

**AV, AV SCHOOLS, VMA AND VRWC CHAMPIONSHIPS, MIDDLE PARK, SUNDAY 23 JUNE**

Conditions were very cold early but the sun eventually broke through for a sunny and still winter's morning at Middle Park for our annual Victorian, Victorian Schools, Victorian Masters and VRWC Roadwalk Championship day. The numbers were strong, with 70 walkers in total.

The various 20km championships were first to get underway at 8:30AM, as a single large combined event. We were pleased to see so many of our top walkers in action, albeit having training hitouts rather than flat out races – special mentions to **Jemima Montag**, **Simone McInnes**, **Rhydian Cowley**, **Kyle Swan** and **Quentin Rew**. And a special mention to M80 walker **Gunther Ilgoutz** who completed the 20km in 2:38:55. Great work Gunther!

<b>AV/VMA/VRWC Open Women 20 km</b>				<b>AV</b>	<b>VMA</b>	<b>VRWC</b>
1.	Montag, Jemima	MUU	1:35:55	1		
2.	McInnes, Simone	SSH	1:41:42	2		
3.	Feain, Madeleine	VRWC	2:00:54			1
4.	Elms, Donna	VMA	2:25:20		W55, 1	
	Feiner, Tracy	KNA	DNF			
	Ruddick, Kelly	BHA	DNS			

<b>AV/VMA/VRWC Open Men 20 km</b>				<b>AV</b>	<b>VMA</b>	<b>VRWC</b>
1.	Cowley ,Rhydian	GHY	1:33:08	1		1
2.	Swan, Kyle	ANW	1:35:55	2		2
3.	Rew, Quentin	VRWC	1:40:10			3
4.	Garganis, Adam	COL	1:40:30	3		4
5.	Prasad , Pramesh	VMA	1:44:14	4	M45, 1	5
6.	Cassidy, Kevin	VMA	1:47:34		M55, 1	6
7.	Nelson, Scott	WYN	1:59:10	5	M45, 2	7
8.	Smyth, David	VMA	2:05:25		M45, 3	8
9.	Evans, Simon	VMA	2:09:52		M55, 2	9
10.	Ilgoutz, Gunther	VMA	2:38:55		M80, 1	
	Dickenson, Russ	VMA	DNF			
	Jamieson, Andrew	OSC	DNF			
	Walters, Daniel	COR	DNF			
	Hess, Albin	VMA	DQ			



*20km action – Rhydian Cowley, Kyle Swan, Jemima Montag and Gunther Ilgoutz (photos Terry Swan)*

The Victorian Schools roadwalk championships were spread across the morning, with fields in all divisions except for U20 Boys. Wins went to **Rebecca Henderson**, **Corey Dickson**, **Alanna Peart**, **Fraser Saunder**, **Brianna Briet**, **Joel Imbriano** and **Darcey Roberts**. There were lots of PBs but special callouts for **Bec Henderson** (49:01) and **Jemma Peart** (49:21) who recorded great 10km PBs.

<b>AV Schools U20 Girls 10 km</b>			
1.	Henderson, Rebecca	Berwick Secondary College	49:01 PB 0:01
2.	Peart, Jemma	Ballarat High School	49:21 PB 2:35
3.	O'Mahony, Kathleen	Mater Christi College	1:03:14

**AV Schools U18 Boys 5 km**

1. Dickson, Corey	Tintern Grammar School	23:11	
2. Beveridge, Heath	Overnewton	24:07	PB 0:40
3. Hay, Angus	Brentwood Secondary College	29:22	

**AV Schools U18 Girls 5 km**

1. Peart, Alanna	Ballarat High School	24:14	
2. Nelson, Arnika	Clonard College	27:02	PB 1:36
3. Louey, Grace	Avila College	29:30	PB 0:24

**AV Schools U16 Boys 3 km**

1. Saunder, Fraser	Ballarat Grammar School	14:21	
2. Costin, Owen	Kardinia International College	16:32	

**AV Schools U16 Girls 3 km**

1. Briet, Brianna	Cranbourne East Secondary Col	17:16	
2. Heikkila-Dubowik, Kaylah	Matthew Flinders Girls' SC	17:42	
3. Thompson, Eliza	Balcombe Grammar School	19:04	PB 3:37
4. Ballinger, Laura	Loreto College Ballarat	19:17	PB 0:57

**AV Schools U14 Boys 3 km**

1. Imbriano, Joel	Whitefriars College	15:51	
2. Epps, Luke	Rowville Primary School	16:01	
3. Peart, Scott	Black Hill Primary School	17:53	PB 0:08
4. Wakim, Marcus	Carey Baptist Grammar School	DNS	

**AV Schools U14 Girls 3 km**

1. Roberts, Darcey	Billanook Primary School	16:28	
2. Smith, Emily	Kilbreda College	16:41	PB 0:26
3. Tatlock, Riannah	Saint Ignatius College Geelong	17:47	
4. Holmes, Molly	St Helena Secondary College	18:03	First 3km walk
5. Pashutina, Ariana	Waverley Christian College	DNS	



*Corey Dickson, Jemma Peart, Alanna Peart and Rebecca Henderson (photos Terry Swan)*



*Fraser Saunder, Darcey Roberts, Brianna Briet and Joel Imbriano (photos Terry Swan)*

Our VRWC U12 and U10 club championships were also energetically contested, with wins to **Ariana Pashutina, Hamish Blackwood, Sarah Holmes** and first timer **Ridham Attri**.

**VRWC U12 2.5km Championship Girls**

- |    |                          |       |
|----|--------------------------|-------|
| 1. | Pashutina, Ariana        | 14:09 |
| 2. | Nash, Maddison           | 14:41 |
| 3. | Heikkila-Dubowik, Zahlia | 17:33 |
| 4. | MacDonnell, Charlotte    | 18:39 |

**VRWC U12 2.5km Championship Boys**

- |    |                   |       |
|----|-------------------|-------|
| 1. | Blackwood, Hamish | 14:45 |
| 2. | Nash, Ethan       | 16:05 |
| 3. | Barnes, Alex      | 17:52 |
| 4. | Smith, Aiden      | 18:04 |

**VRWC U10 1.5km Championship Girls**

- |    |                 |       |
|----|-----------------|-------|
| 1. | Holmes, Sarah   | 08:04 |
| 2. | Uzun, Ela       | 08:37 |
| 3. | Paulke, Addison | 09:29 |
| 4. | Ali, Havana     | 09:32 |

**VRWC U10 1.5km Championship Boys**

- |    |                |       |
|----|----------------|-------|
| 1. | Attri, Ridham  | 11:00 |
| 2. | Wapshott, Cody | 11:04 |
| 3. | Tatlock, Heath | 12:32 |

We also scheduled a number of non-championship walks, to allow even more opportunity for the walkers. Special mention for **Philippa Huse** who won the 10km with 49:14.

**VRWC Open 10km Non-Championship**

- |    |                |         |
|----|----------------|---------|
| 1. | Huse, Philippa | 49:14   |
| 2. | Feain, Gerard  | 1:04:52 |
| 3. | O'Neill, Karyn | 1:11:10 |

**VRWC Open 5km Non-Championship**

- |    |                   |               |
|----|-------------------|---------------|
| 1. | Carr, Heather     | 30:42         |
| 2. | Thompson, Marilyn | 35:02 PB 1:02 |
| 3. | Steed, Gwen       | 36:12         |
| 4. | Mews, Pam         | 54:21         |
|    | Haverly, Steve    | DQ            |

**VRWC Open 2km Non-Championship**

- |    |                    |       |
|----|--------------------|-------|
| 1. | Barrow, Geoff      | 13:55 |
| 2. | McPherson, Glennis | 13:55 |
| 3. | Hugo, Beverly      | 16:21 |

Thanks as always to our many officials, judges and helpers. Apologies if I have missed anyone.

**Officials:** Mark Donahoo, Tim Erickson, Bill Carr, Karyn O'Neill, Ian Laurie, Donna Dickson, Charlene Swan  
Paul Moritz, Frances Attard

**Judges:** Brenda Felton (chief), Shane Dickson, Stuart Cooper, David Cash, Terry O'Neill, Paul Nunn, Mark O'Mahony  
Gordon Loughnan, Peter Vysma (Bike and Board), Charlotte Holmes (Board)

**Canteen:** Wendy Cooper

**Photos:** Terry Swan (see <http://www.vrwc.org.au/piwigo/index.php?%2Fcategory%2F538>)

Tim Erickson

Monday 24 June 2019