



**2019 VICTORIAN & AMA MULTI-EVENTS CHAMPIONSHIPS TIMETABLE
PROVISIONAL TIMETABLE
as at 9.01.19**

DAY 1 - SAT. 12-01-19

9:30	100m Hurdles - Women Open/U20/W30
9:35	100m Hurdles - Men U16
9:45	100m Hurdles - Women U18
9:55	90m Hurdles - Women U16
10:05	80m Hurdles - Women W45/W50/W60
10:10	Shot Put - Men U16
10:20	High Jump - Women Open/U20/U18/W30 Pit 1
10:30	100 metres - All Decathlon Men
10:40	High Jump - Women U16/W45/W50/W60 Pit 2
11:15	Long Jump - Men Open/U20/M40/M45 Pit 1
11:15	Long Jump - Men U18/M50/M55/M65/M70/M80 Pit 2
11:35	High Jump - Men U16 Pit 1
12:00	Shot Put - Women Open/U20/U18/W30 Circle 1
12:00	Shot Put - Women U16/W45/W50/W60 Circle 2
12:30	Shot Put - Men Open/M40/M45 Circle 1
12:30	Shot Put - Men U20/U18/M50/M55/M65/M70/M80 Circle 2
13:00	200 metres - Women Open/U20/U18/W30
13:05	200 metres - Women U16/W45/W50/W60
13:10	200 metres - Men U16
13:45	High Jump - Men Open Pit 1
13:45	High Jump - Men M40/M45 Pit 2
14:45	High Jump - Men U20/U18 Pit 1
14:45	High Jump - Men M50/M55/M65/M70/M80 Pit 2
15:15	400 metres - Men Open/M40/M45
16:15	400 metres - Men U20/U18
16:20	400 metres - Men M50/M55/M65/M70/M80



**2019 VICTORIAN & AMA MULTI-EVENTS CHAMPIONSHIPS TIMETABLE
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DAY 2 - SUN. 13-01-19

8:30	110m Hurdles - Men Open
8:40	110m Hurdles - Men U20/M40/M45
8:50	110m Hurdles - Men U18
9:00	100m Hurdles - Men M50/M55/M65
9:10	90m Hurdles - Men U14
9:20	80m Hurdles - Women U14 Men M70/M80
9:30	Long Jump - Women Open/U20/U18/W30
9:30	Discus - Men U20/U18
10:00	Long Jump - Women U16/W45/W50/W60
10:00	Discus - Men M50/M55/M65/M70/M80
10:00	High Jump - Men U14, Women U14
10:30	Javelin - Women Open/U20/U18/W30
10:30	Long Jump - Men U16
10:30	Pole Vault - Men U20/U18
11:00	Discus - Men Open/M40/M45
11:00	Javelin - Women U16/W45/W50/W60
11:15	200 metres - Men U14, Women U14
11:30	Javelin - Men U16
11:30	800 metres - Women Open/U20/U18/W30
11:50	Shot Put - Men U14, Women U14
12:00	Pole Vault - Men M50/M55/M65/M70/M80
12:00	800 metres - Women U16/W45/W50/W60
12:30	Javelin - Men U20/U18
12:30	800 metres - Men U14, Women U14
12:40	1500 metres - Men U16
13:30	Pole Vault - Men Open/M40/M45
13:30	1500 metres - Men U20/U18
13:30	Javelin - Men M50/M55/M65/M70/M80
14:30	1500 metres - Men M50/M55/M60/M70/M80
15:45	Javelin - Men Open/M40/M45
17:00	1500 metres - Men Open/M40/M45