



## 2019 VICTORIAN MASTERS TRACK & FIELD CHAMPIONSHIPS

DRAFT TIMETABLE as at 11.02.19

Tom Kelly Athletics Complex, Doncaster

Saturday 23rd March - Day 1



| TRACK EVENTS |             |             |             |         | FIELD EVENTS |                |                |                 |                   |       |
|--------------|-------------|-------------|-------------|---------|--------------|----------------|----------------|-----------------|-------------------|-------|
| TIME         | Event #     | AGE GROUP   | EVENT       | ROUND   | TIME         | Event #        | AGE GROUP      | EVENT           | ROUND             |       |
| 11:00am      |             | Women 35-39 | 3000m Walk  | Final   | 10:30am      |                | Men 70-74      | Hammer (4kg)    | Final             |       |
|              |             | Women 40-44 | 3000m Walk  | Final   |              |                | Men 80-84      | Hammer (3kg)    | Final             |       |
|              |             | Women 45-49 | 3000m Walk  | Final   |              |                | Men 75-79      | Hammer (4kg)    | Final             |       |
|              |             | Women 50-54 | 3000m Walk  | Final   |              |                | Men 85-89      | Hammer (3kg)    | Final             |       |
|              |             | Women 55-59 | 3000m Walk  | Final   |              |                | Men 90+        | Hammer (3kg)    | Final             |       |
|              |             | Women 60-64 | 3000m Walk  | Final   |              | 10:30am        |                | Men 50-54       | Javelin (700g)    | Final |
|              |             | Women 65-69 | 3000m Walk  | Final   |              |                |                | Men 55-59       | Javelin (700g)    | Final |
|              |             | Women 70-74 | 3000m Walk  | Final   |              |                |                | Men 60-64       | Javelin (600g)    | Final |
|              |             | Women 75-79 | 3000m Walk  | Final   |              |                |                | Men 65-69       | Javelin (600g)    | Final |
|              | Women 80+   | 3000m Walk  | Final       |         |              |                |                |                 |                   |       |
| 11:40am      |             | Men 70-74   | 3000m Walk  | Final   | 10:45am      |                | Women 30-34    | Long Jump       | Final             |       |
|              |             | Men 75-79   | 3000m Walk  | Final   |              |                | Women 35-39    | Long Jump       | Final             |       |
|              |             | Men 40-44   | 3000m Walk  | Final   |              |                | Women 40-44    | Long Jump       | Final             |       |
|              |             | Men 45-49   | 3000m Walk  | Final   |              |                | Women 45-49    | Long Jump       | Final             |       |
|              |             | Men 50-54   | 3000m Walk  | Final   |              |                | Women 50-54    | Long Jump       | Final             |       |
|              |             | Men 55-59   | 3000m Walk  | Final   |              |                | Women 55-59    | Long Jump       | Final             |       |
|              |             | Men 60-64   | 3000m Walk  | Final   |              |                | Women 60-64    | Long Jump       | Final             |       |
|              |             | Men 65-69   | 3000m Walk  | Final   |              | 11:05am        |                | Men 30-34       | Hammer (7.26kg)   | Final |
|              |             | Men 80-84   | 3000m Walk  | Final   |              |                | Men 35-39      | Hammer (7.26kg) | Final             |       |
|              |             | Men 85-89   | 3000m Walk  | Final   |              |                | Men 40-44      | Hammer (7.26kg) | Final             |       |
|              |             | Men 90+     | 3000m Walk  | Final   |              |                | Men 45-49      | Hammer (7.26kg) | Final             |       |
|              |             | Men 35-39   | 3000m Walk  | Final   |              |                | Men 50-54      | Hammer (6kg)    | Final             |       |
|              |             | Men 30-34   | 3000m Walk  | Final   |              |                |                |                 |                   |       |
|              | 12:10pm     |             | Women 50-54 | 1500m   | Final        | 11:30am        |                | All Ages        | High Jump < 1.20m | Final |
|              |             | Women 55-59 | 1500m       | Final   |              |                |                |                 |                   |       |
|              |             | Women 60-64 | 1500m       | Final   | 12:00pm      |                |                | Women 30-34     | Javelin (600g)    | Final |
|              |             | Women 65-69 | 1500m       | Final   |              |                |                | Women 35-39     | Javelin (600g)    | Final |
| 12:30pm      |             | Women 70-74 | 1500m       | Final   |              |                | Women 40-44    | Javelin (600g)  | Final             |       |
|              |             | Women 80+   | 1500m       | Final   |              |                | Women 45-49    | Javelin (600g)  | Final             |       |
|              | Women 30-34 | 1500m       | Final       |         | Women 50-54  | Javelin (500g) | Final          |                 |                   |       |
|              | Women 35-39 | 1500m       | Final       | 12:15pm |              | Men 60-64      | Long Jump      | Final           |                   |       |
|              | Women 40-44 | 1500m       | Final       |         |              | Men 65-69      | Long Jump      | Final           |                   |       |
|              | Women 45-49 | 1500m       | Final       |         |              | Men 70-74      | Long Jump      | Final           |                   |       |
|              |             |             |             |         |              | Men 75-79      | Long Jump      | Final           |                   |       |
| 12:40pm      |             | Men 85-89   | 1500m       | Final   |              | Men 80-84      | Long Jump      | Final           |                   |       |
|              |             | Men 75-79   | 1500m       | Final   |              | Men 85-89      | Long Jump      | Final           |                   |       |
|              |             | Men 80-84   | 1500m       | Final   |              | Men 90+        | Long Jump      | Final           |                   |       |
|              |             | Men 90+     | 1500m       | Final   | 12:30pm      |                | Men 55-59      | Hammer (6kg)    | Final             |       |
|              | Men 70-74   | 1500m       | Final       |         |              | Men 60-64      | Hammer (5kg)   | Final           |                   |       |
|              | Men 65-69   | 1500m       | Final       |         |              | Men 65-69      | Hammer (5kg)   | Final           |                   |       |
| 12:50pm      |             | Men 60-64   | 1500m       | Final   | 1:10pm       |                | Women 55-59    | Javelin (500g)  | Final             |       |
|              | Men 55-59   | 1500m       | Final       |         |              | Women 60-64    | Javelin (500g) | Final           |                   |       |
| 1:00pm       |             | Men 50-54   | 1500m       | Final   |              |                | Women 65-69    | Javelin (500g)  | Final             |       |
| 1:10pm       |             | Men 45-49   | 1500m       | Final   |              |                | Women 70-74    | Javelin (500g)  | Final             |       |
| 1:20pm       |             | Men 40-44   | 1500m       | Final   |              |                | Women 75-79    | Javelin (400g)  | Final             |       |
|              |             | Men 35-39   | 1500m       | Final   |              |                | Women 80-84    | Javelin (400g)  | Final             |       |
|              | Men 30-34   | 1500m       | Final       |         |              |                |                |                 |                   |       |
| 1:30pm       |             | Women 80+   | 100m        | Final   |              | 1:30pm         |                | Women 30-34     | Hammer (4kg)      | Final |
|              |             | Women 75-79 | 100m        | Final   |              |                | Women 35-39    | Hammer (4kg)    | Final             |       |
|              |             | Women 70-74 | 100m        | Final   |              |                | Women 40-44    | Hammer (4kg)    | Final             |       |
|              |             | Women 65-69 | 100m        | Final   |              |                | Women 45-49    | Hammer (4kg)    | Final             |       |
| 1:35pm       |             | Women 60-64 | 100m        | Final   |              |                |                |                 |                   |       |
|              | Women 55-59 | 100m        | Final       | 1:45pm  |              | Men 30-34      | Long Jump      | Final           |                   |       |
| 1:40pm       |             | Women 50-54 | 100m        |         | Final        |                | Men 35-39      | Long Jump       | Final             |       |
|              | Women 45-49 | 100m        | Final       |         |              | Men 40-44      | Long Jump      | Final           |                   |       |
| 1:45pm       |             | Women 40-44 | 100m        |         | Final        |                | Men 45-49      | Long Jump       | Final             |       |
|              | Women 35-39 | 100m        | Final       |         |              |                |                |                 |                   |       |
|              | Women 30-34 | 100m        | Final       |         |              |                |                |                 |                   |       |

|        |             |                             |       |        |             |                        |       |
|--------|-------------|-----------------------------|-------|--------|-------------|------------------------|-------|
| 1:55pm | Men 90+     | 100m                        | Final | 1:45pm | All Ages    | High Jump >1.20 <1.40m | Final |
|        | Men 85-89   | 100m                        | Final | 2:00pm | Men 70-74   | Javelin (500g)         | Final |
|        | Men 80-84   | 100m                        | Final |        | Men 75-79   | Javelin (500g)         | Final |
|        | Men 70-74   | 100m                        | Final |        | Men 80-84   | Javelin (400g)         | Final |
| 2:00pm | Men 75-79   | 100m                        | Final |        | Men 85-89   | Javelin (400g)         | Final |
|        | Men 65-69   | 100m                        | Final |        | Men 90+     | Javelin (400g)         | Final |
| 2:05pm | Men 60-64   | 100m                        | Final | 2:15pm | Women 50-54 | Hammer (3kg)           | Final |
|        | Men 55-59   | 100m                        | Final |        | Women 55-59 | Hammer (3kg)           | Final |
| 2:10pm | Men 50-54   | 100m                        | Final |        | Women 60-64 | Hammer (3kg)           | Final |
| 2:15pm | Men 45-49   | 100m                        | Final |        | Women 65-69 | Hammer (3kg)           | Final |
| 2:20pm | Men 40-44   | 100m                        | Final |        | Women 70-74 | Hammer (3kg)           | Final |
| 2:25pm | Men 35-39   | 100m                        | Final |        | Women 75-79 | Hammer (2kg)           | Final |
|        | Men 30-34   | 100m                        | Final |        | Women 80-84 | Hammer (2kg)           | Final |
| 2:35pm | Men 30-34   | 110m Hurdles (99.1cm)       | Final | 2:30pm | Men 50-54   | Long Jump              | Final |
|        | Men 35-39   | 110m Hurdles (99.1cm)       | Final |        | Men 55-59   | Long Jump              | Final |
|        | Men 40-44   | 110m Hurdles (99.1cm)       | Final | 3:20pm | Men 30-34   | Javelin (800g)         | Final |
|        | Men 45-49   | 110m Hurdles (99.1cm)       | Final |        | Men 35-39   | Javelin (800g)         | Final |
| 2:45pm | Men 50-54   | 100m Hurdles (91.4cm)       | Final |        | Men 40-44   | Javelin (800g)         | Final |
|        | Men 55-59   | 100m Hurdles (91.4cm)       | Final |        | Men 45-49   | Javelin (800g)         | Final |
| 2:50pm | Men 60-64   | 100m Hurdles (84.0cm)       | Final | 3:30pm | All Ages    | High Jump > 1.40m      | Final |
|        | Men 65-69   | 100m Hurdles (84.0cm)       | Final | 3:50pm | Men 70-74   | Weight Throw (7.26kg)  | Final |
|        | Women 30-34 | 100m Hurdles (84.0cm)       | Final |        | Men 75-79   | Weight Throw (7.26kg)  | Final |
|        | Men 65-69   | 100m Hurdles (84.0cm)       | Final |        | Men 80-84   | Weight Throw (5.45kg)  | Final |
|        | Men 70-74   | 80m Hurdles (76.2cm)        | Final |        | Men 85-89   | Weight Throw (5.45kg)  | Final |
| 2:55pm | Men 75-79   | 80m Hurdles (76.2cm)        | Final |        | Men 90+     | Weight Throw (5.45kg)  | Final |
|        | Men 80-84   | 80m Hurdles (68.6cm)        | Final | 4:20pm | Women 30-34 | Weight Throw (9.08kg)  | Final |
|        | Men 85-89   | 80m Hurdles (68.6cm)        | Final |        | Women 35-39 | Weight Throw (9.08kg)  | Final |
|        | Men 90+     | 80m Hurdles (68.6cm)        | Final |        | Women 40-44 | Weight Throw (9.08kg)  | Final |
|        | Women 40-44 | 80m Hurdles (76.2cm)        | Final |        | Women 45-49 | Weight Throw (9.08kg)  | Final |
|        | Women 45-49 | 80m Hurdles (76.2cm)        | Final |        | Men 60-64   | Weight Throw (9.08kg)  | Final |
|        | Women 50-54 | 80m Hurdles (76.2cm)        | Final |        | Men 65-69   | Weight Throw (9.08kg)  | Final |
| 3:05pm | Men 30-34   | 3000m Steeplechase (91.4cm) | Final |        | Men 50-54   | Weight Throw (11.34kg) | Final |
|        | Men 35-39   | 3000m Steeplechase (91.4cm) | Final |        | Men 55-59   | Weight Throw (11.34kg) | Final |
|        | Men 40-44   | 3000m Steeplechase (91.4cm) | Final |        |             |                        |       |
|        | Men 45-49   | 3000m Steeplechase (91.4cm) | Final |        |             |                        |       |
|        | Men 50-54   | 3000m Steeplechase (91.4cm) | Final |        |             |                        |       |
|        | Men 55-59   | 3000m Steeplechase (91.4cm) | Final |        |             |                        |       |
| 3:30pm | Women 30-34 | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Women 35-39 | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Women 40-44 | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Women 45-49 | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Women 50-54 | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Women 60-64 | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Women 65-69 | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
| 3:55pm | Men 60-64   | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Men 65-69   | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Men 70-74   | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Men 75-79   | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Men 80-84   | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Men 85-89   | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
|        | Men 90+     | 2000m Steeplechase (76.2cm) | Final |        |             |                        |       |
| 4:20pm | Women 80+   | 400m                        | Final |        |             |                        |       |
|        | Women 75-79 | 400m                        | Final |        |             |                        |       |
|        | Women 70-74 | 400m                        | Final |        |             |                        |       |
|        | Women 65-69 | 400m                        | Final |        |             |                        |       |
| 4:25pm | Women 60-64 | 400m                        | Final |        |             |                        |       |
|        | Women 55-59 | 400m                        | Final |        |             |                        |       |
|        | Women 50-54 | 400m                        | Final |        |             |                        |       |
| 4:30pm | Women 45-49 | 400m                        | Final |        |             |                        |       |
|        | Women 40-44 | 400m                        | Final |        |             |                        |       |
|        | Women 30-34 | 400m                        | Final |        |             |                        |       |
|        | Women 35-39 | 400m                        | Final |        |             |                        |       |

|        |           |      |       |
|--------|-----------|------|-------|
| 4:35pm | Men 80-84 | 400m | Final |
|        | Men 85-89 | 400m | Final |
|        | Men 90+   | 400m | Final |
|        | Men 75-79 | 400m | Final |
| 4:40pm | Men 70-74 | 400m | Final |
| 4:45pm | Men 65-69 | 400m | Final |
|        | Men 60-64 | 400m | Final |
| 4:50pm | Men 55-59 | 400m | Final |
| 4:55pm | Men 50-54 | 400m | Final |
| 5:05pm | Men 45-49 | 400m | Final |
| 5:15pm | Men 40-44 | 400m | Final |
| 5:20pm | Men 30-34 | 400m | Final |
|        | Men 35-39 | 400m | Final |



## 2019 VICTORIAN MASTERS TRACK & FIELD CHAMPIONSHIPS

DRAFT TIMETABLE as at 11.02.19

Tom Kelly Athletics Complex, Doncaster

Sunday 24th March - Day 2



### TRACK EVENTS

### FIELD EVENTS

| TIME    | Event #     | AGE GROUP             | EVENT                 | ROUND   | TIME    | Event #     | AGE GROUP      | EVENT            | ROUND           |             |
|---------|-------------|-----------------------|-----------------------|---------|---------|-------------|----------------|------------------|-----------------|-------------|
| 10:00am |             | Women 30-34           | 5000m                 | Final   | 9:30am  |             | Men 70-74      | Discus (1kg)     | Final           |             |
|         |             | Women 35-39           | 5000m                 | Final   |         |             | Men 75-79      | Discus (1kg)     | Final           |             |
|         |             | Women 40-44           | 5000m                 | Final   |         |             | Men 80-84      | Discus (1kg)     | Final           |             |
|         |             | Women 45-49           | 5000m                 | Final   |         |             | Men 85-89      | Discus (1kg)     | Final           |             |
|         |             | Women 50-54           | 5000m                 | Final   |         |             | Men 90+        | Discus (1kg)     | Final           |             |
|         |             | Women 55-59           | 5000m                 | Final   |         | 9:30am      |                | Women 35-39      | Shot Put (4kg)  | Final       |
|         |             | Women 60-64           | 5000m                 | Final   |         |             |                | Women 30-34      | Shot Put (4kg)  | Final       |
|         |             | Women 65-69           | 5000m                 | Final   |         |             |                | Women 40-44      | Shot Put (4kg)  | Final       |
|         |             | Women 70-74           | 5000m                 | Final   |         |             |                | Women 45-49      | Shot Put (4kg)  | Final       |
|         | Women 75-79 | 5000m                 | Final                 |         |         |             |                |                  |                 |             |
| 10:40am |             | Men 80-84             | 5000m                 | Final   | 9:30am  |             | Women 50-54    | Triple Jump      | Final           |             |
|         |             | Men 85-89             | 5000m                 | Final   |         |             | Women 55-59    | Triple Jump      | Final           |             |
|         |             | Men 90+               | 5000m                 | Final   |         |             | Women 60-64    | Triple Jump      | Final           |             |
|         |             | Men 75-79             | 5000m                 | Final   |         | 10:30am     |                | Women 50-54      | Discus (1kg)    | Final       |
|         |             | Men 70-74             | 5000m                 | Final   |         |             |                | Women 55-59      | Discus (1kg)    | Final       |
|         |             | Men 65-69             | 5000m                 | Final   |         |             |                | Women 65-69      | Discus (1kg)    | Final       |
|         |             | Men 60-64             | 5000m                 | Final   |         |             |                | Women 60-64      | Discus (1kg)    | Final       |
|         | 11:25am     |                       | Men 55-59             | 5000m   |         | Final       | 10:30am        |                  | Women 30-34     | Triple Jump |
|         |             | Men 50-54             | 5000m                 | Final   |         | Women 35-39 |                | Triple Jump      | Final           |             |
|         |             | Men 30-34             | 5000m                 | Final   |         | Women 40-44 |                | Triple Jump      | Final           |             |
|         |             | Men 35-39             | 5000m                 | Final   |         | Women 45-49 |                | Triple Jump      | Final           |             |
| 12:00pm |             | Men 40-44             | 5000m                 | Final   | 10:30am |             | Women 80-84    | Shot Put (2kg)   | Final           |             |
|         |             | Men 45-49             | 5000m                 | Final   |         |             | Women 75-79    | Shot Put (2kg)   | Final           |             |
|         |             | Women 35-39           | 1500m Walk            | Final   | 11:30am |             | All Ages       | Pole Vault <2.3m | Final           |             |
|         |             | Women 40-44           | 1500m Walk            | Final   |         |             | Men 35-39      | Triple Jump      | Final           |             |
|         |             | Women 45-49           | 1500m Walk            | Final   | 11:30am |             | Men 30-34      | Triple Jump      | Final           |             |
|         |             | Women 80-84           | 1500m Walk            | Final   |         |             | Men 40-44      | Triple Jump      | Final           |             |
|         |             | Women 50-54           | 1500m Walk            | Final   |         |             | Men 45-49      | Triple Jump      | Final           |             |
|         |             | Women 55-59           | 1500m Walk            | Final   |         |             | Men 50-54      | Triple Jump      | Final           |             |
|         |             | Women 60-64           | 1500m Walk            | Final   |         |             | Men 55-59      | Triple Jump      | Final           |             |
|         |             | Women 65-69           | 1500m Walk            | Final   |         |             | Men 60-64      | Triple Jump      | Final           |             |
|         |             | Women 70-74           | 1500m Walk            | Final   |         |             | Men 65-69      | Triple Jump      | Final           |             |
|         |             | Women 75-79           | 1500m Walk            | Final   |         | 11:45am     |                | Women 75-79      | Discus (0.75kg) | Final       |
|         |             | Men 70-74             | 1500m Walk            | Final   |         |             |                | Women 80-84      | Discus (0.75kg) | Final       |
|         |             | Men 75-79             | 1500m Walk            | Final   |         |             |                | Women 70-74      | Discus (1.00kg) | Final       |
|         |             | Men 80-84             | 1500m Walk            | Final   | 12:00pm |             |                | Men 55-59        | Shot Put (6kg)  | Final       |
|         |             | Men 85-89             | 1500m Walk            | Final   |         |             | Men 50-54      | Shot Put (6kg)   | Final           |             |
|         | Men 90+     | 1500m Walk            | Final                 |         |         | Men 65-69   | Shot Put (5kg) | Final            |                 |             |
|         | Men 35-39   | 1500m Walk            | Final                 |         |         | Men 60-64   | Shot Put (5kg) | Final            |                 |             |
|         | Men 30-34   | 1500m Walk            | Final                 | 12:15pm |         |             | Men 30-34      | Discus (2kg)     | Final           |             |
|         | Men 40-44   | 1500m Walk            | Final                 |         |         |             | Men 35-39      | Discus (2kg)     | Final           |             |
|         | Men 45-49   | 1500m Walk            | Final                 |         |         |             | Men 45-49      | Discus (2kg)     | Final           |             |
|         | Men 50-54   | 1500m Walk            | Final                 |         |         |             | Men 40-44      | Discus (2kg)     | Final           |             |
| 12:35pm |             | Men 55-59             | 1500m Walk            | Final   | 1:15pm  |             | Women 30-34    | Discus (1kg)     | Final           |             |
|         |             | Men 60-64             | 1500m Walk            | Final   |         |             | Women 35-39    | Discus (1kg)     | Final           |             |
|         |             | Men 65-69             | 1500m Walk            | Final   |         |             | Women 40-44    | Discus (1kg)     | Final           |             |
| 12:45pm |             | Men 40-44             | 400m Hurdles (91.4cm) | Final   |         | Women 45-49 | Discus (1kg)   | Final            |                 |             |
|         |             | Men 45-49             | 400m Hurdles (91.4cm) | Final   |         |             |                |                  |                 |             |
|         |             | Men 30-34             | 400m Hurdles (91.4cm) | Final   |         |             |                |                  |                 |             |
| 12:50pm |             | Men 35-39             | 400m Hurdles (91.4cm) | Final   |         |             |                |                  |                 |             |
|         |             | Men 50-54             | 400m Hurdles (84.0cm) | Final   |         |             |                |                  |                 |             |
| 12:50pm |             | Men 55-59             | 400m Hurdles (84.0cm) | Final   |         |             |                |                  |                 |             |
|         |             | Women 30-34           | 400m Hurdles (76.2cm) | Final   |         |             |                |                  |                 |             |
|         |             | Women 40-44           | 400m Hurdles (76.2cm) | Final   |         |             |                |                  |                 |             |
|         | Women 45-49 | 400m Hurdles (76.2cm) | Final                 |         |         |             |                |                  |                 |             |

|        |             |                       |       |        |             |                        |       |
|--------|-------------|-----------------------|-------|--------|-------------|------------------------|-------|
| 1:00pm | Men 60-64   | 300m Hurdles (76.2cm) | Final | 1:30pm | Men 30-34   | Shot Put (7.26kg)      | Final |
|        | Men 65-69   | 300m Hurdles (76.2cm) | Final |        | Men 35-39   | Shot Put (7.26kg)      | Final |
|        | Men 70-74   | 300m Hurdles (68.6cm) | Final |        | Men 40-44   | Shot Put (7.26kg)      | Final |
|        | Men 75-79   | 300m Hurdles (68.6cm) | Final |        | Men 45-49   | Shot Put (7.26kg)      | Final |
|        | Women 60-64 | 300m Hurdles (68.6cm) | Final | 1:30pm | Men 70-74   | Triple Jump            | Final |
|        | Men 80-84   | 200m Hurdles (68.6cm) | Final |        | Men 75-79   | Triple Jump            | Final |
|        | Men 85-89   | 200m Hurdles (68.6cm) | Final |        | Men 80-84   | Triple Jump            | Final |
|        | Men 90+     | 200m Hurdles (68.6cm) | Final |        | Men 85-89   | Triple Jump            | Final |
| 1:15pm | Women 75-79 | 60m                   | Final |        | Men 90+     | Triple Jump            | Final |
|        | Womens 80+  | 60m                   | Final | 2:00pm | All Ages    | Pole Vault >2.3m       | Final |
|        | Women 70-74 | 60m                   | Final | 2:15pm | Men 60-64   | Discus (1kg)           | Final |
|        | Women 65-69 | 60m                   | Final |        | Men 65-69   | Discus (1kg)           | Final |
|        | Women 60-64 | 60m                   | Final |        | Men 50-54   | Discus (1.5kg)         | Final |
| 1:20pm | Women 55-59 | 60m                   | Final |        | Men 55-59   | Discus (1.5kg)         | Final |
|        | Women 50-54 | 60m                   | Final | 2:15pm | Women 50-54 | Shot Put (3kg)         | Final |
| 1:25pm | Women 45-49 | 60m                   | Final |        | Women 55-59 | Shot Put (3kg)         | Final |
|        | Women 40-44 | 60m                   | Final |        | Women 60-64 | Shot Put (3kg)         | Final |
|        | Women 35-39 | 60m                   | Final |        | Women 65-69 | Shot Put (3kg)         | Final |
|        | Women 30-34 | 60m                   | Final |        | Women 70-74 | Shot Put (3kg)         | Final |
| 1:30pm | Men 80-84   | 60m                   | Final | 3:30pm | Men 70-74   | Shot Put (4kg)         | Final |
|        | Men 85-89   | 60m                   | Final |        | Men 75-79   | Shot Put (4kg)         | Final |
|        | Men 90+     | 60m                   | Final |        | Men 80-84   | Shot Put (3kg)         | Final |
| 1:35pm | Men 75-79   | 60m                   | Final |        | Men 85-89   | Shot Put (3kg)         | Final |
|        | Men 70-74   | 60m                   | Final |        | Men 90+     | Shot Put (3kg)         | Final |
| 1:40pm | Men 65-69   | 60m                   | Final | 3:30pm | Women 50-54 | Weight Throw (7.26kg)  | Final |
|        | Men 60-64   | 60m                   | Final |        | Women 55-59 | Weight Throw (7.26kg)  | Final |
| 1:45pm | Men 55-59   | 60m                   | Final |        | Women 60-64 | Weight Throw (5.45kg)  | Final |
| 1:50pm | Men 50-54   | 60m                   | Final |        | Women 65-69 | Weight Throw (5.45kg)  | Final |
| 1:55pm | Men 45-49   | 60m                   | Final |        | Women 70-74 | Weight Throw (5.45kg)  | Final |
| 2:00pm | Men 40-44   | 60m                   | Final |        | Women 75-79 | Weight Throw (4kg)     | Final |
|        | Men 35-39   | 60m                   | Final |        | Women 80-84 | Weight Throw (4kg)     | Final |
|        | Men 30-34   | 60m                   | Final | 4:30pm | Men 30-34   | Weight Throw (15.88kg) | Final |
| 2:10pm | Women 65-69 | 200m                  | Final |        | Men 35-39   | Weight Throw (15.88kg) | Final |
|        | Women 70-74 | 200m                  | Final |        | Men 40-44   | Weight Throw (15.88kg) | Final |
|        | Women 75-79 | 200m                  | Final |        | Men 45-49   | Weight Throw (15.88kg) | Final |
|        | Women 80+   | 200m                  | Final |        |             |                        |       |
|        | Women 60-64 | 200m                  | Final |        |             |                        |       |
| 2:15pm | Women 50-54 | 200m                  | Final |        |             |                        |       |
|        | Women 55-59 | 200m                  | Final |        |             |                        |       |
| 2:20pm | Women 45-49 | 200m                  | Final |        |             |                        |       |
|        | Women 40-44 | 200m                  | Final |        |             |                        |       |
| 2:25pm | Women 35-39 | 200m                  | Final |        |             |                        |       |
|        | Women 30-34 | 200m                  | Final |        |             |                        |       |
| 2:30pm | Men 80-84   | 200m                  | Final |        |             |                        |       |
|        | Men 85-59   | 200m                  | Final |        |             |                        |       |
|        | Men 90+     | 200m                  | Final |        |             |                        |       |
| 2:35pm | Men 75-79   | 200m                  | Final |        |             |                        |       |
|        | Men 70-74   | 200m                  | Final |        |             |                        |       |
| 2:40pm | Men 65-69   | 200m                  | Final |        |             |                        |       |
| 2:45pm | Men 60-64   | 200m                  | Final |        |             |                        |       |
| 2:50pm | Men 55-59   | 200m                  | Final |        |             |                        |       |
| 2:55pm | Men 50-54   | 200m                  | Final |        |             |                        |       |
| 3:05pm | Men 45-49   | 200m                  | Final |        |             |                        |       |
| 3:15pm | Men 40-44   | 200m                  | Final |        |             |                        |       |
|        | Men 35-39   | 200m                  | Final |        |             |                        |       |
|        | Men 30-34   | 200m                  | Final |        |             |                        |       |
| 3:25pm | Women 80-84 | 800m                  | Final |        |             |                        |       |
|        | Women 70-74 | 800m                  | Final |        |             |                        |       |
|        | Women 60-64 | 800m                  | Final |        |             |                        |       |
|        | Women 65-69 | 800m                  | Final |        |             |                        |       |
|        | Women 55-59 | 800m                  | Final |        |             |                        |       |
| 3:35pm | Women 45-49 | 800m                  | Final |        |             |                        |       |
|        | Women 50-54 | 800m                  | Final |        |             |                        |       |
| 3:45pm | Women 40-44 | 800m                  | Final |        |             |                        |       |
|        | Women 35-39 | 800m                  | Final |        |             |                        |       |
|        | Women 30-34 | 800m                  | Final |        |             |                        |       |

|        |           |      |       |
|--------|-----------|------|-------|
| 3:55pm | Men 70-74 | 800m | Final |
|        | Men 75-79 | 800m | Final |
|        | Men 85-89 | 800m | Final |
|        | Men 90+   | 800m | Final |
| 4:05pm | Men 80-84 | 800m | Final |
|        | Men 65-69 | 800m | Final |
| 4:15pm | Men 60-64 | 800m | Final |
|        | Men 55-59 | 800m | Final |
| 4:25pm | Men 50-54 | 800m | Final |
| 4:35pm | Men 45-49 | 800m | Final |
| 4:55pm | Men 40-44 | 800m | Final |
|        | Men 35-39 | 800m | Final |
|        | Men 30-34 | 800m | Final |