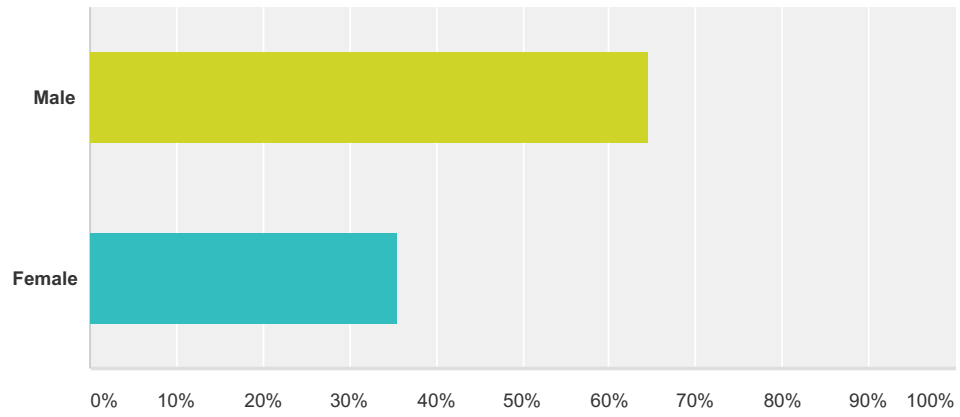


Q1 What is your gender?

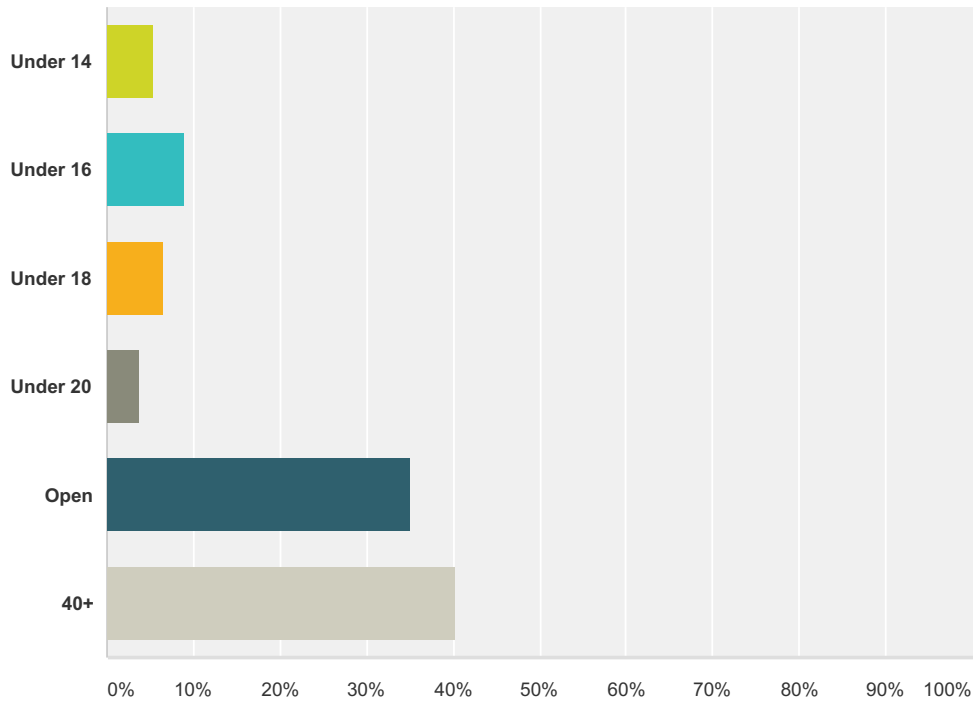
Answered: 353 Skipped: 1



Answer Choices	Responses
Male	64.59% 228
Female	35.41% 125
Total	353

Q2 Please indicate your age group:

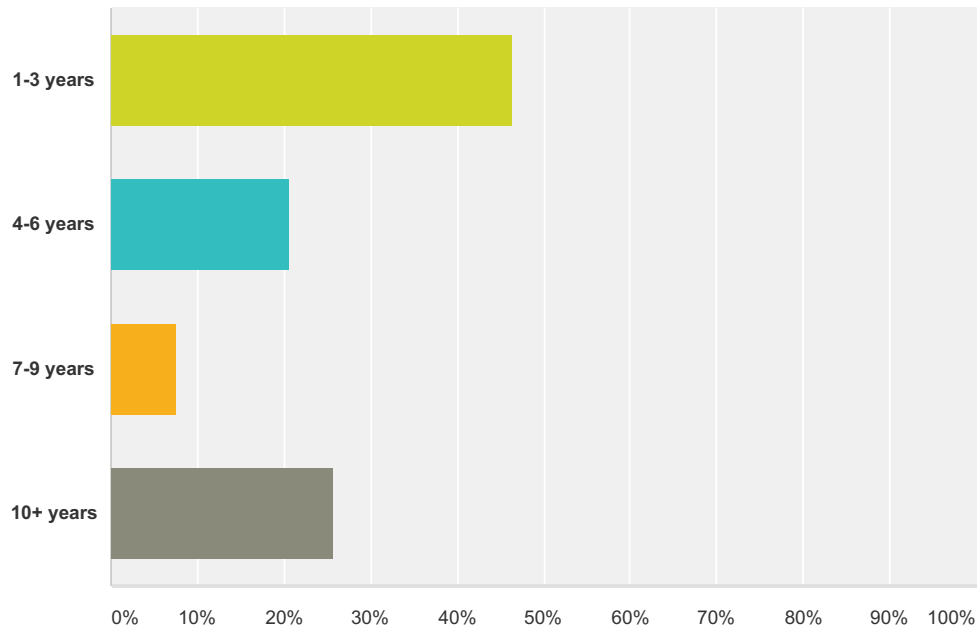
Answered: 353 Skipped: 1



Answer Choices	Responses	
Under 14	5.38%	19
Under 16	9.07%	32
Under 18	6.52%	23
Under 20	3.68%	13
Open	35.13%	124
40+	40.23%	142
Total		353

Q3 How long have you competed in AV winter competition?

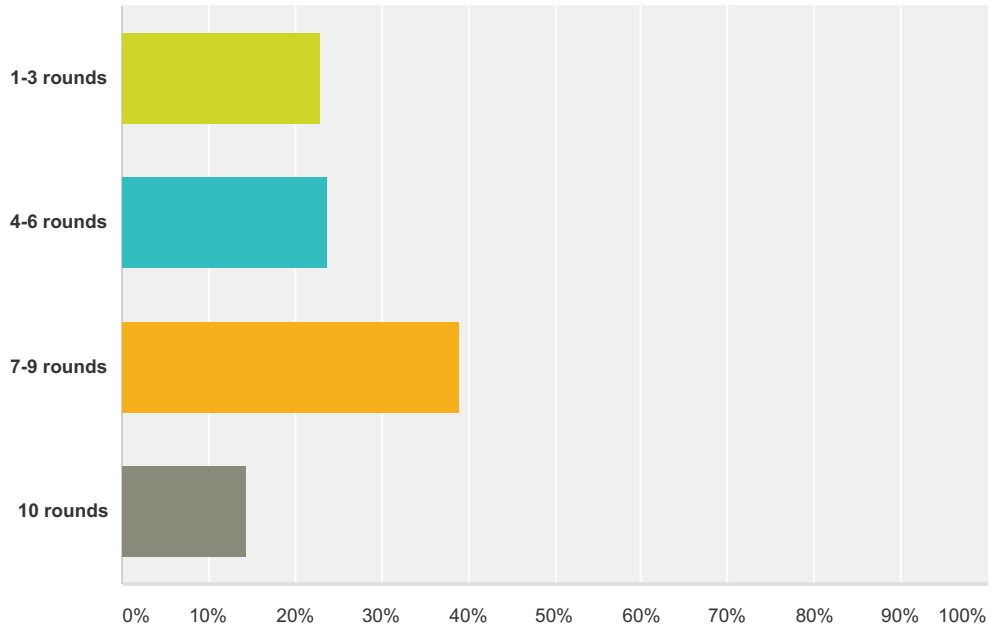
Answered: 350 Skipped: 4



Answer Choices	Responses
1-3 years	46.29% 162
4-6 years	20.57% 72
7-9 years	7.43% 26
10+ years	25.71% 90
Total	350

Q4 How many rounds of XCR'15 did you compete in this year?

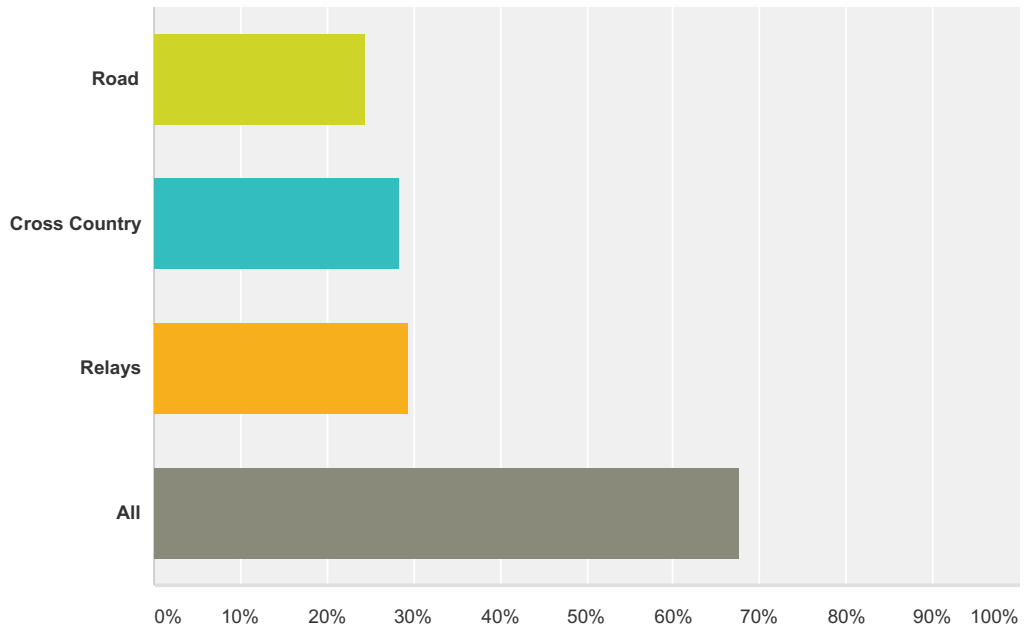
Answered: 349 Skipped: 5



Answer Choices	Responses	Count
1-3 rounds	22.92%	80
4-6 rounds	23.78%	83
7-9 rounds	38.97%	136
10 rounds	14.33%	50
Total		349

Q5 Did you compete in...

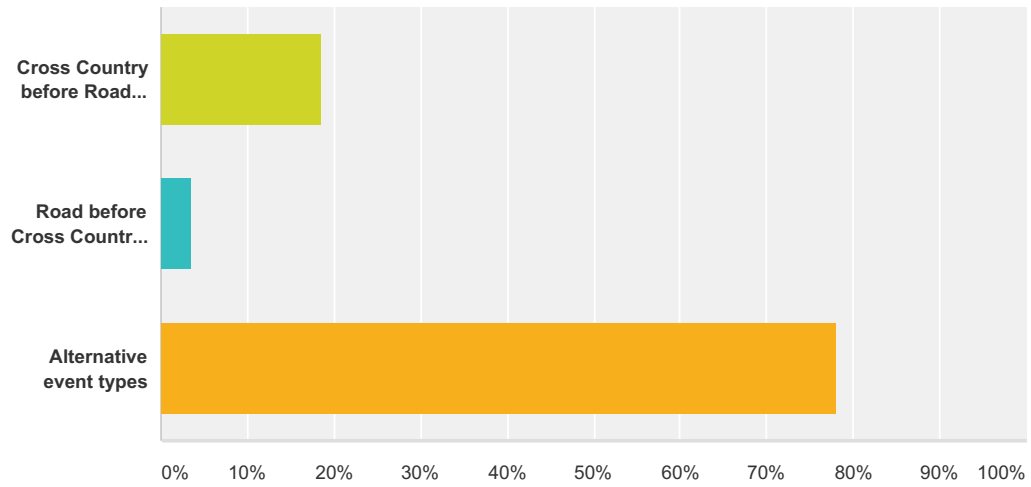
Answered: 349 Skipped: 5



Answer Choices	Responses
Road	24.36% 85
Cross Country	28.37% 99
Relays	29.51% 103
All	67.62% 236
Total Respondents: 349	

Q6 Do you prefer the season to have...

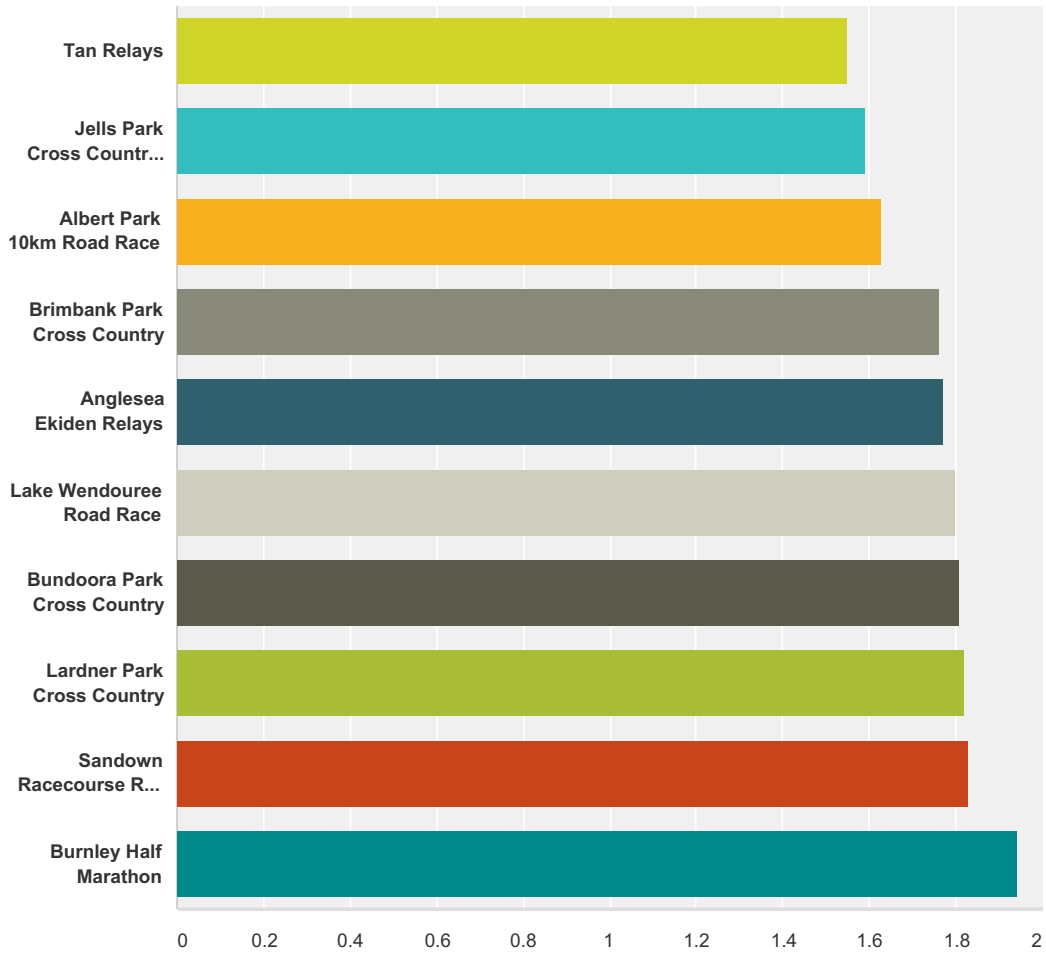
Answered: 346 Skipped: 8



Answer Choices	Responses
Cross Country before Road events	18.50% 64
Road before Cross Country events	3.47% 12
Alternative event types	78.03% 270
Total	346

Q7 How did you rate each event throughout the XCR'15 season?

Answered: 350 Skipped: 4

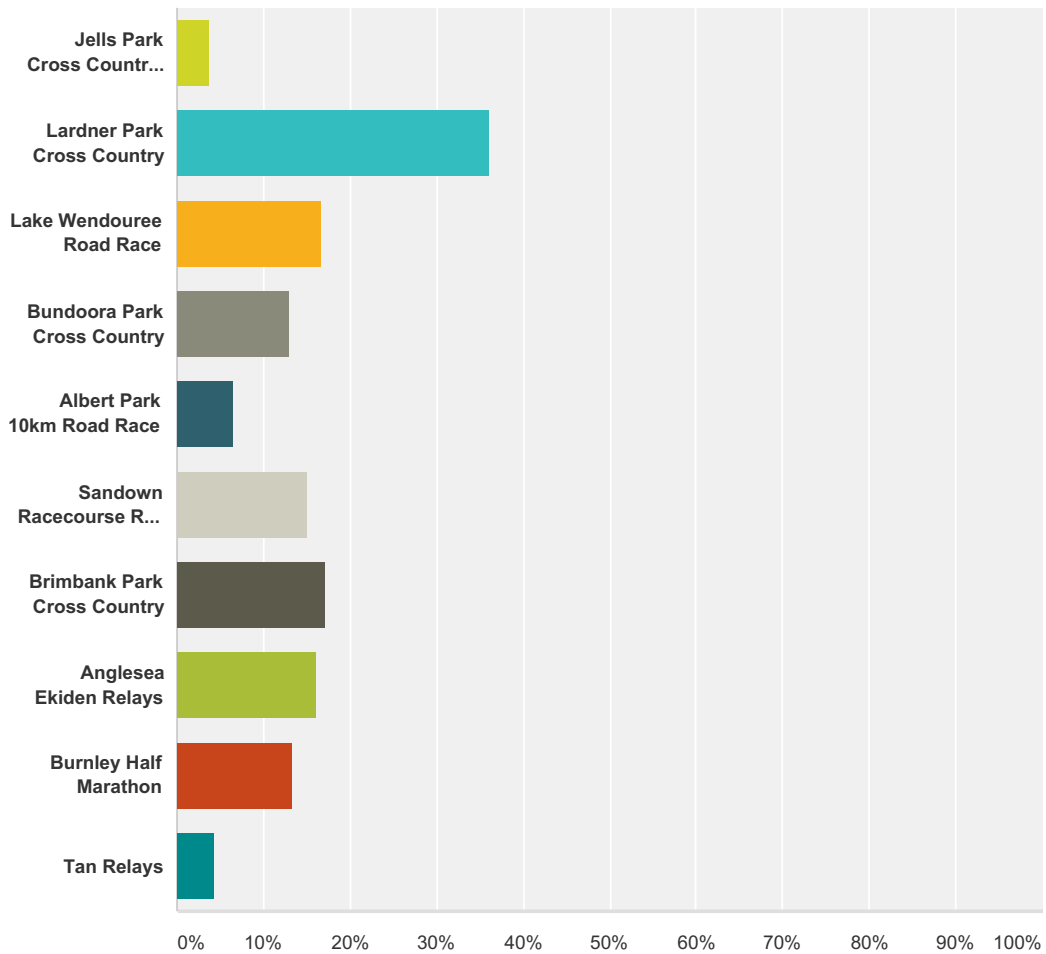


	Excellent	Great	Good	Poor	Total	Weighted Average
Tan Relays	58.82% 170	29.41% 85	9.69% 28	2.08% 6	289	1.55
Jells Park Cross Country Relays	52.78% 152	35.76% 103	10.76% 31	0.69% 2	288	1.59
Albert Park 10km Road Race	53.61% 141	30.80% 81	14.45% 38	1.14% 3	263	1.63
Brimbank Park Cross Country	45.21% 118	35.25% 92	18.01% 47	1.53% 4	261	1.76
Anglesea Ekiden Relays	49.79% 119	27.20% 65	18.83% 45	4.18% 10	239	1.77
Lake Wendouree Road Race	43.61% 116	35.34% 94	18.80% 50	2.26% 6	266	1.80
Bundoora Park Cross Country	41.13% 116	37.94% 107	19.86% 56	1.06% 3	282	1.81
Lardner Park Cross Country	44.27% 112	32.81% 83	19.37% 49	3.56% 9	253	1.82
Sandown Racecourse Road Relays	38.63% 107	41.52% 115	17.69% 49	2.17% 6	277	1.83

Burnley Half Marathon	38.26% 88	34.35% 79	22.61% 52	4.78% 11	230	1.94
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Q8 What event / venue would you like to see changed for XCR'16?

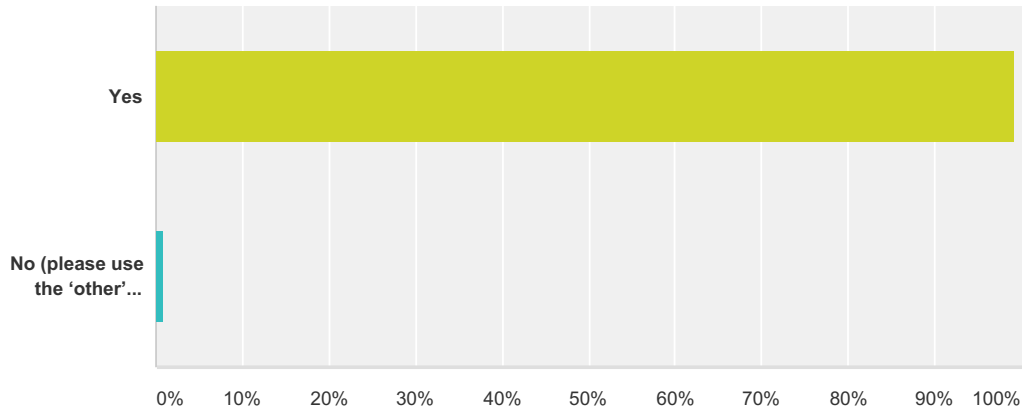
Answered: 186 Skipped: 168



Answer Choices	Responses
Jells Park Cross Country Relays	3.76% 7
Lardner Park Cross Country	36.02% 67
Lake Wendouree Road Race	16.67% 31
Bundoora Park Cross Country	12.90% 24
Albert Park 10km Road Race	6.45% 12
Sandown Racecourse Road Relays	15.05% 28
Brimbank Park Cross Country	17.20% 32
Anglesea Ekiden Relays	16.13% 30
Burnley Half Marathon	13.44% 25
Tan Relays	4.30% 8
Total Respondents: 186	

Q9 Have you enjoyed the event atmosphere at XCR'15 events?

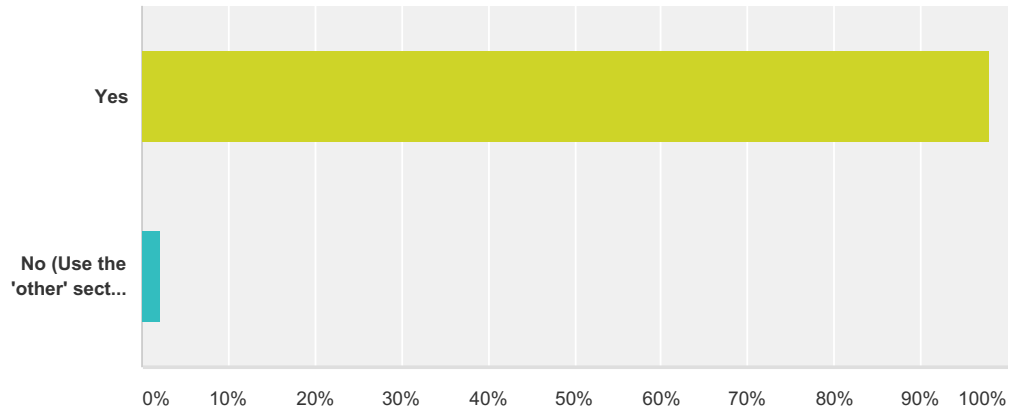
Answered: 346 Skipped: 8



Answer Choices	Responses
Yes	99.13% 343
No (please use the 'other' section to provide feedback)	0.87% 3
Total	346

Q10 Would you recommend XCR to a friend?

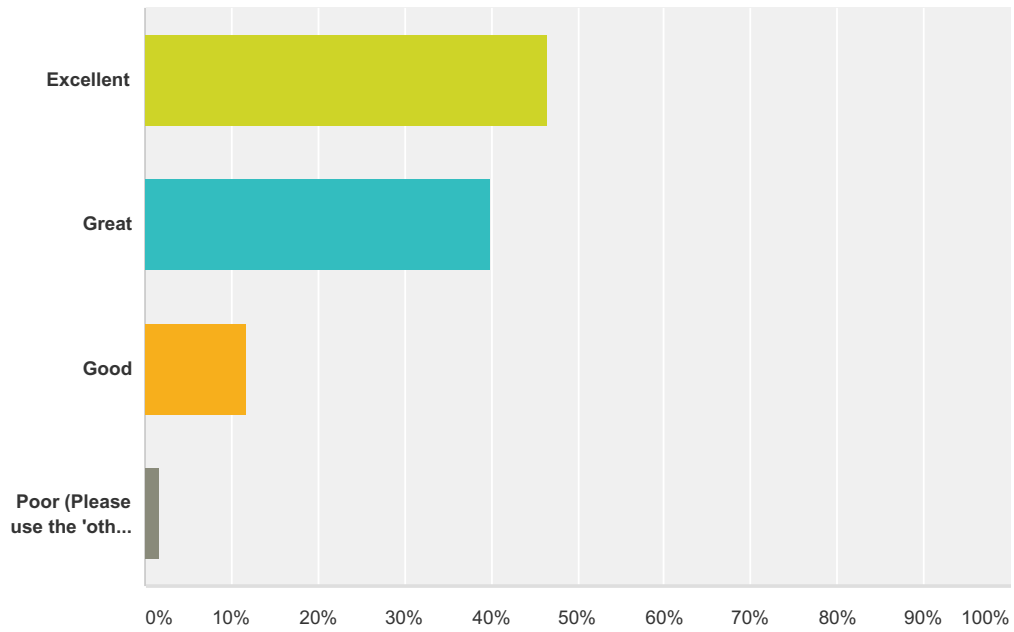
Answered: 348 Skipped: 6



Answer Choices	Responses	
Yes	97.99%	341
No (Use the 'other' section to explain why)	2.01%	7
Total		348

Q11 Overall, your XCR'15 experience this year was....

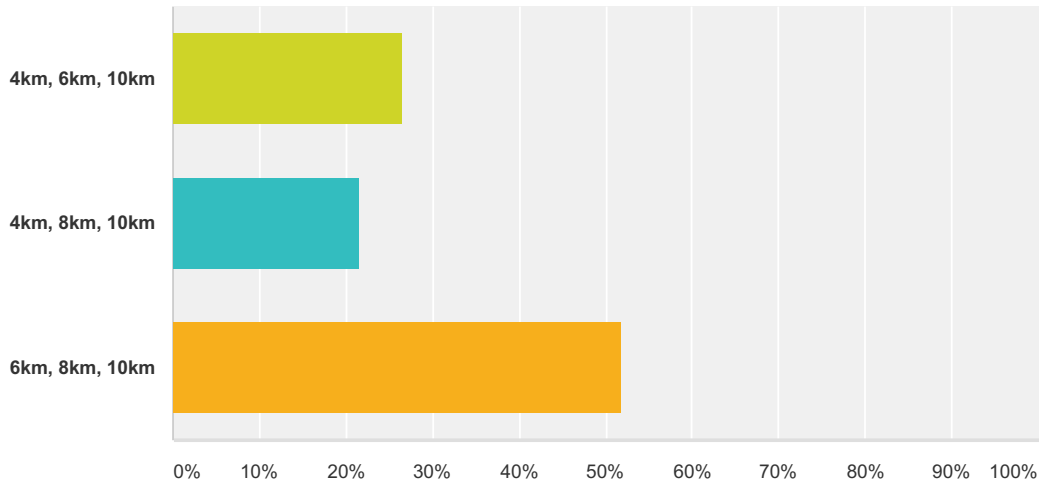
Answered: 348 Skipped: 6



Answer Choices	Responses
Excellent	46.55% 162
Great	39.94% 139
Good	11.78% 41
Poor (Please use the 'other' section to explain why)	1.72% 6
Total	348

Q12 With international cross country distances changing from 8km to 10km for women; national and state level associations are implementing this change for the 2016 season. What do you think is an appropriate selection of distances for cross country events across XCR'16 for women?

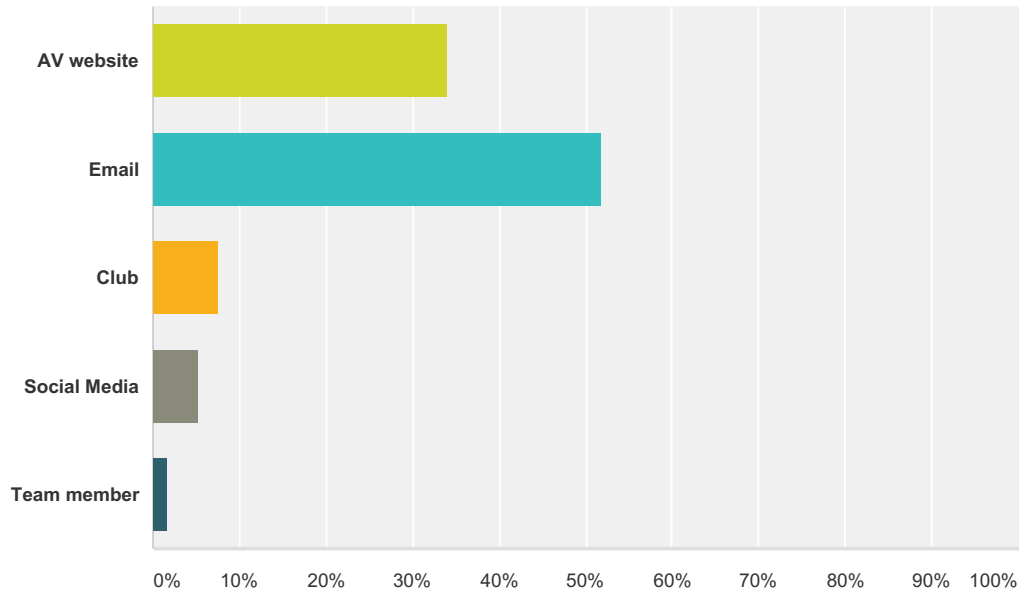
Answered: 324 Skipped: 30



Answer Choices	Responses	
4km, 6km, 10km	26.54%	86
4km, 8km, 10km	21.60%	70
6km, 8km, 10km	51.85%	168
Total		324

Q13 What was your preferred method of communication to access information about XCR'15?

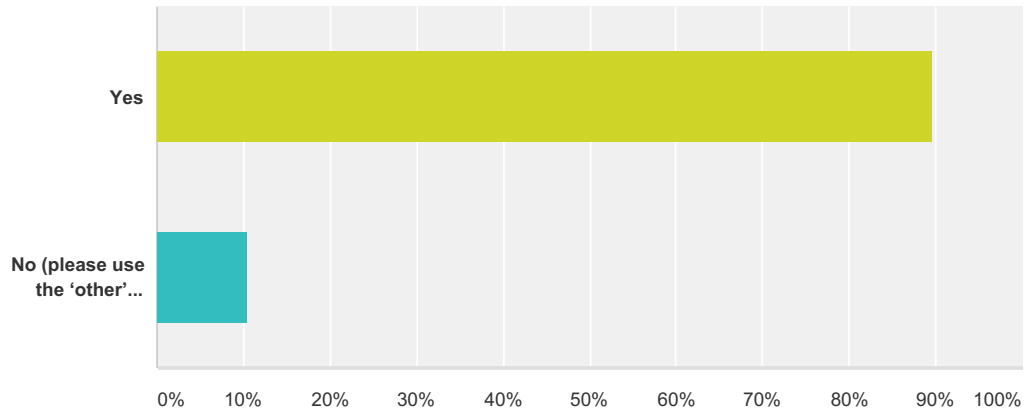
Answered: 350 Skipped: 4



Answer Choices	Responses	Count
AV website	34.00%	119
Email	51.71%	181
Club	7.43%	26
Social Media	5.14%	18
Team member	1.71%	6
Total		350

Q14 Was the XCR'15 Handbook a useful information tool for event details and competition rules?

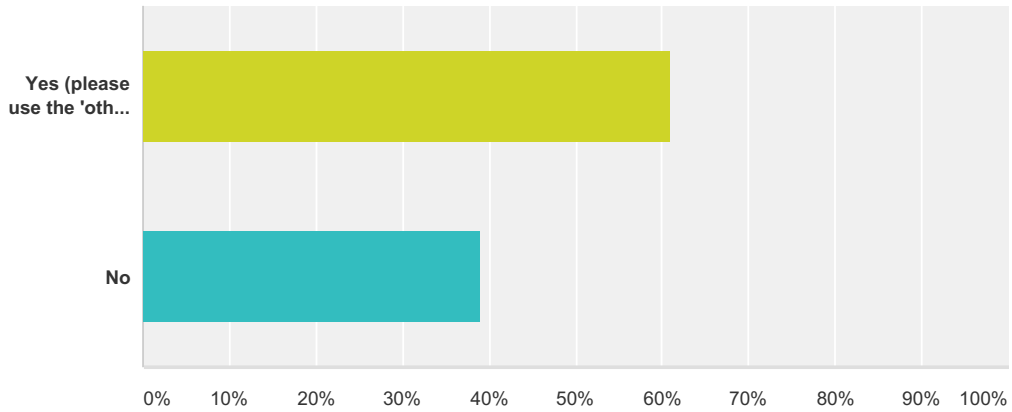
Answered: 342 Skipped: 12



Answer Choices	Responses
Yes	89.47% 306
No (please use the 'other' section to provide feedback or suggestions for XCR'16)	10.53% 36
Total	342

Q15 Would you be interested in a summer cross country / trail event?

Answered: 341 Skipped: 13



Answer Choices	Responses
Yes (please use the 'other' section to provide suggestions)	61.00% 208
No	39.00% 133
Total	341