



# TIMETABLE of EVENTS GEELONG REGION

## TRACK EVENTS Program 1

ZONE		
Time	Event	Grades
1.15pm	1500m Walk 3000m Walk	U14/U16 Men & Women Open/U20/U18/40+/50+/60+ Men & Women
1.45pm	400 Metre Hurdles  300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men &Open/U20/U18/40+ Women 60+ Men & 50+ Women U14/U16 Men & U14/U16/60+ Women
2.15pm	200 Metres	Women
2.30pm	200 Metres	Men
2.45pm	800 Metres	Women
3.00pm	800 Metres	Men
3.15pm	Relays 4x200m Rd 1,3,9/4x400 Rd 5,7,11	Women
3.30pm	Relays 4x200m Rd 1,3,9/4x400 Rd 5,7,11	Men
3.45pm	100 Metres	Women Invitational
4.00pm	100 Metres	Men Invitational
4.15pm	3000/5000 Metres	All Men & Women

\*Please Note that the 100 Metres events will be scoring events on program 2 only.

## FIELD EVENTS Program 1

Time	Discus (1 Cage) Max 15 per sheet	Hammer Throw (1 Cage) Max 15 per sheet	Triple Jump (2 Pits) Max 20 per sheet	High Jump (2 Beds) Max 15 per sheet	Invitational Events
1.15pm		Sheet 1			Pole Vault Invitational
1.30pm			Sheet 1	Sheet 1	
2.00pm	Sheet 1				
2.15pm			Sheet 2	Sheet 2	
3.00pm	Sheet 2		Sheet 3	Sheet 3	
3.30pm	Sheet 3				
3.45pm			Sheet 4	Sheet 4	
4.00pm	Sheet 4				
4.30pm					Javelin Invitational



# TIMETABLE of EVENTS GEELONG REGION

## TRACK EVENTS Program 2

ZONE		
Time	Event	Grades
1.15pm	2000m Walk 3000m Walk 5000m Walk	All Men & Women U14/U16/40+/50+/60+ Men & Women U18/U20/Open Men & Women
1.45pm	80Metre Hurdles 90Metre Hurdles 100Metre Hurdles 110Metre Hurdles	U14/40+/50+/60+ Women U16 Women & U14 Men U18/U20/Open Women & U16/50+/60+ Men U18/U20/Open/40+ Men
2.15pm	1500 Metres	Women
2.30pm	1500 Metres	Men
2.45pm	100 Metres	Men
3.00pm	100 Metres	Women
3.15pm	4x100m Relay	Men
3.30pm	4x100m Relay	Women
3.45pm	400 Metres	Men
4.00pm	400 Metres	Women
4.15pm	*3000 Metres Steeple (91cm) *2000 Metres Steeple (91cm)	Open/U20/40+/50+ Men U18 Men
4.30pm	*3000 Metres Steeple (76.2cm) *2000 Metres Steeple (76.2cm)	Open/U20 Women 60+/U16/U14 Men 40+/50+/60+/U18/U16/U14 Women

## FIELD EVENTS Program 2

Time	Shot Put Max 20 per sheet	Javelin (1 runway) Max 20 per sheet	Long Jump (2 Pits) Max 20 per sheet	*Pole Vault	Invitational Events
1.15pm					Hammer Invitational
1.30pm	Sheet 1		Sheet 1	3.20m+	
2.00pm		Sheet 1	Sheet 2		
2.30pm	Sheet 2		Sheet 3	2.30m+	
3.00pm		Sheet 2			
3.30pm	Sheet 3		Sheet 4	1.60m+	
4.00pm		Sheet 3	Sheet 5		High Jump Invitational
4.30pm		Sheet 4			
4.45pm	Sheet 4				Discus Invitational