

Athletics Victoria Target Talent Program Performance Matrix Standards (Able Body)

MEN																			
	100m	200m	400m	800m	1500m	5000m	110mH	400mH	3000S	HJ	PV	LJ	TJ	Shot	Disc	Ham	Jav	10,000W	Comb Event
U20 / 2001 Born	10.69	21.88	48.03	01:52.2	03:53.8	15:00.9	14.37	54.27	09:41.0	2.04	4.51	7.29	14.76	16.26	50.53	59.53	63.43	45:43.4	6413
						3000m			2000S									5000W	
U18 / 2002 Born	10.91	22.01	48.80	01:54.0	03:57.1	08:46.4	14.31	54.25	06:11.9	1.99	3.97	6.97	14.03	16.30	50.98	57.02	61.99	24:00.7	6026
U17 / 2003 Born	11.13	22.40	50.09	01:56.6	04:03.3	08:51.0	14.83	56.13	06:17.3	1.96	3.81	6.67	13.48	15.32	47.35	51.59	55.76	24:35.2	5715
							100mH	200mH										3000W	
U16 / 2004 Born	11.40	22.76	51.12	01:59.9	04:10.6	09:01.4	13.63	26.68	06:21.3	1.87	3.47	6.40	13.09	15.85	56.56	49.88	51.09	14:32.7	4046
WOMEN																			
	100m	200m	400m	800m	1500m	5000m	100mH	400mH	3000S	HJ	PV	LJ	TJ	Shot	Disc	Ham	Jav	10,000W	Comb Ev
U20 / 2001 Born	12.03	24.58	56.12	02:09.5	04:30.3	16:34.8	14.29	61.90	11:05.8	1.76	3.69	5.80	12.14	13.28	47.40	51.32	42.87	51:22.5	4702
						3000m			2000S									5000W	
U18 / 2002 Born	12.16	24.83	56.38	02:11.2	04:30.6	10:07.0	14.07	63.20	07:09.1	1.73	3.35	5.68	12.06	13.78	43.75	50.62	42.42	25:50.2	4713
U17 / 2003 Born	12.28	25.05	56.75	02:12.1	04:33.8	10:11.7	14.38	64.36	07:13.9	1.70	3.24	5.57	11.78	12.87	39.89	45.81	40.82	25:44.6	4444
							90mH	200mH										3000W	
U16 / 2004 Born	12.38	25.14	56.81	02:13.2	04:35.9	10:11.8	13.15	29.36	07:17.7	1.68	3.02	5.49	11.52	12.57	39.42	42.69	39.96	14:53.3	4405

NB: Current (classified) Para athletes in the U15 – U20 age groups, who are within reach of achieving a World Championships qualification are encouraged to nominate for the 2019 AVTTP. All nominations will be received by the AVTTP Para program coordinator and in consultation with the Athletics Australia Para program Team.

Should you have achieved the above listed performance standards, we encourage you to complete the [2019 AVTTP nomination form](#).

For more information, please review the [2019 AVTTP overview](#).

Should you have any follow up queries, please contact James Coleman – AVTTP Assistant | E: james@athsvic.org.au