

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 100 Meter Sprint Under 14**

=====  
 Vic Country: C 12.33 7/11/2008 Sophie Taylor, EAG  
 Vic State: V 12.16 10/12/2000 Nicole Glavas, KSB  
 Venue Record: T 12.46 26/01/2002 Julia Nation, Wangaratta

Name	Year	Team	Finals	Wind	H#	Points
=====						
Finals						
1 Kelly, Grace	06	Ballarat Harrier	13.01	-3.7	2	10
2 Lim, Jennifer	06	Box Hill AC	X13.32	-3.7	2	
3 Morrison, Jorja	06	Eaglehawk AC	13.85	-3.7	2	8
4 Elliott, Indi	06	Geelong Guild AC	13.87	-3.7	2	7
5 Tarr, Isabella	07	Geelong Guild AC	14.73	-3.7	2	6
6 Guillou, Allie	06	South Bendigo AC	14.78	-3.5	1	5
7 Marsh, Rosy	06	Eaglehawk AC	14.84	-3.5	1	4
8 Marsh, Lily	06	Eaglehawk AC	15.05	-3.5	1	3
9 Nihill, Genevieve	07	South Bendigo AC	15.06	-3.7	2	2
10 Skerke, Kijana	06	Geelong Guild AC	15.30	-3.7	2	
11 Guillou, Belle	06	South Bendigo AC	15.40	-3.5	1	
12 Miller, Cassidy	06	South Bendigo AC	15.60	-3.5	1	
13 Lynch, Ruby	06	Eaglehawk AC	15.75	-3.5	1	
14 Van Berkel, Ivy	09	Wendouree AC	18.08	-3.5	1	

**Women 200 Meter Sprint Under 14**

=====  
 Vic Country: C 25.06 4/12/2008 Sophie Taylor, EAG  
 Vic State: V 24.71 11/11/2012 Nana-Odoma Owusu-Afriyie, BOH  
 Venue Record: T 25.7h 27/01/2002 Julia Nation, Wangaratta

Name	Year	Team	Finals	Wind	H#	Points
=====						
1 Kelly, Grace	06	Ballarat Harrier	26.40	0.6	2	10
2 Elliott, Indi	06	Geelong Guild AC	27.08	0.6	2	8
3 Morrison, Jorja	06	Eaglehawk AC	28.18	0.6	2	7
4 Tarr, Isabella	07	Geelong Guild AC	29.31	0.6	2	6
5 Guillou, Allie	06	South Bendigo AC	29.49	0.3	1	5
6 Foley, Erin	06	Bellarine	29.72	0.6	2	4
7 Nihill, Genevieve	07	South Bendigo AC	29.82	0.3	1	3
8 Lam, Olivia	06	Eureka AC	30.82	0.3	1	2
9 Skerke, Kijana	06	Geelong Guild AC	31.02	0.6	2	
10 Marsh, Rosy	06	Eaglehawk AC	31.48	0.3	1	
11 Van Berkel, Ivy	09	Wendouree AC	36.01	0.3	1	

**Women 400 Meter Run Under 14**

=====  
 Vic Country: C 57.83 13/03/2015 Mia Gross, GLG  
 Vic State: V 56.3h 16/12/1979 Rosemary Swirski, Springvale  
 Venue Record: T 57.22 2/12/2004 Vivian Mills, Ghana

Name	Year	Team	Finals	Points
=====				
1 Foley, Erin	06	Bellarine	1:03.53	10
2 Southern, Scarlett	07	South Bendigo AC	1:04.96	8
3 Zurawel, Teagan	06	Chilwell	1:05.69	7
4 Lockwood, Hazel	06	Athletics Essendon	X1:06.57	
5 Tarr, Isabella	07	Geelong Guild AC	1:08.49	6
6 Nihill, Genevieve	07	South Bendigo AC	1:08.66	5
7 Guillou, Belle	06	South Bendigo AC	1:12.96	4
8 Marsh, Rosy	06	Eaglehawk AC	1:14.00	3

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 800 Meter Run Under 14**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	2:06.92	15/03/1998	Georgie Clarke, DKN	
Vic State: V	2:06.92	15/03/1998	Georgie Clarke, DKN	
Venue Record: T	2:15.68	25/02/2001	Hayley Tomlinson, VIC	
Name	Year	Team	Finals	Points
=====				
1 Wilson, Megan	06	South Bendigo AC	2:36.26	10
2 Mahony, Claire	06	Wendouree AC	2:37.27	8
3 Zurawel, Teagan	06	Chilwell	2:38.89	7
4 Jones, Greta	06	Bellarine	2:40.62	6
5 Southern, Scarlett	07	South Bendigo AC	2:41.38	5
6 Hill, Edyn	06	Wodonga AC	2:46.81	4
7 Mifsud, Emily	06	Western Athletics	X2:47.40	
8 Nihill, Genevieve	07	South Bendigo AC	2:47.52	3
9 Streat, Charlotte	06	Eureka AC	2:49.36	2

**Women 1500 Meter Run Under 14**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	4:22.74	15/03/1998	Georgie Clarke, DKN	
Vic State: V	4:22.74	15/03/1998	Georgie Clarke, DKN	
Venue Record: T	4:43.63	24/02/2001	Hayley Tomlinson, VIC	
Name	Year	Team	Finals	Points
=====				
1 Mahony, Claire	06	Wendouree AC	5:14.50	10
2 Dickson, Sarah	07	Chilwell	5:18.05	8
3 Jones, Greta	06	Bellarine	5:19.18	7
4 Hill, Edyn	06	Wodonga AC	5:20.11	6
5 Wilson, Megan	06	South Bendigo AC	5:22.91	5
6 Farley, Cassie	09	Wellington AC	5:26.29	4
7 Orelli, Jasmine	06	Chilwell	5:36.25	3
8 Jackson, Charlotte	06	Athletics Essendon	X5:40.60	
9 Farley, Matilda	08	Wellington AC	6:01.65	2

**Women 3000 Meter Run Under 14**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	9:54.40	9/02/1997	Georgie Clarke, DKN	
Vic State: V	9:38.76	20/12/2012	Amelia Mazza-Downie, COB	
Name	Year	Team	Finals	Points
=====				
1 Armstrong, Sophia	06	Bellarine	11:52.65	10
2 Mahony, Claire	06	Wendouree AC	12:01.04	8
3 Orelli, Jasmine	06	Chilwell	12:05.64	7
4 Farley, Cassie	09	Wellington AC	12:11.41	6
5 Farley, Matilda	08	Wellington AC	13:41.13	5

**Women 80 Meter Hurdles Under 14**

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country: C	12.00	4/12/2008	Brigette Dillon, EAG		
Vic State: V	12.00	4/12/2008	Brigette Dillon, EAG		
Venue Record: T	12.55	11/10/2008	Brigette Dillon, EAG		
Name	Year	Team	Finals	Wind	Points
=====					
1 Willis, Tiara	06	Yarra Ranges	X13.73	0.4	
2 Elliott, Indi	06	Geelong Guild AC	13.82	0.4	10
3 Foley, Erin	06	Bellarine	14.79	0.4	8
4 Anderson, Emily	06	Bendigo Harriers AC	15.54	0.4	7
5 Skerke, Kijana	06	Geelong Guild AC	16.50	0.4	6

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 200 Meter Hurdles Under 14**

=====  
 Vic Country: C 29.37 13/03/2011 Anna-Marie Rice, WEN  
 Vic State: V 29.37 13/03/2011 Anna-Marie Rice, WEN  
 Venue Record: T 32.25 20/01/2007 Caitlin Caldow, EAG

Name	Year	Team	Finals	Wind	Points
1 Foley, Erin	06	Bellarine	34.01	0.8	10
2 Zurawel, Teagan	06	Chilwell	34.40	0.8	8
3 Paapa-Silva, Victoria	06	Geelong Guild AC	37.89	0.8	7

**Women 4x100 Meter Relay Under 14**

=====  
 Vic Country: C 51.4h 17/02/1985 Geelong Guild  
 Vic State: V 50.47 24/11/2018 Sandringham  
 Venue Record: T 53.93 3/11/2007 Eaglehawk YMCA

Team	Finals	Points
1 Geelong Guild AC 'A' 1) Skerke, Kijana 06 3) Paapa-Silva, Victoria 06	55.17	20
2 Eaglehawk AC 'A' 1) Lynch, Ruby 06 3) Marsh, Lily 06	56.07	16
3 South Bendigo AC 'A' 1) Miller, Cassidy 06 3) Norton, Jemma 06	59.91	14
4 Bendigo Harriers AC 'A' 1) Anderson, Emily 06 3) Vaughan, Brodie 08	1:04.71	12

**Women High Jump Under 14**

=====  
 Vic Country: C 1.70m M. Richmond & E. Patterson, WOD & SC  
 Vic State: V 1.77m 26/03/1995 Katherine Spalding, BOH  
 Venue Record: T 1.63m 26/01/2002 Hannah Alderton, SBE

Name	Year	Team	Finals	Points
1 Zurawel, Teagan 1.35 1.40 1.45 1.50 1.55 O O O O XXX	06	Chilwell	1.50m	10
2 Gall, Harriet 1.35 1.40 1.45 1.50 1.55 O O O O XXX	06	Bendigo Harriers AC	1.50m	8
3 Stevens, Addison 1.35 1.40 1.45 1.50 O XO XO XXX	07	South Coast Aths	1.45m	7
4 Marsh, Lily 1.20 1.25 1.30 1.35 1.40 O O XO O XXX	06	Eaglehawk AC	1.35m	6
5 Miller, Cassidy 1.05 1.10 1.15 O O O	06	South Bendigo AC	1.15m	5

## 2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019

## LaTrobe University Bendigo Athletics Complex

## Results

## Women Pole Vault Under 14

Name	Year	Team	Finals	Points
=====				
Vic Country: C	3.00m	1/04/2017	Cassidy Bradshaw, CHI	
Vic State: V	3.50m	4/04/2009	Paris McCathrion, BOH	
Venue Record: T	2.60m	21/11/2009	Madeleine Lawson, EAG	
Name	Year	Team	Finals	Points
=====				
1 Armstrong, Sophia	06	Bellarine	2.30m	10
	1.60	1.80	2.00	2.15
	2.30	2.45		
	XO	O	O	XO
				XXO
				XXX
2 Paapa-Silva, Victoria	06	Geelong Guild AC	2.15m	8
	1.60	1.80	2.00	2.15
	2.30			
	O	O	O	O
				XXX

## Women Long Jump Under 14

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country: C	5.39m	5/12/2009	Madeleine Lawson, EAG		
Vic State: V	5.52m	29/10/2006	Brooke Stratton, KNA		
Venue Record: T	5.54m	13/01/2019	Mia Scerri, SAN		
Name	Year	Team	Finals	Wind	Points
=====					
1 Morrison, Jorja	06	Eaglehawk AC	4.87m	0.5	10
	4.28m	(-0.9)	4.18m	(-1.0)	4.41m
		(-1.3)	4.87m	(0.5)	
2 Marsh, Lily	06	Eaglehawk AC	4.40m	+0.0	8
	FOUL	(-0.6)	4.40m	(+0.0)	4.26m
		(+0.0)	4.17m	(-0.1)	
3 Marsh, Rosy	06	Eaglehawk AC	4.35m	-1.1	7
	4.35m	(-1.1)	4.24m	(+0.0)	4.33m
		(-0.4)	FOUL	(+0.0)	
4 Gall, Harriet	06	Bendigo Harriers AC	4.20m	-1.1	6
	4.20m	(-1.1)	4.17m	(-1.6)	4.08m
		(+0.0)	4.08m	(+0.0)	
5 Tarr, Isabella	07	Geelong Guild AC	4.07m	-1.3	5
	4.07m	(-1.3)	3.79m	(-1.2)	2.65m
		(-1.5)	3.81m	(+0.0)	
6 Zurawel, Teagan	06	Chilwell	3.95m	-0.9	4
	3.72m	(0.2)	3.84m	(-1.4)	3.71m
		(-0.8)	3.95m	(-0.9)	
7 Saunders, Tasha	06	Wendouree AC	3.74m	-2.5	3
	3.74m	(-2.5)	3.62m	(-0.2)	3.68m
		(-1.7)	FOUL	(0.1)	
8 Van Berkel, Ivy	09	Wendouree AC	3.36m	+0.0	2
	3.06m	(-0.6)	FOUL	(-2.5)	3.27m
		(+0.0)	3.36m	(+0.0)	
9 Norton, Jemma	06	South Bendigo AC	2.91m	-0.9	
	FOUL	(+0.0)	2.91m	(-0.9)	FOUL
		(-2.3)			
10 Sharp, Lynley	09	Eureka AC	2.47m	-0.7	
	2.30m	(-0.6)	FOUL	(-0.8)	2.47m
		(-0.7)			

## Women Triple Jump Under 14

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country: C	11.50m	8/11/2008	Sophie Taylor, EAG		
Vic State: V	11.94m	18/03/2012	Safiya Alhassan, COB		
Venue Record: T	11.48m	14/03/2009	Sophie Taylor, EAG		
Name	Year	Team	Finals	Wind	Points
=====					
1 Lockwood, Hazel	06	Athletics Essendon	X9.83m	+0.0	
	9.70m	(+0.0)	9.83m	(+0.0)	9.41m
		(+0.0)	9.64m	(-0.2)	
2 Anderson, Emily	06	Bendigo Harriers AC	9.63m	+0.0	10
	9.63m	(+0.0)	9.25m	(+0.0)	9.23m
		(+0.0)	9.39m	(-0.1)	
3 Marsh, Lily	06	Eaglehawk AC	9.60m	+0.0	8
	9.35m	(+0.0)	9.42m	(+0.0)	9.00m
		(+0.0)	9.60m	(+0.0)	
4 Morrison, Jorja	06	Eaglehawk AC	9.57m	+0.0	7
	9.03m	(+0.0)	8.92m	(+0.0)	9.35m
		(+0.0)	9.57m	(+0.0)	
5 Marsh, Rosy	06	Eaglehawk AC	9.33m	+0.0	6
	9.26m	(+0.0)	9.33m	(+0.0)	9.08m
		(+0.0)	8.90m	(+0.0)	
6 Gall, Harriet	06	Bendigo Harriers AC	9.23m	+0.0	5
	9.23m	(+0.0)	8.70m	(+0.0)	9.17m
		(+0.0)	9.16m	(+0.0)	

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7	Saunders, Tasha	06 Wendouree AC	8.84m	+0.0	4
	8.38m(-0.2) FOUL(0.8)	8.84m(+0.0) 8.66m(+0.0)			
8	Paapa-Silva, Victoria	06 Geelong Guild AC	8.34m	+0.0	3
	8.34m(+0.0) 8.01m(-0.1)	8.17m(+0.0) FOUL(+0.0)			
9	Streat, Charlotte	06 Wodonga AC	8.31m	+0.0	2
	8.31m(+0.0) 8.20m(+0.0)	7.88m(+0.0)			
10	Van Berkel, Ivy	09 Wendouree AC	7.35m	+0.0	
	7.14m(+0.0) 7.04m(-0.1)	7.35m(+0.0)			
11	Norton, Jemma	06 South Bendigo AC	6.75m	+0.0	
	FOUL(+0.0) 6.20m(+0.0)	6.75m(+0.0)			
12	Watts, Giaan	07 Ballarat Ycw	6.62m	+0.0	
	6.59m(+0.0) 6.62m(+0.0)	6.55m(+0.0)			

**Women Shot Put Under 14**

=====  
 Vic Country: C 12.49m 3/12/2016 Mackenzie Mielczarek, COR  
 Vic State: V 16.17m 22/10/2005 Margaret Satupai, GHY  
 Venue Record: T 12.59m 12/01/2019 Mia Scerri, SAN

Name	Year Team	Finals	Points
1 Beale, Xylavene	06 Albury Athletics	11.14m	10
	11.14m 11.00m 10.81m 10.84m		
2 Streat, Charlotte	06 Wodonga AC	9.20m	8
	9.20m 8.84m 8.93m 9.20m		
3 Anderson, Emily	06 Bendigo Harriers AC	8.63m	7
	7.47m 8.20m 8.63m 8.32m		
4 Miller, Cassidy	06 South Bendigo AC	8.03m	6
	7.25m 7.31m 7.38m 8.03m		
5 Tatlock, Riannah	06 Bellarine	8.03m	5
	8.03m 7.71m 7.58m 7.42m		
6 Gleeson, Ashlee	06 Ballarat Ycw	7.96m	4
	7.21m 7.19m 7.96m 7.20m		
7 Morrison, Jorja	06 Eaglehawk AC	7.74m	3
	7.31m 7.31m 7.74m 7.29m		
8 Norton, Jemma	06 South Bendigo AC	5.84m	2
	5.40m 5.84m 5.70m 5.70m		
9 Lynch, Ruby	06 Eaglehawk AC	5.74m	
	FOUL 4.52m 5.74m		
10 Sharp, Lynley	09 Eureka AC	4.35m	
	3.84m 4.35m 3.78m		

**Women Discus Throw Under 14**

=====  
 Vic Country: C 45.40m 11/12/1982 Yvette Ykema, COR  
 Vic State: V 45.40m 11/12/1982 Yvette Ykema, COR  
 Venue Record: T 38.34m 26/01/2002 Kylie MacKellin, Morwell

Name	Year Team	Finals	Points
1 Beale, Xylavene	06 Albury Athletics	32.31m	10
	31.64m 31.27m 32.31m 30.59m		
2 Streat, Charlotte	06 Wodonga AC	28.31m	8
	28.23m FOUL 28.31m 24.66m		
3 Tatlock, Riannah	06 Bellarine	24.87m	7
	23.82m 23.92m 23.43m 24.87m		
4 Wilson, Eva	06 Box Hill AC	X22.29m	
	22.29m FOUL 17.90m		
5 Miller, Cassidy	06 South Bendigo AC	20.27m	6
	20.09m 19.65m 19.18m 20.27m		

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Women Discus Throw Under 14**

6	Gleeson, Ashlee	06	Ballarat Ycw	19.90m	5
	19.90m FOUL 19.87m FOUL				
7	Morrison, Jorja	06	Eaglehawk AC	18.98m	4
	17.73m 17.29m 18.98m 16.73m				
8	Norton, Jemma	06	South Bendigo AC	15.09m	3
	FOUL 15.09m FOUL 14.43m				
9	Lynch, Ruby	06	Eaglehawk AC	11.88m	2
	11.46m 11.35m 11.88m				
10	Marsh, Lily	06	Eaglehawk AC	11.79m	
	11.55m 11.46m 11.79m				
11	Sharp, Lynley	09	Eureka AC	10.51m	
	10.35m FOUL 10.51m				
--	Anderson, Emily	06	Bendigo Harriers AC	FOUL	
	FOUL FOUL FOUL				

**Women Hammer Throw Under 14**

=====  
 Vic Country: C 45.27m 4/11/2018 Georgia Tarr, GLG  
 Vic State: V 45.27m 4/11/2018 Georgia Tarr, GLG  
 Venue Record: T 36.01m 29/03/2014 Olivia Graham, EAG

Name	Year Team	Finals	Points
1 Miles, Miah	06 Geelong Guild AC	30.69m	10
	28.20m FOUL 30.69m 25.66m		
2 Beale, Xylavene	06 Albury Athletics	26.70m	8
	FOUL 24.81m FOUL 26.70m		
3 Gleeson, Ashlee	06 Ballarat Ycw	23.86m	7
	22.30m 22.57m FOUL 23.86m		
4 Wilson, Eva	06 Box Hill AC	X19.87m	
	19.87m 18.23m 18.75m 19.20m		
5 Tarr, Isabella	07 Geelong Guild AC	16.65m	6
	16.05m 16.65m FOUL FOUL		

**Women Javelin Throw Under 14**

=====  
 Vic Country: C 44.08m 3/12/2016 Mackenzie Mielczarek, COR  
 Vic State: V 46.55m 8/12/2007 Monique Cilione, KSB  
 Venue Record: T 36.84m 3/11/2007 Tanya Higgs, SBE

Name	Year Team	Finals	Points
1 Streat, Charlotte	06 Wodonga AC	26.58m	10
	26.58m 25.69m 22.88m 24.53m		
2 Tarr, Isabella	07 Geelong Guild AC	26.40m	8
	24.98m 22.82m 22.89m 26.40m		
3 Beale, Xylavene	06 Albury Athletics	24.29m	7
	23.41m 24.29m 21.55m 21.98m		
4 Anderson, Emily	06 Bendigo Harriers AC	22.31m	6
	20.26m 17.38m 22.31m 17.75m		
5 Paapa-Silva, Victoria	06 Geelong Guild AC	21.09m	5
	20.48m 13.52m 21.09m 20.77m		
6 Tatlock, Riannah	06 Bellarine	18.52m	4
	18.52m FOUL FOUL 14.77m		
7 Gleeson, Ashlee	06 Ballarat Ycw	17.99m	3
	15.97m 16.00m 17.06m 17.99m		
8 Norton, Jemma	06 South Bendigo AC	16.34m	2
	14.87m 15.42m 14.52m 16.34m		
9 Watts, Giaan	07 Ballarat Ycw	14.11m	
	FOUL FOUL 14.11m		

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10 Sharp, Lynley 09 Eureka AC 9.85m  
 9.06m 9.85m 9.23m

**Women 1500 Meter Race Walk Under 14**

Venue Record: T 7:28.98 22/01/2000 Tyne Boddy, COR

Name	Year Team	Finals	Points
1 Tatlock, Riannah	06 Bellarine	8:17.99	10
2 Smith, Emily	06 Knox AC	X8:33.04	
3 Vaughan, Maddison	06 Bendigo Harriers AC	10:47.09	8

**Women 100 Meter Sprint Under 16**

Vic Country: C 11.71 20/02/2017 Mia Gross, DKN

Vic State: V 11.71 20/02/2017 Mia Gross, DKN

Venue Record: T 12.01 25/02/2001 Kylie Bent, WA

Name	Year Team	Finals	Wind	H#	Points
1 Brown, Nyah	04 Geelong Guild AC	12.84	-0.7	2	10
2 Selkirk, Angelica	04 Ballarat Harrier	13.33	-0.7	2	8
3 Rosano, Sisley	05 Doncaster AC	X13.36	-0.7	2	
4 Farmer, Ashley	04 Albury Athletics	13.55	-0.7	2	7
5 Conquer, Abbey	04 Bendigo Harriers AC	13.58	-0.7	2	6
6 Holmes, Gretel	04 Bendigo Harriers AC	13.60	-0.7	2	5
7 Archibald, Andrea	05 Eaglehawk AC	13.64	-1.6	1	4
8 Wright, Madison	05 Wendouree AC	13.83	-1.6	1	3
9 Brits, Nyah	04 Bendigo Harriers AC	13.86	-0.7	2	2
10 Tarr, Georgia	04 Geelong Guild AC	13.93	-1.6	1	
11 Palmer, Poppy	05 Eaglehawk AC	14.00	-1.6	1	
12 Peace, Jorja	04 Bendigo Harriers AC	14.38	-1.6	1	
13 Sandford, Ella	05 Ballarat Harrier	14.42	-1.6	1	
14 Slabbert, Isabella	05 Wodonga AC	14.45	-1.6	1	
15 Cooper, Holly	05 Wodonga AC	14.56	-1.6	1	
16 Lee, Georgia	04 Eaglehawk AC	14.94	-1.6	1	
-- Dunn, Indy	04 Geelong Guild AC	DQ	-0.7	2	162.8

**Women 200 Meter Sprint Under 16**

Vic Country: C 23.83 20/02/2017 Mia Gross, DKN

Vic State: V 23.83 20/02/2017 Mia Gross, DKN

Venue Record: T 24.50 3/12/2004 Joey Duck, England

Name	Year Team	Finals	Wind	H#	Points
1 Brown, Nyah	04 Geelong Guild AC	25.86	1.1	3	10
2 Selkirk, Angelica	04 Ballarat Harrier	26.61	1.1	3	8
3 Rosano, Sisley	05 Doncaster AC	X26.69	1.1	3	
4 Holmes, Gretel	04 Bendigo Harriers AC	26.85	1.1	3	7
5 Farmer, Ashley	04 Albury Athletics	27.25	1.1	3	6
6 Conquer, Abbey	04 Bendigo Harriers AC	27.73	1.1	3	5
7 Wright, Madison	05 Wendouree AC	27.93	1.4	1	4
8 Dunn, Indy	04 Geelong Guild AC	28.09	-0.6	2	3
9 O'Brien, Grace	04 Wellington AC	28.14	-0.6	2	2
10 Skerke, Jaz	04 Geelong Guild AC	28.29	1.1	3	
11 Palmer, Poppy	05 Eaglehawk AC	28.76	-0.6	2	
12 Evans, Caitlin	05 Bendigo Harriers AC	28.96	-0.6	2	
13 Cooper, Holly	05 Wodonga AC	29.38	-0.6	2	
13 Archibald, Andrea	05 Eaglehawk AC	29.38	1.4	1	
15 Sandford, Ella	05 Ballarat Harrier	30.15	1.4	1	

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## Results

## ...Women 200 Meter Sprint Under 16

16 Lee, Georgia	04 Eaglehawk AC	31.22	1.4	1
17 Southern, Mackenzie	05 South Bendigo AC	33.39	1.4	1
-- Peace, Jorja	04 Bendigo Harriers AC	DQ	-0.6	2 162.8

## Women 400 Meter Run Under 16

=====					
Vic Country: C 54.08		26/02/2017	Mia Gross, DKN		
Vic State: V 52.90		20/02/1994	Tamsyn Lewis, ESS		
Venue Record: T 57.22		2/12/2004	Vivian Mills, Ghana		
Name	Year	Team	Finals	H#	Points
=====					
1 Brown, Nyah	04	Geelong Guild AC	57.92	2	10
2 Holmes, Gretel	04	Bendigo Harriers AC	1:00.73	2	8
3 Rayson, Ella	04	Corio AC	1:01.58	2	7
4 Farmer, Ashley	04	Albury Athletics	1:02.34	2	6
5 Wrench, Sienna	05	Geelong Guild AC	1:02.52	2	5
6 Skerke, Jaz	04	Geelong Guild AC	1:03.17	2	4
7 Coltish, Sophie	05	Geelong Guild AC	1:04.13	1	3
8 McFarlane, Jacinta	05	Geelong Guild AC	1:04.21	2	2
9 Kinnersly, Chloe	05	Ballarat Harrier	1:05.38	1	
10 Dunn, Indy	04	Geelong Guild AC	1:05.52	1	
11 Brady, Hannah	05	Chilwell	1:05.97	1	
12 O'Brien, Grace	04	Wellington AC	1:07.56	2	
13 Evans, Caitlin	05	Bendigo Harriers AC	1:07.82	1	
14 Southern, Mackenzie	05	South Bendigo AC	1:20.78	1	

## Women 800 Meter Run Under 16

=====					
Vic Country: C 2:01.81		20/03/1999	Georgie Clarke, DKN		
Vic State: V 2:01.81		20/03/1999	Georgie Clarke, DKN		
Venue Record: T 2:13.52		25/02/2001	Kaila McKnight, VIC		
Name	Year	Team	Finals	Points	
=====					
1 Turver, Kiralee	04	Mornington	X2:21.83		
2 Coltish, Sophie	05	Geelong Guild AC	2:22.74	10	
3 Croucher, Bianca	05	Wellington AC	2:23.81	8	
4 Rowe, Tullie	04	Bendigo Uni	2:27.53	7	
5 Rayson, Ella	04	Corio AC	2:28.57	6	
6 McFarlane, Jacinta	05	Geelong Guild AC	2:31.91	5	
7 Hill, Ada	05	Wellington AC	2:37.39	4	
8 Bridges, Kayla	05	Eureka AC	2:40.97	3	
9 Watts, Rhianna	05	Ballarat Ycw	2:41.48	2	
10 Ray, Tabatha	05	Ballarat Harrier	2:49.99		
11 Canavan, Leah	04	Eureka AC	2:55.69		

## Women 1500 Meter Run Under 16

=====					
Vic Country: C 4:06.77		30/01/2000	Georgie Clarke, DKN		
Vic State: V 4:06.77		30/01/2000	Georgie Clarke, DKN		
Venue Record: T 4:43.63		24/02/2001	Hayley Tomlinson, VIC		
Name	Year	Team	Finals	Points	
=====					
1 Dickson, Megan	04	Chilwell	4:49.31	10	
2 Rowe, Tullie	04	Bendigo Uni	4:59.83	8	
3 Coltish, Sophie	05	Geelong Guild AC	5:03.20	7	
4 Mayhew, Rose	05	Chilwell	5:11.94	6	
5 Houghton, Esther	05	Coburg Harriers AC	X5:17.03		
6 Watts, Rhianna	05	Ballarat Ycw	5:20.88	5	
7 Egner, Gracie Lee	04	Eureka AC	5:23.71	4	



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****...Women 1500 Meter Run Under 16**

8 Hill, Ada	05 Wellington AC	5:30.19	3
9 Lonsdale, Phoebe	05 Bendigo Uni	5:38.40	2
10 Gibbs, Shalyn	04 Frankston AC	X6:20.98	

**Women 3000 Meter Run Under 16**

=====				
Vic Country: C	9:43.74	27/10/2013	Corrin Demeo, CHI	
Vic State: V	9:27.72	12/03/2014	Laura Powell, RUY	
Venue Record: T	10:17.21	28/10/2017	Taryn Furletti, SBE	
Name	Year	Team	Finals	Points
=====				
1 Dickson, Megan	04	Chilwell	10:19.76	10
2 Tabit, Niamh	05	Coburg Harriers AC	X10:20.06	
3 Mees, Georgina	04	Ballarat Ycw	10:39.38	8
4 Husodo, Debbie	05	Wellington AC	10:45.68	7
5 Tabit, Amira	05	Coburg Harriers AC	X10:57.93	
6 Race-Stelling, Callista	04	Wodonga AC	11:05.59	6
7 Croucher, Bianca	05	Wellington AC	11:21.78	5
8 Watts, Rhianna	05	Ballarat Ycw	11:36.66	4
-- Lonsdale, Phoebe	05	Bendigo Uni	DNF	
-- Mayhew, Rose	05	Chilwell	DNF	

**Women 90 Meter Hurdles Under 16**

=====					
Vic Country: C	12.76	8/12/2006	Danielle Dillon, EAG		
Vic State: V	12.40	5/12/2015	Lateisha Willis, YRA		
Venue Record: T	13.03	25/02/2001	Sally McLellan, QLD		
Name	Year	Team	Finals	Wind	Points
=====					
1 Farmer, Ashley	04	Albury Athletics	14.17	1.7	10
2 Gibson-Williamson, Alarn	04	South Coast Aths	14.20	1.7	8
3 Sallee, Isabella	05	Ringwood AC	X14.55	1.7	
4 Henham, Grace	05	Sandringham AC	X14.89	1.7	
5 Peace, Jorja	04	Bendigo Harriers AC	15.14	1.7	7
6 Duffy, Paige	05	Wodonga AC	15.26	1.7	6

**Women 200 Meter Hurdles Under 16**

=====					
Vic Country: C	27.91	21/03/2003	Jessica Gulli, DKN		
Vic State: V	27.64	6/12/2015	Lateisha Willis, YRA		
Venue Record: T	29.72	12/11/2005	Danielle Dillon, EAG		
Name	Year	Team	Finals	Wind	Points
=====					
1 Farmer, Ashley	04	Albury Athletics	31.79	2.8	10
2 Sallee, Isabella	05	Ringwood AC	X32.58	2.8	
3 Wrench, Sienna	05	Geelong Guild AC	32.98	2.8	8
4 Henham, Grace	05	Sandringham AC	X33.24	2.8	
5 Peace, Jorja	04	Bendigo Harriers AC	34.54	2.8	7
6 Evans, Caitlin	05	Bendigo Harriers AC	36.53	2.8	6

**Women 2000 Meter Steeplechase Under 16**

=====				
Vic Country: C	6:55.09	29/10/2006	Kate Sly, DKN	
Vic State: V	6:42.00	7/12/2006	Samantha Carberry, DAC	
Venue Record: T	7:08.16	24/01/2015	Jenna Kelley, SA	
Name	Year	Team	Finals	Points
=====				
1 Mees, Georgina	04	Ballarat Ycw	7:31.54	10
2 Race-Stelling, Callista	04	Wodonga AC	7:42.47	8

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3 Gibbs, Shalyn 04 Frankston AC X9:34.26

**Women 4x100 Meter Relay Under 16**

=====  
 Vic Country: C 49.0h 17/02/1985 Eureka  
 Vic State: V 48.62 26/11/2016 Diamond Valley  
 Venue Record: T 49.04 23/02/2001 Victoria

Team	Finals	Points
1 Bendigo Harriers AC 'A'	52.80	20
1) Brits, Nyah 04	2) Conquer, Abbey 04	
3) Holmes, Gretel 04	4) Gavriiliadis, Monique 04	
2 Geelong Guild AC 'A'	53.01	16
1) Dunn, Indy 04	2) Tarr, Georgia 04	
3) Skerke, Jaz 04	4) Brown, Nyah 04	
3 Eaglehawk AC 'A'	54.80	14
1) Dalton, Sophie 05	2) Palmer, Poppy 05	
3) Lee, Georgia 04	4) Archibald, Andrea 05	
4 Ballarat Harriers AC 'A'	55.21	12
1) Sandford, Ella 05	2) Kelly, Grace 06	
3) Ray, Tabatha 05	4) Selkirk, Angelica 04	
5 Wodonga AC 'A'	57.21	10
1) Streat, Charlotte 06	2) Duffy, Paige 05	
3) Cooper, Holly 05	4) Slabbert, Isabella 05	
6 Eureka AC 'A'	1:00.38	8
1) Lam, Olivia 06	2) Canavan, Leah 04	
3) Streat, Charlotte 06	4) Bridges, Kayla 05	
7 Bendigo Harriers AC 'B'	1:02.07	6
1) Evans, Caitlin 05	2) Robinson, Tiahna 04	
3) Seymour, Destiney 04	4) Peace, Jorja 04	

**Women High Jump Under 16**

=====  
 Vic Country: C 1.84m 18/03/2012 Eleanor Patterson, SCA  
 Vic State: V 1.84m 18/03/2012 Eleanor Patterson, SCA  
 Venue Record: T 1.75m 3/11/2007 Denise Snyder, EAG

Name	Year Team	Finals	Points
1 Gibson-Williamson, Alarn	04 South Coast Aths	1.65m	10
1.50 1.54 1.58 1.62 1.65 1.68			
O O XO O XXO XXX			
2 Wright, Madison	05 Wendouree AC	1.54m	8
1.40 1.45 1.50 1.54 1.58			
O XO O XXO XXX			
3 Duffy, Paige	05 Wodonga AC	1.50m	7
1.40 1.45 1.50 1.54			
O O XO XXX			
4 Paape-Silva, Heike	04 Geelong Guild AC	1.45m	6
1.40 1.45 1.50			
XO O XXX			
5 Cooper, Holly	05 Wodonga AC	1.40m	5
1.25 1.30 1.35 1.40 1.45			
XXO XO XXO XO XXX			

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women Pole Vault Under 16**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	3.91m	8/12/2018	Cassidy Bradshaw, CHI	
Vic State: V	3.95m	24/02/2011	Paris McCathrion, BOH	
Venue Record: T	3.30m	25/01/2015	O. Carah & K. Abfalder, BOH & KSB	
Name	Year	Team	Finals	Points
=====				
1 Tayler, Georgia	04	Box Hill AC	X3.60mT	
	3.20	3.30	3.40	3.50
	3.60	3.70		
	XO	XO	XO	O
				XO
				XXX
2 Clifford, Elsie	04	Diamond Valley AC	X2.80m	
	2.60	2.70	2.80	2.90
	XO	XO	O	XXX
3 Delia, Abigail	05	Casey Cardinia	X2.15m	
	2.15	2.30		
	XXO	XXX		

**Women Long Jump Under 16**

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country: C	5.75m	8/12/1984	Rachel Kothe, WOD		
Vic State: V	6.13m	11/07/2009	Brooke Stratton, KNA		
Venue Record: T	5.54m	13/01/2019	Mia Scerri, SAN		
Name	Year	Team	Finals	Wind	Points
=====					
1 Gavriliadis, Monique	04	Bendigo Harriers AC	5.07m	1.5	10
	4.89m(2.3)	5.02m(0.6)	5.07m(1.5)	4.87m(0.4)	
2 Brown, Nyah	04	Geelong Guild AC	5.02m	1.2	8
	4.75m(3.1)	4.86m(2.9)	FOUL(+0.0)	5.02m(1.2)	
3 Paape-Silva, Heike	04	Geelong Guild AC	4.97m	0.8	7
	FOUL(-0.4)	4.94m(+0.0)	FOUL(1.9)	4.97m(0.8)	
4 Selkirk, Angelica	04	Ballarat Harrier	4.64m	+0.0	6
	4.49m(-0.6)	FOUL(1.4)	FOUL(1.2)	4.64m(+0.0)	
5 Duffy, Paige	05	Wodonga AC	4.55m	1.6	5
	4.34m(-0.7)	4.55m(1.6)	4.55m(1.5)	4.50m(1.3)	
6 Slabbert, Isabella	05	Wodonga AC	4.49m	0.6	4
	4.49m(0.6)	4.44m(1.9)	4.45m(+0.0)	4.40m(1.7)	
7 Palmer, Poppy	05	Eaglehawk AC	4.42m	1.9	3
	3.99m(-0.4)	4.42m(1.9)	4.19m(0.8)	4.34m(0.2)	
8 Dalton, Sophie	05	Eaglehawk AC	4.33m	+0.0	2
	3.99m(-0.6)	4.33m(+0.0)	FOUL(0.1)	4.14m(+0.0)	
9 Kadri, Maya	04	Eaglehawk AC	4.30m	1.1	
	4.07m(-1.2)	4.30m(1.1)	FOUL(1.5)		
10 Lepair, Alice	05	Ballarat Ycw	4.16m	1.6	
	FOUL(+0.0)	FOUL(1.6)	4.16m(1.6)		
11 Cooper, Holly	05	Wodonga AC	4.01m	0.5	
	3.99m(-0.9)	4.01m(0.5)	2.97m(1.4)		
12 Archibald, Andrea	05	Eaglehawk AC	4.00m	0.5	
	FOUL(-0.4)	3.88m(+0.0)	4.00m(0.5)		

**Women Triple Jump Under 16**

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country: C	11.92m	5/12/1992	Lauren Hewitt, Warracknabeal		
Vic State: V	12.64m	26/02/2012	Ashleigh Hayes, ESS		
Venue Record: T	11.87m	23/02/2001	Tabitha Dudley, VIC		
Name	Year	Team	Finals	Wind	Points
=====					
1 Boras, Tiana	05	Chilwell	11.03m	+0.0	10
	10.96m(+0.0)	10.88m(+0.0)	11.03m(+0.0)	FOUL(+0.0)	
2 Selkirk, Angelica	04	Ballarat Harrier	10.25m	+0.0	8
	10.23m(+0.0)	10.03m(+0.0)	10.25m(+0.0)	FOUL(+0.0)	

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3	Wood, Olivia	04 Athletics Essendon	X10.18m	+0.0	
	10.12m(+0.0)	10.18m(+0.0)	10.18m(0.4)	9.82m(0.2)	
4	Cooper, Holly	05 Wodonga AC	10.11m	+0.0	7
	10.01m(+0.0)	10.11m(+0.0)	9.97m(+0.0)	9.11m(+0.0)	
5	Wright, Madison	05 Wendouree AC	10.03m	0.2	6
	9.86m(+0.0)	10.03m(0.2)	9.79m(+0.0)	8.36m(0.6)	
6	Duffy, Paige	05 Wodonga AC	9.71m	+0.0	5
	9.63m(+0.0)	9.61m(+0.0)	9.71m(+0.0)	9.41m(+0.0)	
7	Slabbert, Isabella	05 Wodonga AC	9.09m	+0.0	4
	9.03m(+0.0)	9.09m(+0.0)	9.03m(+0.0)	8.94m(+0.0)	
8	Kadri, Maya	04 Eaglehawk AC	8.99m	+0.0	3
	8.60m(+0.0)	FOUL(+0.0)	8.99m(+0.0)	8.95m(+0.0)	
9	Palmer, Poppy	05 Eaglehawk AC	8.96m	+0.0	2
	8.96m(+0.0)	8.72m(+0.0)	8.88m(+0.0)		
10	Evans, Caitlin	05 Bendigo Harriers AC	8.93m	+0.0	
	8.93m(+0.0)	8.85m(+0.0)	8.76m(+0.0)		

**Women Shot Put Under 16**

=====					
Vic Country: C 15.27m 10/12/2017 Leia Varley, BGO					
Vic State: V 16.17m 22/10/2005 Margaret Satupai, GHY					
Venue Record: T 14.11m 29/10/2016 Emma Berg, SBE					
	Name	Year	Team	Finals	Points
=====					
1	Gavriliadis, Monique	04	Bendigo Harriers AC	10.70m	10
	9.93m	9.95m	10.70m	10.60m	
2	Nigido-Scott, Olivia	04	Old Scotch	X10.69m	
	8.66m	10.25m	10.69m	9.61m	
3	Craddock, Gemma	04	Glenhuntly AC	X10.32m	
	10.05m	10.32m	9.85m	9.61m	
4	Noonan, Claire	04	Eaglehawk AC	8.72m	8
	8.14m	8.62m	7.61m	8.72m	
5	Robinson, Tiahna	04	Bendigo Harriers AC	7.85m	7
	7.76m	7.85m	FOUL	7.73m	

**Women Discus Throw Under 16**

=====					
Vic Country: C 50.54m 23/02/1985 Yvette Ykema, COR					
Vic State: V 50.54m 23/02/1985 Yvette Ykema, COR					
Venue Record: T 42.53m 25/09/2016 Emma Berg, Swan Hill					
	Name	Year	Team	Finals	Points
=====					
1	Robinson, Tiahna	04	Bendigo Harriers AC	25.96m	10
	FOUL	25.96m	22.09m	21.03m	
2	Nigido-Scott, Olivia	04	Old Scotch	X25.81m	
	23.56m	FOUL	25.52m	25.81m	
3	Noonan, Claire	04	Eaglehawk AC	25.59m	8
	25.57m	25.59m	22.71m	23.82m	
4	Lee, Georgia	04	Eaglehawk AC	20.68m	7
	19.02m	18.33m	FOUL	20.68m	
5	Selkirk, Angelica	04	Ballarat Harrier	18.57m	6
	17.86m	18.57m	FOUL	FOUL	
6	Holmes, Gretel	04	Bendigo Harriers AC	17.83m	5
	16.05m	12.57m	14.57m	17.83m	

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women Hammer Throw Under 16**

=====					
Vic Country: C 47.30m		13/03/2016	Olivia Graham, EAG		
Vic State: V 58.66m		6/11/2016	Stephanie Ratcliffe, DAC		
Venue Record: T 49.29m		24/01/2015	Louise Mendes, ATE		
Name	Year	Team	Finals	Points	
=====					
1 Tarr, Georgia	04	Geelong Guild AC	43.13m	10	
			39.65m FOUL	43.13m	42.74m
2 Noonan, Claire	04	Eaglehawk AC	32.45m	8	
			25.09m FOUL	30.40m	32.45m
3 Nigido-Scott, Olivia	04	Old Scotch	X27.56m		
			FOUL FOUL FOUL	27.56m	
4 Ebbels, Sarah	05	Yarra Ranges	X22.76m		
			FOUL FOUL FOUL	22.76m	

**Women Javelin Throw Under 16**

=====					
Vic Country: C 46.26m		1/04/2017	Mackenzie Mielczarek, COR		
Vic State: V 46.26m		1/04/2017	Mackenzie Mielczarek, COR		
Venue Record: T 42.11m		24/02/2001	Ashleigh Payne, NSW		
Name	Year	Team	Finals	Points	
=====					
1 Craddock, Gemma	04	Glenhuntly AC	X35.47m		
			33.01m	33.30m	35.47m
2 Tarr, Georgia	04	Geelong Guild AC	33.95m	10	
			32.60m	31.69m	33.95m
3 Wise, Taleisha	04	Wendouree AC	27.60m	8	
			22.39m	27.56m	26.87m
4 Hill, Jorja	05	Bendigo Harriers AC	27.48m	7	
			27.28m	27.48m	FOUL
5 Slabbert, Isabella	05	Wodonga AC	25.84m	5.50	
			25.63m	22.82m	FOUL
5 Noonan, Claire	04	Eaglehawk AC	25.84m	5.50	
			24.70m	25.23m	24.83m
7 Gavriiliadis, Monique	04	Bendigo Harriers AC	25.08m	4	
			25.08m	PASS	PASS
8 Paape-Silva, Heike	04	Geelong Guild AC	24.16m	3	
			19.45m	24.16m	PASS
9 Kadri, Maya	04	Eaglehawk AC	23.97m	2	
			23.97m	20.79m	22.46m
10 Robinson, Tiahna	04	Bendigo Harriers AC	21.47m		
			20.15m	19.71m	21.47m
11 Holmes, Gretel	04	Bendigo Harriers AC	20.01m		
			18.82m	20.01m	PASS

**Women 3000 Meter Race Walk Under 16**

=====					
Vic Country: C 13:57.69		4/11/2018	Alanna Peart, BYC		
Vic State: V 13:13.32		27/10/2013	Jemima Montag, MAC		
Venue Record: T 14:18.5h		16/10/2004	Jess Rothwell, SBE		
Name	Year	Team	Finals	Points	
=====					
1 Heikkila-Dubowik, Kaylah	05	Corio AC	18:42.30	10	
2 Noonan, Claire	04	Eaglehawk AC	20:27.73	8	

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## Results

## Women 100 Meter Sprint Under 18

Vic Country: C 11.71 20/02/2017 Mia Gross, DKN			Vic State: V 11.20 15/10/1968 Raelene Boyle, COB			
Venue Record: T 12.01 25/02/2001 Kylie Bent, WA						
Name	Year	Team	Finals	Wind	H#	Points
1	Boyne, Keely	02 Diamond Valley AC	X12.21	1.0	2	
2	Arch, Adora	02 Western Athletics	X12.52	1.0	2	
3	Sydnor, Kiyani	03 Sandringham AC	X12.53	1.0	2	
4	Kenshole, Elyssia	03 Diamond Valley AC	X12.78	1.3	1	
5	Krippel, Abbey	03 Geelong Guild AC	12.82	1.0	2	10
6	Tarr, Alexandra	02 Geelong Guild AC	12.86	1.0	2	8
7	Tikfesis, Leilani	03 Sandringham AC	X13.18	1.3	1	
8	O'Connor Buckley, Aislin	02 Glenhuntly AC	X13.20	1.3	1	
9	Woods, Jasmine	03 South Coast Aths	13.21	1.0	2	7
10	Mills, Georgia	02 Frankston AC	X13.29	1.0	2	
11	Neale, Alyssa	02 Casey Cardinia	X13.30	1.3	1	
12	Robinson, Anastazia	02 Eaglehawk AC	13.32	1.0	2	6
13	Sesar, Bianca	03 Corio AC	13.49	1.3	1	5
14	Hoskin, Jalen	02 Bendigo Harriers AC	13.53	1.3	1	4
15	Van Den Berg, Jorja	03 Bendigo Uni	13.81	1.3	1	3

## Women 200 Meter Sprint Under 18

Vic Country: C 23.78 13/07/2018 Mia Gross, DKN			Vic State: V 22.74 18/10/1968 Raelene Boyle, COB			
Venue Record: T 24.50 3/12/2004 Laura Verlinden, AUST						
Name	Year	Team	Finals	Wind	H#	Points
1	Sydnor, Kiyani	03 Sandringham AC	X25.61	0.5	2	
2	Gross, Olivia	02 Geelong Guild AC	25.96	0.7	1	10
3	Jock, Nyajima	02 Wendouree AC	26.35	0.5	2	8
4	Kenshole, Elyssia	03 Diamond Valley AC	X26.60	0.5	2	
5	Tarr, Alexandra	02 Geelong Guild AC	26.64	0.5	2	7
6	Mills, Georgia	02 Frankston AC	X27.37	0.7	1	
7	Van Den Berg, Jorja	03 Bendigo Uni	27.57	0.7	1	6
8	Sesar, Bianca	03 Corio AC	27.58	0.7	1	5
9	Robinson, Anastazia	02 Eaglehawk AC	27.71	0.5	2	4
10	Aitken, Rachel	02 South Coast Aths	30.88	0.7	1	3

## Women 400 Meter Run Under 18

Vic Country: C 53.63 14/03/1992 Donna Adamson, EKA			Vic State: V 52.90 20/02/1994 Tamsyn Lewis, ESS		
Venue Record: T 55.46 25/02/2001 Morgan Whiley, TAS					
Name	Year	Team	Finals	H#	Points
1	Jock, Nyajima	02 Wendouree AC	1:00.09	2	10
2	Ellis, Skye	03 Chilwell	1:00.54	2	8
3	Leutchford, Lucy	02 Collingwood	X1:00.96	2	
4	Luckie, Ruby	03 Wellington AC	1:01.83	2	7
5	Michels, Mikayla	02 Geelong Guild AC	1:02.49	2	6
6	Canavan, Amy	02 Eureka AC	1:02.63	1	5
7	Elvey, Paige	03 Frankston AC	X1:03.26	1	
8	Egan, Sarah	02 Wodonga AC	1:06.80	1	4
9	Bashiruddin, Madeline	03 Geelong Guild AC	1:07.96	1	3

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 800 Meter Run Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C	2:01.73	8/09/2000	Georgie Clarke, DKN
Vic State:	V	2:01.73	8/09/2000	Georgie Clarke, DKN
Venue Record:	T	2:06.34	24/02/2001	Heidi Riordan, VIC
Name	Year	Team	Finals	Points
=====				
1 Luckie, Ruby	03	Wellington AC	2:19.93	10
2 Jennings, Rachel	02	Wellington AC	2:21.67	8
3 Canavan, Amy	02	Eureka AC	2:22.83	7
4 Ellis, Skye	03	Chilwell	2:23.72	6
5 Dess, Freya	02	Geelong Guild AC	2:23.87	5
6 Michels, Mikayla	02	Geelong Guild AC	2:25.93	4
7 Richardson, Olivia	02	Geelong Guild AC	2:29.65	3
8 Berg, Sara	03	South Bendigo AC	2:35.75	2
9 Drake, Charlotte	03	Williamstown AC	X2:35.86	
10 Bashiruddin, Madeline	03	Geelong Guild AC	2:38.13	
11 Ramsdale, Alissa	02	Doncaster AC	X2:42.40	

**Women 1500 Meter Run Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C	4:06.77	30/01/2000	Georgie Clarke, DKN
Vic State:	V	4:06.77	30/01/2000	Georgie Clarke, DKN
Venue Record:	T	4:22.70	25/02/2001	Heidi Riordan, VIC
Name	Year	Team	Finals	Points
=====				
1 Roux, Mia	03	Collingwood	X4:48.28	
2 Jennings, Rachel	02	Wellington AC	4:51.05	10
3 Dess, Freya	02	Geelong Guild AC	4:53.66	8
4 Gibbs, Rhemmy	02	Frankston AC	X4:55.48	
5 Richardson, Olivia	02	Geelong Guild AC	4:57.13	7
6 Gilbert, Lily	03	Wendouree AC	5:06.00	6
7 Stiles, Ella	02	Geelong Guild AC	5:07.13	5
8 Berg, Sara	03	South Bendigo AC	5:16.70	4

**Women 3000 Meter Run Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C	9:09.46	6/12/2001	Georgie Clarke, DKN
Vic State:	V	8:59.71	25/02/1993	Susie Power, DAC
Venue Record:	T	9:39.83	23/02/2001	Ruth McDonnell, QLD
Name	Year	Team	Finals	Points
=====				
1 Gibbs, Rhemmy	02	Frankston AC	X10:46.02	
2 Richardson, Olivia	02	Geelong Guild AC	10:50.60	10
3 Furlletti, Taryn	03	South Bendigo AC	11:00.63	8
4 Gilbert, Lily	03	Wendouree AC	11:20.77	7
5 Stiles, Ella	02	Geelong Guild AC	11:23.14	6
6 Lepair, Mia	03	Ballarat Ycw	11:59.37	5

**Women 100 Meter Hurdles Under 18**

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country:	C	13.60	13/03/2005	Jess Gulli, DKN	
Vic State:	V	13.38	20/02/2017	Lateisha Willis, YRA	
Venue Record:	T	14.36	25/02/2001	Alana Boyd, QLD	
Name	Year	Team	Finals	Wind	Points
=====					
1 Boyne, Keely	02	Diamond Valley AC	X14.23T	1.1	
2 O'Connor Buckley, Aislin	02	Glenhuntly AC	X15.01	1.1	
3 Neale, Alyssa	02	Casey Cardinia	X15.97	1.1	
4 Hromenko, Abbey	02	South Bendigo AC	16.68	1.1	10
5 Wilson, Meaghan	03	South Coast Aths	17.38	1.1	8

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Name	Year	Team	Finals	Points
=====				
Vic Country: C	58.07	17/03/2012	Tessa Consedine, CHI	
Vic State: V	58.07	17/03/2012	Tessa Consedine, CHI	
Venue Record: T	1:00.22	24/02/2001	Kimberley Crow, VIC	
Name	Year	Team	Finals	Points
=====				
1 Elvey, Paige	03	Frankston AC	X1:08.24	
2 Dang, Sylvia	03	Ringwood AC	X1:09.68	
3 Connors, Eliza	02	Athletics Essendon	X1:09.69	

**Women 2000 Meter Steeplechase Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	6:48.93	6/02/2000	Victoria Mitchell, Benalla	
Vic State: V	6:38.68	14/07/2007	Samantha Carberry, DAC	
Venue Record: T	6:55.11	23/01/2000	Victoria Mitchell, Benalla	
Name	Year	Team	Finals	Points
=====				
1 Furletti, Taryn	03	South Bendigo AC	7:40.05	10
2 Thomas, Abigail	03	Western Athletics	X7:44.48	
3 Jungfer, Aimee	02	Athletics Essendon	X8:01.34	

**Women 4x100 Meter Relay Under 18**

Team	Finals	Points
=====		
Vic Country: C 48.1h	Geelong Guild	
Vic State: V 48.16	25/11/2012 Athletics Nunawading	
Venue Record: T 45.63	2/12/2004 England	
	J. Hopeson, J. Gibbons, J. Duck, L. Sargent	
Team	Finals	Points
=====		
1 Geelong Guild AC 'A'	50.77	20
1) Sobh, Taylor 02	2) Tarr, Alexandra 02	
3) Michels, Mikayla 02	4) Gross, Olivia 02	
2 Eaglehawk AC 'A'	53.27	16
1) Robinson, Anastazia 02	2) Langtree, Niah 02	
3) Kadri, Laura 02	4) Kadri, Maya 04	
3 South Coast Athletics 'A'	54.86	14
1) Gibson-Williamson, Alarna 04	2) Aitken, Rachel 02	
3) Slade, Nicola 03	4) Woods, Jasmine 03	
4 Bendigo University AC 'A'	57.09	12
1) Fear, Jazlin 03	2) Rowe, Tullie 04	
3) Maud, Montanna 03	4) Van Den Berg, Jorja 03	
5 Wellington AC 'A'	57.31	10
1) O'Brien, Grace 04	2) Croucher, Bianca 05	
3) Hill, Ada 05	4) Luckie, Ruby 03	

**Women High Jump Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	1.96m	7/12/2013	Eleanor Patterson, SCA	
Vic State: V	1.96m	7/12/2013	Eleanor Patterson, SCA	
Venue Record: T	1.81m	25/02/2001	Petrina Price, NSW	
Name	Year	Team	Finals	Points
=====				
1 Lia, Isabella	02	Gippsland AC	1.62m	10
1.45 1.50 1.54 1.58 1.62 1.65				
0 0 0 0 0 XXX				
2 Wilson, Meaghan	03	South Coast Aths	1.58m	8
1.50 1.54 1.58 1.62				
0 XO 0 XXX				



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Women High Jump Under 18**

3	Hanley, Caitlin	03	Diamond Valley AC	X1.54m	
	1.50 1.54 1.58				
	O XO XXX				
3	Hromenko, Abbey	02	South Bendigo AC	1.54m	7
	1.40 1.45 1.50 1.54 1.58				
	O O XO XO XXX				
5	Sharp, Caytlyn T20	02	Eureka AC	1.50m	6
	1.40 1.45 1.50 1.54				
	O O XO XXX				
6	Slade, Nicola	03	South Coast Aths	1.45m	4.50
	1.35 1.40 1.45 1.50				
	O O XO XXX				
6	Aitken, Rachel	02	South Coast Aths	1.45m	4.50
	1.45 1.50				
	O XXX				
--	Sharp, Ella	03	Eureka AC	NH	
	1.35				
	XXX				

**Women Pole Vault Under 18**

=====  
 Vic Country: C 3.91m 8/12/2018 Cassidy Bradshaw, CHI  
 Vic State: V 4.15m B. Isworth & P. McCathrion, BOH & BO  
 Venue Record: T 3.70m 25/01/2015 Phillipa Hajdasz, RUY

Name	Year	Team	Finals	Points
1 Gross, Olivia	02	Geelong Guild AC	3.50m	10
		3.00 3.10 3.20 3.30 3.40 3.50 3.60		
		O P XO O XXO O XXX		
2 Jouvelet, Felicity	03	Casey Cardinia	X3.30m	
		2.90 3.00 3.10 3.20 3.30 3.40		
		O O O O XO XXX		
3 Slade, Nicola	03	South Coast Aths	2.80m	8
		2.15 2.30 2.45 2.60 2.70 2.80 2.90		
		XO O O XO O XO XXX		
4 Catania, Bridget	02	Bendigo Harriers AC	2.00m	7
		1.60 1.80 2.00 2.15		
		O P O XXX		

**Women Long Jump Under 18**

=====  
 Vic Country: C 6.09m 7/04/1992 Deborah McLaughlin, WOD  
 Vic State: V 6.60m 2/07/2011 Brooke Stratton, KNA  
 Venue Record: T 6.27m 24/02/2001 Shermin Oksuz, WA

Name	Year	Team	Finals	Wind	Points
1 Sydnor, Kiyani	03	Sandringham AC	X5.31m	-0.3	
		FOUL(-1.3) 5.21m(1.3) FOUL(+0.0) 5.31m(-0.3)			
2 Kenshole, Elyssia	03	Diamond Valley AC	X5.28m	+0.0	
		FOUL(+0.0) FOUL(1.3) 5.28m(+0.0) 5.17m(-0.3)			
3 Tikfesis, Leilani	03	Sandringham AC	X5.14m	+0.0	
		5.14m(+0.0) 4.91m(-1.5) FOUL(+0.0) 4.77m(+0.0)			
4 Woods, Jasmine	03	South Coast Aths	5.05m	0.8	10
		4.98m(+0.0) 4.81m(-0.7) FOUL(-1.1) 5.05m(0.8)			
5 Sobh, Taylor	02	Geelong Guild AC	4.94m	+0.0	8
		FOUL(+0.0) 4.94m(+0.0) 4.92m(-1.4) FOUL(0.4)			
6 Sharp, Caytlyn T20	02	Eureka AC	4.47m	+0.0	7
		4.47m(+0.0) 4.45m(+0.0) 4.41m(-1.2) 4.34m(+0.0)			

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7	Gray, Kelsea	03 Corio AC	4.42m	+0.0	6
	4.38m(+0.0) 4.25m(0.2) 4.42m(+0.0) 4.05m(-0.1)				
8	Hoskin, Jalen	02 Bendigo Harriers AC	4.37m	+0.0	5
	4.37m(+0.0) 4.21m(0.3) 4.13m(+0.0) 4.13m(+0.0)				
9	Slade, Nicola	03 South Coast Aths	4.18m	+0.0	4
	3.92m(+0.0) 3.93m(+0.0) 4.18m(+0.0)				
10	Sharp, Ella	03 Eureka AC	4.12m	0.1	3
	4.12m(0.1) FOUL(-1.2) 4.08m(+0.0)				
11	Aitken, Rachel	02 South Coast Aths	4.09m	0.1	2
	3.93m(+0.0) 3.95m(0.5) 4.09m(0.1)				

**Women Triple Jump Under 18**

=====						
Vic Country: C 12.16m 23/03/2002 Chelsea Scott, SBE						
Vic State: V 13.07m 9/02/1992 Leanne Wickham, Dandenong						
Venue Record: T 12.80m 2/12/2004 Alyshia House, AUST						
	Name	Year Team	Finals	Wind	Points	
=====						
1	Pizzo, Ruby	02 Athletics Essendon	X11.51m	-1.5		
	FOUL(+0.0) FOUL(-1.5) 11.51m(-1.5) FOUL(-0.2)					
2	Sobh, Taylor	02 Geelong Guild AC	11.17m	+0.0	10	
	10.52m(+0.0) 11.11m(+0.0) 11.17m(+0.0) 10.98m(+0.0)					
3	Sydnor, Kiyani	03 Sandringham AC	X10.62m	-1.6		
	10.50m(-0.3) 10.62m(-1.6) 10.25m(-1.7) PASS					
4	Woods, Jasmine	03 South Coast Aths	10.44m	-1.2	8	
	FOUL(-0.4) FOUL(-3.4) 10.44m(-1.2) FOUL(0.3)					
5	Hoskin, Jalen	02 Bendigo Harriers AC	9.97m	-1.3	7	
	9.73m(-2.2) 9.77m(-1.8) 9.61m(-0.5) 9.97m(-1.3)					
6	Egan, Sarah	02 Wodonga AC	9.52m	0.1	6	
	9.28m(-1.8) 9.50m(-1.4) 9.43m(-3.0) 9.52m(0.1)					
7	Wilson, Meaghan	03 South Coast Aths	9.34m	-0.5	5	
	FOUL(0.6) 9.34m(-0.5) FOUL(+0.0) FOUL(-1.3)					
8	Slade, Nicola	03 South Coast Aths	8.88m	-1.5	4	
	8.37m(+0.0) 8.88m(-1.5) 8.45m(-2.0) 8.36m(-1.1)					

**Women Shot Put Under 18**

=====						
Vic Country: C 15.79m 3/11/2018 Emma Berg, SBE						
Vic State: V 16.17m 22/10/2005 Margaret Satupai, GHY						
Venue Record: T 15.50m 2/12/2004 Dani Samuels, AUST						
	Name	Year Team	Finals	Points		
=====						
1	Mielczarek, Mackenzie	03 Corio AC	14.01m	10		
	12.78m 13.29m 14.01m 13.18m					
2	Ferguson, Tahlee	03 Frankston AC	X12.42m			
	11.56m 11.84m 12.42m 11.57m					
3	Hore, Ruby	02 Bendigo Harriers AC	9.44m	8		
	7.56m 9.44m 8.15m 8.62m					
4	Bicknell, Abby	02 Wendouree AC	9.38m	7		
	8.55m 8.96m 9.28m 9.38m					
5	Robinson, Anastazia	02 Eaglehawk AC	8.84m	6		
	FOUL 8.84m 8.39m 8.45m					

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women Discus Throw Under 18**

=====					
Vic Country: C 50.84m		20/07/1986	Yvette Ykema, COR		
Vic State: V 52.78m		15/11/2008	Kimberley Mulhall, RWD		
Venue Record: T 49.92m		2/12/2004	Dani Samuels, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Mielczarek, Mackenzie	03	Corio AC	35.86m	10	
			35.86m FOUL FOUL	35.28m	
2 Ferguson, Tahlee	03	Frankston AC	X33.20m		
			33.20m FOUL	32.12m FOUL	
3 Murugathas, Amisha	03	Athletics Essendon	X28.33m		
			FOUL	28.33m 28.24m	27.18m
4 Bicknell, Abby	02	Wendouree AC	26.46m	8	
			24.88m FOUL	26.46m	25.29m
5 Berg, Sara	03	South Bendigo AC	23.63m	7	
			20.14m 20.89m	22.39m	23.63m
6 Hore, Ruby	02	Bendigo Harriers AC	19.13m	6	
			15.97m 16.21m	19.13m	FOUL

**Women Hammer Throw Under 18**

=====					
Vic Country: C 55.21m		7/01/2018	Olivia Graham, EAG		
Vic State: V 63.44m		20/10/2017	Stephanie Ratcliffe, DAC		
Venue Record: T 55.21m		7/01/2018	Olivia Graham, EAG		
Name	Year	Team	Finals	Points	
=====					
1 Bicknell, Abby	02	Wendouree AC	24.10m	10	
			19.46m FOUL	23.43m	24.10m
2 Sharp, Caytlyn F20	02	Eureka AC	22.72m	8	
			22.72m	20.98m	FOUL 22.65m
3 Sharp, Ella	03	Eureka AC	22.14m	7	
			19.37m 19.11m	21.75m	22.14m
4 Hore, Ruby	02	Bendigo Harriers AC	21.48m	6	
			FOUL	17.61m 21.22m	21.48m

**Women Javelin Throw Under 18**

=====					
Vic Country: C 46.26m		1/04/2017	Mackenzie Mielczarek, COR		
Vic State: V 58.28m		4/12/2011	Monique Cilione, KSB		
Venue Record: T 51.99m		3/12/2004	Annabel Thomson, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Mielczarek, Mackenzie	03	Corio AC	39.29m	10	
			39.29m	39.09m	FOUL FOUL
2 Berg, Sara	03	South Bendigo AC	24.91m	8	
			22.47m	24.91m	22.37m 23.40m
3 Hore, Ruby	02	Bendigo Harriers AC	24.80m	7	
			22.96m	24.80m	23.95m 22.65m

**Women 3000 Meter Race Walk Under 18**

=====					
Vic Country: C 13:12.60		6/01/1986	Gabrielle Blythe, St. Josephs		
Vic State: V 13:12.60		6/01/1986	Gabrielle Bythe, St. Josephs		
Venue Record: T 14:02.96		24/02/2001	Laura Johnson, NSW		
Name	Year	Team	Finals	Points	
=====					
1 Peart, Alanna	03	Ballarat Ycw	13:48.33T	10	
2 Walker, Charli	03	Bellarine	19:03.79	8	

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 100 Meter Sprint Under 20**

Name	Year	Team	Finals	Wind	H#	Points
=====						
Vic Country:	C	11.71	20/02/2017	Mia Gross,	DKN	
Vic State:	V	11.20	15/10/1968	Raelene Boyle,	COB	
Venue Record:	T	11.7h	20/01/2007	Julia Nation,	Wangaratta	
Name	Year	Team	Finals	Wind	H#	Points
=====						
1	Gross, Mia	01 Deakin AC	11.97	-0.3	2	10
2	Willis, Lateisha	00 Ringwood AC	X12.14	-0.3	2	
3	Holohan, Khoeby	01 Sandringham AC	X12.30	-0.3	2	
4	Kadri, Laura	02 Eaglehawk AC	12.98	0.1	1	8
5	Patsouras, Aris	01 Preston AC	X13.16	0.1	1	
6	Boulton, Gabriella	01 Albury Athletics	13.27	-0.3	2	7
7	Barry, Jordan	01 Wendouree AC	13.29	0.1	1	6
8	Sander, Alannah	01 Chilwell	13.40	-0.3	2	5
9	Kelly, Bridie	01 Frankston AC	X13.53	-0.3	2	
10	Langtree, Niah	02 Eaglehawk AC	13.68	0.1	1	4
11	Tofful, Chelsea	01 Bendigo Harriers AC	13.98	0.1	1	3

**Women 200 Meter Sprint Under 20**

Name	Year	Team	Finals	Wind	H#	Points
=====						
Vic Country:	C	23.74	30/03/1985	Sharon Stewart,	BYC	
Vic State:	V	22.62	23/01/1993	Catherine Freeman,	RWD	
Venue Record:	T	24.45	3/12/2004	Michelle Cutmore,	AUST	
Name	Year	Team	Finals	Wind	H#	Points
=====						
1	Gross, Mia	01 Deakin AC	24.36T	1.7	2	10
2	Holohan, Khoeby	01 Sandringham AC	X25.38	1.7	2	
3	Boulton, Gabriella	01 Albury Athletics	27.11	1.7	2	8
4	Kadri, Laura	02 Eaglehawk AC	27.25	2.1	1	7
5	Sander, Alannah	01 Chilwell	27.69	1.7	2	6
6	Patsouras, Aris	01 Preston AC	X28.04	2.1	1	
7	Sutherland, Summer	01 Albury Athletics	28.25	2.1	1	5
8	Langtree, Niah	02 Eaglehawk AC	28.38	1.7	2	4
9	Rusbridge, Gabrielle	00 Eaglehawk AC	28.90	2.1	1	3
10	Burge, Jackelyn	01 Bendigo Harriers AC	29.49	2.1	1	2
11	Merrilees, Naomi	00 South Coast Aths	35.72	2.1	1	

**Women 400 Meter Run Under 20**

Name	Year	Team	Finals	Points	
=====					
Vic Country:	C	52.90	31/03/1985	Sharon Stewart,	BYC
Vic State:	V	51.14	28/06/1992	Catherine Freeman,	RWD
Venue Record:	T	55.46	25/02/2001	Morgan Whiley,	TAS
Name	Year	Team	Finals	Points	
=====					
1	Davis, Sophia	00 Box Hill AC	X1:00.27		
2	Kadri, Laura	02 Eaglehawk AC	1:01.74	10	
3	Boulton, Gabriella	01 Albury Athletics	1:02.13	8	
4	Tarr, Alexandra	02 Geelong Guild AC	1:02.51	7	
5	Rusbridge, Gabrielle	00 Eaglehawk AC	1:02.67	6	
6	Sutherland, Summer	01 Albury Athletics	1:05.06	5	
7	Merrilees, Naomi	00 South Coast Aths	1:27.11	4	

**Women 800 Meter Run Under 20**

Name	Year	Team	Finals	Points	
=====					
Vic Country:	C	2:01.73	8/09/2000	Georgie Clarke,	DKN
Vic State:	V	2:01.1h	11/02/1982	Michelle Baumgartner,	Glenhuntly W
Venue Record:	T	2:06.34	24/02/2001	Heidi Riordan,	VIC
Name	Year	Team	Finals	Points	
=====					
1	Lepair, Eliza	01 Ballarat Ycw	2:25.72	10	

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2	Rusbridge, Gabrielle	00	Eaglehawk AC	2:26.02	8
3	Sutherland, Summer	01	Albury Athletics	2:34.62	7
4	Wrigley, Aliesha	00	South Coast Aths	2:39.42	6
5	Moore, Matilda	01	Bendigo Harriers AC	2:43.13	5
6	Bussem Jorgensen, Tiffan	01	Bendigo Harriers AC	2:53.09	4
7	Heislars, Emily	01	Eaglehawk AC	3:09.65	3
8	Merrilees, Naomi	00	South Coast Aths	3:34.84	2

**Women 1500 Meter Run Under 20**

=====  
 Vic Country: C 4:06.77 30/01/2000 Georgie Clarke, DKN  
 Vic State: V 4:06.77 30/01/2000 Georgie Clarke, DKN  
 Venue Record: T 4:22.70 25/02/2001 Heidi Riordan, VIC

Name	Year	Team	Finals	Points
1 O'Brien, Rachel	00	Wellington AC	4:56.02	10
2 Wrigley, Aliesha	00	South Coast Aths	5:42.38	8
3 Bussem Jorgensen, Tiffan	01	Bendigo Harriers AC	5:55.13	7
4 Heislars, Emily	01	Eaglehawk AC	6:41.41	6

**Women 3000 Meter Run Under 20**

=====  
 Vic Country: C 9:09.46 6/12/2001 Georgie Clarke, DKN  
 Vic State: V 8:56.93 21/07/1994 Susie Power, DAC  
 Venue Record: T 9:39.83 23/02/2001 Ruth McDonnell, QLD

Name	Year	Team	Finals	Points
1 Demeo, Heidi	00	Chilwell	10:21.97	10
2 Powning, Georgia T20	99	Old Xaverians AC	X12:20.87	
3 Wrigley, Aliesha	00	South Coast Aths	13:00.81	8
4 Bussem Jorgensen, Tiffan	01	Bendigo Harriers AC	13:00.83	7

**Women 100 Meter Hurdles Under 20**

=====  
 Vic Country: C 14.17 12/03/2006 Jess Gulli, DKN  
 Vic State: V 13.19 12/04/2018 Celeste Mucci, WTN  
 Venue Record: T 14.11 3/12/2004 Sally McLellan, AUST

Name	Year	Team	Finals	Wind	Points
1 Willis, Lateisha	00	Ringwood AC	X14.22	1.3	
2 Murrant, Ellie	01	Geelong Guild AC	17.35	1.3	10
3 Burge, Jackelyn	01	Bendigo Harriers AC	19.06	1.3	8
-- Kelly, Bridie	01	Frankston AC	XDNF	1.3	

**Women 400 Meter Hurdles Under 20**

=====  
 Vic Country: C 58.07 17/03/2012 Tessa Consedine, CHI  
 Vic State: V 58.07 17/03/2012 Tessa Consedine, CHI  
 Venue Record: T 1:00.22 24/02/2001 Kimberley Crow, VIC

Name	Year	Team	Finals	Points
1 Barbour, Olivia	01	Sandringham AC	X1:13.38	
2 Murrant, Ellie	01	Geelong Guild AC	1:19.03	10

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 4x100 Meter Relay Under 20**

Vic Country: C 48.1h		Geelong Guild	
Vic State: V 48.16 25/11/2012		Athletics Nunawading	
Venue Record: T 45.63 2/12/2004		England	
J. Hopeson, J. Gibbons, J. Duck, L. Sargent			
Team		Finals	Points
1 Geelong Guild AC 'A'		53.80	20
1) McFarlane, Jacinta 05	2) Murrant, Ellie 01		
3) Bayes, Elly 01	4) Paape-Silva, Heike 04		
2 Bendigo Harriers AC 'A'		55.18	16
1) Richardson, Jade 01	2) Hoskin, Jalen 02		
3) Burge, Jackelyn 01	4) Tofful, Chelsea 01		
3 Bendigo Harriers AC 'B'		58.84	14
1) Gilligan, Emma 03	2) Hore, Ruby 02		
3) Moore, Matilda 01	4) Bussem Jorgensen, Tiffany 01		
4 Eaglehawk AC 'A'		59.18	12
1) Rusbridge, Gabrielle 00	2) Graham, Olivia 00		
3) Heislars, Emily 01	4) Hall, Madeline 01		
5 South Bendigo AC 'A'		1:00.21	10
1) Hromenko, Abbey 02	2) Guillou, Allie 06		
3) Berg, Emma 01	4) Farnell, Ella Dee 01		

**Women High Jump Under 20**

Vic Country: C 1.96m 7/12/2013		Eleanor Patterson, SCA	
Vic State: V 1.96m 7/12/2013		Eleanor Patterson, SCA	
Venue Record: T 1.91m 24/01/2015		Eleanor Patterson, SCA	
Name	Year Team	Finals	Points
1 Richardson, Jade	01 Bendigo Harriers AC	1.55m	9
1.40 1.45 1.50 1.55 1.60			
XO XO XO XXO XXX			
1 Sutherland, Summer	01 Albury Athletics	1.55m	9
1.40 1.45 1.50 1.55 1.60			
O O O XO XXX			
1 Davis, Caitlin	01 Old Xaverians AC	X1.55m	
1.50 1.55 1.60			
O XO XXX			

**Women Pole Vault Under 20**

Vic Country: C 3.91m 8/12/2018		Cassidy Bradshaw, CHI	
Vic State: V 4.25m 11/02/2000		Bridgid Isworth, BOH	
Venue Record: T 3.85m 2/12/2004		Katrina Miroshnichenko, AUST	
Name	Year Team	Finals	Points
1 Melsom, Sarah	01 Box Hill AC	X3.40m	
3.00 3.10 3.20 3.30 3.40 3.50			
XXO P O O O XXX			
2 Green, Montana	00 Mentone AC	X3.00m	
2.90 3.00 3.10			
O O XXX			
3 Bayes, Elly	01 Geelong Guild AC	2.80m	10
2.45 2.60 2.70 2.80 2.90			
XXO XO O XO XXX			

## 2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019

## LaTrobe University Bendigo Athletics Complex

## Results

## Women Long Jump Under 20

=====						
Vic Country: C 6.09m 7/04/1992 Deborah McLaughlin, WOD						
Vic State: V 6.60m 2/07/2011 Brooke Stratton, KNA						
Venue Record: T 6.27m 24/02/2001 Shermin Oksuz, WA						
Name	Year	Team	Finals	Wind	Points	
=====						
1 Djatschenko, Montana	01	Athletics Essendon	X5.57m	0.2		
			5.55m(+0.0) 5.57m(0.2) 5.46m(+0.0) 5.39m(+0.0) 5.38m(+0.0) 5.29m(+0.0)			
2 Holohan, Khoebay	01	Sandringham AC	X5.45m	0.4		
			5.25m(+0.0) 5.31m(+0.0) FOUL(+0.0) 4.62m(+0.0) 5.45m(0.4) 5.28m(+0.0)			
3 Patsouras, Aris	01	Preston AC	X4.97m	+0.0		
			4.74m(+0.0) 4.81m(+0.0) 4.82m(+0.0) 4.89m(+0.0) FOUL(+0.0) 4.97m(+0.0)			
4 Barry, Jordan	01	Wendouree AC	4.87m	+0.0	10	
			FOUL(+0.0) 4.87m(+0.0) FOUL(0.4) 4.73m(0.3) 4.83m(0.2) 4.82m(+0.0)			
5 Tofful, Chelsea	01	Bendigo Harriers AC	4.65m	+0.0	8	
			4.34m(-0.1) 4.32m(+0.0) 4.35m(+0.0) 4.35m(+0.0) 4.25m(+0.0) 4.65m(+0.0)			
6 Richardson, Jade	01	Bendigo Harriers AC	4.44m	+0.0	7	
			4.39m(0.2) 4.44m(+0.0) FOUL(+0.0) 4.10m(+0.0) FOUL(+0.0) 4.27m(+0.0)			
7 Farnell, Ella Dee	01	South Bendigo AC	4.35m	0.3	6	
			4.35m(0.3) FOUL(+0.0) FOUL(0.2) 2.31m(0.6) FOUL(+0.0) 2.50m(0.2)			

## Women Triple Jump Under 20

=====						
Vic Country: C 12.16m 23/03/2002 Chelsea Scott, SBE						
Vic State: V 13.34m 15/03/2012 Brooke Stratton, KNA						
Venue Record: T 12.80m 2/12/2004 Alyshia House, AUST						
Name	Year	Team	Finals	Wind	Points	
=====						
1 Barry, Jordan	01	Wendouree AC	10.08m	0.6	10	
			9.90m(+0.0) 9.66m(+0.0) 9.82m(+0.0) FOUL(0.3) 9.73m(+0.0) 10.08m(0.6)			
2 Farnell, Ella Dee	01	South Bendigo AC	10.05m	+0.0	8	
			FOUL(+0.0) FOUL(+0.0) 8.34m(+0.0) 10.05m(+0.0) 9.71m(+0.0) 9.76m(+0.0)			
3 Patsouras, Aris	01	Preston AC	X10.04m	+0.0		
			9.98m(+0.0) FOUL(+0.0) 9.50m(+0.0) 10.04m(+0.0) 9.11m(+0.0) 9.99m(+0.0)			
4 Tofful, Chelsea	01	Bendigo Harriers AC	9.93m	+0.0	7	
			9.67m(+0.0) 9.07m(+0.0) 9.61m(-0.2) 9.71m(+0.0) 9.93m(+0.0) FOUL(+0.0)			
5 Hall, Madeline	01	Eaglehawk AC	8.18m	+0.0	6	
			8.18m(+0.0) 7.42m(+0.0) 7.72m(-0.2) 7.79m(+0.0) 7.69m(+0.0) 7.27m(0.2)			
6 Heislars, Emily	01	Eaglehawk AC	6.14m	+0.0	5	
			5.67m(+0.0) 5.47m(+0.0) 5.37m(+0.0) 6.05m(+0.0) 6.14m(+0.0) 6.03m(0.3)			

## Women Shot Put Under 20

=====						
Vic Country: C 15.03m 21/06/1986 Yvette Ykema, COR						
Vic State: V 16.43m 9/10/2010 Margaret Satupai, GHY						
Venue Record: T 15.50m 2/12/2004 Dani Samuels, AUST						
Name	Year	Team	Finals	Points		
=====						
1 Berg, Emma	01	South Bendigo AC	12.97m	10		
			12.47m 12.48m 11.14m 12.34m 12.79m 12.97m			
2 Soroka, Kiahna	01	Albury Athletics	10.74m	8		
			10.18m 9.98m FOUL 10.69m 10.16m 10.74m			
3 Gross, Mia	01	Deakin AC	9.87m	7		
			8.91m 9.87m 9.37m 9.85m 9.58m 9.47m			
4 McCormack, Clare	01	Wodonga AC	9.29m	6		
			8.58m 8.89m 8.97m 9.29m 8.73m 8.86m			
5 Graham, Olivia	00	Eaglehawk AC	9.21m	5		
			7.89m FOUL 9.21m 8.68m 7.97m 8.54m			
6 Kelly, Bridie	01	Frankston AC	X8.97m			
			8.97m 8.56m 8.79m 8.96m 8.45m 8.34m			

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7 Sharp, Jorja	00 Eureka AC	7.71m	4
7.38m 6.60m 7.36m 6.94m 7.71m 7.59m			
8 Hall, Madeline	01 Eaglehawk AC	7.35m	3
7.32m 7.19m 7.35m 6.59m 7.03m 3.82m			
9 Richardson, Jade	01 Bendigo Harriers AC	6.54m	2
6.17m 6.54m 6.41m			

**Women Discus Throw Under 20**

=====  
 Vic Country: C 50.84m 20/07/1986 Yvette Ykema, COR  
 Vic State: V 56.84m 7/05/2010 Kimberley Mulhall, RWD  
 Venue Record: T 49.92m 2/12/2004 Dani Samuels, AUST

Name	Year Team	Finals	Points
1 Berg, Emma	01 South Bendigo AC	43.17m	10
40.58m 42.42m FOUL 43.17m 43.01m FOUL			
2 Simonelli, Isabella	01 Collingwood	X41.19m	
FOUL 41.19m FOUL 36.91m FOUL FOUL			
3 Mills, Alexandra	00 Diamond Valley AC	X35.62m	
34.20m 31.63m 35.62m 33.49m FOUL FOUL			
4 Soroka, Kiahna	01 Albury Athletics	33.36m	8
33.36m 31.68m FOUL 30.59m FOUL FOUL			
5 Graham, Olivia	00 Eaglehawk AC	26.17m	7
26.17m 25.11m 22.59m 24.69m 23.77m 25.76m			
6 Robinson, Anastazia	02 Eaglehawk AC	24.86m	6
21.20m FOUL FOUL 24.86m 21.83m 20.87m			
7 Hall, Madeline	01 Eaglehawk AC	23.12m	5
19.01m 23.12m 21.28m 16.77m 21.46m 21.97m			
8 Sharp, Jorja	00 Eureka AC	22.78m	4
16.76m FOUL 18.85m FOUL 16.32m 22.78m			
9 Merrilees, Naomi	00 South Coast Aths	12.66m	3
12.66m FOUL 12.48m			
10 Heislars, Emily	01 Eaglehawk AC	12.05m	2
FOUL 11.44m 12.05m			

**Women Hammer Throw Under 20**

=====  
 Vic Country: C 55.40m 31/01/2008 Natalie Debeljuh, COR  
 Vic State: V 62.48m 29/03/2003 Gabrielle Neighbour, MEN  
 Venue Record: T 54.07m 3/12/2004 Samantha Hynes, England

Name	Year Team	Finals	Points
1 Soroka, Kiahna	01 Albury Athletics	45.99m	10
42.81m FOUL 45.99m FOUL FOUL 45.99m			
2 Graham, Olivia	00 Eaglehawk AC	45.63m	8
44.39m FOUL FOUL 45.63m FOUL FOUL			
3 Simonelli, Isabella	01 Collingwood	X42.96m	
38.54m 38.36m 40.00m 40.10m FOUL 42.96m			
4 McCormack, Clare	01 Wodonga AC	35.98m	7
32.21m FOUL 35.98m 33.11m FOUL 34.82m			
5 Sharp, Jorja	00 Eureka AC	22.23m	6
FOUL 22.18m 21.01m 22.23m 20.60m 21.30m			



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women Javelin Throw Under 20**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C	56.01m	15/07/2004	Annabel Thomson, SBE
Vic State:	V	56.01m	15/07/2004	Annabel Thomson, SBE
Venue Record:	T	51.99m	3/12/2004	Annabel Thomson, AUST
Name	Year	Team	Finals	Points
=====				
1 McCormack, Clare	01	Wodonga AC	30.28m	10
		27.94m 28.99m 29.20m 28.10m 27.99m 30.28m		
2 Burge, Jackelyn	01	Bendigo Harriers AC	28.35m	8
		27.35m FOUL 28.06m 28.35m 28.18m 26.55m		
3 Kelly, Bridie	01	Frankston AC	X27.42m	
		27.42m FOUL FOUL 24.83m 22.46m FOUL		
4 Richardson, Jade	01	Bendigo Harriers AC	22.51m	7
		19.95m 22.51m 17.38m 13.92m 19.38m 19.45m		
5 Hall, Madeline	01	Eaglehawk AC	22.41m	6
		17.38m FOUL FOUL 20.07m 22.41m 20.73m		

**Women 5000 Meter Race Walk Under 20**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C	21:03.33	20/02/2009	Jess Rothwell, EAG
Vic State:	V	21:03.33	20/02/2009	Jessica Rothwell, EAG
Venue Record:	T	24:47.0h	12/11/2005	Jess Rothwell, SBE
Name	Year	Team	Finals	Points
=====				
1 Peart, Jemma	01	Ballarat Ycw	25:27.46	10
2 Hay, Charlotte	03	Knox AC	X26:51.63	

**Women 100 Meter Sprint Open**

Name	Year	Team	Finals	Wind H#	Points
=====					
Vic Country:	C	11.71	20/02/2017	Mia Gross, DKN	
Vic State:	V	11.20	15/10/1968	Raelene Boyle, COB	
Venue Record:	T	11.54	12/03/2006	Anna Boyle, Northern Ireland	
Name	Year	Team	Finals	Wind H#	Points
=====					
1 Whittaker, Ashleigh	93	Sandringham AC	X11.94	0.5	2
2 Byrne, Christine	99	Glenhuntly AC	X12.17	0.5	2
3 Lane, Ebony	98	Frankston AC	X12.40	0.5	2
4 Lawson, Nina	99	Athletics Essendon	X12.95	0.5	2
5 Terlato, Ashleigh	98	Casey Cardinia	X12.96	0.5	2
6 Tarr, Alexandra	02	Geelong Guild AC	12.98	0.5	2 10
7 McLinden, Ellie	98	Old Xaverians AC	X13.11	2.7	1
8 Dux, Jessica	84	Nunawading	X13.17	2.7	1
9 Snyder, Denise	92	Eaglehawk AC	13.25	2.7	1 8
10 Mills, Georgia	02	Frankston AC	X13.41	0.5	2
11 Hoskin, Jalen	02	Bendigo Harriers AC	13.94	2.7	1 7
12 Lang, Gabrielle	99	Wendouree AC	15.09	2.7	1 6
13 Clark, Courtney	99	South Coast Aths	15.35	2.7	1 5
14 Farnell, Keely	98	South Bendigo AC	15.70	2.7	1 4

**Women 200 Meter Sprint Open**

Name	Year	Team	Finals	Wind H#	Points
=====					
Vic Country:	C	23.36	6/03/1986	Sharon Stewart, BYC	
Vic State:	V	22.25	22/07/1994	Cathy Freeman, RWD	
Venue Record:	T	22.57	12/03/2006	Cydonie Mothersill, Cayman Islands	
Name	Year	Team	Finals	Wind H#	Points
=====					
1 Whittaker, Ashleigh	93	Sandringham AC	X24.55	0.6	2
2 Bayes, Lily	99	Deakin AC	24.86	0.6	2 10
3 Gulli-Nance, Jessica	88	Deakin AC	25.01	0.6	2 8
4 Byrne, Christine	99	Glenhuntly AC	X25.04	0.6	2

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5	Hawks, Caitlin	96	Old Melburnians AC	X26.01	0.6	2	
6	Terlato, Ashleigh	98	Casey Cardinia	X26.58	0.7	1	
7	Keratianos, Ellie	99	Keilor St Bern	X26.78	0.6	2	
8	Dux, Jessica	84	Nunawading	X27.50	0.7	1	
9	Pompei, Stephanie	95	South Bendigo AC	28.13	0.6	2	7
10	McCay, Claire	98	Bendigo Harriers AC	28.53	0.7	1	6
11	Attard, Olivia	99	South Bendigo AC	28.92	0.7	1	5
12	Clark, Courtney	99	South Coast Aths	32.57	0.7	1	4
13	Farnell, Keely	98	South Bendigo AC	33.77	0.7	1	3

**Women 400 Meter Run Open**

=====							
Vic Country: C		51.32	7/03/1992	Sharon Stewart, BYC			
Vic State: V		48.63	29/07/1996	Catherine Freeman, RWD			
Venue Record: T		54.24	24/01/2015	Morgan Mitchell, WES			
=====							
	Name		Year Team	Finals	H#	Points	
=====							
1	Gulli-Nance, Jessica	88	Deakin AC	54.97	3	10	
2	Hubbard, Kendra	89	Old Melburnians AC	X55.09	3		
3	Loizou, Alexia	98	Mornington	X55.61	3		
4	Fighera, Sophia	98	Mornington	X55.89	3		
5	Bayes, Lily	99	Deakin AC	56.00	3	8	
6	Kirsopp-Cole, Tess	99	Chilwell	58.12	2	7	
7	Hawks, Caitlin	96	Old Melburnians AC	X58.88	3		
8	Larkin, Stephanie	94	Doncaster AC	X58.96	2		
9	Romanoff, Lucy	97	Frankston AC	X59.55	2		
10	Lewis, Sarah	85	South Coast Aths	1:00.42	2	6	
11	Gilden, Eleni	89	Melbourne Uni	X1:00.45	2		
12	Gilden, Rosamond	89	Melbourne Uni	X1:01.48	2		
13	Badrock, Abbey	99	Chilwell	1:01.72	1	5	
14	Pompei, Stephanie	95	South Bendigo AC	1:01.78	1	4	
15	Beruldsen, Montana	99	Melbourne Uni	X1:04.62	1		
16	Attard, Olivia	99	South Bendigo AC	1:05.33	1	3	
17	Parris, Madeleine	92	Glenhuntly AC	X1:07.45	1		

**Women 800 Meter Run Open**

=====							
Vic Country: C		2:00.17	6/07/1991	Sharon Stewart, BYC			
Vic State: V		1:59.0h	28/02/1976	Charlene Rendina, Preston-Reservoi			
Venue Record: T		2:06.34	24/02/2001	Heidi Riordan, VIC			
=====							
	Name		Year Team	Finals	Points		
=====							
1	Landen, Shanie	91	Maccabi AC	X2:16.03			
2	Kirsopp-Cole, Tess	99	Chilwell	2:18.21	10		
3	Caulfield, Maddison	99	Athletics Essendon	X2:18.44			
4	Waters, Rachel	97	Deakin AC	2:18.85	8		
5	Gerardi, Isabelle	94	Deakin AC	2:21.15	7		
6	Lewis, Sarah	85	South Coast Aths	2:24.21	6		
7	White, Justine	88	Chilwell	2:31.39	5		
8	de Vrieze, Anna	86	South Bendigo AC	2:40.18	4		
9	Pompei, Stephanie	95	South Bendigo AC	2:41.84	3		
10	Byrt, Eliesha T20	88	Geelong Guild AC	2:44.89	2		
11	Newcombe, Kirstie T38	94	Chilwell	2:48.89			

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 1500 Meter Run Open**

=====  
 Vic Country: C 4:06.50 8/07/2005 Georgie Clarke, DKN  
 Vic State: V 4:00.86 26/05/2018 Linden Hall, ESS  
 Venue Record: T 4:22.70 25/02/2001 Heidi Riordan, VIC

Name	Year	Team	Finals	Points
1 Demeo, Heidi	00	Chilwell	4:46.67	10
2 Waters, Rachel	97	Deakin AC	4:53.28	8
3 Kondogonis, Stephanie	91	Keilor St Bern	X4:56.35	
4 Dege, Cassie	85	Chilwell	5:00.38	7
5 Brick, Simone	94	South Melbourne AC	X5:08.17	
6 Attard, Olivia	99	South Bendigo AC	5:19.15	6
7 White, Justine	88	Chilwell	5:21.20	5
8 Watts, Sarah	79	Ballarat Ycw	5:26.85	4
9 de Vrieze, Anna	86	South Bendigo AC	5:28.14	3
10 Powning, Georgia T20	99	Old Xaverians AC	X5:42.82	

**Women 5000 Meter Run Open**

=====  
 Vic Country: C 15:27.41 31/05/2008 Georgie Clarke, GLG  
 Vic State: V 14:41.02 25/09/2002 Sonia O'Sullivan, GHY  
 Venue Record: T 16:15.15 31/10/2017 Teleah Hayes, SBE

Name	Year	Team	Finals	Points
1 Mesta, Cassandra	90	Wellington AC	18:34.20	10
2 White, Rhiannon	93	Eureka AC	19:03.29	8
3 Rhodes, Tess	00	Chilwell	19:21.87	7
4 Lepair, Eliza	01	Ballarat Ycw	19:48.80	6
5 Attard, Olivia	99	South Bendigo AC	21:59.47	5
6 Turner, Chloe T20	93	Old Xaverians AC	X24:58.78	

**Women 10000 Meter Run Open**

=====  
 Vic Country: C 32:17.81 13/12/2018 Ellie Pashley, DKN  
 Vic State: V 30:53.37 30/09/2000 Sonia O'Sullivan, GHY  
 Venue Record: T 36:23.3h 18/12/2001 Clare McKechnie, SBE

Name	Year	Team	Finals	Points
1 Watts, Sarah	79	Ballarat Ycw	43:06.80	10
2 Heah, Juliet	94	Bendigo Harriers AC	46:37.52	8

**Women 100 Meter Hurdles Open**

=====  
 Vic Country: C 14.14 14/04/2013 Nicole Anskaitis, DKN  
 Vic State: V 12.93 28/06/1972 Pam Ryan, UHS  
 Venue Record: T 13.50 12/03/2006 Moh Siew Wei, Malaysia

Name	Year	Team	Finals	Wind	Points
1 Shaw, Danielle	98	Ringwood AC	X14.21	0.1	
2 Davey, Kira	95	Melbourne Uni	X15.81	0.1	
3 Badrock, Abbey	99	Chilwell	15.85	0.1	10
4 McLinden, Ellie	98	Old Xaverians AC	X16.36	0.1	
5 Snyder, Denise	92	Eaglehawk AC	16.49	0.1	8
6 Dux, Jessica	84	Nunawading	X17.99	0.1	
7 Werner, Emma	92	Eureka AC	21.66	0.1	7

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 400 Meter Hurdles Open**

=====  
 Vic Country: C 57.30 22/03/2014 Jess Gulli, DKN  
 Vic State: V 53.17 28/09/1988 Debbie Flintoff King, Glenhuntly W  
 Venue Record: T 1:00.22 24/02/2001 Kimberley Crow, VIC

Name	Year	Team	Finals	Points
1 Larkin, Stephanie	94	Doncaster AC	X1:03.88	
2 Badrock, Abbey	99	Chilwell	1:08.52	10
3 Beruldsen, Montana	99	Melbourne Uni	X1:11.60	

**Women 3000 Meter Steeplechase Open**

=====  
 Vic Country: C 9:30.84 3/07/2006 Victoria Mitchell, EKA  
 Vic State: V 9:14.28 27/08/2016 Genevieve LaCaze, GHY  
 Venue Record: T 11:34.81 24/01/2015 Montana MacFarlane, SBE

Name	Year	Team	Finals	Points
1 Brick, Simone	94	South Melbourne AC	X11:31.86T	
2 Kitto, Annabel	94	South Australia	X11:53.02	
3 Turner, Ruby	95	Melbourne Uni	X12:23.66	
4 Whiley, Ebony	95	Eaglehawk AC	17:51.66	10

**Women 4x100 Meter Relay Open**

=====  
 Vic Country: C 48.1h Geelong Guild  
 Vic State: V 44.4h 12/12/1992 Melbourne University  
 Venue Record: T 45.63 2/12/2004 England  
 J. Hopeson, J. Gibbons, J. Duck, L. Sargent

Team	Finals	Points
1 Bendigo Harriers AC 'A'	52.80	20
1) Brits, Nyah 04		
2) Conquer, Abbey 04		
3) Holmes, Gretel 04		
4) Gavriiliadis, Monique 04		
2 Athletics Chilwell AC 'A'	52.82	16
1) Sander, Alannah 01		
2) Badrock, Abbey 99		
3) White, Justine 88		
4) Kirsopp-Cole, Tess 99		
3 Corio AC 'A'	55.35	14
1) Sesar, Bianca 03		
2) Rayson, Ella 04		
3) Gray, Kelsea 03		
4) Gathercole, Sherry 70		
4 Bendigo Harriers AC 'B'	55.78	12
1) Richardson, Jade 01		
2) Hoskin, Jalen 02		
3) Burge, Jackelyn 01		
4) Tofful, Chelsea 01		
5 Eureka AC 'A'	56.55	10
1) Sharp, Caytlyn 02		
2) Canavan, Amy 02		
3) Scott, Courtney 95		
4) Mccallum, Janelle 86		
6 South Coast Athletics 'A'	1:00.26	8
1) Wrigley, Aliesha 00		
2) Lewis, Sarah 85		
3) Clark, Courtney 99		
4) Merrilees, Naomi 00		
7 Eaglehawk AC 'A'	1:00.44	6
1) Snyder, Denise 92		
2) Thompson, Siobhan 97		
3) Archibald, Andrea 05		
4) Whiley, Ebony 95		
8 South Bendigo AC 'A'	1:03.40	4
1) Pompei, Stephanie 95		
2) Farnell, Keely 98		
3) Attard, Olivia 99		
4) Trew, Keely 92		

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 4x400 Meter Relay Open**

=====			
Vic Country:	C	3:52.11	11/12/2014 Geelong Guild
Vic State:	V	3:40.33	21/01/2001 Doncaster
Venue Record:	T	3:48.84	25/02/2001 Victoria
Team			Finals Points
=====			
1	Geelong Guild AC 'A'		4:10.44 20
	1) Dess, Klara 00	2) Michels, Mikayla 02	
	3) Dess, Freya 02	4) Brown, Nyah 04	
2	Geelong Guild AC 'B'		4:25.13 16
	1) Tarr, Alexandra 02	2) Skerke, Jaz 04	
	3) Coltish, Sophie 05	4) Richardson, Olivia 02	
3	Wellington AC 'A'		4:25.89 14
	1) Luckie, Ruby 03	2) Croucher, Bianca 05	
	3) Hill, Ada 05	4) O'Brien, Rachel 00	
4	Eaglehawk AC 'A'		4:29.90 12
	1) Langtree, Niah 02	2) Kadri, Laura 02	
	3) Robinson, Anastazia 02	4) Rusbridge, Gabrielle 00	
5	Eureka AC 'A'		4:31.69 10
	1) Bridges, Kayla 05	2) Canavan, Amy 02	
	3) Streat, Charlotte 06	4) Scott, Courtney 95	
6	South Bendigo AC 'A'		4:49.27 8
	1) Hromenko, Abbey 02	2) Trew, Keely 92	
	3) de Vrieze, Anna 86	4) Pompei, Stephanie 95	
7	Bendigo Harriers AC 'A'		4:57.33 6
	1) McCay, Claire 98	2) Tuohy, Yvette 90	
	3) Evans, Caitlin 05	4) Bussem Jorgensen, Tiffany 01	
8	South Coast Athletics 'A'		5:02.44 4
	1) Lewis, Sarah 85	2) Clark, Courtney 99	
	3) Merrilees, Naomi 00	4) Wrigley, Aliesha 00	

**Women High Jump Open**

=====			
Vic Country:	C	1.96m	7/12/2013 Eleanor Patterson, SCA
Vic State:	V	1.96m	7/12/2013 Eleanor Patterson, SCA
Venue Record:	T	1.91m	24/01/2015 Eleanor Patterson, SCA
Name	Year	Team	Finals Points
=====			
1	Snyder, Denise	92 Eaglehawk AC	1.76m 10
	1.65 1.70 1.73 1.76 1.79		
	O O O O XXX		
2	Alexander, Madison	99 Athletics Essendon	X1.73m
	1.65 1.70 1.73 1.76		
	O O O XXX		
3	Richardson, Jade	01 Bendigo Harriers AC	1.55m 8
	1.40 1.45 1.50 1.55 1.60		
	XO XO O XXO XXX		
4	Christie, Caitlin	91 Wendouree AC	1.50m 7
	1.40 1.45 1.50 1.55		
	O O O XXX		

**Women Pole Vault Open**

=====			
Vic Country:	C	3.91m	8/12/2018 Cassidy Bradshaw, CHI
Vic State:	V	4.59m	21/03/1998 Emma George, BOH
Venue Record:	T	4.10m	12/03/2006 Melina Hamilton, New Zealand
Name	Year	Team	Finals Points
=====			

## 2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019

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## Results

## ...Women Pole Vault Open

1	Iannello, Katherine	83 Melbourne Uni	X3.60m	
	3.40 3.60 3.80			
	XO XO XXX			
1	Mancuso, Tamara	96 Melbourne Uni	X3.60m	
	3.40 3.50 3.60 3.80			
	O XXO XO XXX			
1	Bath, Grace	97 Corio AC	3.60m	10
	3.40 3.60 3.80			
	XO XXO XXX			
4	Napier, Isabelle	94 Melbourne Uni	X3.40m	
	3.40 3.50			
	XXO XXX			
4	Abfalter, Kate	99 Melbourne Uni	X3.40m	
	3.00 3.40 3.60			
	XO XXO XXX			
6	Davey, Kira	95 Melbourne Uni	X3.00m	
	3.00 3.20			
	XO XXX			

## Women Long Jump Open

=====						
Vic Country: C 6.09m 7/04/1992 Deborah McLaughlin, WOD						
Vic State: V 7.05m 12/03/2016 Brooke Stratton, ANW						
Venue Record: T 6.63m 12/03/2006 Jade Johnson, England						
Name	Year	Team	Finals	Wind	Points	
=====						
1	Snyder, Denise	92 Eaglehawk AC	5.32m	+0.0	10	
	5.23m(+0.0)	5.16m(+0.0)	5.13m(+0.0)	5.26m(+0.0)	5.17m(+0.0)	5.32m(+0.0)
2	Keca, Zara	98 Athletics Essendon	X5.21m	+0.0		
	5.20m(+0.0)	2.30m(+0.0)	5.21m(+0.0)	5.13m(+0.0)	5.21m(+0.0)	5.18m(+0.0)
3	Dux, Jessica	84 Nunawading	X5.08m	+0.0		
	FOUL(-0.2)	4.52m(+0.0)	4.68m(+0.0)	4.64m(+0.0)	4.65m(+0.0)	5.08m(+0.0)
4	Cannan, Tahnee	91 Albury Athletics	4.78m	+0.0	8	
	4.58m(+0.0)	4.71m(+0.0)	3.03m(+0.0)	4.67m(-0.1)	3.88m(+0.0)	4.78m(+0.0)
5	Tofful, Chelsea	01 Bendigo Harriers AC	4.41m	+0.0	7	
	4.23m(0.4)	4.31m(+0.0)	4.41m(+0.0)	2.39m(-0.1)	4.41m(+0.0)	FOUL(+0.0)
6	Hoskin, Jalen	02 Bendigo Harriers AC	4.23m	+0.0	6	
	4.16m(+0.0)	4.09m(+0.0)	4.23m(+0.0)	4.05m(-0.1)	FOUL(+0.0)	FOUL(+0.0)
7	Clark, Courtney	99 South Coast Aths	3.14m	+0.0	5	
	2.98m(+0.0)	2.96m(+0.0)	3.06m(+0.0)	3.08m(+0.0)	2.99m(+0.0)	3.14m(+0.0)
8	Whiley, Ebony	95 Eaglehawk AC	2.71m	+0.0	4	
	2.71m(+0.0)	PASS	PASS	PASS	PASS	PASS
9	Farnell, Ella Dee	01 South Bendigo AC	2.67m	-0.1	3	
	2.67m(-0.1)	PASS	PASS	PASS	PASS	PASS
--	Andersen, Jessica	97 Collingwood	XND	NWI		
	FOUL	FOUL	FOUL			

## Women Triple Jump Open

=====						
Vic Country: C 12.16m 23/03/2002 Chelsea Scott, SBE						
Vic State: V 13.82m 29/05/2011 Linda Allen, MUU						
Venue Record: T 13.65m 12/03/2006 Otonye Iworima, Nigeria						
Name	Year	Team	Finals	Wind	Points	
=====						
1	Portaro, Emily	03 Athletics Essendon	X12.01m	+0.0		
	11.76m(+0.0)	FOUL(+0.0)	12.01m(+0.0)	11.46m(-0.3)	11.89m(+0.0)	11.72m(+0.0)
2	Keca, Zara	98 Athletics Essendon	X11.44m	1.1		
	FOUL(+0.0)	FOUL(+0.0)	11.44m(1.1)	FOUL(+0.0)	PASS	PASS
3	Gordon, Brooke	92 St Kevin's	X11.40m	+0.0		
	10.94m(+0.0)	11.07m(1.0)	11.38m(0.9)	11.02m(+0.0)	11.40m(+0.0)	11.16m(+0.0)

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4	Snyder, Denise	92	Eaglehawk AC	11.17m	0.3	10
	11.17m(0.3) PASS	PASS	PASS	PASS	PASS	
5	Cannan, Tahnee	91	Albury Athletics	10.43m	0.7	8
	9.94m(+0.0) 10.43m(0.7)	10.15m(0.7)	10.10m(+0.0)	10.38m(0.3)	10.34m(+0.0)	
6	Hoskin, Jalen	02	Bendigo Harriers AC	10.08m	+0.0	7
	9.04m(0.3) 9.50m(+0.0)	9.89m(0.2)	10.08m(+0.0)	9.81m(+0.0)	9.71m(+0.0)	
7	Farnell, Ella Dee	01	South Bendigo AC	10.04m	+0.0	6
	10.04m(+0.0) FOUL(+0.0)	FOUL(0.8)	FOUL(+0.0)	FOUL(0.4)	FOUL(+0.0)	
8	Dux, Jessica	84	Nunawading	X9.89m	0.1	
	9.54m(+0.0) 9.53m(+0.0)	9.81m(0.9)	9.73m(+0.0)	9.89m(0.1)	9.87m(+0.0)	
9	Tofful, Chelsea	01	Bendigo Harriers AC	9.76m	+0.0	5
	9.76m(+0.0) 9.67m(+0.0)	FOUL(0.2)				
10	Beruldsen, Montana	99	Melbourne Uni	X9.59m	+0.0	
	9.06m(+0.0) 9.59m(+0.0)	FOUL(0.2)				
11	Lang, Gabrielle	99	Wendouree AC	8.90m	0.3	4
	8.48m(1.1) 8.90m(0.3)	8.68m(+0.0)				
12	Whiley, Ebony	95	Eaglehawk AC	6.90m	+0.0	3
	6.72m(+0.0) 6.90m(+0.0)	PASS				

**Women Shot Put Open**

=====						
Vic Country: C 15.03m 21/06/1986 Yvette Ykema, COR						
Vic State: V 19.74m 14/07/1984 Gael Martin, Glenroy						
Venue Record: T 15.50m 2/12/2004 Dani Samuels, AUST						
	Name		Year Team		Finals	Points
=====						
1	Berg, Emma	01	South Bendigo AC	13.12m	10	
	12.31m 12.80m 12.86m	12.81m 12.89m 13.12m				
2	Pendry, Corey	95	Dand Springvale	X11.44m		
	10.38m 10.42m 10.46m	10.06m 11.44m 10.42m				
3	Werner, Emma	92	Eureka AC	10.04m	8	
	9.18m 8.94m 9.90m	10.04m 10.02m 9.91m				
4	Davey, Kira	95	Melbourne Uni	X9.20m		
	8.76m 9.20m FOUL	8.45m FOUL	8.67m			
5	Thompson, Siobhan	97	Eaglehawk AC	8.41m	7	
	7.35m PASS 8.41m	7.39m PASS	8.38m			
6	Radnay, Anna	96	Geelong Guild AC	7.96m	6	
	7.13m 7.37m 7.96m	7.79m 7.25m 7.10m				
7	Whiley, Ebony	95	Eaglehawk AC	7.57m	5	
	6.73m 7.57m 7.42m	6.91m 7.30m 6.64m				
8	Hoare, Cathryn	81	Bellarine	7.18m	4	
	6.95m 6.51m 7.18m	6.93m 6.91m 7.03m				
9	Clark, Courtney	99	South Coast Aths	6.57m	3	
	6.57m PASS 6.42m					
10	Mirarchi, Josephine	94	Corio AC	6.36m	2	
	6.36m 6.18m 6.14m					
11	Farnell, Keely	98	South Bendigo AC	6.10m		
	6.10m PASS 5.79m					

**Women Discus Throw Open**

=====						
Vic Country: C 50.84m 20/07/1986 Yvette Ykema, COR						
Vic State: V 63.00m 11/01/1979 Gael Mulhall, Bentlyigh-McKinnon						
Venue Record: T 61.58m 12/03/2006 Beatrice Faumuina, New Zealand						
	Name		Year Team		Finals	Points
=====						
1	Berg, Emma	01	South Bendigo AC	43.65m	10	
	42.37m 43.06m 42.59m	42.38m 43.65m 40.94m				

## 2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019

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## Results

## ...Women Discus Throw Open

2	Simonelli, Isabella	01 Collingwood	X43.62m	
	40.77m FOUL 42.32m FOUL 40.49m 43.62m			
3	Mielczarek, Mackenzie	03 Corio AC	37.90m	8
	FOUL 36.62m FOUL 36.80m 37.90m FOUL			
4	Soroka, Kiahna	01 Albury Athletics	34.53m	7
	32.48m 32.19m 34.53m 28.72m 28.70m FOUL			
5	Cannan, Tahnee	91 Albury Athletics	32.74m	6
	28.36m 32.74m 24.65m 31.66m FOUL FOUL			
6	Thompson, Siobhan	97 Eaglehawk AC	28.90m	5
	24.58m 25.04m 28.30m 27.29m 28.90m FOUL			
7	Norton, Jayne	75 South Bendigo AC	27.49m	4
	26.00m 25.91m FOUL 27.34m 27.49m FOUL			
8	Whitehead, Glenys	64 Albury Athletics	26.98m	3
	25.12m 24.54m 25.40m 26.98m 24.79m 26.40m			
9	Radnay, Anna	96 Geelong Guild AC	23.64m	2
	FOUL 23.64m 22.41m			
10	Werner, Emma	92 Eureka AC	22.91m	
	22.91m FOUL 21.67m			
11	Mirarchi, Josephine	94 Corio AC	21.02m	
	20.85m 20.41m 21.02m			
12	Hoare, Cathryn	81 Bellarine	20.82m	
	20.82m FOUL FOUL			
13	Robinson, Amanda	79 Bendigo Harriers AC	20.06m	
	FOUL 20.06m 19.94m			
14	Farnell, Keely	98 South Bendigo AC	17.08m	
	17.08m 16.66m 14.96m			
--	Ferguson, Tahlee	03 Frankston AC	XFOUL	
	FOUL FOUL FOUL			

## Women Hammer Throw Open

=====					
Vic Country: C 60.43m 2/03/2012 Natalie Debeljuh, COR					
Vic State: V 67.53m 1/04/2012 Gabrielle Neighbour, MEN					
Venue Record: T 64.95m 12/03/2006 Shirley Webb, Scotland					
	Name	Year	Team	Finals	Points
=====					
1	Ratcliffe, Stephanie	00	Doncaster AC	X52.46m	
	FOUL 51.09m 52.35m 52.43m 52.46m 51.02m				
2	Graham, Olivia	00	Eaglehawk AC	45.58m	10
	45.08m 43.56m 45.25m FOUL 45.25m 45.58m				
3	Werner, Emma	92	Eureka AC	44.07m	8
	FOUL FOUL 39.96m 42.61m 44.07m 39.52m				
4	Soroka, Kiahna	01	Albury Athletics	43.06m	7
	39.71m 42.54m 43.06m FOUL FOUL 38.39m				
5	Holdway, Erin	98	Nunawading	X38.42m	
	35.29m FOUL FOUL 38.42m 35.15m 35.85m				
6	Whitehead, Glenys	64	Albury Athletics	30.77m	6
	30.77m 28.95m 28.40m FOUL FOUL 27.81m				
7	Radnay, Anna	96	Geelong Guild AC	27.68m	5
	FOUL FOUL 26.02m 27.68m 27.66m 27.36m				
8	Christie, Caitlin	91	Wendouree AC	24.84m	4
	24.84m 23.10m 24.55m 19.36m 21.33m 23.79m				
9	Scott, Jolanta	93	Keilor St Bern	X24.22m	
	24.22m 23.19m 23.06m				



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women Javelin Throw Open**

=====						
Vic Country: C 68.92m 11/04/2018 Kathryn Mitchell, EKA						
Vic State: V 68.92m 11/04/2018 Kathryn Mitchell, EKA						
Venue Record: T 56.80m 15/01/2012 Kathryn Mitchell, EKA						
Name	Year Team			Finals	Points	
=====						
1 Large, Breanna	91 Western Athletics			X42.48m		
	39.59m	42.48m	38.08m	40.44m	40.27m	40.89m
2 Berg, Emma	01 South Bendigo AC			37.91m	10	
	31.93m	35.44m	34.99m	35.76m	37.19m	37.91m
3 Margaronis, Irene	95 Box Hill AC			X33.94m		
	FOUL	30.63m	29.70m	33.94m	28.56m	PASS
4 Trew, Keely	92 South Bendigo AC			33.76m	8	
	32.83m	33.76m	32.32m	32.53m	31.99m	32.02m
5 Thompson, Siobhan	97 Eaglehawk AC			33.37m	7	
	31.65m	30.62m	31.42m	31.12m	30.05m	33.37m
6 Brooks, Kathryn	97 Box Hill AC			X28.66m		
	27.21m	23.36m	23.32m	28.66m	26.00m	26.85m
7 Snyder, Denise	92 Eaglehawk AC			27.88m	6	
	2.70m	PASS	27.88m	27.06m	27.77m	27.25m
8 Whiley, Ebony	95 Eaglehawk AC			23.68m	5	
	20.76m	21.95m	22.04m	21.36m	23.68m	PASS
9 Hoare, Cathryn	81 Bellarine			21.03m	4	
	20.29m	FOUL	21.03m			
10 Werner, Emma	92 Eureka AC			18.89m	3	
	FOUL	18.89m	FOUL			
11 Clark, Courtney	99 South Coast Aths			16.71m	2	
	14.81m	FOUL	16.71m			
12 Radnay, Anna	96 Geelong Guild AC			14.08m		
	FOUL	FOUL	14.08m			
13 Spehar, Nicole F36	80 Geelong Guild AC			4.75m		
	4.07m	4.75m	3.82m			

**Women 5000 Meter Race Walk Open**

=====						
Vic Country: C 21:03.33 20/02/2009 Jess Rothwell, EAG						
Vic State: V 21:03.33 20/02/2009 Jessica Rothwell, EAG						
Venue Record: T 22:24.39 23/01/2015 Kelly Ruddick, BHA						
Name	Year Team			Finals	Points	
=====						
1 Peart, Alanna	03 Ballarat Ycw			24:00.73	10	
2 Bryant, Barbara	54 Eaglehawk AC			32:04.27	8	
3 Whiley, Ebony	95 Eaglehawk AC			32:27.39	7	

**Women 100 Meter Sprint 40 Plus**

=====						
Meet Record: M 13.09 2014 Narelle Lehmann, WEN						
Venue Record: T 13.12 24/01/2015 Narelle Lehmann, WEN						
Name	Year Team			Finals	Wind	Points
=====						
1 Gathercole, Sherry	70 Corio AC			14.27	1.2	10
2 Barry, Jodie	76 Wendouree AC			14.48	1.2	8
3 Smith, Andrea	75 Bendigo Uni			14.83	1.2	7
4 Burge, Melissa	71 Bendigo Harriers AC			15.08	1.2	6
5 Holzer, Cindy	69 Geelong Guild AC			15.35	1.2	5
6 Langtree, Leah	76 Eaglehawk AC			16.46	1.2	4
7 Roberts, Shavaun	74 Eaglehawk AC			16.97	1.2	3

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=====					
Meet Record: M 26.58		2012	Narelle Lehmann, WEN		
Venue Record: T 26.23		11/01/2014	Narelle Lehmann, AUST		
Name	Year	Team	Finals	Wind	Points
=====					
1 Gathercole, Sherry	70	Corio AC	29.93	1.0	10
2 Vaughan, Karen	78	Bendigo Harriers AC	30.27	1.0	8
3 Smith, Andrea	75	Bendigo Uni	31.01	1.0	7
4 Burge, Melissa	71	Bendigo Harriers AC	31.49	1.0	6
5 Guillou, Jackie	69	South Bendigo AC	34.05	1.0	5
6 Langtree, Leah	76	Eaglehawk AC	34.96	1.0	4

**Women 400 Meter Run 40 Plus**

=====					
Meet Record: M 1:01.05		2014	Rachel Little, ALB		
Venue Record: T 59.37		1/10/2014	Rachel Little, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Vaughan, Karen	78	Bendigo Harriers AC	1:10.17	10	
2 Smith, Andrea	75	Bendigo Uni	1:11.40	8	
3 Burge, Melissa	71	Bendigo Harriers AC	1:14.67	7	
4 Guillou, Jackie	69	South Bendigo AC	1:21.59	6	
5 Kadri, Sandra	70	Eaglehawk AC	1:26.39	5	
6 Roberts, Shavaun	74	Eaglehawk AC	1:29.85	4	

**Women 800 Meter Run 40 Plus**

=====					
Meet Record: M 2:26.90		2018	Sharon Pedersen, CHI		
Venue Record: T 2:25.3h		7/01/2014	Talitha Crawford, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Gibney, Rachel	72	Ballarat Harrier	2:37.84	10	
2 Pedersen, Sharon	72	Chilwell	2:46.22	8	
3 Vaughan, Karen	78	Bendigo Harriers AC	2:47.10	7	
4 Smith, Andrea	75	Bendigo Uni	3:03.83	6	

**Women 1500 Meter Run 40 Plus**

=====					
Meet Record: M 4:53.26		2014	Angela Williams, WEN		
Venue Record: T 5:04.17		10/01/2014	Talitha Crawford, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Gibney, Rachel	72	Ballarat Harrier	5:20.07	10	
2 Hawkes, Michelle	74	Wendouree AC	5:49.79	8	
3 Douglas, Melissa	74	Bendigo Uni	5:54.96	7	
4 Kadri, Sandra	70	Eaglehawk AC	7:29.00	6	

**Women 5000 Meter Run 40 Plus**

=====					
Meet Record: M 18:45.83		2016	Angela Williams, WEN		
Venue Record: T 19:21.43		6/01/2014	Anne Hare, New Zealand		
Name	Year	Team	Finals	Points	
=====					
1 Prelovsek, Oya	78	Eureka AC	20:30.65	10	
2 Hawkes, Michelle	74	Wendouree AC	21:31.93	8	
3 Douglas, Melissa	74	Bendigo Uni	22:21.47	7	

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Name	Year	Team	Finals	Points
=====				
Meet Record:	M	37:26.33	2017	Angela Williams, WEN
Venue Record:	T	38:28.23	25/01/2015	Angela Williams, WEN
Name	Year	Team	Finals	Points
=====				
1 Douglas, Melissa	74	Bendigo Uni	46:43.57	10

**Women 80 Meter Hurdles (76.2cm) 40 Plus**

Name	Year	Team	Finals	Wind	Points
=====					
Meet Record:	M	14.00	2016	Toni Phillips, EAG	
Venue Record:	T	13.58	7/01/2017	Toni Phillips, EAG	
Name	Year	Team	Finals	Wind	Points
=====					
1 Phillips, Toni	72	Eaglehawk AC	23.13	0.4	10

**Women 400 Meter Hurdles (76.2cm) 40 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record:	M	1:11.67	2014	Sharon Pedersen, CHI
Venue Record:	T	1:12.84	10/01/2014	Vicki Cobby, AUST
Name	Year	Team	Finals	Points
=====				
1 Phillips, Toni	72	Eaglehawk AC	1:49.07	10

**Women 2000 Meter Steeplechase (76.2cm) 40 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record:	M	7:36.32	2014	Sharon Pedersen, CHI
Venue Record:	T	7:49.68	24/01/2015	Sharon Pedersen, CHI
Name	Year	Team	Finals	Points
=====				
1 Pedersen, Sharon	72	Chilwell	9:02.31	10
2 Smith, Andrea	75	Bendigo Uni	9:21.05	8
3 Kadri, Sandra	70	Eaglehawk AC	11:05.27	7
4 Langtree, Leah	76	Eaglehawk AC	12:08.97	6

**Women 4x100 Meter Relay 40 Plus**

Team	Year	Finals	Points
=====			
Meet Record:	M	1:00.23	2012
Venue Record:	T	1:00.23	15/01/2012
T. Howse, R. Little, J. Crocos, D. Burgess			
Team	Year	Finals	Points
=====			
1 South Bendigo AC 'A'		1:02.83	20
1) Haines, Trudy 70		2) Norton, Jayne 75	
3) Coad, Carol 61		4) Guillou, Jackie 69	
2 Athletics Chilwell AC 'A'		1:03.03	16
1) Orelli, Cathy 62		2) Pedersen, Sharon 72	
3) Kirby, Karen 55		4) Burns, Jacinta 68	
3 Bendigo Harriers AC 'A'		1:03.37	14
1) Saunders, Gayle 65		2) Vaughan, Karen 78	
3) Burge, Melissa 71		4) Gilligan, Melinda 75	
4 Bendigo University AC 'A'		1:13.02	12
1) Cartner, Alison 72		2) Douglas, Melissa 74	
3) Fear, Tammy 73		4) Smith, Andrea 75	
5 Eaglehawk AC 'A'		1:16.84	10
1) Phillips, Toni 72		2) Roberts, Shavaun 74	
3) Kadri, Sandra 70		4) Langtree, Leah 76	

## 2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019

## LaTrobe University Bendigo Athletics Complex

## Results

## Women 4x400 Meter Relay 40 Plus

Meet Record: M 4:49.61 2016 Athletics Chilwell	
Venue Record: T 4:56.93 15/01/2012 Chilwell	
J. Rowan, C. Orelli, C. Kreidl, J. Burns	
Team	Finals Points
1 Bendigo University AC 'A'	5:19.59 20
1) Cartner, Alison 72	2) Douglas, Melissa 74
3) Fear, Tammy 73	4) Smith, Andrea 75
2 South Bendigo AC 'A'	5:28.82 16
1) Coad, Carol 61	2) Kirne, Debby 65
3) Guillou, Jackie 69	4) Haines, Trudy 70
3 Bendigo Harriers AC 'A'	5:31.68 14
1) Vaughan, Karen 78	2) Healey, Leanne 65
3) Buckley, Anne 67	4) Gilligan, Melinda 75
4 Athletics Chilwell AC 'A'	5:49.36 12
1) Orelli, Cathy 62	2) Burns, Jacinta 68
3) Kirby, Karen 55	4) Pedersen, Sharon 72
5 Eaglehawk AC 'A'	6:38.80 10
1) Kadri, Sandra 70	2) Phillips, Toni 72
3) Langtree, Leah 76	4) Heagney, Kathryn 50

## Women High Jump 40 Plus

Meet Record: M 1.35m 2011 Rachel Little, WOD			
Venue Record: T 1.53m 11/01/2014 Lynette Smith, AUST			
Name	Year Team	Finals	Points
1 Haines, Trudy	70 South Bendigo AC	1.35mM	10
1.20 1.25 1.30 1.35 1.40			
O XO O XO XXX			
2 Vaughan, Karen	78 Bendigo Harriers AC	1.20m	8
1.10 1.15 1.20 1.25			
XO XO XO XXX			
3 Holzer, Cindy	69 Geelong Guild AC	1.15m	7
1.05 1.10 1.15 1.20			
O O O XP			
4 Langtree, Leah	76 Eaglehawk AC	1.05m	6
1.05 1.10			
O XXX			

## Women Pole Vault 40 Plus

Meet Record: M 2.60m 2018 Jacinta Burns, CHI			
Venue Record: T 2.30m 25/01/2015 Jacinta Burns, CHI			
Name	Year Team	Finals	Points
1 Haines, Trudy	70 South Bendigo AC	2.00m	10
1.40 1.60 1.80 2.00 2.15			
O O O O X			

## Women Long Jump 40 Plus

Meet Record: M 4.84m 2013 Narelle Lehmann, WEN				
Venue Record: T 4.88m 7/01/2014 Lee-Anne Grosvenor, AUST				
Name	Year Team	Finals	Wind	Points
1 Barry, Jodie	76 Wendouree AC	4.39m	+0.0	10
4.28m(+0.6) 4.24m(+0.0) 4.27m(+0.0) 4.39m(+0.0)				

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Women Long Jump 40 Plus**

2	Vaughan, Karen	78 Bendigo Harriers AC	4.01m	+0.0	8
	3.36m(0.9) 3.94m(1.9) 3.79m(+0.0) 4.01m(+0.0)				
3	Smith, Andrea	75 Bendigo Uni	3.90m	1.2	7
	3.67m(+0.0) 3.90m(1.2) 3.86m(+0.0) 3.58m(+0.0)				
4	Langtree, Leah	76 Eaglehawk AC	3.73m	+0.0	6
	3.46m(+0.0) FOUL(1.1) 3.69m(0.5) 3.73m(+0.0)				
5	Burge, Melissa	71 Bendigo Harriers AC	3.70m	+0.0	5
	3.43m(+0.0) 3.52m(1.4) 3.33m(+0.0) 3.70m(+0.0)				
6	Gathercole, Sherry	70 Corio AC	3.67m	+0.0	4
	3.59m(0.8) 3.14m(2.6) 3.42m(+0.0) 3.67m(+0.0)				

**Women Triple Jump 40 Plus**

=====					
Meet Record: M 9.57m		2005	Carol Coad, SBE		
Venue Record: T 9.46m		24/01/2015	Gaelyne Kenshole, DIV		
Name	Year	Team	Finals	Wind	Points
=====					
1	Barry, Jodie	76 Wendouree AC	8.99m	+0.0	10
	8.71m(0.5) 8.41m(-0.3) 8.79m(-1.1) 8.99m(+0.0)				
2	Vaughan, Karen	78 Bendigo Harriers AC	8.31m	-1.3	8
	7.93m(-1.0) 7.96m(+0.0) 8.31m(-1.3) 7.88m(-1.4)				
3	Holzer, Cindy	69 Geelong Guild AC	7.98m	0.4	7
	7.92m(-0.6) 7.98m(0.4) 7.28m(-1.9) PASS				
4	Gathercole, Sherry	70 Corio AC	7.78m	1.2	6
	FOUL(+0.0) FOUL(0.7) 7.29m(+0.0) 7.78m(1.2)				
5	Burge, Melissa	71 Bendigo Harriers AC	7.41m	1.7	5
	6.64m(+0.0) 7.38m(-0.2) 7.12m(-1.8) 7.41m(1.7)				

**Women Shot Put (4kg) 40 Plus**

=====					
Meet Record: M 9.45m		2010	Jodi Williams, BHA		
Venue Record: T 10.04m		6/01/2014	Samantha Latanis, AUST		
Name	Year	Team	Finals	Points	
=====					
1	Norton, Jayne	75 South Bendigo AC	8.73m	10	
	8.07m 8.02m 8.73m 8.19m				
2	Owens, Yvette	69 Corio AC	7.60m	8	
	7.46m 7.54m 7.56m 7.60m				
3	Doering, Kellie	75 South Bendigo AC	7.58m	7	
	7.20m FOUL 7.58m 7.58m				
4	Hall, Samantha	76 Eaglehawk AC	5.88m	6	
	5.75m 5.88m FOUL 5.88m				

**Women Discus Throw 40 Plus**

=====					
Meet Record: M 31.49m		2010	Jodi Williams, BHA		
Venue Record: T 32.62m		28/08/2016	Nicole Johansen, RWD		
Name	Year	Team	Finals	Points	
=====					
1	Rowe, Anni	70 Diamond Valley AC	X29.17m		
	27.29m 25.94m 29.17m 26.85m				
2	Norton, Jayne	75 South Bendigo AC	26.69m	10	
	26.69m 25.67m FOUL 26.40m				
3	Owens, Yvette	69 Corio AC	25.97m	8	
	24.51m 25.97m 23.88m 25.01m				
4	Langtree, Leah	76 Eaglehawk AC	24.78m	7	
	24.31m 24.78m 24.53m 24.53m				
5	Burge, Melissa	71 Bendigo Harriers AC	21.62m	6	
	19.01m 19.50m 21.62m 20.82m				

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Women Discus Throw 40 Plus**

6 Doering, Kellie	75 South Bendigo AC	21.12m	5
19.84m 19.51m FOUL	21.12m		
7 Hall, Samantha	76 Eaglehawk AC	14.22m	4
FOUL FOUL 14.22m	13.94m		

**Women Hammer Throw (4kg) 40 Plus**

=====				
Meet Record: M	31.32m	2011	Barbara Kellow, BGO	
Venue Record: T	41.43m	7/01/2014	Althea Mackie, AUST	
Name		Year Team	Finals	Points
=====				
1 Rowe, Anni	70 Diamond Valley AC	X39.60m		
FOUL FOUL 37.67m	39.60m			
2 Doering, Kellie	75 South Bendigo AC	26.15m	10	
22.73m 25.05m	26.15m FOUL			
3 Ebbels, Anne-Marie	73 Yarra Ranges	X20.45m		
20.05m 19.13m	20.45m 20.16m			
4 Phillips, Toni	72 Eaglehawk AC	13.08m	8	
FOUL FOUL 8.87m	13.08m			

**Women Javelin Throw (600g) 40 Plus**

=====				
Meet Record: M	26.49m	2014	Cindy Holzer, GLG	
Venue Record: T	32.14m	9/01/2014	Lynette Smith, AUST	
Name		Year Team	Finals	Points
=====				
1 Norton, Jayne	75 South Bendigo AC	29.62mM	10	
26.59m 29.62m	29.37m 28.53m			
2 Holzer, Cindy	69 Geelong Guild AC	23.69m	8	
23.69m FOUL	19.75m 23.38m			
3 Smith, Andrea	75 Bendigo Uni	15.60m	7	
15.60m 15.60m	14.30m 14.05m			

**Women 5000 Meter Race Walk 40 Plus**

=====				
Meet Record: M	26:35.41	2005	Annette Major, EAG	
Venue Record: T	22:24.39	23/01/2015	Kelly Ruddick, BHA	
Name		Year Team	Finals	Points
=====				
1 Brennan, Sarah	76 Ballarat Ycw	28:55.03	10	

**Women 100 Meter Sprint 50 Plus**

=====					
Meet Record: M	14.40		Wendy Talbot / Donna Burgess, COR / ALB		
Venue Record: T	13.29	8/01/2014	Gianna Mogentale, AUST		
Name		Year Team	Finals	Wind	Points
=====					
1 Burns, Jacinta	68 Chilwell	14.22M	1.4	10	
2 Coad, Carol	61 South Bendigo AC	16.11	1.4	8	
3 Orelli, Cathy	62 Chilwell	17.48	1.4	7	
4 Saunders, Gayle	65 Bendigo Harriers AC	17.68	1.4	6	
5 Hovey, Julie	62 Albury Athletics	19.73	1.4	5	

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 200 Meter Sprint 50 Plus**

=====						
Meet Record: M 30.61		2010	Kathryn Heagney, EAG			
Venue Record: T 26.69		11/01/2014	Gianna Mogentale, AUST			
Name	Year	Team	Finals	Wind	Points	
=====						
1	Burns, Jacinta	68 Chilwell	29.37M	-0.4	10	
2	Coad, Carol	61 South Bendigo AC	32.63	-0.4	8	
3	Orelli, Cathy	62 Chilwell	35.71	-0.4	7	
4	Hovey, Julie	62 Albury Athletics	41.33	-0.4	6	

**Women 400 Meter Run 50 Plus**

=====						
Meet Record: M 1:05.90		2016	Donna Burgess, ALB			
Venue Record: T 1:02.62		10/01/2014	Gianna Mogentale, AUST			
Name	Year	Team	Finals	Points		
=====						
1	Kirne, Debby	65 South Bendigo AC	1:20.51		10	
2	Orelli, Cathy	62 Chilwell	1:22.30		8	

**Women 800 Meter Run 50 Plus**

=====						
Meet Record: M 2:32.04		2016	Donna Burgess, ALB			
Venue Record: T 2:33.56		8/01/2014	Gianna Mogentale, AUST			
Name	Year	Team	Finals	Points		
=====						
1	Buckley, Anne	67 Bendigo Harriers AC	2:56.33		10	
2	Kirne, Debby	65 South Bendigo AC	3:05.74		8	
3	Healey, Leanne	65 Bendigo Harriers AC	3:10.80		7	

**Women 1500 Meter Run 50 Plus**

=====						
Meet Record: M 5:28.32		2013	Donna Burgess, WOD			
Venue Record: T 5:32.68		15/12/2007	Lyn Crome, Bendigo YMCA			
Name	Year	Team	Finals	Points		
=====						
1	Buckley, Anne	67 Bendigo Harriers AC	5:45.12		10	
2	Healey, Leanne	65 Bendigo Harriers AC	6:33.74		8	

**Women 3000 Meter Run 50 Plus**

=====						
Meet Record: M 12:05.36		2013	Patricia Galvin, BEL			
Venue Record: T 11:02.60		13/01/2012	Stacey Van Dueren, COB			
Name	Year	Team	Finals	Points		
=====						
1	Buckley, Anne	67 Bendigo Harriers AC	12:16.03		10	
2	Healey, Leanne	65 Bendigo Harriers AC	13:56.08		8	

**Women 300 Meter Hurdles (76.2cm) 50 Plus**

=====						
Name	Year	Team	Finals	Points		
=====						
1	Matthews, Catherine	66 Keilor St Bern	X57.03			

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 4x100 Meter Relay 50 Plus**

Meet Record: M 1:10.38 2018 South Bendigo	
Venue Record: T 1:16.22 21/01/2007 Wodonga	
J. Crocos, N. Mellor, S. Buckingham, F. Pearce	
Team	Finals Points
1 South Bendigo AC 'A'	1:13.97T 20
1) Self, Joan 57	2) Payne, Jennifer 56
3) Curtis, Annette 56	4) Kirne, Debby 65
2 Eaglehawk AC 'A'	1:28.43 16
1) Heagney, Kathryn 50	2) Major, Annette 62
3) Ennor, Wendy 57	4) Bryant, Barbara 54

**Women Pole Vault 50 Plus**

Meet Record: M 1.40m 2018 Andrea Woods, SBE			
Name	Year Team	Finals	Points
1 Burns, Jacinta	68 Chilwell	2.70mM	10
2.30 2.45 2.55 2.70 2.80			
0 0 XO 0 XXX			

**Women Long Jump 50 Plus**

Meet Record: M 4.31m 2011 Wendy Talbot, COR				
Venue Record: T 4.58m 8/01/2014 Gianna Mogentale, AUST				
Name	Year Team	Finals	Wind	Points
1 Talbot, Wendy	60 Corio AC	3.79m	0.1	10
3.26m(-1.1) 3.67m(+0.0) FOUL(+0.0) 3.79m(0.1)				
2 Coad, Carol	61 South Bendigo AC	3.61m	+0.0	8
3.18m(-0.6) 3.41m(-0.2) 3.44m(-0.1) 3.61m(+0.0)				
3 Saunders, Gayle	65 Bendigo Harriers AC	2.64m	+0.0	7
FOUL(-1.0) 2.42m(-1.3) 2.11m(+0.0) 2.64m(+0.0)				

**Women Triple Jump 50 Plus**

Meet Record: M 8.47m 2013 Carol Coad, SBE				
Venue Record: T 8.73m 10/01/2014 Catherine McCloskey, AUST				
Name	Year Team	Finals	Wind	Points
1 Coad, Carol	61 South Bendigo AC	7.93m	-1.4	10
7.32m(-0.3) 7.93m(-1.4) PASS PASS				
2 Voogd, Debbie	65 Ringwood AC	X6.16m	1.0	
6.16m(1.0) PASS PASS PASS				

**Women Shot Put (3kg) 50 Plus**

Meet Record: M 9.71m 2013 Donna Burgess, WOD			
Venue Record: T 11.48m 6/01/2014 Marie Kay, AUST			
Name	Year Team	Finals	Points
1 Whitehead, Glenys	64 Albury Athletics	9.60m	10
8.91m 9.60m 8.45m 9.18m			
2 Saltmarsh, Fiona	66 Gippsland AC	7.63m	8
7.04m 7.63m 7.43m 7.30m			
3 Talbot, Wendy	60 Corio AC	7.60m	7
7.60m 7.15m FOUL 7.48m			
4 Montgomery, Beth	65 South Coast Aths	7.53m	6
7.34m 6.49m 7.53m 6.93m			



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women Discus Throw 50 Plus**

=====					
Meet Record: M 26.79m		2013	Donna Burgess, WOD		
Venue Record: T 25.57m		7/01/2014	Christine Schultz, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Whitehead, Glenys	64	Albury Athletics	26.79mM	10	
	22.00m	26.08m	26.79m	24.87m	
2 Montgomery, Beth	65	South Coast Aths	19.70m	8	
	19.43m	FOUL	17.13m	19.70m	
3 Barr, Sharon	61	Bendigo Harriers AC	19.01m	7	
	FOUL	18.11m	19.00m	19.01m	
4 Coad, Carol	61	South Bendigo AC	18.99m	6	
	18.41m	18.95m	18.99m	18.76m	
5 Saltmarsh, Fiona	66	Gippsland AC	17.18m	5	
	17.18m	15.10m	14.95m	14.53m	
6 Holohan, Bernadette	65	Sandringham AC	X17.02m		
	15.95m	13.82m	14.79m	17.02m	
7 Talbot, Wendy	60	Corio AC	16.67m	4	
	16.67m	14.43m	FOUL	FOUL	
8 Saunders, Gayle	65	Bendigo Harriers AC	13.71m	3	
	FOUL	13.71m	13.68m	PASS	

**Women Hammer Throw (3kg) 50 Plus**

=====					
Meet Record: M 37.05m		2017	Glenys Whitehead, WOD		
Venue Record: T 40.03m		7/01/2014	Dorn Jenkins, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Whitehead, Glenys	64	Albury Athletics	36.70m	10	
	34.37m	33.39m	35.59m	36.70m	
2 Barr, Sharon	61	Bendigo Harriers AC	25.84m	8	
	25.84m	23.01m	FOUL	24.71m	
3 Voogd, Debbie	65	Ringwood AC	X19.21m		
	FOUL	FOUL	FOUL	19.21m	
4 Saltmarsh, Fiona	66	Gippsland AC	18.99m	7	
	18.64m	FOUL	17.01m	18.99m	

**Women Javelin Throw (500g) 50 Plus**

=====					
Meet Record: M 26.61m		2005	Helen Woodford, CHI		
Venue Record: T 26.70m		8/01/2017	Leonie Richards, NT		
Name	Year	Team	Finals	Points	
=====					
1 Whitehead, Glenys	64	Albury Athletics	24.33m	10	
	FOUL	21.22m	23.54m	24.33m	
2 Coad, Carol	61	South Bendigo AC	18.28m	8	
	15.42m	FOUL	PASS	18.28m	
3 Talbot, Wendy	60	Corio AC	17.11m	7	
	15.09m	15.88m	14.83m	17.11m	
4 Saltmarsh, Fiona	66	Gippsland AC	14.81m	6	
	14.81m	FOUL	14.51m	12.87m	
5 Saunders, Gayle	65	Bendigo Harriers AC	11.43m	5	
	10.25m	11.43m	PASS	9.96m	

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 3000 Meter Race Walk 50 Plus**

=====				
Meet Record:	M 15:21.90	2010	Heather Carr, EAG	
Venue Record:	T 15:41.80	8/01/2014	Ann Staunton-Jugovic, AUST	
Name	Year	Team	Finals	Points
=====				
1	Holohan, Bernadette	65 Sandringham AC	X19:28.35	
2	Thompson, Merilyn	65 Casey Cardinia	X22:18.80	

**Women 100 Meter Sprint 60 Plus**

=====					
Meet Record:	M 15.25	2012	Kathryn Heagney, EAG		
Venue Record:	T 15.25	14/01/2012	Kathryn Heagney, EAG		
Name	Year	Team	Finals	Wind	Points
=====					
1	Heagney, Kathryn	50 Eaglehawk AC	16.36	-0.4	10
2	Crococ, Janet	56 Wodonga AC	16.72	-0.4	8
3	Self, Joan	57 South Bendigo AC	16.84	-0.4	7
4	Kirby, Karen	55 Chilwell	19.21	-0.4	6
5	Ennor, Wendy	57 Eaglehawk AC	27.63	-0.4	5

**Women 200 Meter Sprint 60 Plus**

=====					
Meet Record:	M 30.40	2012	Kathryn Heagney, EAG		
Venue Record:	T 30.40	15/01/2012	Kathryn Heagney, EAG		
Name	Year	Team	Finals	Wind	Points
=====					
1	Heagney, Kathryn	50 Eaglehawk AC	34.23	-0.4	10
2	Crococ, Janet	56 Wodonga AC	36.06	-0.4	8
3	Curtis, Annette	56 South Bendigo AC	47.00	-0.4	7

**Women 400 Meter Run 60 Plus**

=====				
Meet Record:	M 1:09.83	2012	Kathryn Heagney, EAG	
Venue Record:	T 1:08.15	26/11/2011	Kathryn Heagney, EAG	
Name	Year	Team	Finals	Points
=====				
1	Heagney, Kathryn	50 Eaglehawk AC	1:20.58	10
2	Farley, Heather	54 Traralgon	1:22.55	8
3	Payne, Jennifer	56 South Bendigo AC	1:34.52	7
4	Curtis, Annette	56 South Bendigo AC	1:52.78	6

**Women 800 Meter Run 60 Plus**

=====				
Meet Record:	M 2:50.88	2012	Kathryn Heagney, EAG	
Venue Record:	T 2:40.31	7/01/2014	Jeanette Flynn, AUST	
Name	Year	Team	Finals	Points
=====				
1	Farley, Heather	54 Traralgon	3:14.09	10
2	Payne, Jennifer	56 South Bendigo AC	3:38.09	8
3	Heagney, Kathryn	50 Eaglehawk AC	3:58.17	7

**Women 1500 Meter Run 60 Plus**

=====				
Meet Record:	M 6:11.69	2017	Heather Farley, TRH	
Venue Record:	T 6:02.12	14/01/2012	Lavinia Petrie, RWD	
Name	Year	Team	Finals	Points
=====				
1	Farley, Heather	54 Traralgon	6:40.49	10
2	Payne, Jennifer	56 South Bendigo AC	7:31.80	8
3	Curtis, Annette	56 South Bendigo AC	9:22.34	7

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 3000 Meter Run 60 Plus**

=====				
Meet Record:	M 13:11.54	2017	Heather Farley, TRH	
Venue Record:	T 12:51.52	13/01/2012	Lavinia Petrie, RWD	
Name	Year	Team	Finals	Points
=====				
1 Payne, Jennifer	56	South Bendigo AC	15:42.75	10
2 Bryant, Barbara	54	Eaglehawk AC	16:07.25	8

**Women 300 Meter Hurdles (68.6cm) 60 Plus**

=====				
Name	Year	Team	Finals	Points
=====				
1 Crocos, Janet	56	Wodonga AC	1:08.97	10

**Women 2000 Meter Steeplechase (76.2cm) 60 Plus**

=====				
Meet Record:	M 11:01.45	2016	Heather Carr, EAG	
Venue Record:	T 9:28.99	11/01/2014	Margaret Saunders, AUST	
Name	Year	Team	Finals	Points
=====				
1 Heagney, Kathryn	50	Eaglehawk AC	12:04.75	10

**Women High Jump 60 Plus**

=====				
Meet Record:	M 1.15m	2018	Janet Crocos, WOD	
Venue Record:	T 1.24m	12/01/2019	Christine Bridle, VIC	
Name	Year	Team	Finals	Points
=====				
1 Crocos, Janet	56	Wodonga AC	1.10m	10
	1.00	1.05	1.10	1.15
	O	O	XO	XP

**Women Long Jump 60 Plus**

=====						
Meet Record:	M 3.57m	2018	Janet Crocos, WOD			
Venue Record:	T 3.50m	23/12/2017	Joan Self, SBE			
Name	Year	Team	Finals	Wind	Points	
=====						
1 Crocos, Janet	56	Wodonga AC	3.31m	-0.6	10	
	2.89m(+0.0)	3.06m(-1.4)	3.13m(+0.0)	3.31m(-0.6)		
2 Heagney, Kathryn	50	Eaglehawk AC	3.19m	+0.0	8	
	2.73m(-0.1)	2.62m(+0.0)	2.92m(-0.9)	3.19m(+0.0)		
3 Curtis, Annette	56	South Bendigo AC	1.96m	+0.0	7	
	1.71m(+0.0)	0.58m(-0.9)	1.96m(+0.0)	PASS		

**Women Triple Jump 60 Plus**

=====						
Meet Record:	M 7.36m	2018	Joan Self, SBE			
Venue Record:	T 7.69m	17/02/2018	Joan Self, SBE			
Name	Year	Team	Finals	Wind	Points	
=====						
1 Self, Joan	57	South Bendigo AC	7.42mM	-1.2	10	
	7.40m(1.5)	7.42m(-1.2)	6.99m(-1.3)	7.26m(+0.0)		
2 Crocos, Janet	56	Wodonga AC	6.44m	-2.3	8	
	FOUL(1.3)	5.78m(-1.2)	6.44m(-2.3)	PASS		

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women Shot Put (3kg) 60 Plus**

=====					
Meet Record: M 9.16m		2018	Karen Kirby, CHI		
Venue Record: T 9.79m		6/01/2014	Christine Schultz, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Kirby, Karen	55	Chilwell	8.77m	10	
	7.82m	8.48m	8.36m	8.77m	
2 Self, Joan	57	South Bendigo AC	6.92m	8	
	6.64m	6.89m	6.92m	6.66m	
3 Crocos, Janet	56	Wodonga AC	6.92m	7	
	6.65m	6.92m	6.88m	6.48m	
4 Bryant, Barbara	54	Eaglehawk AC	5.22m	6	
	5.03m	4.87m	5.22m	5.13m	
5 Ennor, Wendy	57	Eaglehawk AC	4.64m	5	
	4.22m	4.27m	4.64m	4.54m	

**Women Discus Throw 60 Plus**

=====					
Meet Record: M 20.88m		2013	Rhondda Dundas, EAG		
Venue Record: T 25.57m		7/01/2014	Christine Schultz, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Self, Joan	57	South Bendigo AC	18.30m	10	
	12.57m	18.02m	18.30m	17.93m	
2 Kirby, Karen	55	Chilwell	16.57m	8	
	FOUL	14.88m	FOUL	16.57m	
3 Crocos, Janet	56	Wodonga AC	15.05m	7	
	14.80m	FOUL	15.05m	13.31m	
4 Ennor, Wendy	57	Eaglehawk AC	9.94m	6	
	9.94m	PASS	PASS	PASS	

**Women Hammer Throw (3kg) 60 Plus**

=====					
Meet Record: M 30.86m		2014	Rhondda Dundas, EAG		
Venue Record: T 30.30m		20/10/2012	Rhondda Dundas, EAG		
Name	Year	Team	Finals	Points	
=====					
1 Kirby, Karen	55	Chilwell	25.24m	10	
	22.74m	25.24m	24.73m	24.22m	
2 Crocos, Janet	56	Wodonga AC	24.22m	8	
	19.96m	19.56m	21.27m	24.22m	
3 Ennor, Wendy	57	Eaglehawk AC	9.64m	7	
	9.64m	PASS	PASS	PASS	

**Women Javelin Throw (500g) 60 Plus**

=====					
Meet Record: M 19.53m		2018	Joan Self, SBE		
Venue Record: T 22.55m		9/01/2014	Mary Thomas, AUST		
Name	Year	Team	Finals	Points	
=====					
1 Self, Joan	57	South Bendigo AC	18.57m	10	
	16.72m	16.03m	15.54m	18.57m	
2 Crocos, Janet	56	Wodonga AC	17.20m	8	
	14.22m	13.56m	17.20m	16.40m	
3 Curtis, Annette	56	South Bendigo AC	14.48m	7	
	12.51m	13.71m	14.48m	13.04m	
4 Kirby, Karen	55	Chilwell	14.08m	6	
	13.74m	14.08m	13.49m	12.25m	
5 Ennor, Wendy	57	Eaglehawk AC	10.06m	5	
	9.83m	9.65m	10.06m	9.88m	

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Women 1500 Meter Race Walk 60 Plus**

Meet Record: M 7:46.08 2013 Heather Carr, EAG

Venue Record: T 7:52.15 14/01/2012 Heather Carr, EAG

Name	Year Team	Finals	Points
1 Bryant, Barbara	54 Eaglehawk AC	8:51.14	10
2 Payne, Jennifer	56 South Bendigo AC	9:45.96	8
3 Curtis, Annette	56 South Bendigo AC	11:08.16	7
4 Ennor, Wendy	57 Eaglehawk AC	12:58.12	6

**Women 100 Meter Sprint Ambulatory Para**

Name	Year Team	Finals	Wind	Points	
1 Sharp, Caytlyn T20	02 Eureka AC	14.33	+0.0	10	UNDER 20 - 94.00%
2 Byrt, Eliesha T20	88 Geelong Guild AC	14.90	+0.0	8	OPEN - 78.59%
3 Newcombe, Kirstie T38	94 Chilwell	15.92	+0.0	7	OPEN - 78.14%
4 Spehar, Nicole T36	80 Geelong Guild AC	25.61	+0.0	6	OPEN - 53.42%
5 Pendred, Louise T20	02 Wendouree AC	27.45	+0.0	5	UNDER 20 - 49.07%

**Women 400 Meter Run Ambulatory Para**

Name	Year Team	Finals	Points	
1 Gosney, Erika T38	73 Williamstown AC	X1:11.08	OPEN - 85.41%	
1 Pendred, Louise T20	02 Wendouree AC	2:16.21	10	UNDER 20 - 47.10%
2 Newcombe, Kirstie T38	94 Chilwell	1:12.42	10	OPEN - 83.83%
3 Byrt, Eliesha T20	88 Geelong Guild AC	1:08.55	8	OPEN - 81.68%

**Women Shot Put Ambulatory Para**

Name	Year Team	Finals	Points	
1 Keefer, Claire F41	95 Frankston AC	X9.05m	86.85%	
2 Byrt, Eliesha F20	88 Geelong Guild AC	5.63m	10	39.92%
3 Spehar, Nicole F36	80 Geelong Guild AC	2.21m	8	18.74%

**Women Discus Throw Ambulatory Para**

Name	Year Team	Finals	Points	
1 Sharp, Caytlyn F20	02 Eureka AC	17.49m	10	U20 - 55.71%
2 Spehar, Nicole F36	80 Geelong Guild AC	6.86m	8	Open - 24.49%

**Men 100 Meter Sprint Under 14**

Vic Country: C 11.40 18/03/2018 Jack Bolton, ALB

Vic State: V 11.29 M. Monleh & J. Peris, KSB & OLM

Venue Record: T 12.07 20/10/2007 Luke Pickthall, SBE

Name	Year Team	Finals	Wind	Points
1 Vaitohi, Moala Christian	06 Bendigo Harriers AC	13.21	-0.9	10
2 Evans, Reeve	07 Bendigo Harriers AC	14.39	-0.9	8
3 Van Berkel, Vaughan	07 Wendouree AC	15.84	-0.9	7

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 200 Meter Sprint Under 14**

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country: C	22.64	17/03/2018	Jack Bolton, ALB		
Vic State: V	22.64	17/03/2018	Jack Bolton, ALB		
Venue Record: T	24.88	25/01/2015	Angus See, BHA		
Name	Year	Team	Finals	Wind	Points
=====					
1 Vaitohi, Moala Christian	06	Bendigo Harriers AC	27.03	1.3	10
2 Evans, Reeve	07	Bendigo Harriers AC	29.30	1.3	8
3 Perrett, Jake T46	06	Wellington AC	30.47	1.3	7
4 Caldwell, Axel	06	Wendouree AC	31.18	1.3	6
5 Van Berkel, Vaughan	07	Wendouree AC	31.74	1.3	5

**Men 400 Meter Run Under 14**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	52.00	13/03/2014	Parker Lawrence, CHI	
Vic State: V	50.44	10/12/2017	Gus Simpfendorfer, STK	
Venue Record: T	54.5h	18/11/2000	Andrew Slessar, SBE	
Name	Year	Team	Finals	Points
=====				
1 Vaitohi, Moala Christian	06	Bendigo Harriers AC	1:02.48	10
2 Noden, Daniel	06	Bendigo Harriers AC	1:07.15	8
3 Evans, Reeve	07	Bendigo Harriers AC	1:10.91	7
4 Peart, Scott	06	Ballarat Ycw	1:13.93	6
5 Egner, William	08	Eureka AC	1:17.50	5

**Men 800 Meter Run Under 14**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	2:01.25	11/12/1999	Tyson Mahon, DKN	
Vic State: V	1:59.91	7/03/2004	Joel Smythe, WTN	
Venue Record: T	2:04.07	23/01/2000	Tyson Mahon, DKN	
Name	Year	Team	Finals	Points
=====				
1 Egodawatte, Dilan	06	Keilor St Bern	X2:17.91	
2 Caldwell, Archie	06	Wendouree AC	2:20.30	10
3 Tickell, Logan	06	South Bendigo AC	2:26.48	8
4 Rowbottom, Dylan	06	Western Athletics	X2:36.77	
5 Noden, Daniel	06	Bendigo Harriers AC	2:46.57	7
6 Evans, Reeve	07	Bendigo Harriers AC	2:54.17	6
7 Caldwell, Axel	06	Wendouree AC	2:54.19	5

**Men 1500 Meter Run Under 14**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	4:11.4h	27/03/1976	Paul Schnyder, WEN	
Vic State: V	4:11.4h	27/03/1976	Paul Schnyder, WEN	
Venue Record: T	4:24.72	22/01/2000	Tyson Mahon, DKN	
Name	Year	Team	Finals	Points
=====				
1 Egodawatte, Dilan	06	Keilor St Bern	X4:37.42	
2 Caldwell, Archie	06	Wendouree AC	4:42.16	10
3 Hewett, Archie	06	Mornington	X4:44.02	
4 Forster, Tom	06	St Kevin's	X4:47.29	
5 Tickell, Logan	06	South Bendigo AC	4:51.46	8
6 Leeton, Bart	08	Old Scotch	X4:55.53	
7 Rowe, Max	06	Bendigo Uni	5:32.27	7
8 Peart, Scott	06	Ballarat Ycw	6:14.77	6

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 3000 Meter Run Under 14**

=====  
 Vic Country: C 9:18.24 8/03/2016 Harry Sharp, WEN  
 Vic State: V 9:12.2h 8/12/1979 Sean Quilty, DAC  
 Venue Record: T 9:43.04 22/11/2014 Archie Reid, SBE

Name	Year Team	Finals	Points
1 Hewett, Archie	06 Mornington	X10:16.96	
2 Caldwell, Archie	06 Wendouree AC	10:21.48	10
3 Tickell, Logan	06 South Bendigo AC	10:37.38	8
4 Creer, Tim	06 Bendigo Uni	12:14.95	7

**Men 200 Meter Hurdles Under 14**

=====  
 Vic Country: C 28.05 21/01/2011 Nicholas Milton, WEN  
 Vic State: V 28.05 21/01/2011 Nicholas Milton, WEN  
 Venue Record: T 29.30 28/02/2015 Fraser Symons, BGO

Name	Year Team	Finals	Wind	Points
1 Jarman, Alexander	06 Chilwell	38.06	1.3	10

**Men 4x100 Meter Relay Under 14**

=====  
 Vic Country: C 49.6h 16/12/1990 Bendigo YMCA  
 Vic State: V 47.96 7/03/1987 East Melbourne Harriers  
 Venue Record: T 52.60 27/11/2010 Bendigo YMCA

Team	Finals	Points
1 Bendigo Harriers AC 'A' 1) Evans, Reeve 07 2) Vaitohi, Moala Christian 06 3) Gavriiliadis, Jake 06 4) Noden, Daniel 06	56.95	20

**Men High Jump Under 14**

=====  
 Vic Country: C 1.82m 9/12/2007 Ryan Buttner, GPA  
 Vic State: V 1.90m 4/03/2017 Lochlan Curry, GHY  
 Venue Record: T 1.69m 26/01/2002 Gavin Skurrie, CHI

Name	Year Team	Finals	Points
1 Jarman, Alexander	06 Chilwell	1.50m	10
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55			
O P O O O XO XO XXX			

**Men Pole Vault Under 14**

=====  
 Vic Country: C 3.20m 17/03/2013 Jemuel Pryse, BGO  
 Vic State: V 4.10m 16/01/1999 Kyle Ferreira, IVA  
 Venue Record: T 3.00m 16/03/2002 Justin McEwan, Bendigo YMCA

Name	Year Team	Finals	Points
1 Soares, Johnny	06 Box Hill AC	X3.15mT	
0.10 1.40 1.80 2.00 2.15 2.30 2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.21			
P P P P P P P O P O O P XXO XXO XXX			
2 Burns, Noah	06 Chilwell	2.95m	10
0.10 1.40 1.80 2.00 2.15 2.30 2.45 2.55 2.65 2.75 2.85 2.95 3.05			
P P P P P P P P P XXO XO XO XO XXX			
3 Jarman, Alexander	06 Chilwell	2.85m	8
0.10 1.40 1.80 2.00 2.15 2.30 2.45 2.55 2.65 2.75 2.85 2.95			
P P P P P P O XO O O XO XXX			

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4	Patton, Cooper	06 Chilwell	2.45m	7
	0.10 1.40 1.80 2.00 2.15 2.30 2.45 2.55			
	P P P O O O O XXX			
5	Noden, Daniel	06 Bendigo Harriers AC	1.80m	6
	0.10 1.40 1.80 2.00			
	XO O O XXX			

**Men Long Jump Under 14**

=====						
Vic Country: C 6.41m 3/11/1985 Robert Lehmann, WEN						
Vic State: V 6.59m 3/03/2013 Matthew O'Connell, OLX						
Venue Record: T 5.71m 18/10/2003 Callum Healey, EAG						
	Name	Year	Team	Finals	Wind	Points
=====						
1	Rowbottom, Dylan	06	Western Athletics	X4.21m	+0.0	
	4.11m(-0.0) 3.87m(+0.0) 4.21m(+0.0) 4.13m(-1.4)					
2	Evans, Reeve	07	Bendigo Harriers AC	4.07m	-1.1	10
	4.07m(-1.1) 3.98m(+0.0) 3.72m(-0.7) 3.74m(0.9)					
3	Van Berkel, Vaughan	07	Wendouree AC	3.96m	+0.0	8
	3.86m(+0.0) FOUL(+0.0) 3.82m(-0.0) 3.96m(+0.0)					

**Men Triple Jump Under 14**

=====						
Vic Country: C 12.73m 31/03/2017 Finn Murphy, CHI						
Vic State: V 13.26m 30/10/1999 Matthew Cooter, ETM						
Venue Record: T 10.79m 24/01/2015 Cooper Saunders, BGO						
	Name	Year	Team	Finals	Wind	Points
=====						
1	Van Berkel, Vaughan	07	Wendouree AC	8.53m	0.1	10
	8.53m(0.1) FOUL(1.0) 8.35m(+0.0) 8.53m(0.1)					
2	Roberts, Will	06	Ballarat Harrier	6.80m	+0.0	8
	6.80m(+0.0) 6.71m(1.0) 6.27m(1.0) 5.94m(0.8)					

**Men Shot Put Under 14**

=====						
Vic Country: C 18.02m 7/11/2015 Oliver Courtney, CHI						
Vic State: V 18.02m 7/11/2015 Oliver Courtney, CHI						
Venue Record: T 14.54m 24/01/2015 Oliver Courtney, CHI						
	Name	Year	Team	Finals	Points	
=====						
1	Sandland, Logan	06	Albury Athletics	14.26m	10	
	13.73m 13.97m 14.26m FOUL					
2	Gavriliadis, Jake	06	Bendigo Harriers AC	13.78m	8	
	12.34m 13.70m 13.78m 13.71m					

**Men Discus Throw Under 14**

=====						
Vic Country: C 59.37m 7/05/1999 Raffael Laurins, Yallourn-Newboroug						
Vic State: V 60.20m 7/11/1992 Stevie Partsanis, WTN						
Venue Record: T 38.51m 23/01/2015 Oliver Courtney, CHI						
	Name	Year	Team	Finals	Points	
=====						
1	Gavriliadis, Jake	06	Bendigo Harriers AC	38.19m	10	
	36.13m 37.44m FOUL 38.19m					
2	Sandland, Logan	06	Albury Athletics	29.53m	8	
	FOUL FOUL 29.53m FOUL					
3	Evans, Reeve	07	Bendigo Harriers AC	22.47m	7	
	22.47m 21.08m 21.82m 20.67m					



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Men Discus Throw Under 14**

4 Caldwell, Axel 06 Wendouree AC 15.46m 6  
 13.08m 15.46m 13.45m 14.76m

**Men Hammer Throw Under 14**

=====  
 Vic Country: C 52.61m 8/11/2015 Oliver Courtney, CHI  
 Vic State: V 61.90m 6/02/2016 Benjamin Voogd, RWD  
 Venue Record: T 42.82m 29/03/2014 Liam Campbell, SBE  
 Name Year Team Finals Points  
 =====  
 1 Sandland, Logan 06 Albury Athletics 43.57mT 10  
 FOUL 30.17m 43.57m FOUL  
 2 Pearce, Harry 07 Athletics Waverley X19.88m  
 18.92m FOUL 19.66m 19.88m  
 3 Roberts, Will 06 Ballarat Harrier 14.90m 8  
 14.90m 14.80m 14.64m 14.43m

**Men Javelin Throw Under 14**

=====  
 Vic Country: C 50.98m 29/01/1983 Brendan Robinson, BHA  
 Vic State: V 53.86m 11/12/1988 Matthew Young, Essendon EMH  
 Venue Record: T 41.59m 25/01/2015 Darcy Edgerton, EKA  
 Name Year Team Finals Points  
 =====  
 1 Sandland, Logan 06 Albury Athletics 33.42m 10  
 33.42m 31.17m 32.09m 29.68m  
 2 Jarman, Alexander 06 Chilwell 33.02m 8  
 30.34m 29.66m 33.02m 32.24m  
 3 Gavriiliadis, Jake 06 Bendigo Harriers AC 31.16m 7  
 27.07m 29.34m 31.16m 23.15m

**Men 1500 Meter Race Walk Under 14**

=====  
 Venue Record: T 7:36.43 22/01/2000 Jamie Barnes, COR  
 Name Year Team Finals Points  
 =====  
 1 Peart, Scott 06 Ballarat Ycw 9:09.39 10

**Men 100 Meter Sprint Under 16**

=====  
 Vic Country: C 10.6h 26/02/1984 Craig Elliott, Bendigo YMCA  
 Vic State: V 10.6h 26/02/1984 Craig Elliott, Bendigo YMCA  
 Venue Record: T 11.07 11/01/2019 Antonio Vaitohi, BGO  
 Name Year Team Finals Wind H# Points  
 =====  
 1 Boulton, Jack 04 Albury Athletics 11.48 0.7 2 10  
 2 Poulter, Patrick 05 Geelong Guild AC 11.97 0.7 2 8  
 3 Bentley, James 04 Eaglehawk AC 12.05 0.7 2 7  
 4 O'Brien, Matthew 05 Ballarat Harrier 12.13 0.7 2 6  
 5 Targett, Lucas 04 Sandringham AC X12.15 0.7 2  
 6 Hoskin, Seth 04 Bendigo Harriers AC 12.26 0.7 2 5  
 7 Gay, Liam 04 South Bendigo AC 12.42 0.7 2 4  
 8 Andrea, Sebastyn 05 South Bendigo AC 12.83 -1.4 1 3  
 9 Warelow, Sam 05 Corio AC 12.97 -1.4 1 2  
 10 Eriksson, Tristan 05 Wodonga AC 13.14 -1.4 1  
 11 Parrott, Matthew 05 Doncaster AC X13.99 -1.4 1  
 12 Roberts, Harry 05 Eaglehawk AC 14.08 -1.4 1  
 13 Blood, Samuel 04 Ballarat Ycw 16.12 -1.4 1  
 14 Clark, Harrison 05 South Coast Aths 16.34 -1.4 1

## 2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019

## LaTrobe University Bendigo Athletics Complex

## Results

## Men 200 Meter Sprint Under 16

Name	Year	Team	Finals	Wind	H#	Points
=====						
Vic Country:	C	21.6h	11/02/1995	Bryce Barnwell,	GLG	
Vic State:	V	21.76	11/11/2012	Jilven Dias,	ESS	
Venue Record:	T	22.57	25/02/2001	Adam Remmers,	VIC	
Name	Year	Team	Finals	Wind	H#	Points
=====						
1 Boulton, Jack	04	Albury Athletics	22.88	0.4	3	10
2 Ashmore, Jake	04	Ballarat Harrier	23.88	0.4	3	8
3 Poulter, Patrick	05	Geelong Guild AC	24.03	0.4	3	7
4 Bentley, James	04	Eaglehawk AC	24.11	0.4	3	6
5 Barbary, Wil	05	Wendouree AC	24.30	0.4	3	5
6 O'Brien, Matthew	05	Ballarat Harrier	24.57	0.4	3	4
7 Targett, Lucas	04	Sandringham AC	X24.67	+0.0	2	
8 Hoskin, Seth	04	Bendigo Harriers AC	24.69	0.4	3	3
9 Gay, Liam	04	South Bendigo AC	24.93	+0.0	2	2
10 Warelow, Sam	05	Corio AC	25.44	+0.0	2	
11 Mason, Harvey	05	Geelong Guild AC	25.80	+0.0	2	
12 Andrea, Sebastyn	05	South Bendigo AC	26.14	+0.0	2	
13 Eriksson, Tristan	05	Wodonga AC	26.38	+0.0	2	
14 Wills, Andrew	04	Ballarat Ycw	27.76	0.8	1	
15 O'Keefe, Lachlan	05	Wendouree AC	28.05	0.8	1	
16 Parrott, Matthew	05	Doncaster AC	X28.38	+0.0	2	
17 Roberts, Harry	05	Eaglehawk AC	29.20	0.8	1	
18 Clark, Harrison	05	South Coast Aths	32.97	0.8	1	
19 Blood, Samuel	04	Ballarat Ycw	33.20	0.8	1	
-- Perry, Keelan	04	Ballarat Ycw	DQ	+0.0	2	162.8

## Men 400 Meter Run Under 16

Name	Year	Team	Finals	H#	Points
=====					
Vic Country:	C	49.07	13/02/2016	Parker Lawrence,	CHI
Vic State:	V	48.88	6/03/1988	Matthew Burmeister,	STK
Venue Record:	T	50.58	24/02/2001	Adham El-Zbaidieh,	NSW
Name	Year	Team	Finals	H#	Points
=====					
1 Boulton, Jack	04	Albury Athletics	51.49	2	10
2 Bentley, James	04	Eaglehawk AC	53.21	2	8
3 Barbary, Wil	05	Wendouree AC	53.83	2	7
4 O'Brien, Matthew	05	Ballarat Harrier	54.23	2	6
5 Warelow, Jack	05	Corio AC	56.64	2	5
6 Mason, Harvey	05	Geelong Guild AC	57.40	1	4
7 Andrea, Sebastyn	05	South Bendigo AC	58.13	2	3
8 Eriksson, Tristan	05	Wodonga AC	58.53	1	2
9 Tickell, Zackery	05	South Bendigo AC	59.55	1	
10 Noden, Matthew	04	Bendigo Harriers AC	59.72	1	
11 Wills, Andrew	04	Ballarat Ycw	1:05.15	1	
12 Roberts, Harry	05	Eaglehawk AC	1:10.51	1	

## Men 800 Meter Run Under 16

Name	Year	Team	Finals	H#	Points
=====					
Vic Country:	C	1:52.6h	15/12/1977	Guy Watson,	Albury
Vic State:	V	1:50.63	15/03/2008	Alex Rowe,	STK
Venue Record:	T	1:55.01	25/02/2001	Tyson Mahon,	VIC
Name	Year	Team	Finals	H#	Points
=====					
1 Grills, Ethan	04	Geelong Guild AC	2:05.55	2	10
2 Gillingham, Kye	04	Keilor St Bern	X2:05.60	2	
3 Bentley, James	04	Eaglehawk AC	2:06.15	2	8
4 Diamond, Jack	04	Eureka AC	2:09.17	2	7
5 Warelow, Jack	05	Corio AC	2:10.09	2	6
6 Padgham, Jayden	05	Bendigo Uni	2:15.26	2	5

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7 Armstrong, Oliver	04 Chilwell	2:16.35	1	4
8 Wright, Noah	04 Nunawading	X2:18.04	2	
9 Stott, Elias	04 Geelong Guild AC	2:18.11	2	3
10 Purser, Benjamin	05 Doncaster AC	X2:18.87	2	
11 Bowey, Nelson	05 Wodonga AC	2:20.21	1	2
12 Tickell, Zackery	05 South Bendigo AC	2:25.68	1	
13 Noden, Matthew	04 Bendigo Harriers AC	2:30.40	1	
14 Ellis, Jack	05 Chilwell	2:31.35	1	
15 Wiltshire, Archer	04 Chilwell	2:32.26	1	
16 Foley, Declan	05 Bellarine	2:34.80	1	
17 Wills, Andrew	04 Ballarat Ycw	2:38.02	1	
18 Hill, Flynn	04 Wodonga AC	2:43.43	1	

**Men 1500 Meter Run Under 16**

=====  
 Vic Country: C 3:53.7h 15/11/2001 Tyson Mahon, DKN  
 Vic State: V 3:51.9h 11/01/1979 Peter Hyett, MAL  
 Venue Record: T 4:01.50 26/01/2002 Tyson Mahon, DKN

Name	Year Team	Finals	Points
1 Grills, Ethan	04 Geelong Guild AC	4:21.07	10
2 Langborne, Mitchel	04 Keilor St Bern	X4:22.79	
3 Bowen, Harry	04 St Kevin's	X4:23.60	
4 Hadfield, Jhye	04 Knox AC	X4:24.34	
5 Leeton, Fred	04 Old Scotch	X4:26.22	
6 Rossato, Isaac	04 Eureka AC	4:28.85	8
7 Padgham, Jayden	05 Bendigo Uni	4:33.32	7
8 Warelow, Jack	05 Corio AC	4:34.09	6
9 Stott, Elias	04 Geelong Guild AC	4:39.44	5
10 Bowey, Nelson	05 Wodonga AC	4:51.16	4
11 Gleisner, William	04 Ballarat Ycw	4:52.41	3
12 Dess, Loki	04 Geelong Guild AC	4:53.43	2
13 Ellis, Jack	05 Chilwell	4:56.90	
14 Scroggie, Samuel	04 St Kevin's	X5:01.06	
15 Wiltshire, Archer	04 Chilwell	5:08.46	
16 Hill, Flynn	04 Wodonga AC	5:22.04	

**Men 3000 Meter Run Under 16**

=====  
 Vic Country: C 8:38.47 8/12/2000 Collis Birmingham, EKA  
 Vic State: V 8:29.26 25/02/1992 Michael Power, GHY  
 Venue Record: T 9:28.96 25/02/2001 Travis Prigg, NSW

Name	Year Team	Finals	Points
1 Morrell, Bailey	04 Frankston AC	X9:46.44	
2 Lovick, Riley	04 Frankston AC	X9:59.57	
3 Tabit, Javier	04 Coburg Harriers AC	X10:10.60	
4 Stott, Elias	04 Geelong Guild AC	10:13.21	10
5 Connolly, Flynn	04 Diamond Valley AC	X10:15.11	
6 Purser, Benjamin	05 Doncaster AC	X10:16.29	
7 Mornane, Ben	05 Eureka AC	10:24.82	8
8 Mason, Harvey	05 Geelong Guild AC	10:30.92	7
9 Dess, Loki	04 Geelong Guild AC	10:51.12	6
10 Gleisner, William	04 Ballarat Ycw	10:54.30	5

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 100 Meter Hurdles Under 16**

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country: C 13.38 16/03/2012 Nicholas Milton, WEN					
Vic State: V 12.88 3/12/2016 Aiden Saluna-Kettle, RWD					
Venue Record: T 14.02 25/02/2001 Mitchel Webber, WA					
Name	Year	Team	Finals	Wind	Points
=====					
1 Cameron, Sean	04	Geelong Guild AC	16.62	-1.0	10
2 Murrant, Grady	05	Bellarine	17.09	-1.0	8

**Men 200 Meter Hurdles Under 16**

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country: C 26.02 25/02/2012 Nicholas Milton, WEN					
Vic State: V 24.73 2/12/2005 Daniel Martin, ESS					
Venue Record: T 26.51 24/02/2001 Dwain Weyers, QLD					
Name	Year	Team	Finals	Wind	Points
=====					
1 Warelow, Jack	05	Corio AC	31.00	1.3	10
2 Perry, Keelan	04	Ballarat Ycw	31.97	1.3	8
3 Tickell, Zackery	05	South Bendigo AC	34.04	1.3	7
4 Elvey, Samuel	05	Frankston AC	X39.20	1.3	

**Men 2000 Meter Steeplechase Under 16**

Name	Year	Team	Finals	Points
=====				
Vic Country: C 5:55.67 8/12/2017 Harry Sharp, WEN				
Vic State: V 5:55.67 8/12/2017 Harry Sharp, WEN				
Venue Record: T 6:13.90 23/02/2001 Travis Prigg, NSW				
Name	Year	Team	Finals	Points
=====				
1 Grills, Ethan	04	Geelong Guild AC	6:46.19	10
2 Hadfield, Jhye	04	Knox AC	X6:48.46	
3 Lovick, Riley	04	Frankston AC	X6:54.02	
4 Purser, Benjamin	05	Doncaster AC	X7:07.44	
5 Ellis, Jack	05	Chilwell	7:34.11	8
6 Hill, Flynn	04	Wodonga AC	8:17.04	7
7 Swanevelde, Wian	05	Ringwood AC	X8:46.02	
-- Armstrong, Oliver	04	Chilwell	DNF	

**Men 4x100 Meter Relay Under 16**

Team	Finals	Points
=====		
Vic Country: C 44.33 24/11/2018 Geelong Guild		
Vic State: V 43.10 29/11/2014 Athletics Essendon		
Venue Record: T 44.46 23/02/2001 New South Wales		
Team	Finals	Points
=====		
1 Geelong Guild AC 'A'	50.89	20
1) Stott, Elias 04		
2) Poulter, Patrick 05		
3) Cameron, Sean 04		
4) Mason, Harvey 05		
2 South Bendigo AC 'A'	55.08	16
1) Andrea, Sebastyn 05		
2) Hill, Andrew 04		
3) Hromenko, Logan 05		
4) Tickell, Zackery 05		
3 Athletics Chilwell AC 'A'	56.71	14
1) Braden, Campbell 05		
2) Patton, Cooper 06		
3) Ellis, Jack 05		
4) Burns, Noah 06		

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men High Jump Under 16**

=====						
Vic Country: C 2.03m 14/01/2012 Joel Baden, CHI						
Vic State: V 2.14m 15/12/1979 David Hoyle, MAL						
Venue Record: T 2.07m 4/12/2004 Brendan Sutcliffe, SBE						
Name	Year	Team			Finals	Points
=====						
1 Tweedale, Joshua	04	Wodonga AC			1.74m	10
1.55 1.60 1.65 1.70 1.74 1.78						
O O O O XXO XXX						
2 O'Keefe, Lachlan	05	Wendouree AC			1.70m	8
1.55 1.60 1.65 1.70 1.74						
O O XO XO XXX						
3 Andrea, Sebastyn	05	South Bendigo AC			1.50m	6.50
1.40 1.45 1.50 1.55						
O XO O XXX						
3 Foley, Declan	05	Bellarine			1.50m	6.50
1.30 1.35 1.40 1.45 1.50 1.55						
XO O O O XXO XXX						

**Men Pole Vault Under 16**

=====						
Vic Country: C 4.55m 31/10/2009 Jed Bews, GLG						
Vic State: V 4.80m 6/02/2010 Brodie Cross, BOH						
Venue Record: T 4.20m 25/01/2015 Jemuel Pryse, BGO						
Name	Year	Team			Finals	Points
=====						
1 Di Medio, Andre	04	Box Hill AC			X4.10m	
3.80 3.95 4.10 4.20						
XXO XO XO XXX						
2 Braden, Campbell	05	Chilwell			2.80m	10
2.40 2.60 2.80 3.00						
XO X XXO XXX						
3 Hromenko, Logan	05	South Bendigo AC			2.40m	8
2.00 2.20 2.40 2.60						
O O O XXX						
4 Noden, Matthew	04	Bendigo Harriers AC			2.00m	7
2.00 2.20						
O XXX						

**Men Long Jump Under 16**

=====							
Vic Country: C 6.94m 4/12/2016 Liam Mullen, CHI							
Vic State: V 7.17m 21/03/1982 Michael Morgan, Essendon EMH							
Venue Record: T 7.56m 24/02/2001 John Thornell, NSW							
Name	Year	Team			Finals	Wind	Points
=====							
1 Boulton, Jack	04	Albury Athletics			6.10m	+0.0	10
6.10m(+0.0) 5.97m(+0.0) FOUL(+0.0) 5.99m(0.3)							
2 Gay, Liam	04	South Bendigo AC			5.64m	2.5	8
5.64m(2.5) FOUL(+0.0) FOUL(2.8) 4.95m(1.1)							
3 Warelow, Sam	05	Corio AC			5.46m	2.5	7
5.30m(1.0) FOUL(-2.7) FOUL(1.7) 5.46m(2.5)							
4 Hoskin, Seth	04	Bendigo Harriers AC			5.45m	1.6	6
5.32m(+0.0) 5.35m(0.2) 5.35m(0.2) 5.45m(1.6)							
5 O'Keefe, Lachlan	05	Wendouree AC			5.14m	+0.0	5
5.01m(0.2) 5.14m(+0.0) FOUL(1.9) 5.05m(2.6)							
6 Hovey, Ryan	05	Ballarat Harrier			5.05m	2.7	4
4.99m(0.3) FOUL(-1.5) 5.05m(2.7) 4.84m(2.6)							
7 Roberts, Harry	05	Eaglehawk AC			4.62m	+0.0	3
4.62m(+0.0) FOUL(-0.2) FOUL(0.7) 4.54m(1.7)							

## 2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019

## LaTrobe University Bendigo Athletics Complex

## Results

## ....Men Long Jump Under 16

8	Parrott, Matthew	05 Doncaster AC	X4.30m	+0.0	
	FOUL(2.1) 4.30m(+0.0) 4.29m(1.3) FOUL(1.6)				
9	Clark, Harrison	05 South Coast Aths	3.64m	1.5	2
	FOUL(0.1) FOUL(-1.5) 3.64m(1.5)				

## Men Triple Jump Under 16

=====						
Vic Country: C 14.50m 25/02/1989 Haami Williams, GLG						
Vic State: V 14.76m 24/02/2012 Henry Smith, SAN						
Venue Record: T 14.27m 25/02/2001 Matthew Cooter, VIC						
	Name	Year	Team	Finals	Wind	Points
=====						
1	Andrea, Sebastyn	05	South Bendigo AC	11.42m	0.5	10
	10.73m(+0.0) 11.42m(0.5) 10.83m(+0.0) 11.02m(0.2)					
2	Hoskin, Seth	04	Bendigo Harriers AC	11.30m	+0.0	8
	11.30m(+0.0) 11.29m(0.2) FOUL(+0.0) 11.27m(0.8)					
3	Warelow, Sam	05	Corio AC	11.24m	+0.0	7
	10.62m(1.0) 9.79m(0.3) 10.81m(1.0) 11.24m(+0.0)					
4	Gay, Liam	04	South Bendigo AC	10.97m	+0.0	6
	FOUL(0.8) FOUL(+0.0) 10.97m(+0.0) FOUL(0.3)					
5	Hovey, Ryan	05	Ballarat Harrier	10.58m	1.3	5
	9.63m(0.8) 10.58m(1.3) 10.14m(+0.0) FOUL(+0.0)					
6	Roberts, Harry	05	Eaglehawk AC	10.55m	0.9	4
	10.55m(0.9) 10.45m(+0.0) 9.77m(+0.0) FOUL(+0.0)					
7	Elvey, Samuel	05	Frankston AC	X9.28m	0.7	
	9.28m(0.7) 8.88m(0.2) FOUL(0.2) 8.77m(+0.0)					
8	Clark, Harrison	05	South Coast Aths	7.87m	0.7	3
	7.87m(0.7) 7.73m(+0.0) FOUL(0.9) FOUL(0.2)					
9	Evans, Joshua	05	Bendigo Harriers AC	7.82m	0.9	2
	7.80m(0.3) 7.80m(+0.0) 7.82m(0.9) PASS					

## Men Shot Put Under 16

=====						
Vic Country: C 20.64m 4/12/2008 Damien Birkenhead, COR						
Vic State: V 20.64m 4/12/2008 Damien Birkenhead, COR						
Venue Record: T 19.27m 11/01/2000 Tim Driesen, SBE						
	Name	Year	Team	Finals	Points	
=====						
1	Locke, Ben	05	Eureka AC	10.80m		10
	10.80m 9.98m FOUL FOUL					
2	Bentley, James	04	Eaglehawk AC	10.71m		8
	10.71m 9.42m FOUL 10.62m					
3	Soroka, Jasper	05	Albury Athletics	10.24m		7
	9.80m 9.25m 10.00m 10.24m					
4	Pearce, William	05	Athletics Waverley	X8.28m		
	8.01m 8.23m 8.28m 7.68m					
5	Andrea, Sebastyn	05	South Bendigo AC	8.24m		6
	7.66m 7.33m 8.15m 8.24m					
6	Saltmarsh-Milne, Aaron	04	Gippsland AC	8.10m		5
	8.09m 7.89m 7.72m 8.10m					
7	Roberts, Harry	05	Eaglehawk AC	7.41m		4
	7.32m 7.41m 7.06m 6.59m					

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men Discus Throw Under 16**

=====  
 Vic Country: C 77.68m 17/03/2001 Raffael Laurins, Yallourn-Newboroug  
 Vic State: V 77.68m 17/03/2001 Raffael Laurins, Yallourn-Newboroug  
 Venue Record: T 66.94m 20/11/1999 Tim Driesen, SBE

Name	Year	Team	Finals	Points
1 Locke, Ben	05	Eureka AC	38.87m	10
35.16m 36.47m 37.65m 38.87m				
2 Murrant, Grady	05	Bellarine	35.28m	8
35.28m 32.81m FOUL FOUL				
3 Saltmarsh-Milne, Aaron	04	Gippsland AC	32.03m	7
32.03m FOUL FOUL 18.14m				
4 Pearce, William	05	Athletics Waverley	X25.71m	
FOUL 22.96m 25.71m 24.90m				
5 Soroka, Jasper	05	Albury Athletics	24.18m	6
21.93m 24.18m 20.17m 23.22m				
6 Gavriliadis, Alex	04	Bendigo Harriers AC	22.66m	5
21.47m 21.99m 21.82m 22.66m				
7 Foley, Declan	05	Bellarine	20.57m	4
19.54m 18.67m 20.57m 12.21m				
8 Evans, Joshua	05	Bendigo Harriers AC	18.34m	3
16.96m 17.13m 17.17m 18.34m				
9 Clark, Harrison	05	South Coast Aths	14.20m	2
14.20m FOUL FOUL				

**Men Hammer Throw Under 16**

=====  
 Vic Country: C 75.17m 2/11/2012 Ned Weatherley, CHI  
 Vic State: V 75.17m 2/11/2012 Ned Weatherley, CHI  
 Venue Record: T 74.33m 11/01/2000 Tim Driesen, SBE

Name	Year	Team	Finals	Points
1 Soroka, Jasper	05	Albury Athletics	28.25m	10
23.62m 24.05m 26.38m 28.25m				
2 Pearce, William	05	Athletics Waverley	X27.08m	
25.46m 27.08m 26.26m 24.30m				
3 Saltmarsh-Milne, Aaron	04	Gippsland AC	22.03m	8
18.04m 20.53m 19.23m 22.03m				

**Men Javelin Throw Under 16**

=====  
 Vic Country: C 67.68m 22/11/1986 Jason Selby, GLG  
 Vic State: V 72.43m 5/12/2009 Luke Cann, FKN  
 Venue Record: T 64.11m 25/02/2001 Joshua Robinson, QLD

Name	Year	Team	Finals	Points
1 Murrant, Grady	05	Bellarine	33.40m	10
FOUL 33.40m 32.41m 32.75m				
2 Perry, Keelan	04	Ballarat Ycw	29.68m	8
PASS 29.68m 27.89m 28.38m				
3 Foley, Declan	05	Bellarine	24.08m	7
FOUL FOUL FOUL 24.08m				
4 Saltmarsh-Milne, Aaron	04	Gippsland AC	21.37m	6
17.75m 21.09m 20.81m 21.37m				
5 Hromenko, Logan	05	South Bendigo AC	21.35m	5
FOUL FOUL FOUL 21.35m				
6 Swanevelde, Wian	05	Ringwood AC	X21.19m	
21.19m FOUL 19.04m FOUL				
7 Gavriliadis, Alex	04	Bendigo Harriers AC	19.57m	4
17.01m 19.11m FOUL 19.57m				

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Men Javelin Throw Under 16**

8 Clark, Harrison 05 South Coast Aths 14.98m 3  
 FOUL 9.70m 12.57m 14.98m

**Men 3000 Meter Race Walk Under 16**

=====

Vic Country: C 12:53.79 13/01/2000 Jared Tallent, BYC  
 Vic State: V 12:32.06 27/02/2011 Nathan Brill, BOH  
 Venue Record: T 12:59.35 22/01/2000 Jared Tallent, BYC

Name	Year	Team	Finals	Points
1 Saunder, Fraser	04	Ballarat Ycw	14:34.51	10

=====

**Men 100 Meter Sprint Under 18**

=====

Vic Country: C 10.78 10/12/2000 Jarrem Pearce, WOD  
 Vic State: V 10.46 13/12/1991 Phil Chiodo, BWK  
 Venue Record: T 10.27 12/03/2006 Peter Emelieze, Nigeria

Name	Year	Team	Finals	Wind	H#	Points
1 Mason, Kye	02	Eaglehawk AC	11.28	-1.4	2	10
2 Vaitohi, Antonio	03	Bendigo Harriers AC	11.38	-1.4	2	8
3 Johnstone, Thomas	03	Albury Athletics	11.54	-1.4	2	7
4 Miller, James	02	Bendigo Harriers AC	11.59	-1.4	2	6
5 Howden, Cadyn	03	Frankston AC	X11.89	-1.4	2	
6 Mahachi, Danai	02	Bendigo Harriers AC	11.97	-2.0	1	5
7 Poulter, Hamish	03	Geelong Guild AC	12.01	-1.4	2	4
8 Eastwood, Jacob	03	Geelong Guild AC	12.17	-2.0	1	3
9 Richmond-Craig, Brandon	02	Geelong Guild AC	12.18	-1.4	2	2
10 Merrilees, Matthew	03	South Coast Aths	12.24	-2.0	1	
11 Heagney, Corey	03	Eaglehawk AC	12.38	-2.0	1	
12 Hall, Brayden	03	Eaglehawk AC	12.41	-1.4	2	
13 Berne, Declan	03	Athletics Essendon	X12.48	-2.0	1	
14 Parrott, Lachlan	03	Doncaster AC	X12.70	-2.0	1	
15 Muggleton, Oliver	02	South Bendigo AC	13.00	-2.0	1	
16 Richmond-Craig, Bailey	03	Geelong Guild AC	13.34	-2.0	1	

=====

**Men 200 Meter Sprint Under 18**

=====

Vic Country: C 21.4h 4/11/1979 Gerrard Keating, WEN  
 Vic State: V 21.12 17/02/2007 Daniel Martin, ESS  
 Venue Record: T 21.06 3/12/2004 Julian Thomas, England

Name	Year	Team	Finals	Wind	H#	Points
1 Mason, Kye	02	Eaglehawk AC	22.38	0.3	2	10
2 Vaitohi, Antonio	03	Bendigo Harriers AC	22.79	0.3	2	8
3 Johnstone, Thomas	03	Albury Athletics	22.94	0.3	2	7
4 Hall, Brayden	03	Eaglehawk AC	24.04	1.6	1	6
5 Merrilees, Matthew	03	South Coast Aths	24.22	1.6	1	5
6 Mahachi, Danai	02	Bendigo Harriers AC	24.44	1.6	1	4
7 Richmond-Craig, Brandon	02	Geelong Guild AC	24.59	0.3	2	3
8 Read-Spinks, Eugene	03	Wendouree AC	24.70	0.3	2	2
9 Heagney, Corey	03	Eaglehawk AC	25.25	1.6	1	
10 Muggleton, Oliver	02	South Bendigo AC	25.77	1.6	1	

=====



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 400 Meter Run Under 18**

Name	Year	Team	Finals	H#	Points
=====					
Vic Country:	C 46.97	10/07/2013	Samual Baird, BHA		
Vic State:	V 46.20	9/02/1997	Casey Vincent, ESS		
Venue Record:	T 48.07	2/12/2004	Ruaan Grobler, South Africa		
Name	Year	Team	Finals	H#	Points
=====					
1 Corbett, Nathan	02	Mornington	X51.05	2	
2 Mazaraki, Oscar	02	Geelong Guild AC	51.13	2	10
3 Clarke, Jack	03	Diamond Valley AC	X51.60	2	
4 Johnstone, Thomas	03	Albury Athletics	52.90	2	8
5 Baldwin, Daniel	02	Bendigo Harriers AC	53.70	1	7
6 Howden, Cady	03	Frankston AC	X54.08	2	
7 Read-Spinks, Eugene	03	Wendouree AC	55.06	2	6
8 Sayer, Lachlan	02	Collingwood	X55.46	1	
9 Muggleton, Oliver	02	South Bendigo AC	55.60	1	5
10 Vaitohi, Antonio	03	Bendigo Harriers AC	56.70	1	4
11 Lang, Benjamin	03	Wellington AC	56.74	2	3
12 Seebah, Kenan	03	Eaglehawk AC	58.33	1	2

**Men 800 Meter Run Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C 1:47.21	28/01/1994	Paul Byrne, DKN	
Vic State:	V 1:47.21	28/01/1994	Paul Byrne, DKN	
Venue Record:	T 1:53.60	24/02/2001	Mitchell Kealey, QLD	
Name	Year	Team	Finals	Points
=====				
1 Corbett, Nathan	02	Mornington	X1:57.50	
2 Dalton, Angus	02	Old Xaverians AC	X1:59.74	
3 Mazaraki, Oscar	02	Geelong Guild AC	2:00.00	10
4 Camillo, Bayley	02	Williamstown AC	X2:00.78	
5 Wiltshire, Oliver	02	Chilwell	2:00.85	8
6 Coltish, Jack	02	Geelong Guild AC	2:01.67	7
7 Hobbs, Jaron	03	Chilwell	2:04.65	6
8 Norton, Zachary (Zac)	03	Geelong Guild AC	2:06.43	5
9 Emonson, Deklen	03	Eureka AC	2:10.33	4
10 Baldwin, Daniel	02	Bendigo Harriers AC	2:15.76	3
11 Jones, Max	03	Chilwell	2:16.51	2

**Men 1500 Meter Run Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C 3:48.5h	20/01/2015	Isaac Hockey, CHI	
Vic State:	V 3:45.51	2/02/2013	Zak Patterson, KNA	
Venue Record:	T 4:00.08	2/12/2004	Dane Frey, AUST	
Name	Year	Team	Finals	Points
=====				
1 Langdon, Thomas	02	Ivanhoe Harriers AC	X4:11.25	
2 Di Conza, Luca	03	St Kevin's	X4:11.45	
3 Hadfield, Rhys	03	Knox AC	X4:14.02	
4 Berry, Josh	03	Deakin AC	4:15.09	10
5 Hobbs, Jaron	03	Chilwell	4:16.11	8
6 Els, Marco	02	South Australia	X4:16.23	
7 Lawrence, Archibald	03	Deakin AC	4:17.66	7
8 Norton, Zachary (Zac)	03	Geelong Guild AC	4:20.60	6
9 Wiltshire, Oliver	02	Chilwell	4:22.28	5
10 Peck, Jonathan	02	Geelong Guild AC	4:36.85	4
11 Emonson, Deklen	03	Eureka AC	4:48.89	3
12 Jones, Max	03	Chilwell	4:57.25	2

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 3000 Meter Run Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	8:17.2h	1/11/1981	Malcolm Norwood,	Echuca
Vic State: V	8:08.63	8/12/2012	Zak Patterson,	KNA
Venue Record: T	8:21.30	3/12/2004	Tshamano Setone,	South Africa
Name	Year	Team	Finals	Points
=====				
1 Sharp, Harry	02	Wendouree AC	9:10.44	10
2 Nayar, Ramen	02	South Melbourne AC	X9:14.00	
3 Norton, Zachary (Zac)	03	Geelong Guild AC	9:16.70	8
4 Ludbrook, Ben	03	Eureka AC	9:19.56	7
5 Els, Marco	02	South Australia	X9:27.35	
6 Berry, Josh	03	Deakin AC	9:30.85	6
7 Catterson, Matthew	02	Wendouree AC	9:32.56	5
8 Lawrence, Archibald	03	Deakin AC	9:34.06	4

**Men 110 Meter Hurdles Under 18**

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country: C	14.12	12/12/1998	Sean Avery,	DKN	
Vic State: V	13.28	4/12/2008	Sam Baines,	OLM	
Venue Record: T	13.48	25/02/2001	Mohamad Zeed,	VIC	
Name	Year	Team	Finals	Wind	Points
=====					
1 Willis, Tayleb	03	Ringwood AC	X14.63	0.1	
2 Shum, Jeremy	03	Box Hill AC	X16.60	0.1	
3 Baldwin, Daniel	02	Bendigo Harriers AC	16.85	0.1	10
4 Poulter, Hamish	03	Geelong Guild AC	17.03	0.1	8
-- Hall, Brayden	03	Eaglehawk AC	DQ	0.1	

**Men 400 Meter Hurdles Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	52.01	18/07/1999	Sean Avery,	DKN
Vic State: V	52.01	18/07/1999	Sean Avery,	DKN
Venue Record: T	54.35	23/01/2000	Sean Avery,	DKN
Name	Year	Team	Finals	Points
=====				
1 Culbert, Bailey	03	Box Hill AC	X59.41	
2 Baldwin, Daniel	02	Bendigo Harriers AC	1:01.19	10
3 Shum, Jeremy	03	Box Hill AC	X1:02.98	
4 Rooke, Hayden	03	Yarra Ranges	X1:03.51	
5 Hall, Brayden	03	Eaglehawk AC	1:06.12	8

**Men 2000 Meter Steeplechase Under 18**

Name	Year	Team	Finals	Points
=====				
Vic Country: C	5:48.77	8/10/2000	Richard Jeremiah,	DKN
Vic State: V	5:48.10	15/07/1987	Greg Collier,	Croydon
Venue Record: T	6:07.41	24/02/2001	Adam Donegan,	WA
Name	Year	Team	Finals	Points
=====				
1 Sharp, Harry	02	Wendouree AC	5:57.11T	10
2 Roberts, Aidan	02	Diamond Valley AC	X6:04.99T	
3 Catterson, Matthew	02	Wendouree AC	6:23.62	8
4 Els, Marco	02	South Australia	X6:27.08	
5 Lawrence, Archibald	03	Deakin AC	6:41.09	7
6 Coltish, Jack	02	Geelong Guild AC	6:47.98	6
7 Peck, Jonathan	02	Geelong Guild AC	6:59.80	5
8 Morgan, Liam	03	Western Athletics	X7:00.74	
9 Anderson, Ryan	02	Wendouree AC	7:21.00	4
10 Heagney, Corey	03	Eaglehawk AC	8:23.72	3

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## Men 4x100 Meter Relay Under 18

=====			
Vic Country:	C 43.35	26/11/2016	Geelong Guild
Vic State:	V 42.20	28/11/2015	Athletics Essendon
Venue Record:	T 42.63	23/02/2001	Western Australia
Team			Finals Points
=====			
1 Geelong Guild AC 'A'			45.41 20
1) Eastwood, Jacob 03		2) Poulter, Hamish 03	
3) Blyton, Ezekiel 03		4) Richmond-Craig, Brandon 02	
2 Bendigo Harriers AC 'A'			45.50 16
1) Hoskin, Seth 04		2) Vaitohi, Antonio 03	
3) Mahachi, Danai 02		4) Miller, James 02	
3 Eaglehawk AC 'A'			45.82 14
1) Seebah, Kenan 03		2) Mason, Kye 02	
3) Hall, Brayden 03		4) Bentley, James 04	
4 Ballarat Harriers AC 'A'			47.98 12
1) Hovey, Ryan 05		2) O'Brien, Matthew 05	
3) Oro, James 02		4) Ashmore, Jake 04	
5 Bendigo Harriers AC 'B'			1:00.92 10
1) Noden, Matthew 04		2) Baldwin, Daniel 02	
3) Gavriadiadis, Alex 04		4) Evans, Joshua 05	

## Men High Jump Under 18

=====					
Vic Country:	C 2.29m	12/08/1990	Tim Forsyth, Yallourn-Newborough		
Vic State:	V 2.29m	12/08/1990	Tim Forsyth, Yallourn-Newborough		
Venue Record:	T 2.10m	24/02/2001	James Watson, NSW		
Name		Year	Team	Finals	Points
=====					
1 Miller, James		02	Bendigo Harriers AC	1.86m	10
1.74 1.78 1.82 1.86 1.92					
O O O XXO XXX					
2 Woods, James		03	South Bendigo AC	1.82m	7.50
1.70 1.74 1.78 1.82 1.86					
O O XO O XXX					
2 Hazelton, Josh		03	Diamond Valley AC	X1.82m	
1.74 1.78 1.82 1.86					
O XO O XXX					
2 Merrilees, Matthew		03	South Coast Aths	1.82m	7.50
1.65 1.70 1.74 1.78 1.82 1.86					
O O O XO XO XXX					
5 Doyle, Harry		03	Albury Athletics	1.78m	6
1.50 1.55 1.60 1.65 1.70 1.74 1.78 1.82					
O O O O O XXO XO XXX					
6 Jarman, Will		03	Chilwell	1.55m	5
1.50 1.55 1.60					
O XXO XXX					

## Men Pole Vault Under 18

=====					
Vic Country:	C 4.70m	22/01/2011	Jed Bews, GLG		
Vic State:	V 5.05m	12/03/2011	Brodie Cross, BOH		
Venue Record:	T 4.50m	21/11/2015	Jemuel Pryse, BGO		
Name		Year	Team	Finals	Points
=====					
1 Woods, James		03	South Bendigo AC	4.20m	10
3.80 3.95 4.10 4.20					
O O O O					

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## ...Men Pole Vault Under 18

2	Warren, Shaun	03 Casey Cardinia	X3.95m	
	3.50 3.65 3.80 3.95 4.10			
	O O O O XXX			
3	Burns, Hayden	03 Chilwell	3.65m	8
	3.35 3.50 3.65 3.80			
	O P XO XXX			
4	Guglielmino, Jade	02 Athletics Essendon	X3.35m	
	3.00 3.20 3.35 3.50			
	O XXO XXO XXX			
5	Parrott, Lachlan	03 Doncaster AC	X3.20m	
	3.20 3.35			
	O XXX			
5	Jarman, Will	03 Chilwell	3.20m	7
	2.80 3.00 3.20 3.35			
	O O XXO XXX			
--	Conkling, Andrew	02 Melbourne Uni	XNH	
	3.50			
	XXX			

## Men Long Jump Under 18

=====						
Vic Country: C 7.19m		25/03/2001	Kevin Beams, Morwell			
Vic State: V 7.64m			M. Morgan & D. Culbert, EMH & RWD			
Venue Record: T 7.64m		3/12/2004	Chris Noffke, AUST			
Name	Year	Team	Finals	Wind	Points	
=====						
1	Poulter, Hamish	03 Geelong Guild AC	6.29m	+0.0	10	
	6.29m(+0.0) FOUL(+0.0) 6.28m(-0.2) FOUL(+0.0)					
2	Miller, James	02 Bendigo Harriers AC	6.26m	+0.0	8	
	FOUL(+0.0) 6.26m(+0.0) 6.03m(-0.1) 6.12m(+0.0)					
3	Heagney, Corey	03 Eaglehawk AC	5.83m	+0.0	7	
	5.62m(+0.0) 5.68m(+0.0) 5.60m(-0.1) 5.83m(+0.0)					
4	Reed-Broekman, D'Artagna	03 Chilwell	5.82m	+0.0	6	
	5.78m(+0.0) FOUL(+0.0) 5.42m(-0.2) 5.82m(+0.0)					
5	Mekonnen, David	02 Chilwell	5.12m	-0.1	5	
	5.12m(-0.1) FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)					
6	Labas, Joe	03 Wendouree AC	5.09m	-0.2	4	
	FOUL(+0.0) FOUL(-0.1) 5.09m(-0.2) 5.09m(+0.0)					
7	Hall, Brayden	03 Eaglehawk AC	5.05m	-0.1	3	
	5.01m(+0.0) 5.00m(-0.1) FOUL(+0.0) 5.05m(-0.1)					

## Men Triple Jump Under 18

=====						
Vic Country: C 15.06m		19/01/1969	Don Commons, GLG			
Vic State: V 16.08m		2/11/1974	Ian Campbell, IVA			
Venue Record: T 15.09m		2/12/2004	Scott McLeod-Roberts, AUST			
Name	Year	Team	Finals	Wind	Points	
=====						
1	Willis, Tayleb	03 Ringwood AC	X13.19m	0.4		
	12.39m(0.3) 11.66m(0.8) 13.05m(+0.0) 13.19m(0.4)					
2	Murphy, Finn	03 Chilwell	13.02m	0.2	10	
	12.84m(+0.0) 13.02m(0.2) 12.84m(+0.0) 12.27m(0.8)					
3	Reed-Broekman, D'Artagna	03 Chilwell	12.10m	0.9	8	
	FOUL(1.1) 12.10m(0.9) 11.68m(0.4) 11.92m(0.9)					
4	Mekonnen, David	02 Chilwell	11.79m	+0.0	7	
	FOUL(0.8) FOUL(+0.0) FOUL(0.6) 11.79m(+0.0)					
5	Furze, Joshua	03 Albury Athletics	11.17m	0.6	6	
	11.17m(0.6) 10.64m(0.5) 10.74m(+0.0) PASS(0.8)					

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6 Hall, Brayden	03 Eaglehawk AC	10.56m	0.6	5
9.72m(+0.0) 10.47m(0.2) 10.51m(+0.0) 10.56m(0.6)				
7 Labas, Joe	03 Wendouree AC	9.76m	+0.0	4
FOUL(0.5) FOUL(+0.0) 9.54m(0.5) 9.76m(+0.0)				

**Men Shot Put Under 18**

=====				
Vic Country: C 21.31m 7/11/2010 Damien Birkenhead, COR				
Vic State: V 21.31m 7/11/2010 Damien Birkenhead, COR				
Venue Record: T 18.88m 19/03/2016 Christopher Browne, BGO				
Name	Year Team		Finals	Points
=====				
1 Voogd, Benjamin	02 Ringwood AC		X14.20m	
13.79m 13.52m 13.95m 14.20m				
2 Sheedy, Evan	03 Ringwood AC		X11.98m	
10.83m 11.98m FOUL FOUL				
3 Eastwood, Jacob	03 Geelong Guild AC		11.61m	10
11.07m FOUL 10.88m 11.61m				
4 Devonish, Zachary	02 Geelong Guild AC		11.46m	8
10.97m 10.66m 11.46m 11.10m				
5 Furze, Joshua	03 Albury Athletics		11.30m	7
10.07m 11.19m FOUL 11.30m				
6 Merrilees, Matthew	03 South Coast Aths		10.57m	6
9.79m 9.84m 10.57m 10.13m				
7 Hawkes, Lachlan	03 Wendouree AC		9.60m	5
9.23m 9.58m 9.60m 9.32m				
8 Hall, Brayden	03 Eaglehawk AC		8.26m	4
8.20m 8.26m 8.20m 7.95m				

**Men Discus Throw Under 18**

=====				
Vic Country: C 63.69m 29/06/2001 Timothy Driesen, SBE				
Vic State: V 68.44m 2/11/1985 Werner Reiterer, RWD				
Venue Record: T 61.95m 17/03/2001 Tim Driesen, SBE				
Name	Year Team		Finals	Points
=====				
1 Tonkin, Rhys	02 Dand Springvale		X46.21m	
41.85m 44.46m 46.21m FOUL				
2 Furze, Joshua	03 Albury Athletics		42.86m	10
31.58m FOUL 42.86m FOUL				
3 Voogd, Benjamin	02 Ringwood AC		X42.78m	
39.39m 42.78m 41.43m 40.45m				
4 Blair, Ryan	03 Diamond Valley AC		X38.58m	
35.45m FOUL 37.44m 38.58m				
5 Eastwood, Jacob	03 Geelong Guild AC		37.34m	8
FOUL FOUL 30.79m 37.34m				
6 Swanevelder, Ruan	03 Ringwood AC		X35.45m	
FOUL 35.45m 33.01m FOUL				
7 Sheedy, Evan	03 Ringwood AC		X34.29m	
FOUL 34.29m FOUL FOUL				
8 Devonish, Zachary	02 Geelong Guild AC		31.21m	7
29.12m 31.21m 29.03m FOUL				
9 Eriksson, Flynn	02 Wodonga AC		29.22m	6
29.22m 28.89m 28.93m				
10 Hawkes, Lachlan	03 Wendouree AC		28.60m	5
28.60m 27.98m 27.40m				
11 Merrilees, Matthew	03 South Coast Aths		22.13m	4
22.13m FOUL FOUL				

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=====						
Vic Country: C 79.03m		6/12/2014	Ned Weatherley, CHI			
Vic State: V 80.32m		5/12/2015	Ned Weatherley, FKN			
Venue Record: T 73.66m		24/02/2001	Tim Driesen, VIC			
Name	Year	Team	Finals	Points		
=====						
1 Voogd, Benjamin	02	Ringwood AC	X58.67m			
	57.26m	56.44m	58.67m	FOUL		
2 Sandilands, Ben	02	Ringwood AC	X50.71m			
	48.40m	FOUL	50.71m	50.14m		
3 Sheedy, Evan	03	Ringwood AC	X44.47m			
	FOUL	42.64m	40.18m	44.47m		
4 Swanevelde, Ruan	03	Ringwood AC	X42.40m			
	FOUL	35.11m	42.40m	FOUL		
5 Hawkes, Lachlan	03	Wendouree AC	40.39m	10		
	40.39m	40.34m	39.92m	FOUL		
6 Devonish, Zachary	02	Geelong Guild AC	36.26m	8		
	FOUL	36.02m	36.26m	FOUL		
7 Richmond-Craig, Brandon	02	Geelong Guild AC	30.40m	7		
	23.03m	30.40m	26.46m	28.47m		

**Men Javelin Throw Under 18**

=====						
Vic Country: C 71.92m		15/10/1988	Jason Selby, GLG			
Vic State: V 77.38m		6/12/2010	Luke Cann, FKN			
Venue Record: T 67.21m		2/12/2004	James Campbell, Scotland			
Name	Year	Team	Finals	Points		
=====						
1 Eriksson, Flynn	02	Wodonga AC	44.30m	10		
	42.75m	42.56m	43.17m	44.30m		
2 Swanevelde, Ruan	03	Ringwood AC	X39.38m			
	39.24m	35.03m	39.38m	38.20m		
3 Eastwood, Jacob	03	Geelong Guild AC	30.03m	8		
	30.03m	29.66m	27.89m	25.06m		
4 Jarman, Will	03	Chilwell	27.99m	7		
	25.98m	27.99m	25.61m	25.60m		

**Men 3000 Meter Race Walk Under 18**

=====						
Vic Country: C 12:03.9h		15/02/2001	Jared Tallent, BYC			
Vic State: V 11:52.8h		28/11/1991	Dion Russell, DAC			
Venue Record: T 12:59.35		22/01/2000	Jared Tallent, BYC			
Name	Year	Team	Finals	Points		
=====						
1 Thompson, Will	02	Casey Cardinia	X13:46.74			

**Men 100 Meter Sprint Under 20**

=====						
Vic Country: C 10.33		4/10/1982	Gerrard Keating, WEN			
Vic State: V 10.33		4/10/1982	Gerrard Keating, WEN			
Venue Record: T 10.27		12/03/2006	Peter Emelieze, Nigeria			
Name	Year	Team	Finals	Wind H#	Points	
=====						
1 Acquaro, Massimo	01	St Kevin's	X11.29	0.7	2	
2 Mouratch, Daniel	01	Sandringham AC	X11.37	0.7	2	
3 Harrison, Jamie	00	Eaglehawk AC	11.41	0.7	2	10
4 Paull, Fraser	00	Geelong Guild AC	11.55	0.7	2	8
5 Hoffmann, Hugh	01	Ballarat Ycw	11.59	0.7	2	7
6 Furlong, Damien	01	Diamond Valley AC	X11.66	-0.6	1	
7 Berne, Ronan	01	Athletics Essendon	X11.68	0.7	2	

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## ...Men 100 Meter Sprint Under 20

8	Stephenson, Bryce	01	Eureka AC	11.73	-0.6	1	6
9	Wood, Angus	01	Athletics Essendon	X11.80	0.7	2	
10	Fan, Jiakai	00	Box Hill AC	X12.11	-0.6	1	
11	Butcher, Jakob	01	Bendigo Harriers AC	12.30	-0.6	1	5
12	Seebah, Kenan	03	Eaglehawk AC	12.35	-0.6	1	4

## Men 200 Meter Sprint Under 20

=====  
 Vic Country: C 21.62 18/03/2018 Joshua Perdrisat, GLG  
 Vic State: V 20.97 14/07/1998 Scott Thom, Springvale-Noble Park  
 Venue Record: T 21.06 3/12/2004 Julian Thomas, England

Name	Year	Team	Finals	Wind	H#	Points	
1	Acquaro, Massimo	01	St Kevin's	X23.01	-1.4	2	
2	Kirsopp-Cole, Finlay	01	Chilwell	23.10	-1.4	2	10
3	Mouratch, Daniel	01	Sandringham AC	X23.22	-1.4	2	
4	Hoffmann, Hugh	01	Ballarat Ycw	23.33	-1.4	2	8
5	De Silva, Dilina	01	Old Xaverians AC	X23.41	-1.4	2	
6	Guglielmino, Marcus	00	Athletics Essendon	X23.48	-1.4	2	
7	Furlong, Damien	01	Diamond Valley AC	X24.06	0.1	1	
8	Harrison, Jamie	00	Eaglehawk AC	24.31	-1.4	2	7
9	Seebah, Kenan	03	Eaglehawk AC	25.49	0.1	1	6
10	Broadbridge, Aaron	01	Wellington AC	25.59	0.1	1	5
11	Butcher, Jakob	01	Bendigo Harriers AC	25.63	0.1	1	4
12	Mirarchi, Tom	00	Corio AC	26.39	0.1	1	3

## Men 400 Meter Run Under 20

=====  
 Vic Country: C 46.95 26/02/2015 Sam Baird, BHA  
 Vic State: V 45.55 31/07/1998 Casey Vincent, ESS  
 Venue Record: T 47.06 2/12/2004 Tristan Thomas, AUST

Name	Year	Team	Finals	H#	Points	
1	Satish, Vishnu	01	Athletics Essendon	X49.17	2	
2	Kirsopp-Cole, Finlay	01	Chilwell	49.35	2	10
3	Guglielmino, Marcus	00	Athletics Essendon	X50.58	2	
4	Mouratch, Daniel	01	Sandringham AC	X50.58	2	
5	Harrison, Jamie	00	Eaglehawk AC	50.86	2	8
6	Hoffmann, Hugh	01	Ballarat Ycw	51.57	2	7
7	McKenna, Matt	00	Old Xaverians AC	X52.09	2	
8	Jones, Fraser	01	Diamond Valley AC	X52.26	2	
9	Angelini, Hallam	01	Albury Athletics	53.60	1	6
10	Stephenson, Bryce	01	Eureka AC	54.03	1	5
11	Furlong, Damien	01	Diamond Valley AC	X54.20	1	
12	Broadbridge, Aaron	01	Wellington AC	55.21	1	4
13	Mirarchi, Tom	00	Corio AC	59.22	1	3
14	Osborne, Declan	01	Bendigo Harriers AC	1:00.54	1	2

## Men 800 Meter Run Under 20

=====  
 Vic Country: C 1:45.91 28/07/1995 Paul Byrne, DKN  
 Vic State: V 1:45.91 28/07/1995 Paul Byrne, DKN  
 Venue Record: T 1:50.67 3/12/2004 Bongani Mgemane, South Africa

Name	Year	Team	Finals	Points	
1	Lancaster, George	01	Wellington AC	2:01.21	10
2	Popplestone, Jack	00	South Bendigo AC	2:02.20	8
3	Harrison, Jamie	00	Eaglehawk AC	2:03.97	7
4	Blackwell, Ryan	00	Wodonga AC	2:04.95	6

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## ...Men 800 Meter Run Under 20

5 Padgham, Luke	01 Bendigo Harriers AC	2:05.38	5
6 Osborne, Riley	01 Bendigo Harriers AC	2:07.87	4
7 Tripodi, Michael	01 Traralgon	2:09.41	3
8 Scott, Keith	01 Ballarat Harrier	2:13.89	2
9 Osborne, Declan	01 Bendigo Harriers AC	2:14.05	

## Men 1500 Meter Run Under 20

=====  
 Vic Country: C 3:39.98 28/02/2009 Craig Huffer, Yallourn-Newborough  
 Vic State: V 3:38.39 11/02/1996 Paul Cleary, DAC  
 Venue Record: T 3:58.60 2/12/2004 Isaac Mboyaza, South Africa

Name	Year Team	Finals	Points
1 Hawkes, Joshua	00 Wendouree AC	4:24.22	10
2 Blackwell, Ryan	00 Wodonga AC	4:25.15	8
3 Scott, Keith	01 Ballarat Harrier	4:39.76	7

## Men 5000 Meter Run Under 20

=====  
 Vic Country: C 13:40.48 29/11/1999 Craig Mottram, DKN  
 Vic State: V 13:40.48 29/11/1999 Craig Mottram, DKN  
 Venue Record: T 15:36.68 31/10/2017 Archie Reid, SBE

Name	Year Team	Finals	Points
1 Reid, Archie	01 South Bendigo AC	15:10.0hT	10
2 Lancaster, George	01 Wellington AC	16:29.0h	8
3 Race-Stelling, Alex	00 Wodonga AC	16:32.8h	7
4 Taylor, Max	00 Athletics Essendon	X17:36.4h	
5 Tripodi, Michael	01 Traralgon	18:02.4h	6
6 Hawkes, Joshua	00 Wendouree AC	18:04.7h	5

## Men 10000 Meter Run Under 20

=====  
 Vic Country: C 30:41.7h 31/01/1982 Steven Moneghetti, BYC  
 Vic State: V 28:50.4h 16/12/1976 Rob de Castella, GHY  
 Venue Record: T 32:06.85 16/11/2010 Andrew Buchanan, BEU

Name	Year Team	Finals	Points
1 O'Leary (Jr), Patrick	00 Ballarat Ycw	40:47.59	10

## Men 400 Meter Hurdles Under 20

=====  
 Vic Country: C 51.83 20/10/2000 Sean Avery, DKN  
 Vic State: V 49.35 23/02/1991 Rohan Robinson, GHY  
 Venue Record: T 54.35 23/01/2000 Sean Avery, DKN

Name	Year Team	Finals	Points
1 Papapetrou, Chris	00 Old Scotch	X56.96	
2 Durand-Kennedy, Edward	00 Old Xaverians AC	X1:04.40	

## Men 3000 Meter Steeplechase Under 20

=====  
 Vic Country: C 8:41.55 9/03/2002 Richard Jeremiah, DKN  
 Vic State: V 8:41.55 9/03/2002 Richard Jeremiah, DKN  
 Venue Record: T 9:48.84 23/01/2000 Scottanthony Rantall, DKN

Name	Year Team	Finals	Points
1 Evans, Marcus	00 Albury Athletics	10:38.19	10
2 Blackwell, Ryan	00 Wodonga AC	10:50.39	8



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=====  
 Vic Country: C 43.22 21/12/1997 Geelong Guild  
 Vic State: V 41.6h 12/12/1992 Melbourne University  
 Venue Record: T 40.90 2/12/2004 England  
 B. Yeboah, J. Thomas, H. Aikines-Aryeetey, W. Bennett-Jac

Team	Finals	Points
1 Bendigo Harriers AC 'A'	47.60	20
1) Osborne, Declan 01	2) Powell, Benjamin 01	
3) Butcher, Jakob 01	4) Padgham, Luke 01	
2 South Bendigo AC 'A'	48.19	16
1) Muggleton, Oliver 02	2) Woods, James 03	
3) Gay, Liam 04	4) Popplestone, Jack 00	
3 Eaglehawk AC 'A'	48.64	14
1) Heagney, Corey 03	2) Start, Lachlan 00	
3) Harrison, Jamie 00	4) Roberts, Harry 05	

**Men High Jump Under 20**

=====  
 Vic Country: C 2.33m 8/03/1992 Tim Forsyth, Yallourn-Newborough  
 Vic State: V 2.35m 25/01/1993 Tim Forsyth, GHY  
 Venue Record: T 2.18m 16/02/2017 Joseph Baldwin, BGO

Name	Year Team	Finals	Points
1 Reath, Yual	00 Ballarat Ycw	2.06m	10
1.80 1.85 1.90 1.94 1.98 2.02 2.06 2.10			
O O O O O O XO XXX			
2 Tully, Liam	01 Nunawading	X1.90m	
1.75 1.80 1.85 1.90 1.94			
O O XO O XXX			
3 Stutchbury, Haydn	00 Chilwell	1.85m	8
1.70 1.75 1.80 1.85 1.90			
O O XO XXO XXX			

**Men Pole Vault Under 20**

=====  
 Vic Country: C 4.75m 5/02/2011 Jackson Bews, GLG  
 Vic State: V 5.55m 28/03/2009 Blake Lucas, BOH  
 Venue Record: T 5.00m 3/12/2004 Joel Pocklington, AUST

Name	Year Team	Finals	Points
1 Di Medio, Dalton	00 Box Hill AC	X4.70m	
4.40 4.50 4.60 4.70 4.80			
O P O O XXX			
2 Stephenson, Bryce	01 Eureka AC	4.10m	9
3.60 3.80 3.95 4.10 4.20			
O O P XO XXX			
2 Burns Jnr, Jonathan	01 Chilwell	4.10m	9
3.60 3.80 3.95 4.10 4.20			
O P XXO XXO XXX			
4 Saunders, Cooper	01 Bendigo Harriers AC	3.20m	7
3.00 3.20 3.40 3.60			
O O P XXX			

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men Long Jump Under 20**

=====						
Vic Country: C 7.19m 25/03/2001 Kevin Beams, Morwell						
Vic State: V 7.99m 15/02/2009 Henry Frayne, OLM						
Venue Record: T 7.64m 3/12/2004 Chris Noffke, AUST						
Name	Year	Team	Finals	Wind	Points	
=====						
1 Start, Lachlan	00	Eaglehawk AC	6.65m	+0.0	10	
			6.19m(+0.0)	6.26m(+0.0)	6.28m(+0.0)	6.39m(+0.0) 6.53m(+0.0) 6.65m(+0.0)
2 Stephenson, Bryce	01	Eureka AC	6.45m	+0.0	8	
			6.29m(+0.0)	6.08m(+0.0)	6.23m(0.2)	4.66m(+0.0) 6.40m(0.2) 6.45m(+0.0)
3 Paull, Fraser	00	Geelong Guild AC	6.17m	+0.0	7	
			6.17m(+0.0)	5.91m(+0.0)	FOUL(+0.0)	5.89m(+0.0) FOUL(+0.0) FOUL(+0.0)
4 Andersen, Nathan	01	Collingwood	X5.93m	+0.0		
			5.93m(+0.0)	FOUL(+0.0)	FOUL(+0.0)	FOUL(+0.0) 5.81m(+0.0) FOUL(+0.0)
5 Butcher, Jakob	01	Bendigo Harriers AC	5.43m	+0.0	6	
			5.43m(+0.0)	5.32m(+0.0)	5.43m(+0.0)	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)
6 Seebah, Kenan	03	Eaglehawk AC	4.71m	+0.0	5	
			4.71m(+0.0)	FOUL(+0.0)	4.56m(+0.0)	FOUL(+0.0) 2.37m(+0.0) 4.38m(-0.1)

**Men Triple Jump Under 20**

=====						
Vic Country: C 15.64m 1/12/1965 Michael McGrath, GLG						
Vic State: V 17.18m 26/11/1989 Andrew Murphy, SAN						
Venue Record: T 15.13m 2/12/2004 Graeme Matthews, England						
Name	Year	Team	Finals	Wind	Points	
=====						
1 Paull, Fraser	00	Geelong Guild AC	14.04m	+0.0	10	
			FOUL(-0.9)	FOUL(+0.0)	FOUL(+0.0)	FOUL(-0.1) 13.76m(+0.0) 14.04m(+0.0)
2 Wood, Angus	01	Athletics Essendon	X13.77m	0.8		
			FOUL(-0.5)	FOUL(-0.8)	13.77m(0.8)	13.77m(-1.2) FOUL(-1.9) FOUL(0.2)
3 Start, Lachlan	00	Eaglehawk AC	12.96m	-0.4	8	
			12.77m(-1.0)	12.96m(-0.4)	FOUL(-0.1)	12.61m(0.3) PASS PASS

**Men Shot Put Under 20**

=====						
Vic Country: C 21.14m 11/07/2012 Damien Birkenhead, COR						
Vic State: V 21.14m 11/07/2012 Damien Birkenhead, COR						
Venue Record: T 18.45m 3/12/2004 Sourabh Vij, India						
Name	Year	Team	Finals	Points		
=====						
1 Osborne, Declan	01	Bendigo Harriers AC	8.02m	10		
			7.31m	7.33m	8.02m	7.29m 7.35m 7.66m

**Men Discus Throw Under 20**

=====						
Vic Country: C 58.78m 5/04/2003 Timothy Driesen, SBE						
Vic State: V 59.66m 29/02/2004 Ronnie Buckley, BOH						
Venue Record: T 56.45m 3/12/2004 Ronnie Buckley, AUST						
Name	Year	Team	Finals	Points		
=====						
1 Stephenson, Bryce	01	Eureka AC	38.30m	10		
			30.91m	FOUL	34.46m	33.23m 35.65m 38.30m
2 Start, Lachlan	00	Eaglehawk AC	35.51m	8		
			32.00m	31.30m	26.78m	FOUL 23.52m 35.51m
3 Murugathas, Aagaash	01	Athletics Essendon	X34.65m			
			33.18m	33.09m	33.11m	33.74m 34.65m 31.25m

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men Javelin Throw Under 20**

=====					
Vic Country: C 69.24m		3/04/2003	Brett Castle, WEN		
Vic State: V 76.58m		23/03/2013	Luke Cann, FKN		
Venue Record: T 67.21m		2/12/2004	James Campbell, Scotland		
Name	Year	Team	Finals	Points	
=====					
1 Start, Lachlan	00	Eaglehawk AC	46.36m	10	
	44.67m	44.48m	42.63m	44.14m	46.36m 45.73m

**Men 100 Meter Sprint Open**

=====					
Vic Country: C 10.33		4/10/1982	Gerrard Keating, WEN		
Vic State: V 10.17		5/03/2010	Aaron Rouge-Serret, ESS		
Venue Record: T 10.27		12/03/2006	Peter Emelieze, Nigeria		
Name	Year	Team	Finals	Wind H#	Points
=====					
1 Romanin, Michael	96	St Kevin's	X10.64	0.9 3	
2 Searle, Cameron	99	Athletics Essendon	X10.72	-0.9 1	
3 Penny, Jake	96	Geelong Guild AC	10.77	0.9 3	10
4 Hansford, Michael	97	Casey Cardinia	X10.88	0.9 3	
5 Mason, Kye	02	Eaglehawk AC	10.95	0.9 3	8
6 Sesar, Jacob	99	Corio AC	11.03	0.9 3	7
7 Browne, Spencer	96	Glenhuntly AC	X11.05	0.9 3	
8 Mooseek, Zach	94	Geelong Guild AC	11.11	0.9 3	6
8 Bennett, Jackson	93	St Kevin's	X11.11	0.9 3	
10 Ashcroft, Brendan	90	Athletics Essendon	X11.14	+0.0 2	
11 Baker, Luke	93	Dand Springvale	X11.19	0.9 3	
12 Hilson, Jake	99	South Bendigo AC	11.25	+0.0 2	5
13 Mayengo, Brian	90	Athletics Essendon	X11.33	+0.0 2	
14 Baker, Corey	97	Frankston AC	X11.38	+0.0 2	
15 Templeton, Tom	92	Mornington	X11.40	+0.0 2	
16 Bajwa, Parvinder	92	Dand Springvale	X11.58	+0.0 2	
17 Kirsopp, Callum	95	Chilwell	11.69	+0.0 2	4
18 Matthews, Luke	81	Bendigo Harriers AC	12.35	-0.9 1	3
19 Schenker, Louis	93	Bendigo Harriers AC	12.90	-0.9 1	2
20 Norton, Aaron	79	South Bendigo AC	12.99	-0.9 1	
21 Wade, Matthew	90	Geelong Guild AC	13.16	-0.9 1	
22 Little, Michael	99	Geelong Guild AC	14.18	-0.9 1	
23 Riali, Nathan	91	Mornington	X35.60	0.9 3	
-- Nicolussi, Kyle	99	Doncaster AC	XDQ	+0.0 2	162.8

**Men 200 Meter Sprint Open**

=====					
Vic Country: C 21.00		17/02/1996	Mark Ladbrook, Yallourn-Newborough		
Vic State: V 20.06		16/10/1968	Peter Norman, EMH		
Venue Record: T 20.57		12/03/2006	Enefiok Udo-Obong, Nigeria		
Name	Year	Team	Finals	Wind H#	Points
=====					
1 Romanin, Michael	96	St Kevin's	X21.35	0.8 3	
2 Nicolussi, Kyle	99	Doncaster AC	X21.58	1.3 2	
3 Hansford, Michael	97	Casey Cardinia	X21.87	0.8 3	
4 Konteh, Jara	99	Athletics Essendon	X21.88	0.8 3	
5 De Bruin, Cameron	01	Casey Cardinia	X21.97	0.8 3	
6 Penny, Jake	96	Geelong Guild AC	22.05	0.8 3	10
7 Perdrisat, Joshua	99	Geelong Guild AC	22.08	0.8 3	8
8 Browne, Spencer	96	Glenhuntly AC	X22.31	0.8 3	
9 Robinson, Jarrod Michael	97	Nunawading	X22.35	1.3 2	
10 Sesar, Jacob	99	Corio AC	22.41	0.8 3	7
11 Gambetta, Matthew	90	Deakin AC	22.60	1.3 2	6
12 Powell, Benjamin	01	Bendigo Harriers AC	22.62	1.3 2	5

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Men 200 Meter Sprint Open**

13 Hughes, Darci	95 Nunawading	X23.12	1.5	1	
14 Bajwa, Parvinder	92 Dand Springvale	X23.24	1.5	1	
15 Baker, Corey	97 Frankston AC	X23.26	1.3	2	
16 Kirsopp, Callum	95 Chilwell	23.31	1.5	1	4
17 Hugall, Ben	96 Albury Athletics	23.43	1.5	1	3
18 Cindric, Matthew	96 South Bendigo AC	24.14	1.5	1	2
19 Hilson, Jake	99 South Bendigo AC	53.15	1.3	2	

**Men 400 Meter Run Open**

=====						
Vic Country: C 45.70		18/02/1996	Mark Ladbrook, Yallourn-Newborough			
Vic State: V 44.84		30/07/1980	Rick Mitchell, SSH			
Venue Record: T 47.05		12/03/2006	Gakologelwang Masheto, Botswana			
Name	Year	Team	Finals	H#	Points	
=====						
1 Beltrame, Michael	91	Old Xaverians AC	X47.58	3		
2 Perdrisat, Joshua	99	Geelong Guild AC	48.75	3	10	
3 Robinson, Jarrod Michael	97	Nunawading	X49.09	3		
4 Barmby, Jayden	95	Chilwell	49.23	3	8	
5 Powell, Benjamin	01	Bendigo Harriers AC	49.28	3	7	
6 Reed, Jacob	94	Deakin AC	49.53	2	6	
7 Symons, Fraser	01	Old Melburnians AC	X49.75	2		
8 Hughes, Darci	95	Nunawading	X49.80	2		
9 Giese, Michael	99	Old Melburnians AC	X49.88	2		
10 Hilson, Jake	99	South Bendigo AC	50.33	2	5	
11 Gambetta, Matthew	90	Deakin AC	50.44	2	4	
12 Cindric, Matthew	96	South Bendigo AC	52.92	1	3	
13 Paynter, Christian	97	Melbourne Uni	X53.67	1		
14 Hanrahan, Liam	96	Ballarat Harrier	55.78	1	2	
15 Chapman, Nicholas	96	Bellarine	56.37	1		
16 Matthews, Luke	81	Bendigo Harriers AC	56.75	1		
17 Norton, Aaron	79	South Bendigo AC	58.67	1		
-- Wilson, Thomas	98	St Kevin's	XDQ	3		IAAF RULE 163.6

**Men 800 Meter Run Open**

=====						
Vic Country: C 1:45.91		28/07/1995	Paul Byrne, DKN			
Vic State: V 1:44.21		20/07/2018	Joseph Deng, STK			
Venue Record: T 1:50.67		3/12/2004	Bongani Mgemane, South Africa			
Name	Year	Team	Finals	H#	Points	
=====						
1 Muir, Grant	93	Chilwell	1:51.79	2	10	
2 Reed, Jacob	94	Deakin AC	1:51.85	2	8	
3 Lewis, William	00	St Kevin's	X1:52.81	2		
4 Mann, Lachlan	92	Doncaster AC	X1:53.43	2		
5 Giese, Michael	99	Old Melburnians AC	X1:58.47	2		
6 Dunsmore, Jesse	99	Frankston AC	X1:59.53	2		
7 Mayston, Jordan	89	Eureka AC	2:00.88	2	7	
8 Ryan, Dean	87	Eureka AC	2:01.97	1	6	
9 Hanrahan, Liam	96	Ballarat Harrier	2:02.81	2	5	
10 Reimert, Hein	96	Eureka AC	2:05.29	1	4	
11 Semmens, Andrew T20	93	Bellarine	2:07.00	1	3	
12 Carr, Lachlan	96	Bendigo Harriers AC	2:20.63	1	2	
13 Norton, Aaron	79	South Bendigo AC	2:20.85	1		

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 1500 Meter Run Open**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C	3:33.68	28/08/2005	Mark Fountain, DKN
Vic State:	V	3:32.13	15/07/2016	Ryan Gregson, GHY
Venue Record:	T	3:53.83	19/11/2016	Andrew Buchanan, BEU
Name	Year	Team	Finals	Points
=====				
1 Muir, Grant	93	Chilwell	4:04.25	10
2 Jenkyn, Kye	98	Bendigo Uni	4:11.93	8
3 Mayston, Jordan	89	Eureka AC	4:13.56	7
4 Ryan, Dean	87	Eureka AC	4:14.26	6
5 McMillan, Glenn	92	Bendigo Uni	4:21.74	5
6 Reimert, Hein	96	Eureka AC	4:21.93	4

**Men 5000 Meter Run Open**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C	12:55.76	30/07/2004	Craig Mottram, DKN
Vic State:	V	12:55.76	30/07/2004	Craig Mottram, DKN
Venue Record:	T	15:00.82	22/01/2000	Mark Tucker, GLG
Name	Year	Team	Finals	Points
=====				
1 Ueda, Erik	93	Melbourne Uni	X15:23.5h	
2 Hutchinson, Daniel	90	Chilwell	15:28.3h	10
3 Preston, Nigel	83	Bendigo Uni	15:50.2h	8
4 Jenkyn, Kye	98	Bendigo Uni	16:01.1h	7
5 Dutton, Peter	97	Frankston AC	X16:14.2h	
6 Howard, Alexander	89	Ballarat Ycw	16:34.7h	6
7 Ciancio, Frank	78	Melbourne Uni	X16:52.8h	
8 Sideris, Timon T20	96	South Australia	X18:54.4h	
9 Curry, John	68	Doncaster AC	X20:53.5h	
10 Browell, Leigh	74	South Bendigo AC	22:15.2h	5
-- Carr, Lachlan	96	Bendigo Harriers AC	DNF	
-- Huffer, Craig	89	Wellington AC	DNF	

**Men 10000 Meter Run Open**

Name	Year	Team	Finals	Points
=====				
Vic Country:	C	27:29.73	24/04/2009	Collis Birmingham, EKA
Vic State:	V	27:29.73	24/04/2009	Collis Birmingham, EKA
Venue Record:	T	30:57.28	23/01/2000	Shane Nankervis, BYC
Name	Year	Team	Finals	Points
=====				
1 Drake, Callum	93	Western Athletics	X32:28.28	
2 Preston, Nigel	83	Bendigo Uni	33:10.55	10
3 Cook, Jamie	91	Bendigo Harriers AC	33:52.80	8
4 Connolly, Matthew	94	Melbourne Uni	X34:28.54	
5 Ueda, Erik	93	Melbourne Uni	X34:28.57	
6 Ciancio, Frank	78	Melbourne Uni	X35:05.04	
7 Hicks, Grant	78	Eaglehawk AC	39:11.72	7
8 Sideris, Timon T20	96	South Australia	X41:19.55	
9 Mezger, Harry T20	99	Old Xaverians AC	X42:19.92	

**Men 110 Meter Hurdles Open**

Name	Year	Team	Finals	Wind	Points
=====					
Vic Country:	C	14.14	31/03/1985	John Caliguri, WEN	
Vic State:	V	13.29	11/08/1995	Kyle Vander-Kuyp, RWD	
Venue Record:	T	14.90	13/01/2019	Jarrod Pageot, MUU	
Name	Year	Team	Finals	Wind	Points
=====					
1 Khongbut, Ben	89	Frankston AC	X14.75T	-0.8	
2 Ancrum, David	83	Frankston AC	X16.19	-0.8	
3 Paynter, Christian	97	Melbourne Uni	X17.04	-0.8	

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****...Men 110 Meter Hurdles Open**

4 Curtis, Peter	94 South Bendigo AC	22.98	-0.8	10
-- McPherson, Lachlan	97 Geelong Guild AC	DNF	-0.8	

**Men 400 Meter Hurdles Open**

=====  
 Vic Country: C 51.83 20/10/2000 Sean Avery, DKN  
 Vic State: V 48.28 1/08/1996 Rohan Robinson, GHY  
 Venue Record: T 54.35 23/01/2000 Sean Avery, DKN

Name	Year Team	Finals	Points
1 Fry, Conor	98 St Kevin's	X52.12T	
2 Symons, Fraser	01 Old Melburnians AC	X53.17T	
3 Harcourt, Matthew	98 Box Hill AC	X54.42	
4 Murrant, Harvey	99 Geelong Guild AC	55.06	10
5 Dang, Stephen	99 Ringwood AC	X55.72	
6 Burrows, Dylan	99 Frankston AC	X56.51	
7 Petersen, Timothy	98 Keilor St Bern	X57.69	
8 Curtis, Peter	94 South Bendigo AC	1:09.57	8

**Men 3000 Meter Steeplechase Open**

=====  
 Vic Country: C 8:16.22 2/07/1993 Shaun Creighton, BYC  
 Vic State: V 8:16.22 2/07/1993 Shaun Creighton, BYC  
 Venue Record: T 9:13.24 23/01/2000 Luke Yeatman, Yallourn-Newborough

Name	Year Team	Finals	Points
1 Dunsmore, Jesse	99 Frankston AC	X9:49.78	
2 Carr, Lachlan	96 Bendigo Harriers AC	12:09.74	10
3 Browell, Leigh	74 South Bendigo AC	13:50.88	8
4 Jordan, Geoff	69 Bendigo Harriers AC	15:35.23	7
-- Curry, John	68 Doncaster AC	XDNF	

**Men 4x100 Meter Relay Open**

=====  
 Vic Country: C 41.5h 19/12/1982 Wendouree  
 Vic State: V 40.4h 1/02/1975 Glenhuntly  
 Venue Record: T 39.43 12/03/2006 New Zealand

Team	Finals	Points
1 Geelong Guild AC 'A'	43.57	20
1) Perdrisat, Joshua 99		
2) Penny, Jake 96		
3) Murrant, Harvey 99		
4) Paull, Fraser 00		
2 Bendigo Harriers AC 'A'	46.44	16
1) Hoskin, Seth 04		
2) Vaitohi, Antonio 03		
3) Mahachi, Danai 02		
4) Miller, James 02		
3 Eaglehawk AC 'A'	46.89	14
1) Seebah, Kenan 03		
2) Start, Lachlan 00		
3) Hall, Brayden 03		
4) Mason, Kye 02		
4 Corio AC 'A'	48.19	12
1) Warelou, Sam 05		
2) Warelou, Jack 05		
3) Mirarchi, Tom 00		
4) Sesar, Jacob 99		
5 South Bendigo AC 'A'	50.24	10
1) Woods, James 03		
2) Curtis, Peter 94		
3) Andrea, Sebastyn 05		
4) Norton, Aaron 79		
6 South Coast Athletics 'A'	59.95	8
1) Merrilees, Benjamin 09		
2) Clark, Harrison 05		
3) Gibson-Williamson, Colin 76		
4) Merrilees, Matthew 03		
-- Bendigo Harriers AC 'B'	DQ	
1) Schenker, Louis 93		
2) Powell, Benjamin 01		

## 2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019

## LaTrobe University Bendigo Athletics Complex

## Results

## ....Men 4x100 Meter Relay Open

3) Butcher, Jakob 01

4) Padgham, Luke 01

## Men 4x400 Meter Relay Open

=====			
Vic Country:	C	3:12.94	12/12/2013 Deakin
Vic State:	V	3:06.5h	7/02/1978 St. Stephens Harriers
Venue Record:	T	3:20.37	25/02/2001 New South Wales
Team		Finals	Points
=====			
1 Geelong Guild AC 'A'		3:25.20	20
1) Mazaraki, Oscar 02	2) Nelson, Hamish 88		
3) Perdrisat, Joshua 99	4) Murrant, Harvey 99		
2 Athletics Chilwell AC 'A'		3:32.52	16
1) Kirsopp, Callum 95	2) O'Brien, Nicholas 03		
3) Kirsopp-Cole, Finlay 01	4) Muir, Grant 93		
3 Eaglehawk AC 'A'		3:42.11	14
1) Harrison, Jamie 00	2) Bentley, James 04		
3) Hall, Brayden 03	4) Mason, Kye 02		
4 Eureka AC 'A'		3:44.90	12
1) Ryan, Dean 87	2) Diamond, Jack 04		
3) Reimert, Hein 96	4) Mayston, Jordan 89		
5 Ballarat Harriers AC 'A'		3:44.93	10
1) Oro, James 02	2) Hanrahan, Liam 96		
3) Scott, Keith 01	4) Ashmore, Jake 04		
6 South Bendigo AC 'A'		3:53.92	8
1) Andrea, Sebastyn 05	2) Norton, Aaron 79		
3) Popplestone, Jack 00	4) Muggleton, Oliver 02		
7 Bendigo Harriers AC 'B'		4:07.43	6
1) Osborne, Riley 01	2) Osborne, Declan 01		
3) Vaughan, Jeremy 80	4) Carr, Lachlan 96		

## Men High Jump Open

=====				
Vic Country:	C	2.33m	8/03/1992 Tim Forsyth, Yallourn-Newborough	
Vic State:	V	2.36m	2/03/1997 Tim Forsyth, GHY	
Venue Record:	T	2.19m	12/03/2006 Mark Taylor, AUST	
Name	Year	Team	Finals	Points
=====				
1 Baldwin, Joseph		98 Melbourne Uni	X2.10m	
1.94 1.98 2.02 2.06 2.10 2.14				
O P XO O O XXX				
2 Stutchbury, Haydn		00 Chilwell	1.85m	10
1.70 1.75 1.80 1.85 1.90				
O O XO XXO XXX				
3 McPherson, Lachlan		97 Geelong Guild AC	1.80m	8
1.70 1.75 1.80 1.85				
O O XXO XXX				
4 O'Keefe, Lachlan		05 Wendouree AC	1.75m	7
1.55 1.60 1.65 1.70 1.75 1.80				
O O O XO XO XXX				
5 Doyle, Harry		03 Albury Athletics	1.70m	6
1.50 1.55 1.60 1.65 1.70 1.75				
O O XO XXO XXO XXX				
6 Schenker, Louis		93 Bendigo Harriers AC	1.60m	5
1.60 1.65				
XXO XP				
-- Curtis, Peter		94 South Bendigo AC	NH	
1.45				
XXX				

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men Pole Vault Open**

=====							
Vic Country: C 4.90m		3/03/2018	Lachlan Burns, CHI				
Vic State: V 5.96m		3/09/2006	Steven Hooker, BOH				
Venue Record: T 5.10m		25/01/2015	Blake Lucas, BOH				
Name	Year	Team	Finals	Points			
=====							
1 Burns, Lachlan	98	Chilwell	4.80m	10			
4.40	4.50	4.60	4.70	4.80	4.90	5.00	
O	P	XO	P	XO	P	XXX	
2 Di Medio, Dalton	00	Box Hill AC	X4.70m				
4.40	4.50	4.60	4.70	4.80			
O	P	O	O	XXX			
3 Nelson, Hamish	88	Geelong Guild AC	4.30m	8			
3.95	4.10	4.20	4.30	4.40			
O	P	O	XO	XXX			
3 Pageot, Jarrod	91	Melbourne Uni	X4.30m				
3.95	4.10	4.20	4.30	4.40			
O	O	XXO	XO	XXX			
5 Woods, James	03	South Bendigo AC	4.20m	7			
3.80	3.95	4.10	4.20	4.30			
O	O	XXO	O	XXX			
6 Paynter, Christian	97	Melbourne Uni	X4.10m				
3.80	3.95	4.10	4.20	4.30			
O	P	XO	P	XXX			
7 Mancuso, Stefan	96	Melbourne Uni	X3.95m				
3.60	3.80	3.95	4.10				
O	O	O	XXX				

**Men Long Jump Open**

=====							
Vic Country: C 7.30m		16/03/1986	Peter Fossey, GLG				
Vic State: V 8.27m		20/08/1984	Gary Honey, Keon Park				
Venue Record: T 7.92m		12/03/2006	Gable Garenamotse, Botswana				
Name	Year	Team	Finals	Wind	Points		
=====							
1 Williams, Harrison	99	Athletics Essendon	X6.93m	+0.0			
FOUL(+0.0)	6.93m(+0.0)	FOUL(-0.2)	3.73m(-0.1)	6.92m(+0.0)	FOUL(+0.0)		
2 Gambetta, Matthew	90	Deakin AC	6.84m	-0.3	10		
6.21m(+0.0)	FOUL(+0.0)	6.45m(+0.0)	6.65m(+0.0)	6.81m(+0.0)	6.84m(-0.3)		
3 Start, Lachlan	00	Eaglehawk AC	6.73m	-0.3	8		
6.18m(+0.0)	6.00m(+0.0)	6.50m(+0.0)	6.62m(+0.0)	6.68m(+0.0)	6.73m(-0.3)		
4 Murrant, Harvey	99	Geelong Guild AC	6.68m	+0.0	7		
6.50m(+0.0)	6.48m(+0.0)	6.25m(-0.3)	3.22m(+0.0)	6.68m(+0.0)	6.53m(+0.0)		
5 Fontaine, Mitchell	92	Wyndham	X6.58m	+0.0			
6.52m(+0.0)	6.42m(+0.0)	FOUL(+0.0)	6.37m(+0.0)	6.58m(+0.0)	6.48m(-0.1)		
6 Schenker, Louis	93	Bendigo Harriers AC	5.41m	+0.0	6		
5.41m(+0.0)	4.37m(+0.0)	5.38m(+0.0)	5.32m(-0.1)	PASS	PASS		
7 Curtis, Peter	94	South Bendigo AC	4.99m	+0.0	5		
4.99m(+0.0)	4.89m(+0.0)	4.83m(+0.0)	4.90m(+0.0)	FOUL(+0.0)	PASS		
8 Vaughan, Jeremy	80	Bendigo Harriers AC	4.90m	+0.0	4		
4.90m(+0.0)	4.85m(+0.0)	4.84m(-0.3)	4.89m(+0.0)	4.53m(-0.1)	FOUL(+0.0)		
9 Mancuso, Jordan	93	Athletics Essendon	X3.90m	+0.0			
FOUL(+0.0)	FOUL(+0.0)	3.90m(+0.0)					



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men Triple Jump Open**

=====							
Vic Country: C 17.07m		8/03/1996	Andrew Murphy, WEN				
Vic State: V 17.18m		26/11/1989	Andrew Murphy, SAN				
Venue Record: T 17.06m		12/03/2006	Phillips Idowu, England				
Name	Year	Team	Finals	Wind	Points		
=====							
1	Jones, Alwyn	85 Athletics Essendon	X15.98m	+0.0			
	15.86m(+0.0)	15.42m(+0.0)	FOUL(0.2)	15.98m(+0.0)	15.58m(+0.0)	FOUL(+0.0)	
2	Finnegan, Denis	86 Melbourne Uni	X14.48m	+0.0			
	14.46m(+0.0)	FOUL(+0.0)	FOUL(+0.0)	14.48m(+0.0)	FOUL(+0.0)	FOUL(+0.0)	
3	Start, Lachlan	00 Eaglehawk AC	13.24m	+0.0	10		
	12.42m(+0.0)	12.88m(+0.0)	13.24m(+0.0)	12.61m(+0.0)	PASS	11.57m(+0.0)	
4	Chapman, Nicholas	96 Bellarine	12.56m	+0.0	8		
	12.46m(+0.0)	12.44m(+0.0)	12.56m(+0.0)	FOUL(+0.0)	12.27m(+0.0)	12.54m(+0.0)	
5	Vaughan, Jeremy	80 Bendigo Harriers AC	10.31m	+0.0	7		
	10.30m(+0.0)	10.31m(+0.0)	9.95m(+0.0)	FOUL(+0.0)	FOUL(+0.0)	FOUL(+0.0)	
6	Curtis, Peter	94 South Bendigo AC	10.09m	+0.0	6		
	9.65m(+0.0)	10.09m(+0.0)	10.08m(+0.0)	FOUL(+0.0)	10.05m(+0.0)	10.08m(+0.0)	

**Men Shot Put Open**

=====							
Vic Country: C 21.35m		28/08/2017	Damien Birkenhead, COR				
Vic State: V 21.35m		28/08/2017	Damien Birkenhead, COR				
Venue Record: T 17.36m		12/03/2006	Joe Stevens, AUST				
Name	Year	Team	Finals	Points			
=====							
1	Cooper, Mackenzie	99 Bendigo Harriers AC	10.97m	10			
	10.55m	10.73m	10.97m	9.89m	10.92m	10.75m	
2	Cooper, Bailey	97 Bendigo Harriers AC	10.60m	8			
	9.65m	9.39m	10.16m	10.32m	10.60m	10.38m	
3	Norton, Aaron	79 South Bendigo AC	7.95m	7			
	7.72m	7.50m	7.79m	7.56m	7.95m	7.79m	
4	West, Robert	84 Ballarat Ycw	7.86m	6			
	7.86m	7.74m	7.49m	7.53m	7.47m	7.34m	

**Men Discus Throw Open**

=====							
Vic Country: C 57.55m		6/03/2005	Timothy Driesen, SBE				
Vic State: V 68.20m		10/05/2013	Benn Harradine, RWD				
Venue Record: T 59.92m		12/03/2006	Emeka Udechuku, England				
Name	Year	Team	Finals	Points			
=====							
1	Carman, Declan	01 Doncaster AC	X51.27m				
	FOUL	44.17m	51.27m	FOUL	FOUL	FOUL	
2	Bannister, Jack	98 Athletics Essendon	X41.20m				
	38.95m	41.08m	40.59m	FOUL	41.20m	39.72m	
3	Jones, Dylan	91 Athletics Essendon	X39.11m				
	33.36m	FOUL	FOUL	FOUL	FOUL	39.11m	
4	Messerle, Anthony	94 Bendigo Uni	37.26m	10			
	36.64m	FOUL	FOUL	32.82m	37.26m	FOUL	
5	McPherson, Lachlan	97 Geelong Guild AC	33.74m	8			
	30.98m	31.13m	31.68m	FOUL	30.80m	33.74m	
6	Bain, Shannon	99 Athletics Essendon	X29.97m				
	FOUL	28.92m	FOUL	29.97m	29.33m	FOUL	
7	Start, Lachlan	00 Eaglehawk AC	27.54m	7			
	27.54m	FOUL	FOUL	FOUL	24.09m	FOUL	
8	Cooper, Mackenzie	99 Bendigo Harriers AC	27.52m	6			
	27.20m	27.52m	20.73m	FOUL	FOUL	26.26m	
9	Schenker, Louis	93 Bendigo Harriers AC	26.23m	5			
	26.23m	FOUL	FOUL				

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Men Discus Throw Open**

10 Cooper, Bailey	97 Bendigo Harriers AC	25.81m	4
FOUL 25.50m 25.81m			
11 Norton, Aaron	79 South Bendigo AC	22.85m	3
21.51m 22.85m 22.82m			
12 West, Robert	84 Ballarat Ycw	20.38m	2
20.38m 17.54m 18.33m			

**Men Hammer Throw Open**

=====  
 Vic Country: C 70.76m 2/03/2012 Timothy Driesen, SBE  
 Vic State: V 74.58m 10/03/1987 Joe Quigley, BOH  
 Venue Record: T 71.00m 12/03/2006 James Steacy, Canada

Name	Year Team	Finals	Points
1 Olsson, Paul	57 Casey Cardinia	X33.77m	
30.09m 33.22m 33.43m	FOUL FOUL 33.77m		
2 Graham, Craig	65 Eaglehawk AC	28.59m	10
25.57m 28.59m 27.05m	27.69m 26.53m FOUL		
3 Cooper, Mackenzie	99 Bendigo Harriers AC	23.42m	8
23.42m 21.23m 21.99m	20.43m 22.20m 18.38m		
4 West, Robert	84 Ballarat Ycw	22.39m	7
FOUL 21.68m FOUL 22.39m	FOUL FOUL		
5 Cooper, Bailey	97 Bendigo Harriers AC	20.99m	6
20.47m 20.99m FOUL FOUL	FOUL FOUL 20.24m		
6 Norton, Aaron	79 South Bendigo AC	20.08m	5
19.68m 16.92m 19.33m	20.08m 19.16m 19.70m		

**Men Javelin Throw Open**

=====  
 Vic Country: C 83.64m 9/02/1997 Adrian Hatcher, WEN  
 Vic State: V 83.70m 13/03/2007 Jarrod Bannister, ESS  
 Venue Record: T 67.21m 2/12/2004 James Campbell, Scotland

Name	Year Team	Finals	Points
1 Burian, Michal	92 Sandringham AC	X58.71m	
58.71m FOUL 55.54m	FOUL FOUL 57.32m		
2 Paynter, Christian	97 Melbourne Uni	X56.64m	
47.45m 46.70m 50.45m	49.63m 52.15m 56.64m		
3 Start, Lachlan	00 Eaglehawk AC	51.21m	10
48.72m 47.98m 49.47m	48.89m 48.49m 51.21m		
4 Abrahams, Isaiah	99 Casey Cardinia	X50.45m	
48.23m 50.45m 48.67m	47.12m 44.19m 48.28m		
5 Messerle, Anthony	94 Bendigo Uni	46.42m	8
45.97m 45.56m 44.89m	46.42m 43.09m FOUL		
6 Cooper, Bailey	97 Bendigo Harriers AC	40.77m	7
35.12m 36.74m 40.74m	40.77m 38.43m FOUL		
7 Cooper, Mackenzie	99 Bendigo Harriers AC	38.95m	6
37.84m 38.95m 36.63m	34.07m 37.16m 37.06m		
8 Schenker, Louis	93 Bendigo Harriers AC	31.79m	5
31.79m PASS PASS			
9 Norton, Aaron	79 South Bendigo AC	29.66m	4
FOUL 29.66m 29.17m			

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 5000 Meter Race Walk Open**

=====  
 Vic Country: C 18:41.83 28/02/2009 Jared Tallent, BYC  
 Vic State: V 18:41.83 28/02/2009 Jared Tallent, BYC  
 Venue Record: T 21:50.12 20/01/2007 Duane Cousins, EAG

Name	Year	Team	Finals	Points
1 Thompson, Will	02	Casey Cardinia	X24:29.77	
2 Curtis, Peter	94	South Bendigo AC	30:10.74	10

**Men 100 Meter Sprint 40 Plus**

=====  
 Meet Record: M 11.52 2014 Peter O'Dwyer, BHA  
 Venue Record: T 11.69 24/01/2015 Peter O'Dwyer, BHA

Name	Year	Team	Finals	Wind	Points
1 Oberholzer, Conrad	75	Ballarat Harrier	12.55	0.3	10
2 Bailey, Benjamin	76	Traralgon	13.11	0.3	8
3 Shaw, Neil	73	Bendigo Harriers AC	13.19	0.3	7
4 Kadri, Christopher	69	Eaglehawk AC	13.66	0.3	6
5 Hilson, Gregory	69	South Bendigo AC	13.81	0.3	5
6 Browell, Leigh	74	South Bendigo AC	14.60	0.3	4
7 Miller, Shane	75	South Bendigo AC	14.70	0.3	3

**Men 200 Meter Sprint 40 Plus**

=====  
 Meet Record: M 22.89 2014 Rob Lehmann, WEN  
 Venue Record: T 23.07 11/01/2014 Rob Lehmann, AUST

Name	Year	Team	Finals	Wind	Points
1 Sullivan, Timothy T38	75	Eaglehawk AC	26.37	1.2	10
2 Bailey, Benjamin	76	Traralgon	27.18	1.2	8
3 Hall, Leigh	74	Eaglehawk AC	27.21	1.2	7
4 Hilson, Gregory	69	South Bendigo AC	27.78	1.2	6
5 Shaw, Neil	73	Bendigo Harriers AC	27.83	1.2	5
6 Browell, Leigh	74	South Bendigo AC	31.53	1.2	4

**Men 400 Meter Run 40 Plus**

=====  
 Meet Record: M 52.69 2002 Peter O'Donnell, BHA  
 Venue Record: T 52.69 26/01/2002 Peter O'Donnell, BHA

Name	Year	Team	Finals	Points
1 Bailey, Benjamin	76	Traralgon	59.64	10
2 Hall, Leigh	74	Eaglehawk AC	1:03.29	8
3 Hilson, Gregory	69	South Bendigo AC	1:05.07	7
4 Browell, Leigh	74	South Bendigo AC	1:09.55	6

**Men 800 Meter Run 40 Plus**

=====  
 Meet Record: M 2:07.28 2007 Colin Barnett, EKA  
 Venue Record: T 2:02.32 19/03/2005 Terry Hicks, EAG

Name	Year	Team	Finals	Points
1 Noden, Philip	70	Bendigo Harriers AC	2:21.15	10
2 Hilson, Gregory	69	South Bendigo AC	2:31.30	8
3 Gibson-Williamson, Colin	76	South Coast Aths	2:32.08	7
4 Hall, Leigh	74	Eaglehawk AC	2:34.97	6

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 1500 Meter Run 40 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record: M 4:19.71 2004 Matthew Gibney, BHA				
Venue Record: T 4:13.25 19/01/2013 Phil Noden, BGO				
Name	Year	Team	Finals	Points
=====				
1 Noden, Philip	70	Bendigo Harriers AC	4:38.27	10
2 Hicks, Grant	78	Eaglehawk AC	4:41.52	8
3 Rossiter, Mark	76	Traralgon	5:05.42	7
4 Gibson-Williamson, Colin	76	South Coast Aths	5:09.08	6
5 Hall, Leigh	74	Eaglehawk AC	5:36.00	5
6 Browell, Leigh	74	South Bendigo AC	5:59.28	4

**Men 5000 Meter Run 40 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record: M 16:02.83 2006 Dennis Boyle, BYC				
Venue Record: T 16:16.98 6/01/2014 David Meade, AUST				
Name	Year	Team	Finals	Points
=====				
1 Rossiter, Mark	76	Traralgon	19:29.3h	10
2 Browell, Leigh	74	South Bendigo AC	22:15.2h	8

**Men 10000 Meter Run 40 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record: M 34:43.07 2013 Grant Simpson, BEL				
Venue Record: T 35:16.30 23/01/2000 Leigh Purtill, Bendigo YMCA				
Name	Year	Team	Finals	Points
=====				
1 Wright, Dan	76	Chilwell	38:29.32	10
2 Creer, Andrew	71	Bendigo Uni	38:50.84	8
3 Hicks, Grant	78	Eaglehawk AC	39:11.72	7
4 Rossiter, Mark	76	Traralgon	42:15.87	6

**Men 110 Meter Hurdles (99.1cm) 40 Plus**

Name	Year	Team	Finals	Wind	Points
=====					
Meet Record: M 20.26 2016 David Chisholm, EAG					
Venue Record: T 15.71 8/01/2017 Geoff Gibbons, TAS					
Name	Year	Team	Finals	Wind	Points
=====					
1 Jordan, Geoff	69	Bendigo Harriers AC	21.93	-0.8	10

**Men 400 Meter Hurdles (91.4cm) 40 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record: M 1:02.71 2018 Brett Gilligan, BGO				
Venue Record: T 1:04.36 23/01/2015 Greg Hilson, SBE				
Name	Year	Team	Finals	Points
=====				
1 Hilson, Gregory	69	South Bendigo AC	1:12.32	10
2 Jordan, Geoff	69	Bendigo Harriers AC	1:24.24	8

**Men 3000 Meter Steeplechase (91.4cm) 40 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record: M 10:39.78 2015 Grant Simpson, BEL				
Venue Record: T 10:39.78 24/01/2015 Grant Simpson, BEL				
Name	Year	Team	Finals	Points
=====				
1 Browell, Leigh	74	South Bendigo AC	13:50.88	10
2 Jordan, Geoff	69	Bendigo Harriers AC	15:35.23	8

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 4x100 Meter Relay 40 Plus**

Meet Record: M 47.86 2016 Ballarat Harriers  
 Venue Record: T 49.32 27/01/2002 Ballarat Harriers  
 P. O'Donnell, P. McKenna, J. Sargent, C. McCurry

Team	Finals	Points
1 Eaglehawk AC 'A'	54.57	20
1) Sullivan, Timothy 75	2) Hall, Leigh 74	
3) Kadri, Christopher 69	4) Hicks, Grant 78	
2 Ballarat Harriers AC 'A'	54.89	16
1) Roberts, Peter 66	2) Sargent, Jeffrey 58	
3) Oberholzer, Conrad 75	4) Hansen, Rodney 72	
3 Bendigo Harriers AC 'A'	57.90	14
1) Jordan, Geoff 69	2) Shaw, Neil 73	
3) Wellard, Ian 68	4) Baker, Eric 62	
4 South Bendigo AC 'A'	58.54	12
1) Hilson, Gregory 69	2) Hill, Jason 71	
3) Browell, Leigh 74	4) Miller, Shane 75	

**Men 4x400 Meter Relay 40 Plus**

Meet Record: M 3:54.32 2013 Ballarat Harriers  
 Venue Record: T 3:55.49 20/11/2010 Eaglehawk YMCA  
 D. Chisholm, J. Pethybridge, T. Hicks, T. Wilson

Team	Finals	Points
1 Eaglehawk AC 'A'	4:11.23	20
1) Langdon, Antony 68	2) Hicks, Terry 54	
3) Hicks, Grant 78	4) Chisholm, David 68	
2 Ballarat Harriers AC 'A'	4:16.72	16
1) Roberts, Peter 66	2) Sargent, Jeffrey 58	
3) Oberholzer, Conrad 75	4) Hansen, Rodney 72	
3 Bendigo Harriers AC 'A'	4:26.69	14
1) Noden, Philip 70	2) Jordan, Geoff 69	
3) Baker, Eric 62	4) Shaw, Neil 73	
4 South Bendigo AC 'A'	4:40.08	12
1) Hilson, Gregory 69	2) Miller, Shane 75	
3) Browell, Leigh 74	4) Hill, Jason 71	
5 Eaglehawk AC 'B'	4:43.99	10
1) Sullivan, Timothy 75	2) Kadri, Christopher 69	
3) Cornell, Brian 53	4) Hall, Leigh 74	
6 Bendigo University AC 'A'	4:57.58	8
1) Creer, Andrew 71	2) Douglas, Ross 66	
3) Heislars, David 65	4) Lonsdale, David 68	

**Men High Jump 40 Plus**

Meet Record: M 1.71m 2018 Brett Gilligan, BGO  
 Venue Record: T 1.72m 12/01/2019 Brett Gilligan, BGO

Name	Year Team	Finals	Points
1 Oberholzer, Conrad	75 Ballarat Harrier	1.60m	10
1.40 1.45 1.50 1.55 1.60 1.63			
O O O O O XXX			
2 Hilson, Gregory	69 South Bendigo AC	1.50m	8
1.45 1.50 1.55			
O XXO XXX			
3 Jordan, Geoff	69 Bendigo Harriers AC	1.25m	7
1.25			
O			

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men Pole Vault 40 Plus**

=====						
Meet Record: M 4.00m		2018	Brett Gilligan, BGO			
Venue Record: T 4.00m		21/10/2017	Brett Gilligan, BGO			
Name	Year	Team	Finals	Points		
=====						
1 Oberholzer, Conrad	75	Ballarat Harrier	2.50m	10		
	2.00	2.20	2.35	2.50	2.60	
	O	O	XO	O	XXX	
2 Jordan, Geoff	69	Bendigo Harriers AC	2.35m	8		
	1.60	2.00	2.20	2.35	2.50	
	O	O	O	XO	XXX	
3 Timewell, Christopher	74	South Bendigo AC	2.20m	7		
	1.60	1.80	2.00	2.20	2.35	
	O	O	O	XXO	XXP	

**Men Long Jump 40 Plus**

=====						
Meet Record: M 6.46m		2013	Rob Lehmann, WEN			
Venue Record: T 6.46m		25/01/2015	Rob Lehmann, WEN			
Name	Year	Team	Finals	Wind	Points	
=====						
1 Hilson, Gregory	69	South Bendigo AC	4.88m	-2.0	10	
	4.74m(-1.0)	4.79m(+0.0)	4.88m(-2.0)	PASS		
2 Shaw, Neil	73	Bendigo Harriers AC	4.81m	+0.0	8	
	4.43m(-2.8)	4.81m(+0.0)	FOUL(-0.2)	4.65m(0.3)		
3 Jordan, Geoff	69	Bendigo Harriers AC	4.43m	+0.0	7	
	3.85m(+0.0)	4.14m(+0.0)	4.43m(+0.0)	PASS		
4 Kadri, Christopher	69	Eaglehawk AC	4.11m	-0.1	6	
	4.10m(-1.7)	3.21m(+0.0)	4.11m(-0.1)	3.95m(-1.0)		

**Men Triple Jump 40 Plus**

=====						
Meet Record: M 11.94m		2014	Rob Lehmann, WEN			
Venue Record: T 13.11m		24/01/2015	Nick Hodgson, GLG			
Name	Year	Team	Finals	Wind	Points	
=====						
1 Hilson, Gregory	69	South Bendigo AC	10.34m	+0.0	10	
	FOUL(+0.0)	10.02m(0.1)	9.56m(+0.0)	10.34m(+0.0)		
2 Jordan, Geoff	69	Bendigo Harriers AC	8.60m	+0.0	8	
	8.35m(+0.0)	FOUL(+0.0)	8.46m(+0.0)	8.60m(+0.0)		
3 Browell, Leigh	74	South Bendigo AC	6.56m	+0.0	7	
	5.68m(+0.0)	6.56m(+0.0)	6.41m(+0.0)	PASS		

**Men Shot Put (7.26kg) 40 Plus**

=====						
Meet Record: M 11.09m		2016	Matthew Courtney, CHI			
Venue Record: T 12.79m		6/01/2014	Aaron Gray, AUST			
Name	Year	Team	Finals	Points		
=====						
1 Wilson, Travis	75	Athletics Essendon	X10.75m			
	10.00m	10.75m	10.73m	10.62m		
2 Foley, Nick	69	Bellarine	10.16m	10		
	9.33m	9.61m	10.08m	10.16m		
3 Hall, Matthew	71	Diamond Valley AC	X10.00m			
	8.55m	9.98m	FOUL	10.00m		
4 Hawkes, Brendan	74	Wendouree AC	8.66m	8		
	8.59m	8.66m	8.21m	8.64m		
5 Shaw, Neil	73	Bendigo Harriers AC	7.94m	7		
	7.33m	6.98m	7.63m	7.94m		

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Men Shot Put (7.26kg) 40 Plus**

6	Timewell, Christopher	74	South Bendigo AC	7.83m	6
	6.52m 7.54m 7.81m 7.83m				
7	Browell, Leigh	74	South Bendigo AC	6.77m	5
	6.77m 6.76m PASS PASS				
8	Kadri, Christopher	69	Eaglehawk AC	6.32m	4
	6.32m 6.27m 5.96m 5.84m				

**Men Discus Throw (2kg) 40 Plus**

Meet Record: M 36.67m 2013 Steven Polizzi, CHI

Venue Record: T 40.13m 10/01/2014 Lyndon Best, AUST

Name	Year	Team	Finals	Points
1 Hicks, Graham	78	Athletics Essendon	X43.89mT	
	43.10m 43.41m 43.89m 41.67m			
2 Wilson, Travis	75	Athletics Essendon	X35.18m	
	35.18m FOUL 34.15m FOUL			
3 Hall, Matthew	71	Diamond Valley AC	X30.44m	
	28.24m 30.44m FOUL FOUL			
4 Foley, Nick	69	Bellarine	30.31m	10
	25.35m 30.31m 29.72m 28.39m			
5 Bowey, Derek	73	Wodonga AC	28.16m	8
	FOUL 24.55m FOUL 28.16m			
6 Hawkes, Brendan	74	Wendouree AC	24.93m	7
	23.14m 20.89m 24.93m FOUL			
7 Timewell, Christopher	74	South Bendigo AC	24.40m	6
	22.47m 22.33m 23.88m 24.40m			
8 Shaw, Neil	73	Bendigo Harriers AC	22.85m	5
	22.85m FOUL 22.75m 22.03m			
9 Browell, Leigh	74	South Bendigo AC	17.51m	4
	14.79m 17.51m 17.07m			

**Men Hammer Throw (7.26kg) 40 Plus**

Meet Record: M 47.86m 2011 David Lynch, BYC

Venue Record: T 47.18m 14/01/2012 David Lynch, BYC

Name	Year	Team	Finals	Points
1 Hawkes, Brendan	74	Wendouree AC	28.33m	10
	24.81m 28.33m 26.54m 28.09m			
2 Wilson, Travis	75	Athletics Essendon	X28.18m	
	28.18m 27.20m 27.68m 23.98m			
3 Timewell, Christopher	74	South Bendigo AC	22.64m	8
	22.31m 21.52m 21.97m 22.64m			
4 Jordan, Geoff	69	Bendigo Harriers AC	21.41m	7
	18.76m PASS 18.56m 21.41m			
5 Browell, Leigh	74	South Bendigo AC	6.33m	6
	6.33m PASS FOUL PASS			

**Men Javelin Throw (800g) 40 Plus**

Meet Record: M 50.50m 2013 Andrew Perry, BHA

Venue Record: T 48.41m 8/01/2017 Geoff Gibbons, TAS

Name	Year	Team	Finals	Points
1 Foley, Nick	69	Bellarine	37.08m	10
	34.21m 34.44m 37.08m 33.33m			
2 Timewell, Christopher	74	South Bendigo AC	31.47m	8
	30.42m 30.85m 29.07m 31.47m			

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****...Men Javelin Throw (800g) 40 Plus**

3	Kadri, Christopher	69	Eaglehawk AC	26.03m	7
	25.71m 23.77m 25.80m 26.03m				
4	Jordan, Geoff	69	Bendigo Harriers AC	24.84m	6
	19.42m 23.67m 22.29m 24.84m				
5	Browell, Leigh	74	South Bendigo AC	20.94m	5
	17.31m 17.04m 20.94m FOUL				

**Men 5000 Meter Race Walk 40 Plus**

Meet Record: M 24:15.28 2016 James Christmas, COR

Venue Record: T 24:59.6h 5/02/2002 Paul Rance, SBE

Name	Year	Team	Finals	Points
1	Browell, Leigh	74 South Bendigo AC	39:40.22	10

**Men 100 Meter Sprint 50 Plus**

Meet Record: M 12.13 2018 Peter O'Dwyer, BHA

Venue Record: T 12.43 20/01/2007 Paul Turner, COR

Name	Year	Team	Finals	Wind	Points
1	Chisholm, David	68 Eaglehawk AC	12.71	-0.4	10
2	Drummond, Andrew	67 Ballarat Harrier	13.02	-0.4	8
3	Langdon, Antony	68 Eaglehawk AC	13.39	-0.4	7
4	Skene, Gerard	63 Ballarat Ycw	13.96	-0.4	6
5	Lang, Chris	62 Wendouree AC	14.65	-0.4	5
6	Baker, Eric	62 Bendigo Harriers AC	15.40	-0.4	4

**Men 200 Meter Sprint 50 Plus**

Meet Record: M 25.63 Paul Turner / David Green, COR / SCA

Venue Record: T 24.54 11/01/2014 Rudy Kocis, AUST

Name	Year	Team	Finals	Wind	Points
1	Chisholm, David	68 Eaglehawk AC	26.29	2.1	10
2	Langdon, Antony	68 Eaglehawk AC	27.67	2.1	8
3	Skene, Gerard	63 Ballarat Ycw	28.99	2.1	7
4	Baker, Eric	62 Bendigo Harriers AC	30.31	2.1	6

**Men 400 Meter Run 50 Plus**

Meet Record: M 55.65 2018 Peter O'Dwyer, BHA

Venue Record: T 55.65 7/01/2006 Terry Hicks, EAG

Name	Year	Team	Finals	Points
1	Drummond, Andrew	67 Ballarat Harrier	57.67	10
2	Chisholm, David	68 Eaglehawk AC	58.05	8
3	Langdon, Antony	68 Eaglehawk AC	1:03.02	7
4	Skene, Gerard	63 Ballarat Ycw	1:04.15	6
5	Sayer, Jim	66 Collingwood	X1:05.32	
6	Douglas, Ross	66 Bendigo Uni	1:07.46	5
7	Baker, Eric	62 Bendigo Harriers AC	1:17.58	4



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 800 Meter Run 50 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record: M 2:09.53 2006 Terry Hicks, EAG				
Venue Record: T 2:02.32 19/03/2005 Terry Hicks, EAG				
Name	Year	Team	Finals	Points
=====				
1 Chisholm, David	68	Eaglehawk AC	2:34.67	10
2 Skene, Gerard	63	Ballarat Ycw	2:36.49	8
3 Douglas, Ross	66	Bendigo Uni	2:53.02	7
4 Sideris, Paul	59	South Australia	X3:02.49	

**Men 1500 Meter Run 50 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record: M 4:28.87 2013 Matthew Gibney, BHA				
Venue Record: T 4:20.35 4/12/2004 Terry Hicks, EAG				
Name	Year	Team	Finals	Points
=====				
1 Leeton, David	67	Old Scotch	X4:44.49	
2 Gilbert, Grant	66	Wendouree AC	5:03.49	10
3 Cowell, Peter	63	Bendigo Harriers AC	5:05.52	8
4 Carey, Mark	63	Athletics Essendon	X5:13.39	
5 Heislars, David	65	Bendigo Uni	5:28.02	7
6 Baker, Eric	62	Bendigo Harriers AC	5:56.78	6
7 Sideris, Paul	59	South Australia	X6:01.17	

**Men 3000 Meter Run 50 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record: M 9:41.43 2004 Charles Chambers, BGO				
Venue Record: T 9:37.94 16/03/2013 Michael Bieleny, BEU				
Name	Year	Team	Finals	Points
=====				
1 Cowell, Peter	63	Bendigo Harriers AC	10:54.42	10
2 Gilbert, Grant	66	Wendouree AC	11:24.61	8
3 Heislars, David	65	Bendigo Uni	11:47.07	7
4 Sideris, Paul	59	South Australia	X12:47.41	
5 Baker, Eric	62	Bendigo Harriers AC	13:06.68	6

**Men 10000 Meter Run 50 Plus**

Name	Year	Team	Finals	Points
=====				
Meet Record: M 34:47.80 2013 Steven Quirk, SCA				
Venue Record: T 36:21.21 25/01/2015 Michael Bieleny, BEU				
Name	Year	Team	Finals	Points
=====				
1 Heislars, David	65	Bendigo Uni	42:04.91	10
2 O'Leary, Patrick	59	Ballarat Ycw	44:55.72	8

**Men 100 Meter Hurdles (91.4cm) 50 Plus**

Name	Year	Team	Finals	Wind	Points
=====					
Meet Record: M 18.94 2013 Chris Lang, WEN					
Venue Record: T 17.68 5/01/2014 Dave Varley, AUST					
Name	Year	Team	Finals	Wind	Points
=====					
1 Chisholm, David	68	Eaglehawk AC	17.53T	+0.0	10
2 Langdon, Antony	68	Eaglehawk AC	21.62	+0.0	8

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 400 Meter Hurdles (84.0cm) 50 Plus**

=====					
Meet Record: M 1:09.29		2018	Andrew Drummond, BHA		
Venue Record: T 1:03.23		11/12/2004	Terry Hicks, EAG		
Name	Year	Team	Finals	Points	
=====					
1	Chisholm, David	68	Eaglehawk AC	1:06.91M	10
2	Langdon, Antony	68	Eaglehawk AC	1:15.16	8

**Men 3000 Meter Steeplechase (91.4cm) 50 Plus**

=====					
Meet Record: M 11:15.87		2013	Ian Cornthwaite, TRH		
Venue Record: T 11:17.51		20/01/2007	Vincent Duffy, BHA		
Name	Year	Team	Finals	Points	
=====					
1	Race, Digby	65	Wodonga AC	13:36.76	10
2	Baker, Eric	62	Bendigo Harriers AC	14:43.67	8
3	Roberts, Peter	66	Ballarat Harrier	15:03.39	7

**Men 4x100 Meter Relay 50 Plus**

=====					
Meet Record: M 56.40		2000	Bendigo YMCA		
Venue Record: T 56.40		23/01/2000	Bendigo YMCA		
			N. Macdonald, J. Justice, P. Martin, G. Rodda		
Team	Year	Team	Finals	Points	
=====					
1	Eaglehawk AC 'A'		1:00.41	20	
	1) Chisholm, David	68			
	2) Langdon, Antony	68			
	3) Hicks, Terry	54			
	4) Kelly, Trevor	59			

**Men High Jump 50 Plus**

=====					
Meet Record: M 1.56m		2007	Terry Hicks, EAG		
Venue Record: T 1.61m		12/01/2019	Shawn Hennig, VIC		
Name	Year	Team	Finals	Points	
=====					
1	Chisholm, David	68	Eaglehawk AC	1.40m	10
	1.25	1.30	1.35	1.40	
	XO	O	O	O	
2	Douglas, Ross	66	Bendigo Uni	1.35m	8
	1.15	1.20	1.25	1.30	1.35
	1.40				
	O	O	O	O	XXX
3	Roberts, Peter	66	Ballarat Harrier	1.30m	7
	1.10	1.15	1.20	1.25	1.30
	1.35				
	O	O	O	O	XO XXX

**Men Pole Vault 50 Plus**

=====					
Meet Record: M 3.80m		2014	Nick Milanovic, DKN		
Venue Record: T 3.40m		22/03/2003	Geoff Shaw, BGO		
Name	Year	Team	Finals	Points	
=====					
1	Hill, Warren	68	Melbourne Uni	X2.30m	
	1.60	1.80	2.00	2.15	2.30
	2.45				
	O	P	O	P	O XXX
2	Chisholm, David	68	Eaglehawk AC	1.60m	10
	1.60				
	O				

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men Long Jump 50 Plus**

Meet Record: M 5.67m 2013		Nick Hodgson, GLG				
Venue Record: T 5.76m 6/01/2014		Luke De Biasi, AUST				
Name	Year	Team	Finals	Wind	Points	
1 Chisholm, David	68	Eaglehawk AC	4.92m	+0.0	10	
4.92m(+0.0)	PASS	PASS				
2 Langdon, Antony	68	Eaglehawk AC	4.47m	+0.0	8	
4.05m(+0.0)	4.16m(+0.0)	4.47m(+0.0)	4.10m(+0.0)			
3 Heislars, David	65	Bendigo Uni	3.86m	-0.3	7	
3.49m(-0.3)	3.86m(-0.3)	FOUL(+0.0)	FOUL(+0.0)			
4 Douglas, Ross	66	Bendigo Uni	3.77m	-1.7	6	
FOUL(1.2)	3.71m(0.6)	FOUL(+0.0)	3.77m(-1.7)			

**Men Triple Jump 50 Plus**

Meet Record: M 13.11m 2015		Nick Hodgson, GLG				
Venue Record: T 13.11m 24/01/2015		Nick Hodgson, GLG				
Name	Year	Team	Finals	Wind	Points	
1 Chisholm, David	68	Eaglehawk AC	10.40m	+0.0	10	
9.44m(-0.3)	10.40m(+0.0)	FOUL(0.6)	FOUL(+0.0)			
2 Ihomana, Jeffter	64	South Coast Aths	9.21m	+0.0	8	
8.88m(+0.0)	9.12m(+0.0)	9.21m(+0.0)	9.11m(-0.1)			
3 Langdon, Antony	68	Eaglehawk AC	8.32m	+0.0	7	
7.97m(+0.0)	7.96m(+0.0)	8.15m(0.9)	8.32m(+0.0)			
4 Roberts, Peter	66	Ballarat Harrier	8.14m	+0.0	6	
8.14m(+0.0)	8.08m(+0.0)	7.76m(+0.0)	7.99m(+0.0)			
5 Heislars, David	65	Bendigo Uni	6.79m	-0.2	5	
6.54m(+0.0)	6.57m(+0.0)	6.78m(0.8)	6.79m(-0.2)			

**Men Shot Put (6kg) 50 Plus**

Meet Record: M 11.64m 2013		David Fossey, GLG				
Venue Record: T 17.57m 8/01/2014		Stuart Gyngell, AUST				
Name	Year	Team	Finals	Points		
1 Fossey, David	61	Geelong Guild AC	10.30m	10		
10.29m	10.30m	9.98m	FOUL			
2 Whitehand, Leon	67	Keilor St Bern	X9.11m			
9.11m	8.37m	8.78m	FOUL			
3 Chisholm, David	68	Eaglehawk AC	8.88m	8		
8.72m	8.88m	8.17m	PASS			
4 Graham, Craig	65	Eaglehawk AC	7.77m	7		
6.87m	7.70m	7.77m	7.68m			
5 Baker, Eric	62	Bendigo Harriers AC	7.06m	6		
6.52m	7.00m	7.06m	7.05m			
6 Roberts, Peter	66	Ballarat Harrier	6.37m	5		
6.13m	6.05m	6.37m	6.21m			
7 McLennan, Stephen	64	Wendouree AC	6.36m	4		
5.23m	6.36m	5.92m	6.02m			

**Men Discus Throw (1.5kg) 50 Plus**

Meet Record: M 36.01m 2014		Nick Milanovic, DKN				
Venue Record: T 49.65m 10/01/2014		Stuart Gyngell, AUST				
Name	Year	Team	Finals	Points		
1 Fossey, David	61	Geelong Guild AC	29.34m	10		
29.34m	27.69m	FOUL	25.04m			

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****...Men Discus Throw (1.5kg) 50 Plus**

2	Whitehand, Leon	67 Keilor St Bern	X29.08m	
	13.78m 27.53m 29.08m 24.91m			
3	Chisholm, David	68 Eaglehawk AC	27.04m	8
	23.72m 27.04m 24.50m FOUL			
4	Graham, Craig	65 Eaglehawk AC	26.99m	7
	25.09m 25.10m 25.40m 26.99m			
5	Bicknell, Shane	60 Wendouree AC	23.37m	6
	23.14m 22.91m 19.03m 23.37m			
6	McLennan, Stephen	64 Wendouree AC	19.92m	5
	16.05m 19.92m 18.19m 16.73m			
7	Ihomana, Jeffter	64 South Coast Aths	17.92m	4
	FOUL FOUL FOUL 17.92m			
8	Roberts, Peter	66 Ballarat Harrier	16.13m	3
	14.95m FOUL 13.85m 16.13m			

**Men Hammer Throw (6kg) 50 Plus**

=====				
Meet Record: M 37.51m		2017	Peter Wrzuszczak, GLG	
Venue Record: T 46.48m		8/01/2014	Stuart Gyngell, AUST	
Name	Year	Team	Finals	Points
=====				
1	Graham, Craig	65 Eaglehawk AC	32.99m	10
	32.99m 32.98m FOUL 32.67m			
2	Chisholm, David	68 Eaglehawk AC	23.59m	8
	23.59m 21.23m FOUL PASS			
3	Bicknell, Shane	60 Wendouree AC	21.43m	7
	21.12m 18.81m 21.43m 19.90m			
4	McLennan, Stephen	64 Wendouree AC	19.90m	6
	18.83m 19.19m 19.90m 18.28m			

**Men Javelin Throw (700g) 50 Plus**

=====				
Meet Record: M 44.43m		2016	Alan Hawkins, CHI	
Venue Record: T 52.17m		7/01/2014	Nigel Stainton, New Zealand	
Name	Year	Team	Finals	Points
=====				
1	Chisholm, David	68 Eaglehawk AC	34.85m	10
	34.85m PASS PASS PASS			
2	Douglas, Ross	66 Bendigo Uni	22.11m	8
	17.88m 19.16m 22.11m 19.24m			

**Men 100 Meter Sprint 60 Plus**

=====					
Meet Record: M 12.77		2014	Paul Turner, COR		
Venue Record: T 13.03		24/01/2015	Paul Turner, COR		
Name	Year	Team	Finals	Wind	Points
=====					
1	Sargent, Jeffrey	58 Ballarat Harrier	13.24	1.0	10
2	Turner, Paul	53 Corio AC	13.39	1.0	8
3	Hicks, Terry	54 Eaglehawk AC	14.33	1.0	7
4	Savage, Peter	54 Eaglehawk AC	17.01	1.0	6
5	Shanahan, Kevin	56 Eaglehawk AC	21.08	1.0	5

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 200 Meter Sprint 60 Plus**

=====						
Meet Record: M 27.85		2010	Peter Lamb, BEL			
Venue Record: T 26.55		11/01/2014	David McConnell, AUST			
Name	Year	Team	Finals	Wind	Points	
=====						
1 Sargent, Jeffrey	58	Ballarat Harrier	28.61	2.3	10	
2 Hicks, Terry	54	Eaglehawk AC	31.50	2.3	8	
3 Savage, Peter	54	Eaglehawk AC	35.35	2.3	7	
4 Shanahan, Kevin	56	Eaglehawk AC	38.24	2.3	6	
5 Orelli, Michael	44	Chilwell	45.35	2.3	5	

**Men 400 Meter Run 60 Plus**

=====						
Meet Record: M 1:01.79		2010	Peter Lamb, BEL			
Venue Record: T 59.69		29/10/2016	Terry Hicks, EAG			
Name	Year	Team	Finals	Points		
=====						
1 Sargent, Jeffrey	58	Ballarat Harrier	1:04.38	10		
2 Hicks, Terry	54	Eaglehawk AC	1:06.58	8		
3 Shaw, Geoff	48	Bendigo Harriers AC	1:10.82	7		
4 Shanahan, Kevin	56	Eaglehawk AC	1:36.09	6		
5 Savage, Peter	54	Eaglehawk AC	1:47.71	5		

**Men 800 Meter Run 60 Plus**

=====						
Meet Record: M 2:27.22		2017	Leslie Williams, WEL			
Venue Record: T 2:16.2h		7/02/2004	Neil Macdonald, Bendigo YMCA			
Name	Year	Team	Finals	Points		
=====						
1 Webb, Andrew	58	Chilwell	2:57.83	10		
2 Cornell, Brian	53	Eaglehawk AC	3:20.66	8		
3 Gill, Hunter	48	Bendigo Harriers AC	3:25.57	7		
4 Orelli, Michael	44	Chilwell	3:46.97	6		
5 Shanahan, Kevin	56	Eaglehawk AC	3:52.42	5		
6 Flack, George	53	Eaglehawk AC	5:19.82	4		

**Men 1500 Meter Run 60 Plus**

=====						
Meet Record: M 5:11.43		2014	Charles Chambers, BGO			
Venue Record: T 4:53.1h		3/01/2004	Neil Macdonald, Bendigo YMCA			
Name	Year	Team	Finals	Points		
=====						
1 Twite, Ian	55	Traralgon	5:47.98	10		
2 Webb, Andrew	58	Chilwell	6:09.14	8		
3 Gill, Hunter	48	Bendigo Harriers AC	6:34.83	7		
4 Shanahan, Kevin	56	Eaglehawk AC	6:48.02	6		
5 Orelli, Michael	44	Chilwell	7:53.98	5		
-- Flack, George	53	Eaglehawk AC	DNF			

**Men 3000 Meter Run 60 Plus**

=====						
Meet Record: M 10:53.40		2014	Charles Chambers, BGO			
Venue Record: T 10:45.31		1/03/2014	Charles Chambers, Bendigo YMCA			
Name	Year	Team	Finals	Points		
=====						
1 Twite, Ian	55	Traralgon	12:33.03	10		
2 Chambers, Charles	54	Bendigo Uni	12:49.44	8		
3 Webb, Andrew	58	Chilwell	13:12.34	7		
4 Shanahan, Kevin	56	Eaglehawk AC	13:59.70	6		
5 Gill, Hunter	48	Bendigo Harriers AC	14:11.89	5		

## 2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019

## LaTrobe University Bendigo Athletics Complex

## Results

## ...Men 3000 Meter Run 60 Plus

6 Orelli, Michael	44 Chilwell	18:12.22	4
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## Men 10000 Meter Run 60 Plus

=====			
Meet Record: M 39:03.92	2014	Charles Chambers, BGO	
Venue Record: T 41:34.33	15/01/2012	Leon Gilbert, Bendigo YMCA	
Name	Year Team	Finals	Points
=====			
1 Twite, Ian	55 Traralgon	46:31.83	10
2 Chambers, Charles	54 Bendigo Uni	48:06.46	8
3 Gill, Hunter	48 Bendigo Harriers AC	51:19.22	7

## Men 100 Meter Hurdles (84.0cm) 60 Plus

=====					
Meet Record: M 20.53	2010	Donald Chambers, WOD			
Venue Record: T 18.38	8/01/2017	David McConnell, VIC			
Name	Year Team	Finals	Wind	Points	
=====					
1 Hicks, Terry	54 Eaglehawk AC	24.23	+0.0	10	

## Men 300 Meter Hurdles (76.2cm) 60 Plus

=====					
Venue Record: T 49.50	10/01/2014	David McConnell, AUST			
Name	Year Team	Finals	Points		
=====					
1 Hicks, Terry	54 Eaglehawk AC	54.54	10		

## Men 2000 Meter Steeplechase (76.2cm) 60 Plus

=====					
Meet Record: M 8:54.35	2016	Ian Twite, TRH			
Venue Record: T 7:39.98	11/01/2014	Allan Mayfield, AUST			
Name	Year Team	Finals	Points		
=====					
1 Shanahan, Kevin	56 Eaglehawk AC	10:12.11	10		

## Men 4x100 Meter Relay 60 Plus

=====					
Venue Record: T 1:01.63	25/01/2015	Eaglehawk			
		T. Hicks, G. Whitehall, P. Savage, G. Flack			
Team		Finals	Points		
=====					
1 Eaglehawk AC 'A'		1:14.74	20		
1) Cornell, Brian 53		2) Shanahan, Kevin 56			
3) Savage, Peter 54		4) Flack, George 53			
2 Bendigo Harriers AC 'A'		1:23.88	16		
1) Rodda, Garnet 49		2) Shaw, Geoff 48			
3) Gill, Hunter 48		4) Watson, John 50			

## Men High Jump 60 Plus

=====					
Meet Record: M 1.40m	2018	Geoff Shaw, BGO			
Venue Record: T 1.46m	4/01/2014	Greg Wilson, AUST			
Name	Year Team	Finals	Points		
=====					
1 Shaw, Geoff	48 Bendigo Harriers AC	1.40mM	10		
1.25 1.30 1.35 1.40					
O O O XXO					

**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****....Men High Jump 60 Plus**

2	Hicks, Terry	54	Eaglehawk AC	1.25m	8
	1.20 1.25 1.30				
	O O XXX				

**Men Pole Vault 60 Plus**

=====  
 Venue Record: T 3.10m 13/01/2019 Geoff Shaw, VIC

Name	Year Team	Finals	Points
1 Shaw, Geoff	48 Bendigo Harriers AC	2.75m	10
	2.55 2.65 2.75 2.85 2.95		
	O P O P XX		

**Men Long Jump 60 Plus**

=====  
 Meet Record: M 4.58m 2017 Terry Hicks, EAG

Venue Record: T 4.67m 6/01/2018 Geoff Shaw, BGO

Name	Year Team	Finals	Wind	Points
1 Hicks, Terry	54 Eaglehawk AC	4.55m	2.7	10
	4.14m(0.9) 4.35m(-1.3) 4.43m(-1.9) 4.55m(2.7)			
2 Shaw, Geoff	48 Bendigo Harriers AC	4.43m	+0.0	8
	4.40m(+0.0) 4.23m(+0.0) 4.21m(-0.9) 4.43m(+0.0)			
3 Savage, Peter	54 Eaglehawk AC	2.38m	-0.5	7
	2.38m(-0.5) PASS PASS PASS			

**Men Triple Jump 60 Plus**

=====  
 Meet Record: M 9.90m 2010 Peter Lamb, BEL

Venue Record: T 9.56m 17/02/2018 Geoff Shaw, BGO

Name	Year Team	Finals	Wind	Points
1 Shaw, Geoff	48 Bendigo Harriers AC	9.69mT	+0.0	10
	9.33m(+0.0) 9.69m(+0.0) 9.49m(0.7) 9.28m(+0.0)			
2 Olsson, Paul	57 Casey Cardinia	X9.09m	+0.0	
	8.04m(-0.2) 9.09m(+0.0) PASS PASS			
3 Hicks, Terry	54 Eaglehawk AC	7.76m	+0.0	8
	FOUL(+0.0) 7.41m(+0.0) 7.76m(+0.0) PASS			

**Men Shot Put (5kg) 60 Plus**

=====  
 Meet Record: M 10.07m 2013 Robert Scholes, SBE

Venue Record: T 11.52m 8/01/2014 Peter Young, AUST

Name	Year Team	Finals	Points
1 Peska, Stan	56 Western Athletics	X11.63mT	
	10.36m 10.89m 11.63m 10.56m		
2 Hicks, Terry	54 Eaglehawk AC	8.94m	10
	8.94m 8.60m 8.40m PASS		
3 Savage, Peter	54 Eaglehawk AC	6.82m	8
	6.81m 6.35m 6.52m 6.82m		

**Men Discus Throw (1kg) 60 Plus**

=====  
 Meet Record: M 32.82m 2012 John Reynolds, South West

Venue Record: T 39.93m 10/01/2014 Mark Johnston, AUST

Name	Year Team	Finals	Points
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**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****...Men Discus Throw (1kg) 60 Plus**

1	Hicks, Terry	54	Eaglehawk AC	31.15m	10
	28.59m 31.15m 26.41m		FOUL		
2	Shaw, Geoff	48	Bendigo Harriers AC	24.48m	8
	FOUL 24.48m 22.76m		FOUL		
3	Holzer, Robert	48	Geelong Guild AC	23.79m	7
	22.80m FOUL FOUL		23.79m		
4	Twite, Ian	55	Traralgon	19.90m	6
	PASS PASS 19.90m 17.56m				
5	Cornell, Brian	53	Eaglehawk AC	17.61m	5
	17.61m 15.27m 17.15m		15.93m		
6	Savage, Peter	54	Eaglehawk AC	17.05m	4
	17.05m 15.11m 14.90m		16.72m		
7	Carter, John	50	South Bendigo AC	15.32m	3
	14.88m 15.32m 14.25m		FOUL		

**Men Hammer Throw (5kg) 60 Plus**

Meet Record: M 38.23m 2018 Robert Holzer, GLG  
 Venue Record: T 39.68m 6/01/2014 Mark Johnston, AUST

Name	Year	Team	Finals	Points
1	Olsson, Paul	57 Casey Cardinia	X40.14mT	
	37.66m FOUL 40.14m		36.51m	
2	Holzer, Robert	48 Geelong Guild AC	35.93m	10
	35.93m 34.89m FOUL		35.28m	
3	Peska, Stan	56 Western Athletics	X29.85m	
	28.93m 29.85m 28.88m		FOUL	
4	Savage, Peter	54 Eaglehawk AC	17.22m	8
	FOUL 16.29m 17.22m		17.17m	

**Men Javelin Throw (600g) 60 Plus**

Meet Record: M 34.63m 2016 Terry Hicks, EAG  
 Venue Record: T 40.01m 7/01/2014 Bob Banens, AUST

Name	Year	Team	Finals	Points
1	Hicks, Terry	54 Eaglehawk AC	32.56m	10
	32.56m FOUL 30.39m		PASS	
2	Holzer, Robert	48 Geelong Guild AC	28.94m	8
	25.92m FOUL 27.38m		28.94m	
3	Shaw, Geoff	48 Bendigo Harriers AC	25.18m	7
	25.18m FOUL 24.62m		23.14m	
4	Savage, Peter	54 Eaglehawk AC	20.65m	6
	19.00m 20.65m 17.74m		FOUL	
5	Shanahan, Kevin	56 Eaglehawk AC	17.93m	5
	17.93m FOUL 17.75m		17.78m	
6	Cornell, Brian	53 Eaglehawk AC	17.56m	4
	17.56m 17.30m 17.39m		FOUL	
7	Carter, John	50 South Bendigo AC	9.04m	3
	8.56m 6.69m 9.04m		8.56m	

**Men 100 Meter Sprint Ambulatory Para**

Name	Year	Team	Finals	Wind	Points	
1	Semmens, Andrew	T20 93 Bellarine	12.47	-1.9	10	OPEN - 85.65%
2	Sullivan, Timothy	T38 75 Eaglehawk AC	13.32	-1.9	8	OPEN - 80.18%
3	Pendred, James	T20 02 Wendouree AC	14.50	-1.9	7	UNDER 20 - 82.21%
4	Perrett, Jake	T46 06 Wellington AC	14.91	-1.9	6	UNDER 16 - 77.93%



**2019 Flack Advisory Vic Country Championships - 26/01/2019 to 28/01/2019****LaTrobe University Bendigo Athletics Complex****Results****Men 400 Meter Run Ambulatory Para**

Name	Year Team	Finals	Points	
1 Semmens, Andrew T20	93 Bellarine	53.92	10	OPEN - 87.57%
2 Sullivan, Timothy T38	75 Eaglehawk AC	1:01.35	8	OPEN - 76.97%
3 Pendred, James T20	02 Wendouree AC	1:02.52	7	UNDER 20 - 84.84%

**Men Shot Put Ambulatory Para**

Name	Year Team	Finals	Points	
1 Jackson, Marty F38	78 Chilwell	14.21m	10	OPEN - 89.09%
	13.95m 12.58m 13.54m 13.61m 14.21m FOUL			
2 Perrett, Jake F46	06 Wellington AC	7.18m	8	UNDER 16 - 56.22%
	5.90m FOUL 7.18m 6.74m			

**Men Discus Throw Ambulatory Para**

Name	Year Team	Finals	Points
1 Perrett, Jake F46	06 Wellington AC	16.46m	10

**Men Shot Put Ambulatory Seated**

Name	Year Team	Finals	Points
1 Wyatt, Jessee F33	96 Frankston AC	X8.72m	
	8.51m 8.42m 8.50m 8.63m 8.72m 8.37m		

**Men Discus Throw Ambulatory Seated**

Name	Year Team	Finals	Points
1 Fawkner, Michael F34	58 Malvern Harriers AC	X17.96m	
	17.39m 17.75m 17.35m 16.69m 17.66m 17.96m		