

Tue 9	Interclub	Round 1 A	Newborough
Tue 16	Interclub	Round 2 B	Newborough
Tue 23	Interclub	Round 3 C	Newborough
Tue 30	Interclub	NITRO Night	Newborough

### NOVEMBER 2018

Tue 13	Interclub	Round 4 A	Newborough
Tue 20	VC Shield	Program 1	Newborough
Tue 27	Interclub	Round 5 B	Newborough

### DECEMBER 2018

Tue 4	Interclub	Round 6 C	Newborough
Tue 11	VC Shield	Program 2	Newborough
Tue 18	Interclub	Round 7 A	Newborough

### JANUARY 2019

Tue 8	Interclub	Round 8 B	Newborough
Tue 15	Interclub	Round 9 C	Newborough
Tues 22	VC Shield	Program 3	Newborough

Sat 26th – Mon 28th Vic Country C/ships, Bendigo

### FEBRUARY 2019

Tue 5	Interclub	Round 10 A	Newborough
Tue 12	Interclub	Round 11 B	Newborough
Tue 19	Interclub	Round 12 C	Newborough
Tue 26	Gippsland Pentathlon C/ships		Newborough

### MARCH 2019

Sun 24<sup>th</sup> Presentation 12.30pm  
 Venue : Drouin Secondary College  
 Mon 25<sup>th</sup> AGM Rec. Centre, Newborough



## GIPPSLAND ATHLETICS CLUB 11 years of age or older TRACK AND FIELD PROGRAM

Tuesdays 6:00pm – 7:30pm  
 October - February  
**2018/2019**

### VENUE

JOE CARMODY ATHLETICS TRACK  
 CNR JOHN FIELD DR & OLD SALE RD  
**NEWBOROUGH**

For further information go to:  
[www.gippslandathletics.com.au](http://www.gippslandathletics.com.au)  
[secretary@gippslandathletics.com.au](mailto:secretary@gippslandathletics.com.au)

*This program proudly sponsored by:*

