



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 7TH OCTOBER 2017

TRACK EVENTS Program 2 as at 20.11.17

ZONE		
Time	Event	Grades
2.00pm	1500 Metres	Men
2.15pm	1500 Metres	Women
2.30pm	100 Metres	Men
2.55pm	100 Metres	Women
3.15pm	2000m Walk	All Men & Women
3.20pm	80Metre Hurdles 90Metre Hurdles 100Metre Hurdles 110Metre Hurdles	U14/40+/50+/60+ Women U16 Women & U14 Men U18/U20/Open Women & U16/50+/60+ Men U18/U20/Open/40+ Men
3.30pm	4x100m Relay	Men
3.40pm	4x100m Relay	Women
3.50pm	3000 Metres	All Men & Women
4.05pm	400 Metres	Men
4.20pm	400 Metres	Women

FIELD EVENTS Program 2 as at 20.11.17

Time	Shot Put Max 15 per sheet	Javelin (1 runway) Max 15 per sheet	Long Jump (1 Pit) Max 15 per sheet	Pole Vault
1.45pm	Sheet 1			
2.00pm			Sheet 1	
2.15pm	Sheet 2			1.60m – 2.50m
2.30pm			Sheet 2	
2.45pm	Sheet 3			
3.00pm		Sheet 1	Sheet 3	2.35m+
3.30pm		Sheet 2		
4.00pm		Sheet 3		



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 14TH OCTOBER 2017

TRACK EVENTS Program 1 as at 20.11.17

ZONE		
Time	Event	Grades
2.00pm	800 Metres	Men
2.15pm	800 Metres	Women
2.30pm	1500m Walk 3000m Walk	U14/U16 Men & Women Open/U20/U18/40+/50+/60+ Men & Women
2.45pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ Women U14/U16 Men & U14/U16/60+ Women
2.55pm	200 Metres	Men
3.20pm	200 Metres	Women
3.40pm	3000 Metres 5000 Metres	U14/U16/U18 Men & Women Open/U20/40+/50+/60+ Men & Women
4.10pm	4x400m Relay	Men
4.25pm	4x400m Relay	Women

FIELD EVENTS Program 1 as at 20.11.17

Time	Discus Throw (1 Cage) Max 15 per sheet	Hammer Throw (1 Cage) Max 15 per sheet	Triple Jump (1 Pit) Max 15 per sheet	High Jump (1 Bed)
1.00pm		Sheet 1		
1.30pm		Sheet 2		
1.45pm				1.05m – 1.35m
2.00pm	Sheet 1		Sheet 1	
2.15pm				1.30m – 1.60m
2.30pm	Sheet 2		Sheet 2	
2.45pm				1.55m+
3.00pm	Sheet 3		Sheet 3	



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 21ST OCTOBER 2017

TRACK EVENTS Program 2 as at 20.11.17

ZONE		
Time	Event	Grades
2.00pm	1500 Metres	Men
2.15pm	1500 Metres	Women
2.30pm	100 Metres	Men
2.55pm	100 Metres	Women
3.15pm	2000m Walk	All Men & Women
3.20pm	80Metre Hurdles 90Metre Hurdles 100Metre Hurdles 110Metre Hurdles	U14/40+/50+/60+ Women U16 Women & U14 Men U18/U20/Open Women & U16/50+/60+ Men U18/U20/Open/40+ Men
3.30pm	4x100m Relay	Men
3.40pm	4x100m Relay	Women
3.50pm	3000 Metres Steeple (91cm) 2000 Metres Steeple (91cm)	Open/U20/40+/50+ Men U18 Men
4.05pm	3000 Metres Steeple (76.2cm) 2000 Metres Steeple (76.2cm)	Open/U20 Women 60+/U16/U14 Men 40+/50+/60+/U18/U16/U14 Women
4.20pm	400 Metres	Men
4.35pm	400 Metres	Women

FIELD EVENTS Program 2 as at 20.11.17

Time	Shot Put Max 15 per sheet	Javelin (1 runway) Max 15 per sheet	Long Jump (1 Pit) Max 15 per sheet	Pole Vault
1.45pm	Sheet 1			
2.00pm			Sheet 1	
2.15pm	Sheet 2			1.60m – 2.50m
2.30pm			Sheet 2	
2.45pm	Sheet 3			
3.00pm		Sheet 1	Sheet 3	2.35m+
3.30pm		Sheet 2		
4.00pm		Sheet 3		



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 28TH OCTOBER 2017

TRACK EVENTS Program 1 as at 20.11.17

ZONE		
Time	Event	Grades
2.00pm	800 Metres	Men
2.15pm	800 Metres	Women
2.30pm	1500m Walk 3000m Walk	U14/U16 Men & Women Open/U20/U18/40+/50+/60+ Men & Women
2.45pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ Women U14/U16 Men & U14/U16/60+ Women
2.55pm	200 Metres	Men
3.20pm	200 Metres	Women
3.40pm	3000 Metres 5000 Metres	U14/U16/U18 Men & Women Open/U20/40+/50+/60+ Men & Women
4.10pm	4x200m Relay	Men
4.25pm	4x200m Relay	Women

FIELD EVENTS Program 1 as at 20.11.17

Time	Discus Throw (1 Cage) Max 15 per sheet	Hammer Throw (1 Cage) Max 15 per sheet	Triple Jump (1 Pit) Max 15 per sheet	High Jump (1 Bed)
1.00pm		Sheet 1		
1.30pm		Sheet 2		
1.45pm				1.05m – 1.35m
2.00pm	Sheet 1		Sheet 1	
2.15pm				1.30m – 1.60m
2.30pm	Sheet 2		Sheet 2	
2.45pm				1.55m+
3.00pm	Sheet 3		Sheet 3	



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 18TH NOVEMBER 2017

TRACK EVENTS Program 2 as at 20.11.17

ZONE		
Time	Event	Grades
2.00pm	100 Metres	Men
2.20pm	100 Metres	Women
2.40pm	3000 Metres	All Men & Women
2.55pm	400 Metres	Men
3.10pm	400 Metres	Women
3.25pm	2000m Walk	All Men & Women
3.35pm	80Metre Hurdles 90Metre Hurdles 100Metre Hurdles 110Metre Hurdles	U14/40+/50+/60+ Women U16 Women & U14 Men U18/U20/Open Women & U16/50+/60+ Men U18/U20/Open/40+ Men
3.40pm	1500 Metres	Men
3.55pm	1500 Metres	Women
4.10pm	4x100m Relay	Men
4.20pm	4x100m Relay	Women

FIELD EVENTS Program 2 as at 20.11.17

Time	Shot Put Max 15 per sheet	Javelin (1 runway) Max 15 per sheet	Long Jump (1 Pit) Max 15 per sheet	Pole Vault
1.45pm	Sheet 1			
2.00pm			Sheet 1	
2.15pm	Sheet 2			1.60m – 2.50m
2.30pm			Sheet 2	
2.45pm	Sheet 3			
3.00pm		Sheet 1	Sheet 3	2.35m+
3.30pm		Sheet 2		
4.00pm		Sheet 3		



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 25TH NOVEMBER 2017

TRACK EVENTS Program 1 as at 20.11.17

ZONE		
Time	Event	Grades
2.00pm	200 Metres	Men
2.15pm	200 Metres	Women
2.30pm	3000 Metres	All Men & Women
2.45pm	1500m Walk 3000m Walk	U14/U16 Men & Women Open/U20/U18/40+/50+/60+ Men & Women
2.55pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ Women U14/U16 Men & U14/U16/60+ Women
3.10pm	800 Metres	Men
3.30pm	800 Metres	Women
3.45pm	4x400m Relay	Men
4.00pm	4x400m Relay	Women

FIELD EVENTS Program 1 as at 20.11.17

Time	Discus Throw (1 Cage) Max 15 per sheet	Hammer Throw (1 Cage) Max 15 per sheet	Triple Jump (1 Pit) Max 15 per sheet	High Jump (1 Bed)
1.00pm		Sheet 1		
1.30pm		Sheet 2		
1.45pm				1.05m – 1.35m
2.00pm	Sheet 1		Sheet 1	
2.15pm				1.30m – 1.60m
2.30pm	Sheet 2		Sheet 2	
2.45pm				1.55m+
3.00pm	Sheet 3		Sheet 3	



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 2ND DECEMBER 2017

TRACK EVENTS Program 2 as at 20.11.17

ZONE		
Time	Event	Grades
2.00pm	1500 Metres	Men
2.15pm	1500 Metres	Women
2.30pm	100 Metres	Men
2.55pm	100 Metres	Women
3.15pm	3000m Walk 5000m Walk	U14/U16/40+/50+/60+ Men & Women Open/U20/U18 Men & Women
3.20pm	80Metre Hurdles 90Metre Hurdles 100Metre Hurdles 110Metre Hurdles	U14/40+/50+/60+ Women U16 Women & U14 Men U18/U20/Open Women & U16/50+/60+ Men U18/U20/Open/40+ Men
4.00pm	4x100m Relay	Men
4.10pm	4x100m Relay	Women
4.20pm	3000 Metres Steeple (91cm) 2000 Metres Steeple (91cm)	Open/U20/40+/50+ Men U18 Men
4.35pm	3000 Metres Steeple (76.2cm) 2000 Metres Steeple (76.2cm)	Open/U20 Women 60+/U16/U14 Men 40+/50+/60+/U18/U16/U14 Women
4.50pm	400 Metres	Men
5.05pm	400 Metres	Women

FIELD EVENTS Program 2 as at 20.11.17

Time	Shot Put Max 15 per sheet	Javelin (1 runway) Max 15 per sheet	Long Jump (1 Pit) Max 15 per sheet	Pole Vault
1.45pm	Sheet 1			
2.00pm			Sheet 1	
2.15pm	Sheet 2			1.60m – 2.50m
2.30pm			Sheet 2	
2.45pm	Sheet 3			
3.00pm		Sheet 1	Sheet 3	2.35m+
3.30pm		Sheet 2		
4.00pm		Sheet 3		



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 9TH DECEMBER 2017

TRACK EVENTS Program 1 as at 20.11.17

ZONE		
Time	Event	Grades
2.00pm	800 Metres	Men
2.15pm	800 Metres	Women
2.30pm	1500m Walk 3000m Walk	U14/U16 Men & Women Open/U20/U18/40+/50+/60+ Men & Women
2.45pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ Women U14/U16 Men & U14/U16/60+ Women
2.55pm	200 Metres	Men
3.20pm	200 Metres	Women
3.40pm	3000 Metres 5000 Metres	U14/U16/U18 Men & Women Open/U20/40+/50+/60+ Men & Women
4.10pm	4x200m Relay	Men
4.25pm	4x200m Relay	Women

FIELD EVENTS Program 1 as at 20.11.17

Time	Discus Throw (1 Cage) Max 15 per sheet	Hammer Throw (1 Cage) Max 15 per sheet	Triple Jump (1 Pit) Max 15 per sheet	High Jump (1 Bed)
1.00pm		Sheet 1		
1.30pm		Sheet 2		
1.45pm				1.05m – 1.35m
2.00pm	Sheet 1		Sheet 1	
2.15pm				1.30m – 1.60m
2.30pm	Sheet 2		Sheet 2	
2.45pm				1.55m+
3.00pm	Sheet 3		Sheet 3	



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 16TH DECEMBER 2017

TRACK EVENTS Program 2 as at 20.11.17

ZONE		
Time	Event	Grades
4.00pm	1500 Metres	Men
4.15pm	1500 Metres	Women
4.30pm	100 Metres	Men
4.55pm	100 Metres	Women
5.15pm	2000m Walk	All Men & Women
5.20pm	80Metre Hurdles 90Metre Hurdles 100Metre Hurdles 110Metre Hurdles	U14/40+/50+/60+ Women U16 Women & U14 Men U18/U20/Open Women & U16/50+/60+ Men U18/U20/Open/40+ Men
5.30pm	4x100m Relay	Men
5.40pm	4x100m Relay	Women
5.50pm	3000 Metres	All Men & Women
6.05pm	400 Metres	Men
6.20pm	400 Metres	Women

FIELD EVENTS Program 2 as at 20.11.17

Time	Shot Put Max 15 per sheet	Javelin (1 runway) Max 15 per sheet	Long Jump (1 Pit) Max 15 per sheet	Pole Vault
3.45pm	Sheet 1			
4.00pm			Sheet 1	
4.15pm	Sheet 2			1.60m – 2.50m
4.30pm			Sheet 2	
4.45pm	Sheet 3			
5.00pm		Sheet 1	Sheet 3	2.35m+
5.30pm		Sheet 2		
6.00pm		Sheet 3		



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 6TH JANUARY 2018

TRACK EVENTS Program 1 as at 20.11.17

ZONE		
Time	Event	Grades
4.00pm	200 Metres	Men
4.15pm	200 Metres	Women
4.30pm	3000 Metres 5000 Metres	U14/U16/U18 Men & Women Open/U20/40+/50+/60+ Men & Women
5.00pm	1500m Walk 3000m Walk	U14/U16 Men & Women Open/U20/U18/40+/50+/60+ Men & Women
5.10pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ Women U14/U16 Men & U14/U16/60+ Women
5.25pm	800 Metres	Men
5.40pm	800 Metres	Women
5.55pm	4x200m Relay	Men
6.10pm	4x200m Relay	Women

FIELD EVENTS Program 1 as at 20.11.17

Time	Discus Throw (1 Cage) Max 15 per sheet	Hammer Throw (1 Cage) Max 15 per sheet	Triple Jump (1 Pit) Max 15 per sheet	High Jump (1 Bed)
3.00pm		Sheet 1		
3.30pm		Sheet 2		
3.45pm				1.05m – 1.35m
4.00pm	Sheet 1		Sheet 1	
4.15pm				1.30m – 1.60m
4.30pm	Sheet 2		Sheet 2	
4.45pm				1.55m+
5.00pm	Sheet 3		Sheet 3	



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 13TH JANUARY 2018

TRACK EVENTS Program 2 as at 20.11.17

ZONE		
Time	Event	Grades
4.00pm	100 Metres	Men
4.20pm	100 Metres	Women
4.40pm	3000 Metres Steeple (91cm) 2000 Metres Steeple (91cm)	Open/U20/40+/50+ Men U18 Men
4.55pm	3000 Metres Steeple (76.2cm) 2000 Metres Steeple (76.2cm)	Open/U20 Women 60+/U16/U14 Men 40+/50+/60+/U18/U16/U14 Women
5.10pm	400 Metres	Men
5.25pm	400 Metres	Women
5.40pm	3000m Walk 5000m Walk	U14/U16/40+/50+/60+ Men & Women Open/U20/U18 Men & Women
5.50pm	80Metre Hurdles 90Metre Hurdles 100Metre Hurdles 110Metre Hurdles	U14/40+/50+/60+ Women U16 Women & U14 Men U18/U20/Open Women & U16/50+/60+ Men U18/U20/Open/40+ Men
6.25pm	1500 Metres	Men
6.40pm	1500 Metres	Women
6.55pm	4x100m Relay	Men
7.05pm	4x100m Relay	Women

FIELD EVENTS Program 2 as at 20.11.17

Time	Shot Put Max 15 per sheet	Javelin (1 runway) Max 15 per sheet	Long Jump (1 Pit) Max 15 per sheet	Pole Vault
3.45pm	Sheet 1			
4.00pm			Sheet 1	
4.15pm	Sheet 2			1.60m – 2.50m
4.30pm			Sheet 2	
4.45pm	Sheet 3			
5.00pm		Sheet 1	Sheet 3	2.35m+
5.30pm		Sheet 2		
6.00pm		Sheet 3		



TIMETABLE of EVENTS BALLARAT REGION

SATURDAY 20TH JANUARY 2018

TRACK EVENTS Program 1 as at 20.11.17

ZONE		
Time	Event	Grades
6.00pm	800 Metres	Men
6.15pm	800 Metres	Women
6.30pm	1500m Walk 3000m Walk	U14/U16 Men & Women Open/U20/U18/40+/50+/60+ Men & Women
6.45pm	400 Metre Hurdles 300 Metre Hurdles 200 Metre Hurdles	Open/U20/U18/40+/50+ Men & Open/U20/U18/40+ Women 60+ Men & 50+ Women U14/U16 Men & U14/U16/60+ Women
6.55pm	200 Metres	Men
7.20pm	200 Metres	Women
7.40pm	3000 Metres	All Men & Women
7.55pm	4x400m Relay	Men
8.10pm	4x400m Relay	Women

FIELD EVENTS Program 1 as at 20.11.17

Time	Discus Throw (1 Cage) Max 15 per sheet	Hammer Throw (1 Cage) Max 15 per sheet	Triple Jump (1 Pit) Max 15 per sheet	High Jump (1 Bed)
5.00pm		Sheet 1		
5.30pm		Sheet 2		
5.45pm				1.05m – 1.35m
6.00pm	Sheet 1		Sheet 1	
6.15pm				1.30m – 1.60m
6.30pm	Sheet 2		Sheet 2	
6.45pm				1.55m+
7.00pm	Sheet 3		Sheet 3	