

2018 Athletics Victoria

AV Target Talent Program



In partnership with



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Contents

1.	AV Vision.....	page 3
2.	AV Target Talent Program Overview.....	page 4
3.	Athlete Inclusion Criteria.....	page 5
4.	State Coaches.....	page 6
5.	Appendix 1 - Performance Matrix.....	page 7



Athletics Victoria's Vision:

For athletics to be the premier recreational and competitive participation sport in Victoria

Athletics Victoria's Mission:

To provide leading opportunities in athletics to all Victorians

Athletics Victoria Target Talent Program (AVTTP) Overview

The Athletics Victoria Target Talent Program (AVTTP) is a high performance pathway program funded and regulated in partnership with Athletics Australia (AA) and the Victorian Institute of Sport (VIS). The program is strongly aligned with activities of the Athletics Australia High Performance Department and has been established to:

- Act as the early talent identification component of Athletics Australia's High Performance Department;
- Encourage the best young athletes in the State by inviting them to be part of a State level squad and participate in development opportunities;
- Encourage and develop the best local coaches through recognising them as State Coaches;
- To create meaningful contacts in the off-season between the best young athletes in the State and their personal coaches and the best State coaches;
- Create a National pool of identified coaches in each event group (i.e. State Coaches for Sprints & Hurdles, Endurance & Walks, Jumps, and Throws) who model best practice at the local level;
- By identifying and engaging Victoria's best junior athletes and coaches through development education opportunities, the AVTTP aims to encourage both athletes and coaches to achieve their potential and to progress through the AA High Performance Pathway, in a fun, encouraging and engaging environment
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The 2018 AVTTP will focus on athletes born in 2000, 2001, 2002 or 2003. *(Athletes who fall outside of this date range may be considered via discretionary selection)*

Up to 10 State AVTTP event group Coaches may be appointed and will act as points of contact for AVTTP squad athletes and their personal coaches.

AVTTP Squad Days will incorporate a combination of relevant event group training clinics and both general and event-specific education workshops. Wherever possible, education workshops will also target personal coaches and athlete parents. Australia's elite athletes past and present will also be engaged for both training and education sessions wherever possible.

Athlete Inclusion Criteria

Squad Period

The 2018 AVTTP Squad training sessions will be held between May and October 2018.

Eligibility

To be eligible for inclusion athletes must;

- Be a current registered member of Athletics Victoria;
- Be born in 2000, 2001, 2002 or 2003;
- Be in good standing with their Club and AV, comply with [AV's Code of Conduct](#), and conduct themselves in a way that does not bring themselves, their sport or AV into disrepute;
- Have a personal coach who will attend the AVTTP Squad Days and submit an annual training plan if requested

Criteria – Able Body

To be eligible for inclusion athletes must;

- Have achieved the 2018 AVTTP Squad entry standard (*see below – page 7*) or are the National Champion from the 2018 National Junior Championships in either of the U16 – U20 age groups

Criteria – Para

With the complexities of Para Athletics we have not been able to create a Para Standards Matrix that is fair and even across all classifications and ages. With the above in mind and in conjunction with Athletics Australia's Paralympic Program and AV, we will look to identify athletes in events that will feature in the 2019 World Para Athletics (Junior and Senior) Championships based on their performance between the below mentioned dates.

Current members of any Athletics Australia's National Development Squads OR an age eligible member of an Australian International representative team in 2017/18 will also be invited to attend AVTTP squad sessions.

Notes

- AVTTP entry standards capture results achieved from 2 November 2017 and through to 19 March 2018;
(only legal performances in AV, AA or international sanctioned events will be recognised)
- AV may also invite additional athletes and their personal coaches, who may fall outside the eligibility criteria above and with advice from Athletics Australia National Youth Event Coaches, and/or the Athletics Australia High Performance Department;
- Age is calculated as at 31 December 2018. Age groups are outlined below accordingly.
 - Under 18 - athletes must not have their eighteenth birthday on or before 31 December 2018 and must be born in 2000;
 - Under 17 - athletes must not have their seventeenth birthday on or before 31 December 2018 and must be born in 2001;
 - Under 16 - athletes must not have their sixteenth birthday on or before 31 December 2018 and must be born in 2002 or 2003

AVTTP Event Coaches

Where appropriate, Athletics Victoria will appoint a State TTP Coach for each of the following event groups (pending athlete numbers):

- Sprints
- Hurdles
- Horizontal Jumps
- Vertical Jumps
- Combined Events
- Throws
- Middle Distance
- Long Distance
- Walks
- Para

AV may appoint up to ten (10) State TTP Coaches based on the needs of the AVTTP group and coaching expertise in the State. Coaches must be AA Accredited Coaches.

Role of the State TTP Coaches

Each State TTP Coach will be responsible for:

- Contributing ideas to the planning of AVTTP squad days;
- Providing expert coaching and coach mentoring during AVTTP Squad Days;
- Attending the AV State Championship events;
- Attendance at one relevant National Championship event;
- Maintaining regular contact and communication with athletes and their coaches within their event group;
- Providing a quarterly report to AV and AA High Performance Department regarding AVTTP Squad Athletes in their event group. The key areas to be included in the update are training and competition status, personal coach name and contact details, and any relevant issues.

Incentives for AVTTP Coaches

Each appointed AVTTP Coach will be provided with a set remuneration, paid half yearly, and will be eligible to access funding for Professional Development activities.

Eligibility

To be eligible for a State TTP Coach position, coaches must:

- Be currently registered as an Athletics Australia Accredited Athletics Coach;
- Hold an approved AA Event Group Specific Accreditation;
- Possess a current First Aid Certificate (including CPR);
- Possess a current Working With Children Check;

Selection Process

A call for applications for AVTTP Event Coach positions will be made via the Athletics Victoria website and will include application instructions, when position(s) become available.

Appendix 1 - Athletics Victoria Target Talent Program Performance Matrix Standards - Able Body

MEN																			
	100m	200m	400m	800m	1500m	5000m	110mH	400mH	3000S	HJ	PV	LJ	TJ	Shot	Disc	Ham	Jav	10,000W	Comb Event
U20 / 2000 Born	10.68	21.95	48.08	01:52.5	03:54.4	15:01.7	14.34	54.35	09:42.7	2.04	4.59	7.26	14.75	16.15	50.24	61.56	63.39	45:54.6	6231
						3000m			2000S									5000W	
U18 / 2001 Born	10.94	22.03	48.71	01:54.2	03:57.0	08:47.0	14.30	54.23	06:13.3	1.99	3.96	6.97	14.04	16.46	50.66	57.33	63.54	24:14.9	5992
U17 / 2002 Born	11.18	22.40	50.09	01:56.6	04:03.3	08:51.0	14.83	56.13	06:17.3	1.96	3.81	6.67	13.48	15.32	47.35	51.59	55.76	24:35.2	5730
							100mH	200mH										3000W	
U16 / 2003 Born	11.49	22.77	51.19	02:00.1	04:11.6	09:01.7	13.60	26.69	06:21.4	1.87	3.47	6.36	13.13	15.78	56.93	49.38	51.40	14:31.7	3993
WOMEN																			
	100m	200m	400m	800m	1500m	5000m	100mH	400mH	3000S	HJ	PV	LJ	TJ	Shot	Disc	Ham	Jav	10,000W	Comb Event
U20 / 2000 Born	12.05	24.69	56.16	02:09.8	04:30.1	16:21.3	14.35	62.04	11:11.0	1.76	3.71	5.79	12.09	13.16	47.17	50.90	41.98	51:20.3	4654
						3000m			2000S									5000W	
U18 / 2001 Born	12.22	24.93	56.69	02:12.0	04:31.8	10:03.0	14.12	62.80	07:10.5	1.73	3.34	5.66	12.05	13.59	43.45	50.30	40.97	25:31.5	4663
U17 / 2002 Born	12.34	25.05	56.75	02:12.1	04:33.8	10:11.7	14.38	64.36	07:13.9	1.70	3.24	5.57	11.78	12.87	39.89	45.81	40.82	25:44.6	4401
							90mH	200mH										3000W	
U16 / 2003 Born	12.47	25.10	57.03	02:13.2	04:36.6	10:12.3	13.17	29.42	07:18.3	1.68	3.10	5.48	11.52	12.54	38.96	41.88	39.81	14:56.1	4403