

# 2019 Athletics Victoria



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In partnership with





**Athletics Victoria's Mission:**

*For athletics to be the premier recreational and competitive participation sport in Victoria*

**Athletics Victoria's Vision:**

*To provide leading opportunities in athletics to all Victorians*

## Athletics Victoria Target Talent Program (AVTTP) Overview

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The Athletics Victoria Target Talent Program (AVTTP) is a high-performance pathway program funded and regulated in partnership with Athletics Australia (AA) and the Victorian Institute of Sport (VIS). The program is strongly aligned with activities of the Athletics Australia High Performance Department and has been established to:

- Act as the early talent identification component of Athletics Australia's High-Performance Department;
- Encourage the best young athletes in the State by inviting them to be part of a State level squad and participate in development opportunities;
- Encourage and develop the best local coaches through recognizing them as State Coaches;
- To create meaningful contacts in the off-season between the best young athletes in the State, their personal coaches and the AVTTP State coaching Team;
- Create a National pool of identified coaches in each event group (i.e. State Coaches for Sprints & Hurdles, Endurance & Walks, Jumps, and Throws) who model best practice and who are supported by the AA National Junior Coaching Team;
- By identifying and engaging Victoria's best junior athletes and coaches through development education opportunities, the AVTTP aims to encourage both athletes and coaches to achieve their potential and to progress through the AA High Performance Pathway, in a fun, encouraging and engaging environment

The 2019 AVTTP will focus on athletes born in 2001, 2002, 2003 or 2004. *(Athletes who fall outside of this date range may be considered via discretionary selection)*

Athletics Victoria, in collaboration with Athletics Australia, will appoint a Team of [AVTTP State event group Coaches](#), who along with hosting [training and education](#) sessions, will act as points of contact for AVTTP squad athletes and their personal coaches.

AVTTP Squad Days will incorporate a combination of relevant event group training clinics and both general and event-specific education workshops. In addition, [targeted education workshops](#) will be provided for [personal coaches](#) and an [athlete's support network](#) (ie. parents, guardians). Australia's elite athletes past and present will also be engaged for both training and education sessions wherever possible.

## Athlete Inclusion Criteria

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### **Squad Period**

The 2019 AVTTP Squad training sessions will be held between May 2019 to January 2020.

### **Eligibility**

To be eligible for inclusion athletes must be a current registered member of Athletics Victoria and be born in 2001, 2002, 2003 or 2004.

### **Criteria – Able Body**

All AV athletes who have achieved the 2019 AVTTP Performance Matrix standard (*refer page 7*) between the [qualifying period of November 2, 2018 to April 7, 2019](#), or are the National Champion from the 2019 National Junior Championships in either of the U16 – U20 age groups, will be invited to nominate for the 2019 AVTTP via the link below.

In addition, all [U16 Little Athletics Victoria \(LAV\) JDS athletes](#) will gain automatic selection to the 2019 AVTTP. All eligible LAV JDS athletes are invited to complete the nomination form below.

### **Criteria – Para**

With the complexities of Para Athletics we have not been able to create a Para Standards Matrix that is fair and even across all classifications and ages. In conjunction with Athletics Australia's Paralympic Program and AV, AVTTP will identify athletes in events that will feature in the 2019 World Para Athletics Championships (Junior and Senior) based on their performance between the below mentioned dates.

*All age eligible Para athletes who are targeting either the Para JNR or SNR World Championships are encouraged to nominate via the link below.*

### **Nomination Process**

Athletes must complete and submit the following [nomination form](#) **before Friday 12<sup>th</sup> April**. Successful athletes will be notified via email on or before the 30<sup>th</sup> April.

### **Notes**

- AV may also invite additional eligible athletes and their personal coaches based on competition results for their age group and advice from Athletics Australia National Junior Event Coaches and/or AA High Performance Management;
- Age is calculated as at 31 December 2019. Age groups are outlined below accordingly.
  - [Under 18](#) - athletes must not have their eighteenth birthday on or before 31st December 2019 and must be born in 2002, 2003 or 2004
  - [Under 20](#) - athletes must not have their twentieth birthday on or before 31st December 2019 and must be born in 2000 or 2001

## **AVTTP Event Coaches**

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Where appropriate, Athletics Victoria will appoint a State TTP Coach for each of the following event groups (pending athlete numbers):

- Sprints
- Hurdles
- Horizontal Jumps
- Vertical Jumps
- Combined Events
- Throws
- Endurance
- Walks
- Para

### ***Role of the State TTP Coaches***

Each State TTP Coach will be responsible for:

- Contributing ideas to the planning of AVTTP squad days;
- Providing expert coaching and coach mentoring during AVTTP Squad Days;
- Attending the AV State Championship events;
- Attendance at one relevant National Championship event;
- Maintaining regular contact and communication with athletes and their coaches within their event group;
- Providing a quarterly report to AV and AA High Performance Department regarding AVTTP Squad Athletes in their event group. The key areas to be included in the update are training and competition status, personal coach name and contact details, and any relevant issues.

### ***Incentives for AVTTP Coaches***

Each appointed AVTTP Coach will be provided with a set remuneration, paid half yearly, and will be eligible to access funding for Professional Development activities.

### ***Eligibility***

To be eligible for a State TTP Coach position, coaches must:

- Be currently registered as an Athletics Australia Accredited Athletics Coach;
- Hold an approved AA Event Group Specific Accreditation;
- Possess a current First Aid Certificate (including CPR);
- Possess a current Working With Children Check;

### ***Selection Process***

A call for applications for AVTTP Event Coach positions will be made via the Athletics Victoria website and will include application instructions, when position(s) become available.

## Appendix 1 - Athletics Victoria Target Talent Program Performance Matrix Standards - Able Body

MEN																			
	100m	200m	400m	800m	1500m	5000m	110mH	400mH	3000S	HJ	PV	LJ	TJ	Shot	Disc	Ham	Jav	10,000W	Comb Event
U20 / 2001 Born	10.69	21.88	48.03	01:52.2	03:53.8	15:00.9	14.37	54.27	09:41.0	2.04	4.51	7.29	14.76	16.26	50.53	59.53	63.43	45:43.4	6413
						3000m			2000S									5000W	
U18 / 2002 Born	10.91	22.01	48.80	01:54.0	03:57.1	08:46.4	14.31	54.25	06:11.9	1.99	3.97	6.97	14.03	16.30	50.98	57.02	61.99	24:00.7	6026
U17 / 2003 Born	11.13	22.40	50.09	01:56.6	04:03.3	08:51.0	14.83	56.13	06:17.3	1.96	3.81	6.67	13.48	15.32	47.35	51.59	55.76	24:35.2	5715
							100mH	200mH										3000W	
U16 / 2004 Born	11.40	22.76	51.12	01:59.9	04:10.6	09:01.4	13.63	26.68	06:21.3	1.87	3.47	6.40	13.09	15.85	56.56	49.88	51.09	14:32.7	4046
WOMEN																			
	100m	200m	400m	800m	1500m	5000m	100mH	400mH	3000S	HJ	PV	LJ	TJ	Shot	Disc	Ham	Jav	10,000W	Comb Ev
U20 / 2001 Born	12.03	24.58	56.12	02:09.5	04:30.3	16:34.8	14.29	61.90	11:05.8	1.76	3.69	5.80	12.14	13.28	47.40	51.32	42.87	51:22.5	4702
						3000m			2000S									5000W	
U18 / 2002 Born	12.16	24.83	56.38	02:11.2	04:30.6	10:07.0	14.07	63.20	07:09.1	1.73	3.35	5.68	12.06	13.78	43.75	50.62	42.42	25:50.2	4713
U17 / 2003 Born	12.28	25.05	56.75	02:12.1	04:33.8	10:11.7	14.38	64.36	07:13.9	1.70	3.24	5.57	11.78	12.87	39.89	45.81	40.82	25:44.6	4444
							90mH	200mH										3000W	
U16 / 2004 Born	12.38	25.14	56.81	02:13.2	04:35.9	10:11.8	13.15	29.36	07:17.7	1.68	3.02	5.49	11.52	12.57	39.42	42.69	39.96	14:53.3	4405