

‘A’ Program
 6.00pm 100 Metres
 Men and Women— All Ages
 6.15pm Discus
 Men and Women— All Ages
 6.30pm 400m
 Men and Women—All Ages
 6.45pm Long Jump
 Men and Women— All Ages
 7.00pm 3000/5000m/3000m Walk
 Men and Women— All Ages
 7.00pm Shot Put
 Men and Women—All Ages

‘B’ Program
 6.00pm 100 Metres
 Men and Women— All Ages
 6.15pm Javelin
 Men and Women— All Ages
 6.30pm 1500m/1500m Walk
 Men and Women— All Ages
 6.45pm Triple Jump
 Men and Women— All Ages
 7.00pm 200 Metres
 Men and Women— All Ages
 7.00pm Discus
 Men and Women— All Ages

‘C’ Program
 6.00pm 100 Metres
 Men and Women— All Ages
 6.15pm Hammer Throw
 Men and Women— Selected Ages
 6.15pm High Jump
 Men and Women— All Ages
 6.30pm 800 Metres
 Men and Women—All Ages
 7.00pm Shot Put
 Men and Women— All Ages
 7.15pm 2000m/2000m Walk
 Men and Women— All Ages

Track and Field Fixture

(VC = Vern Curnow Shield)

OCTOBER 2016

Tue 4	Interclub	Round 1 A	Newborough
Tue 11	Interclub	Round 2 B	Newborough
Tue 18	Interclub	Round 3 C	Newborough
Tue 25	Interclub	Round 4 A	Newborough

NOVEMBER 2016

Tue 8	Interclub	Round 5 B	Newborough
Tue 15	Interclub	Round 6 C	Newborough
Tue 22	Interclub	Round 7 A	Newborough
Tue 29	Interclub	Round 8 B	Newborough

DECEMBER 2016

Tue 6	Interclub	Round 9 C	Newborough
Tue 13	VC Shield	Program 1	Newborough
Tue 20	Interclub	Round 10 A	Newborough

JANUARY 2017

Tue 3	Interclub	Round 11 B	Newborough
Tue 10	VC Shield	Program 2	Newborough
Tues 17	VC Shield	Program 3	Newborough
Tue 24	Interclub	Round 12 C	Newborough

Thu 26th – Sat 28th Vic Country C/ships, Casey

FEBRUARY 2017

Tue 7	Interclub	Round 13 A	Newborough
Tue 14	Interclub	Round 14 B	Newborough
Tue 21	Interclub	Round 15 C	Newborough
Tue 28	Gippsland Pentathlon C/ships		Newborough

MARCH 2017

Tbc Sun 19 Presentation Night, Moe
Tbc Mon 20 AGM Rec. Centre, Newborough



GIPPSLAND ATHLETICS CLUB
11 years of age or older
TRACK AND FIELD
PROGRAM

Tuesdays 6:00pm – 7:30pm
 October - March
2016/2017

VENUE

JOE CARMODY ATHLETICS TRACK
 CNR JOHN FIELD DR & OLD SALE RD
NEWBOROUGH

For further information go to:
www.gippslandathletics.com.au
secretary@gippslandathletics.com.au

This program proudly sponsored by:



* *These events and dates are subject to change* *

Inter Club

Age Group Categories:

U14, U16, U18, U20,

Open, Veteran (40+)

Male and Female

Ages as at 31st December 2016

Club Championship Points
awarded for each (max 4) event to
AV registered athletes.

Athletes choose which events to compete in.

Weekly competitions

Gippsland Athletics Members: No fee

Other AV Clubs Entry Fee \$2

Invitation Entry Fee \$2

Athletes are allowed 2 invitations only
and then they require Athletics
Victoria and Club Registration

Vern Curnow Shield will be held over
3 rounds in 2016/17. This is a
Interclub competition between
GPA, SCA, TRH and WEL.

Gippsland *EnergyAustralia* Pentathlon
Championship

28th February 2017 Entry Fee \$10
(Medallions Awarded)

Age as at day of competition.

ALL WELCOME

2016/2017 contacts:

President:

Cheryl Hughes

Ph. 0428 822 540

Secretary:

Janelle McGrail

Ph. 0412 039 277

secretary@gippslandathletics.com.au

Registrar:

Noella Foster

Ph. 5145 6999/0427 347 082

Club website:

www.gippslandathletics.com.au

School sports / Equipment hire:

Please contact Secretary or
refer to website for details and hire form.

Website hosted by:

Spectrum Productions

<http://www.spectrumhosting.com.au>



Membership

Membership is open to any person
11 years of age or older.

All standards are catered for
from beginners and disabilities
(subject to equipment availability)
to advanced competitors.

The club offers the opportunity
to participate at your own level
whilst encouraging and assisting
your improvement.

Season prices:

Open Age = \$155

Junior Age (11-19) = \$115

Current and recent Little Athletes:
Dual (current LA) age 11-14 = \$70

**Optional extra: Metro shield season
(Open \$125, Junior \$100, Dual \$55)*

COACHING:

**Coaching is offered to all Gippsland
Athletics Club members.**

**Please contact the club if you are
interested in receiving coaching.**