

AV SHIELD

BLUE AND WHITE ZONE DUTY ROSTER

	RND 1	RND2	RND 3	RND 4	RND 5	RND 6
	Saturday 6 October 2018	Saturday 13 October 2018	Saturday 20 October 2018	Saturday 27 October 2018	Saturday 10 November 2018	Sunday 17 November 2018
	CASEY FIELDS	NUNAWADING	CASEY FIELDS	RINGWOOD	KNOX	MT EVELYN
	BLUE	WHITE	BLUE	WHITE	BLUE	WHITE
CLUB	Program 1	Program 2	Program 1	Program 2	Program 1	Program 2
Athletics Nunawading		Equipment x1		Discus x4		Discus x4
Athletics Waverley				Invitations x1		Invitations x1
Box Hill		Long J1 x4 S Hurdles x8		Long J1 x4 L Hurdles x8		Javelin x4 100m Relays x6
Casey Cardinia	Hurdles x6		Hurdles x6		ShotPut x3 Admin x1	
Dandenong Springvale	Track x1		High J x1		Track x1	
Frankston	Shotput x3 General x2 Admin x1		Shotput x3 Shotput x3		Triple J x3 Track x3	
Glenhuntly	Hammer x4 Shotput x3		Hammer x3 Pole Vault x3 Triple J x1		Hammer x4 Shotput x3	
Knox Athletics	High J x3 Track x2		High J x5		Hurdles x5	
Maccabi	Track x1		Track x1		Track x1	
Malvern Harriers		Invitations x1				
Mentone	Triple J x3 High J x3		Triple J x5		Triple J x3 Pole Vault x2	
Mornington Peninsula	Pole Vault x1		Admin x1		Pole Vault x1	
Old Melburnians				200m Relays x4		S Hurdles x8
Old Scotch Collegians						Pole Vault x3
Old Xaverians				200m Relays x4		S Hurdles x8
Ringwood		Discus x4		Equipment x1		Long J2 x4
Sandringham	Triple J x4 Pole Vault x2		Pole Vault x3 Track x3		High J x5	
St Kevins				Wind Gauge x1		Long J1 x4
St Stephens Harriers		Wind Gauge x1				
Victorian Masters		Long J2 x4		Long J2 x4		Wind Gauge x1
Yarra Ranges		Javelin x4		Javelin x4		Equipment

PLEASE NOTE – Blue Zone - Please note that for Round 8 (Lakeside Stadium) ALL Blue Zone Clubs will be required to provide one helper each to

RND 7	RND 8	RND 9	RND 10	RND 11	RND 12	
Saturday 1 December 2018	Friday 14 December 2018	Saturday 12 December 2018	Saturday 19 January 2019	Saturday 2 February 2019	Saturday 9 February 2019	
FRANKSTON	LAKESIDE	GLENHUNTLY	BOX HILL	KNOX	NUNAWADING	
BLUE	WHITE	BLUE	WHITE	BLUE	WHITE	
Program 2	Program 1	Program 2	Program 1	Program 2	Program 1	
	Shot Put C2 x3 Hammer C1 x4		High J1 x3 200m Relays x4		Equipment x1 400m Relays x2	Athletics Nunawading
			High J2 x3		High J2 x3	Athletics Waverley
	Pole Vault x3 Shot Put x3 Hammer C2 x4		Pole Vault x3 Equipment x1 S Hurdles x8		High J1 x3 Pole Vault x3	Box Hill
Long J x4		Javelin x4		Track x3 Admin x3		Casey Cardinia
Track x1		Admin x1		Relays x1		Dandenong Springvale
Hurdles - 6		Discus x4		Discus x4		Frankston
Discus - 4 Hurdles x2 Track x1		Hurdles x6		Javelin x4 Track x3		Glenhuntly
Long J x4 Hurdles x1		Long J x4 General x1		Hurdles x5		Knox Athletics
Track x1		Track x1		Hurdles x1		Maccabi
	800m x1		Invitations x1		Wind Gauge x1	Malvern Harriers
Javelin x4 Admin x1		Track x5		Long J x4		Mentone
General x1		General x1		Pole Vault x1		Mornington Peninsula
	L Hurdles x8				L Hurdles x8	Old Melburnians
	L Hurdles x8		800m x1		800m x1	Old Scotch Collegians
	100m Relays x6		Shot Put C1 x3		Shot Put C1x3	Old Xaverians
	Triple J2 x4		Hammer x4 200m Relays x4		Hammer x4	Ringwood
Track x4 General x2		Long J x4 Hurdles x2		Long J x4 Pole Vault x2		Sandringham
	Triple J1 x4		Triple J2 x4		Triple J2 x4	St Kevins
	Invitations x1		Wind Gauge x1		Invitations x1	St Stephens Harriers
	100m Relays x6 Wind Gauge x1		Shot Put C2 x3		Shot Put C2 x3	Victorian Masters
	High J1 x3		Triple J1 x4		Triple J1 x4	Yarra Ranges

assist with Shotput, High Jump and Pole Vault. You can break this down into shifts but you must have one helper there at any given time.